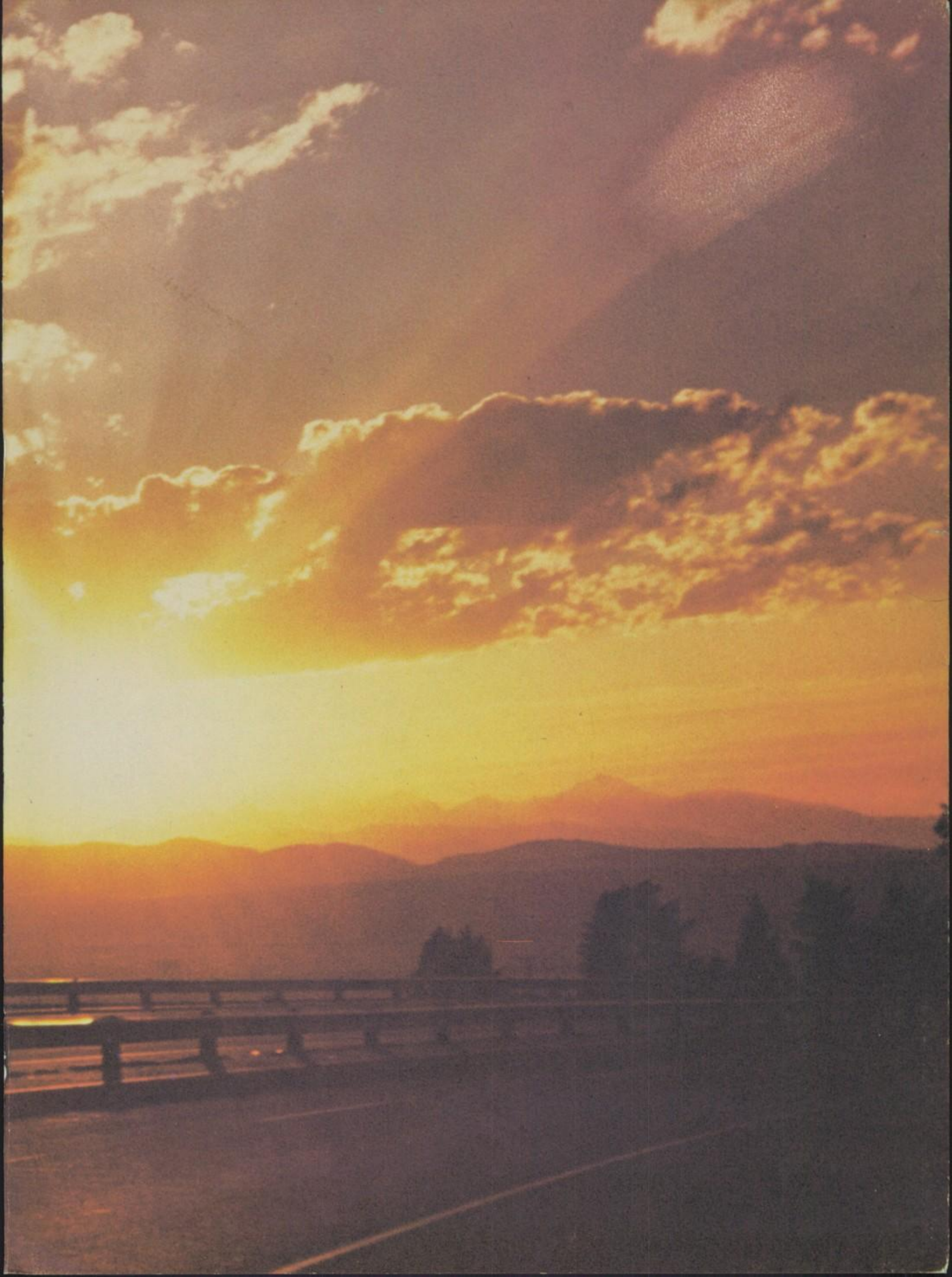
TARTAN '75

HELIX



TARTAN '75

HELIX HIGH SCHOOL

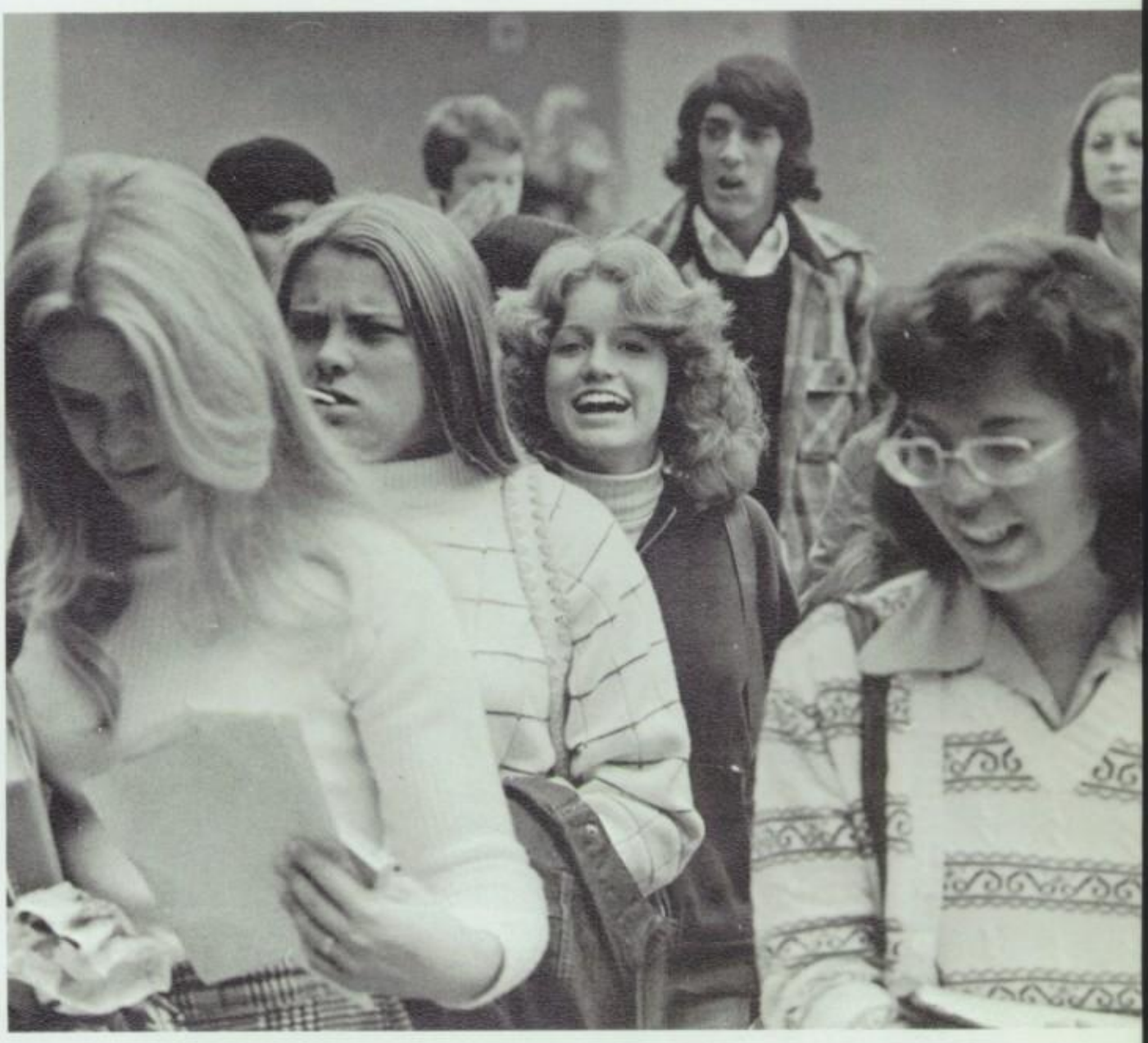
LA MESA, CALIFORNIA 92041

VOLUME 23

HIGHLANDER REFLECTIONS . . .

Yesterday we laughed, we cried,
we worked, we played,
we were molding the rest of our lives.
Everything we learned and experienced
helped to build the steps toward the future.

Yesterday may just be a vague memory to some,
vivid to others.
The past can never be revived,
but it is an important element of the future.



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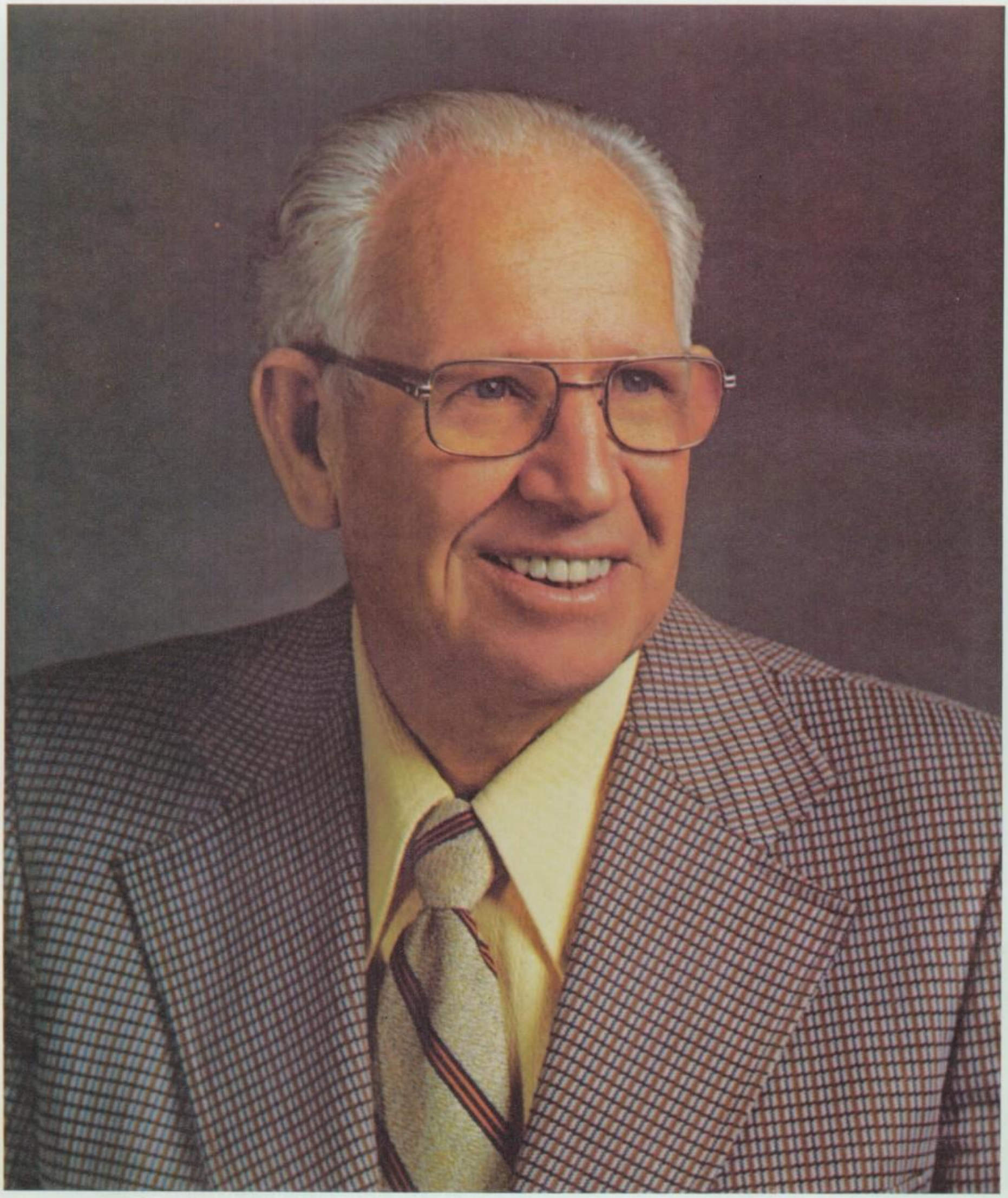
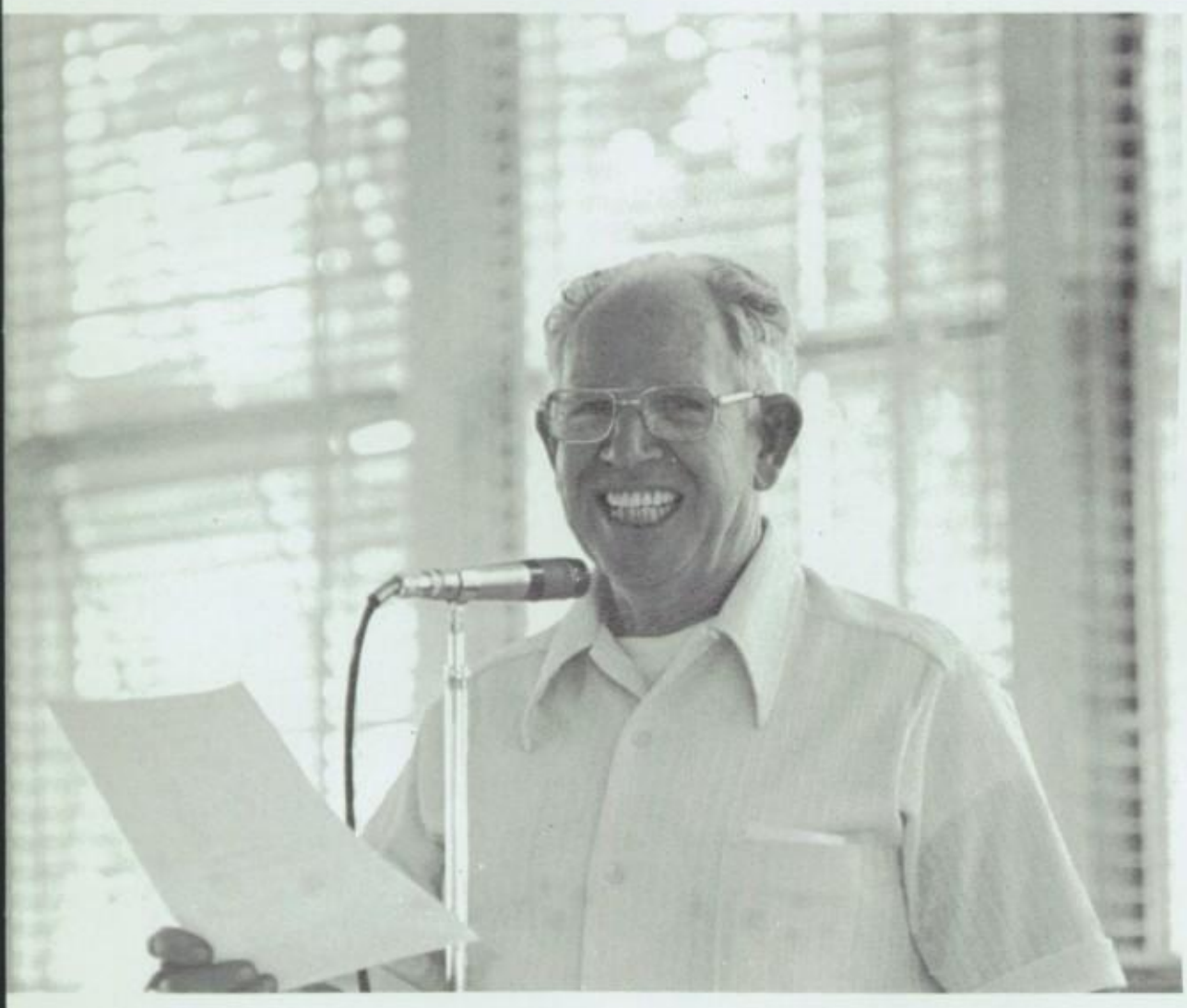
PRINCIPAL RETIRES AFTER MANY YEARS



BENTON HART, Principal
August, 1952 - April, 1975

OF DEDICATED SERVICE



Mr. Hart welcoming the faculty back to school, Sept., 1974.

Grossmont High School Student Body President, 1929

U.S. Army, 106th Infantry Reg., Staff Sergeant, 1944

Reflections . . .

Benton Hart was born in 1912 in San Diego and christened Marion Benton Hart, Jr. He attended La Mesa Heights grammar school through the 8th grade at a time when most students went to school barefoot. He was the fastest 8th grader in the 100-yard dash at the county track meet.

When he entered Grossmont High School in 1926 he became 'Benton' Hart. During his high school years he was a member of the track team and stage manager for most of the stage productions presented. He was an active boy scout, earning over fifty merit badges and the rank of Eagle Scout. In 1929 he was elected president of the student body of 500 at Grossmont.

Having a natural ability to work with young people, he became interested in the YMCA program, and, during the depression years, he attended George Williams College in Chicago where he received a Bachelor of Science degree. Following college he became Boys' Secretary at the San Diego YMCA and in 1941 was promoted to Boys' Secretary at the Sacramento YMCA.

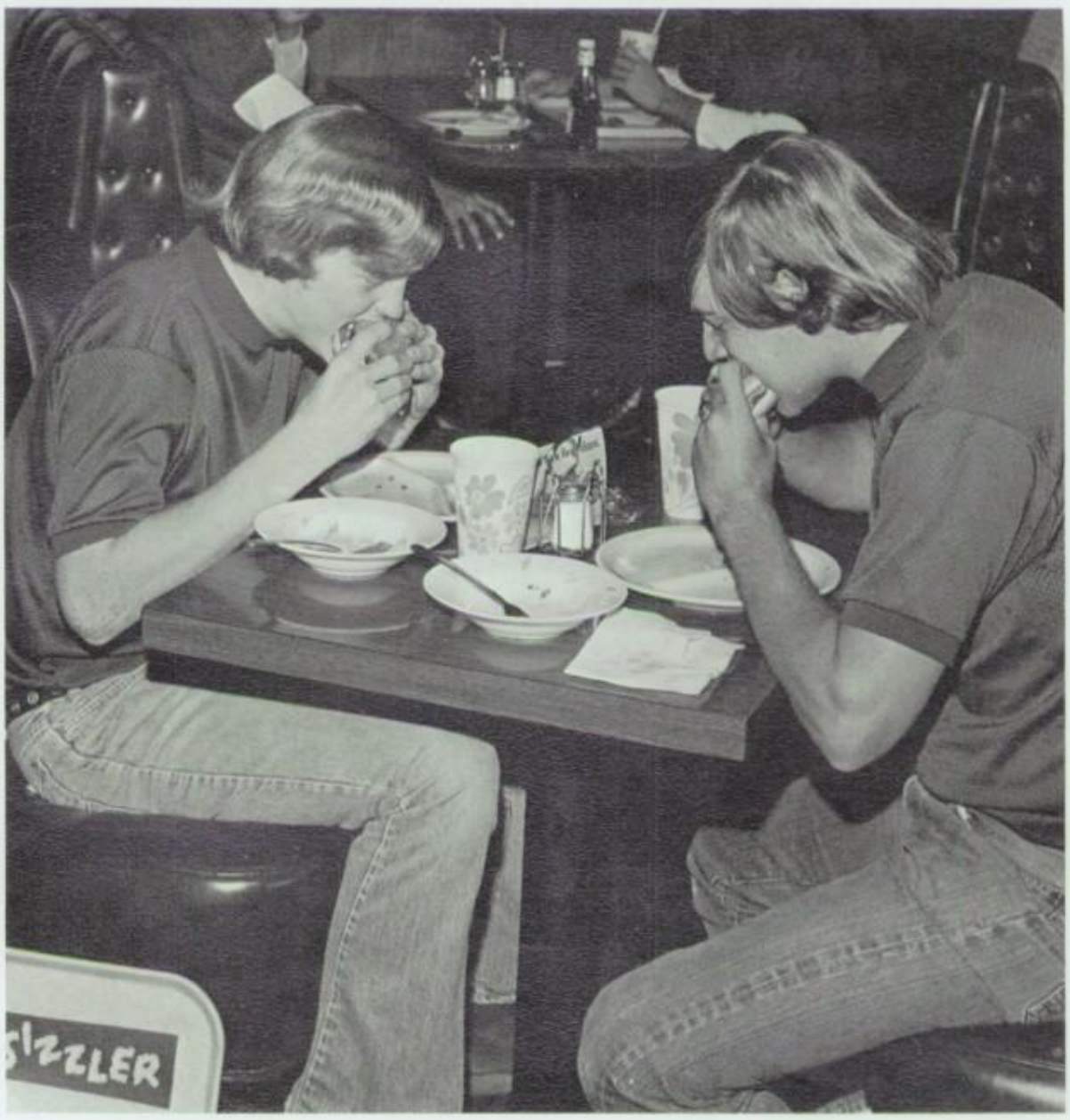
From 1944 to 1946, Benton Hart served in the U.S. Army as a Staff Sergeant with the 106th Infantry Regiment in the South Pacific. On Easter Sunday of 1945 he landed with the invasion forces on Okinawa. He served with distinction in the front lines and was chosen to return to the United States where he would serve as a representative of the armed forces touring the nation selling war bonds. Just before being discharged he served as dean of a school for army men at Ft. Ord, California.

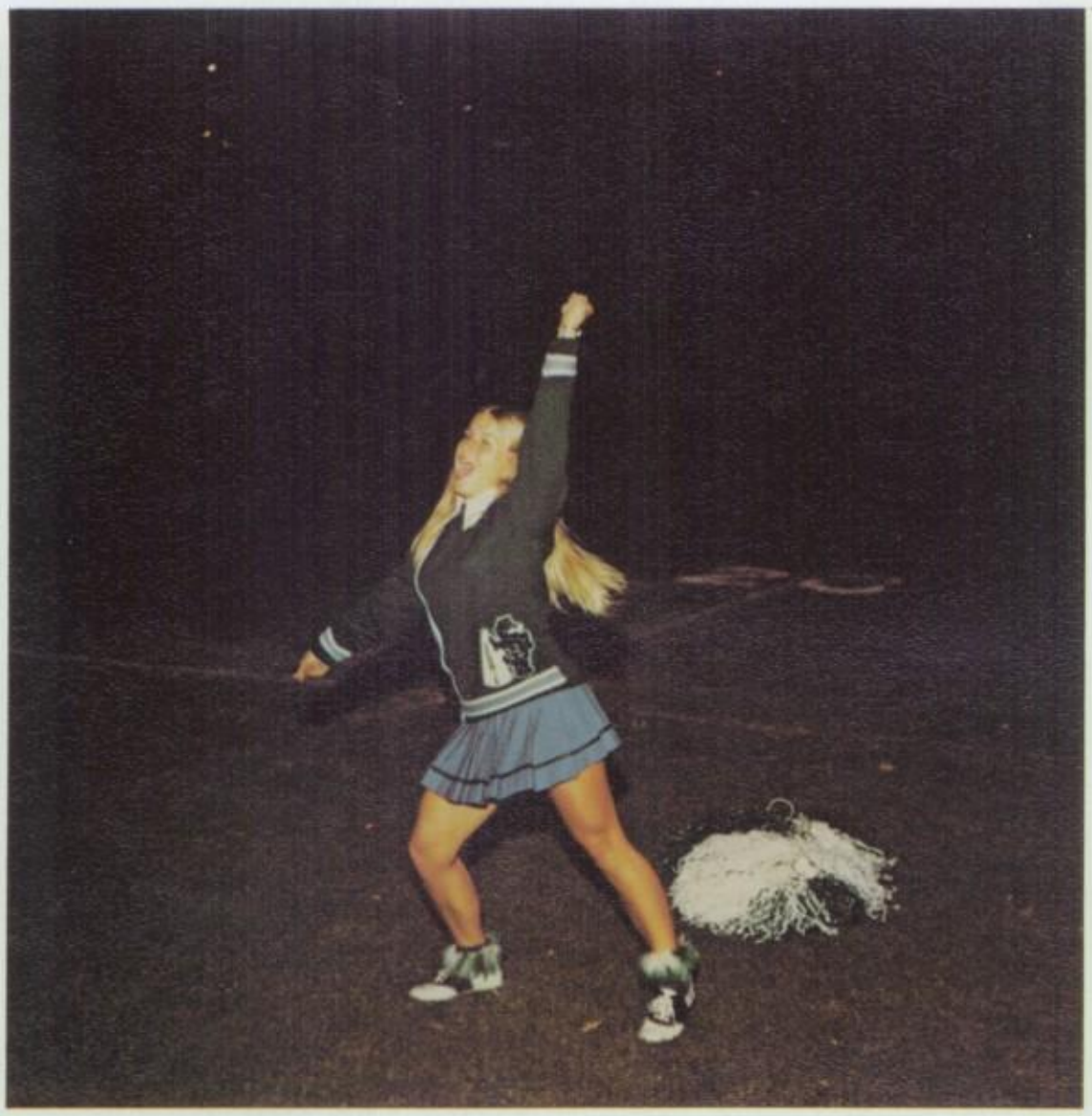
Following the war, Mr. Hart was hired by the Grossmont District as a teacher and counselor. In 1950, he became vice principal at Grossmont High School, and on August 25, 1952, he became principal of the new Helix High School.

In his career, Mr. Hart has served in many local district and county organizations. Some of the highlights include being president of the first Grossmont Administrators Association; president of the County Administrators Association; chairman of the Western Association of Schools and Colleges; chairman of the San Diego CIF Council; on the executive board of the national PTA for 26 years; president of the Metropolitan Athletic League; and one of a four-person committee who developed and produced the CIF, San Diego Section Green Book of rules.

The TARTAN staff of 1975, with pride and sincere admiration, dedicate the '75 TARTAN to Mr. Benton Hart, our principal.

Yesterday we were young, but we will always
be children with much to learn.
The yearn for knowledge should never be lost.
All that we have done
influences us as the type of people we become.


SIZZLER



H

81
12
24
85
16
18

The door stands wide open
before us.
Yesterday's accomplishments will
reflect on the decisions
made when we cross it.
For some it will take time, some
will go alone, some in pairs.
But one thing we can be sure of,
we will all get there.

PARTICIPATION

REFLECTIONS . . .

Yesterday our lives were tangled up
in an unending mass of excitement and thrills
as we involved ourselves in the life of clubs.
The memories are golden thoughts
that can't be bought and never relived.

The fun we shared in our activities has
only brought us closer to realizing how much
we miss the confusion of those wonderful days.
If the chance came again that part of life
would remain untouched.

FALL DAY

YIELDS INVOLVEMENT

Take one typical Helix day, mix in
a little sunshine, and add a couple of friends.
Stir it all together and bake
at 80° November weather.
It comes out as a pot of
happiness, anger, gossip, laughter,
and a few serious attempts at classwork.

'74 Homecoming Expressed

"...and the Helix High School Homecoming Queen for 1974 is Alicia Underwood!" This was the climax of the Homecoming day's events that started with the assembly. The theme of this year's Homecoming was 'The Good Times'. The A.S.B. put on a skit depicting the 50's to welcome the alumni, and the football and girl's tennis teams were introduced to the crowd. Then the TARTAN staff announced Senior Standouts and the cheerleaders performed a cheer for the Alumni. The excitement continued with the Alumni Tea, as the former students of Helix met with past teachers and friends. That night, an enthusiastic football game was played against the El Cajon Braves. The highlight of the evening came when the Homecoming princesses were introduced with a fireworks display, and, Alicia Underwood was proclaimed Homecoming Queen for 1974. After the game, many Highlanders danced to the sound of 'Listen'.

Alumni join cheerleaders in promoting

Even football players get a bit over-excited at Homecoming!

Last year's Queen, Cleo Cannizzaro, crowns Alicia Underwood as 1974 Homecoming Queen.

Highlander Enthusiasm

"Pucker up, BIG boy!"

Highlanders enjoy dancing to the band 'Listen'.

The 'M.C.P.'s' participated with a spirited and chauvinistic attitude.

The Good Times Rolled For Queen Alicia

1974 Homecoming Queen
Alicia Underwood

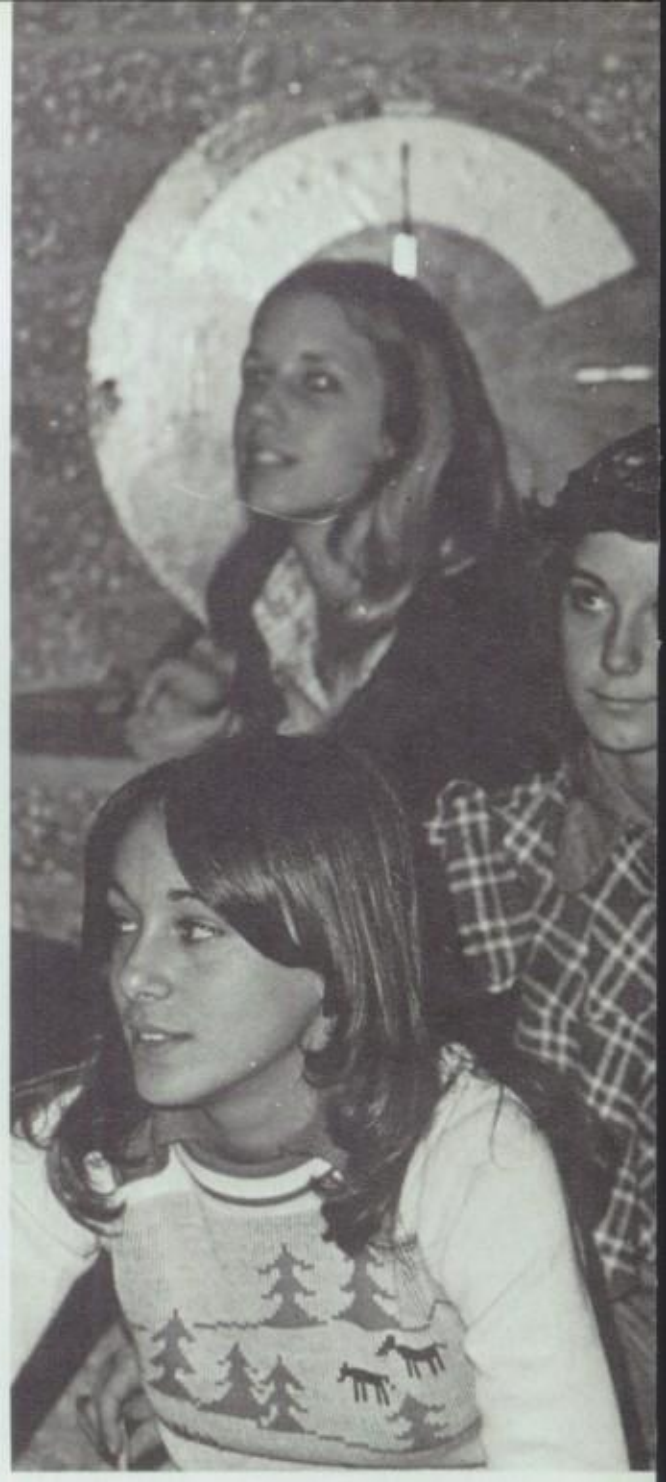
Princesses: Laura Whitcomb, Cathy Ryan, Leslie Hom, Karen Gray

The final moment . . .

Honorary Princess
Sohaila Joubeh

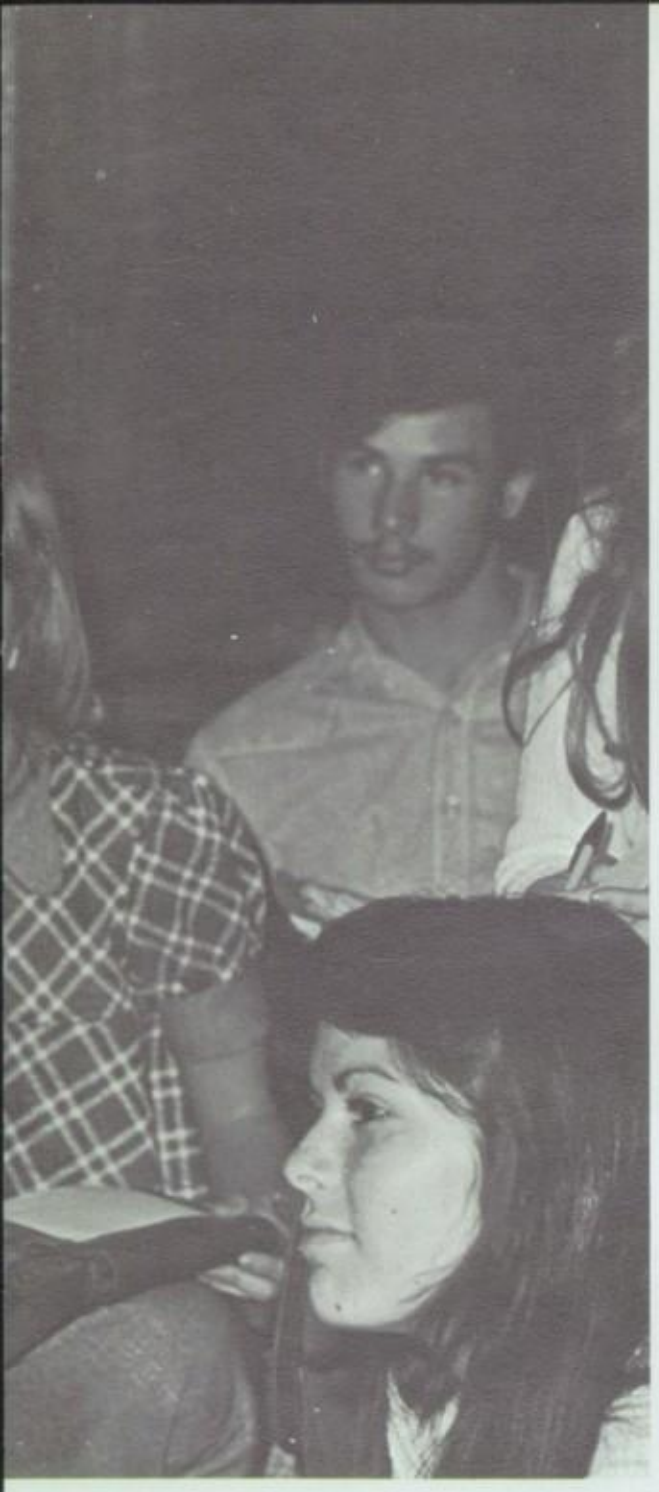
Campus Life Gives Students Good Vibrations

"Denise, I don't wiggle that much"



Campus Life directors

"Take that you



are so cute.

silly savage."

Campus Life included time for thought.

"I am not a big flirt!"

Forever and ever

What is Campus Life? Campus Life is an off-campus club. Its purpose is to create fun, excitement, and stimulating discussions for high school students.

This years Campus Life was full of fantastic events, such as Fat Alberts Day, The Haunted House, Livin' End and Insight. Insight is for students to get a chance to discuss topics important to a young adult.

Every other Tuesday night Campus Life met in the homes of interested students, and had fun. An example of what occurred at these meetings was when Campus Life went out on a wild can hunting expedition. Everyone had a really good time and all the donations went to needy families in San Diego. Campus Life is a unique organization and worth your time.

Fall Play Created Atmosphere Of Drama

This years Fall play, DEATH OF A SALESMAN, is a modern, realistic play which ran for four nights in December in the Helix little theatre. It is the story of a man, Willy Loman, who is searching for his identity. He dreams of his past success and tries to forget his failures. The play also involves Willy's wife, Linda, who tries to help her husband find reality. Their sons, Bigg and Happy, are also involved in a search for their own identity. In the play, Willy must finally face reality and this destroys his dreams and his life.

The goals of this years cast and crew were to produce a worthwhile play for the audience and to give the drama students a chance to perform a work of the famed Arthur Miller.

Many hours of rehearsal went into producing this play. Practice started six weeks before the play was presented. As Mrs. Noll, Helix drama teacher, said, "To do a play well, it takes time."

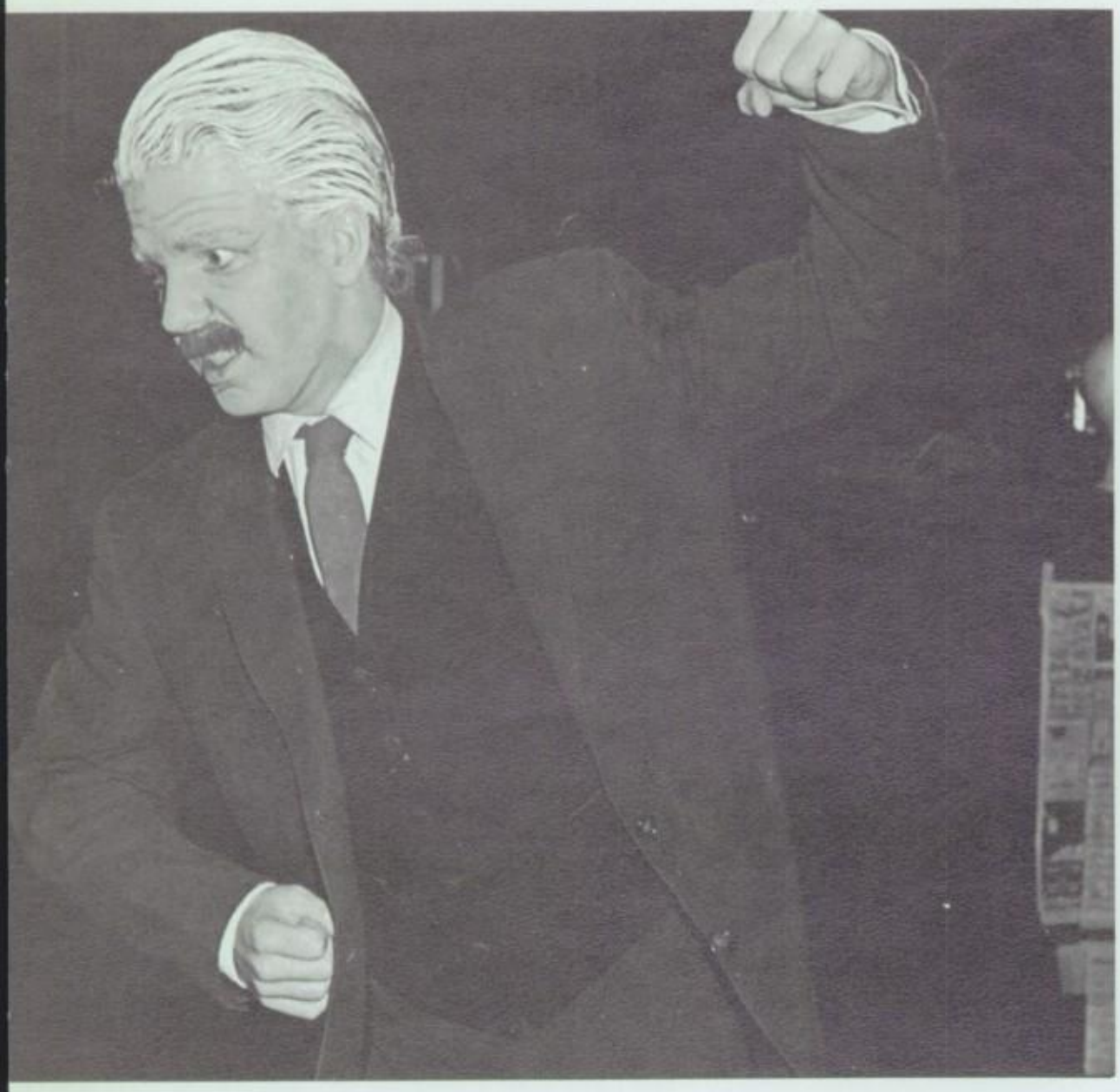
Crew from DEATH OF A SALESMAN

"I don't take

Charlie tries to help Willy

CAST

Willy Loman	Dave Jocobsen
Linda	Leslie Fellows
Biff	Mark Lolli
Happy	Evans Kontopuls
Bernard	Doug Webb
The Woman	Stephanie Cauchon
Charlie	Larry Aragon
Uncle Ben	Ron Elliot
Harold Wagner	Dan Tackett
Jenny	Terry Allard
Stanley	Paul Bentz
Miss Forsythe	Nancy Thorsnes
Letta	Geneane Hunt



charity!"

"It's ok honey, don't worry."

take his mind off his problems.

Happy at a restaurant with Miss Forsythe and Letta.

Varsity Cheerleaders Reflect Scottie Spirit

1st row: Robin Cooper, Leslie Hom, Debbie Schmidt, Alicia Underwood, Valerie Moss; 2nd row: Susie Fluharty, Sharon Barend, Cindy Hensley, Leslye McAllister

"Take it off, take it off, take it all off!"

I just adore those 'Fonzie' types!

"Why did the M.C.P.'s choose me as 'Piglet of the week'?"

"Alright, where's my other pom-pom?"

Shake it, shake it, Debbie

Varsity mascot: Kelli Hayo

I love you . . . I honestly love you.

We went to cheer camp for this?

Through victory and defeat, excitement and disappointment, this years varsity cheerleaders were definitely spirited. Our cheerleaders, with Alicia Underwood as head of the squad, worked hard generating enthusiasm at pep rallies, assemblies, games and other activities. Two additions to the squad were the mascots, Kelli Hayo and Stephanie Sandler, who also joined in promoting spirit. During the summer, the varsity squad won the title of 'Most Spirited' at the UCSD cheer camp. They competed against some school with as many as 30 cheerleaders. Helix is proud of this years varsity squad.

Spirit Shines Within

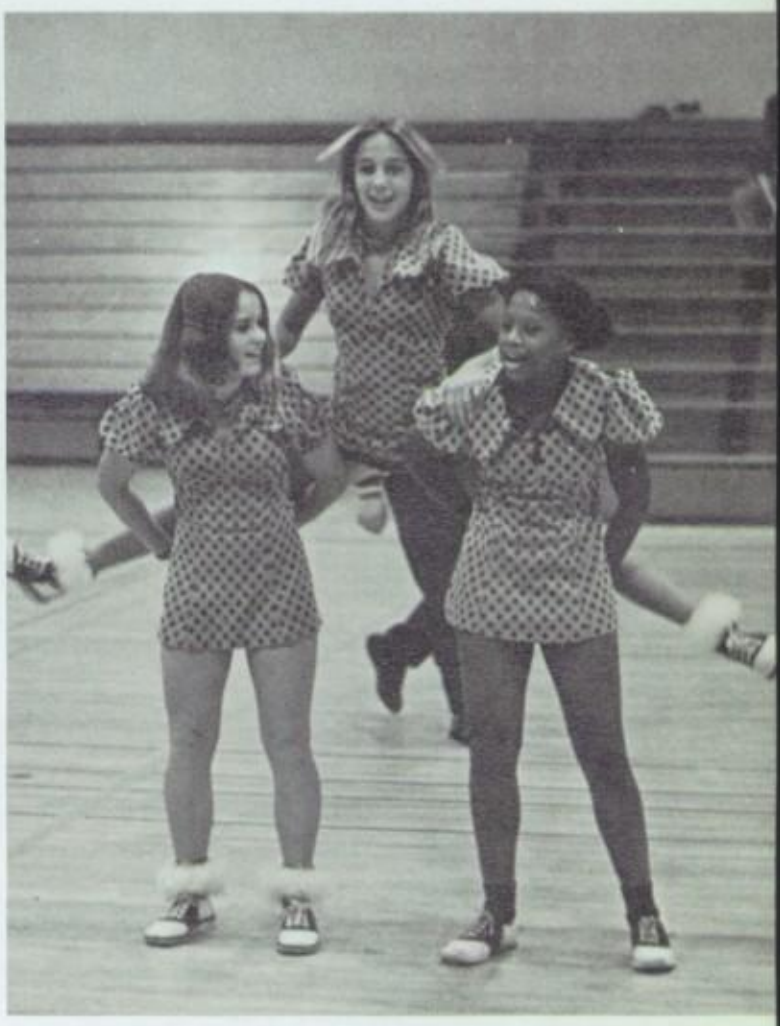
"The ref's got a hole in his pants!"

"Oh wow, my girdle is killing me!"

J.V. Cheerleaders: Ramona Mendoza, Belinda Koltz, Lory Seiden, Denise Hays, Susy Vance, Laura Wells, Mary Roberts.

Cheerleaders take time out to meet Monte Vista's squad.

Junior Varsity and Freshmen cheerleaders helped to encourage Highlander pride in the underclassmen. Many hours were spent practicing and perfecting routines to perform at school activities. Cheerleaders participated at assemblies, pep rallies and athletic events.



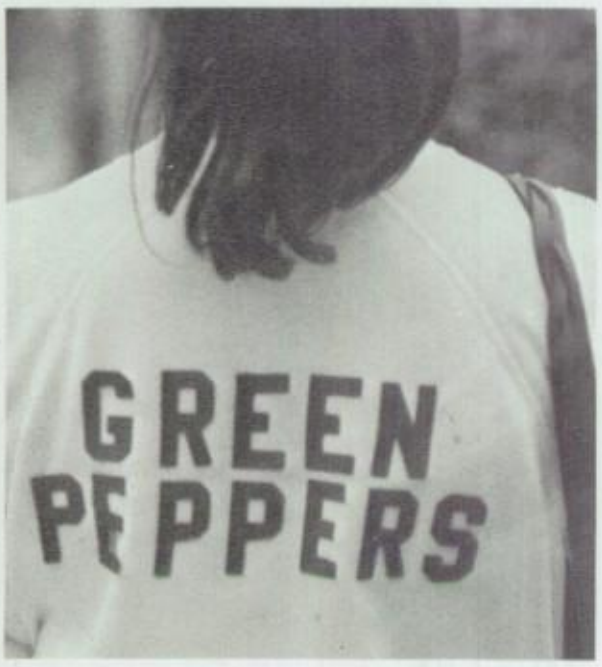
"For being such a little thing she sure does weigh alot!"

Freshmen Cheerleaders: Elrica Johnson, Lisa Solana, Cindy Moore, Rhonda Sams.

Spirit And Creativity

The cheering section at football games was really boosted this year when the Green Peppers were there in their green and white outfits. With shakers in their hands, they helped get the crowd in the spirit of the game. The group is made up of spirited girls who learn cheers and dances for the half-time shows. In the future, the Green Peppers hope to do more to promote Highlander spirit.

Green Peppers: 1st row: S. Hulsey, J. Manteufel; 2nd row: M. Dowell, A. Gallo, K. Neve; 3rd row: M. Corts, S. Kersey, M. Honz; 4th row: S. Hubbel, Pres.; A. Taddeo, V. Pres.; B. Hand, Sec.



Senior Bench Warmers: B. Hand, A. Taddeo, V. Pres.; S. Hubbel, Pres.; M. Corts.

Though they are small in number, the Senior Bench Warmers really put it together this year. During football games they sat in the cheering section with all the other spirited groups at Helix and cheered. Then at halftime they went down on the field and 'warmed' the benches until the football players returned.

Not New At Helix

Perfect, modest and charming; that's what members of the newest spirit promoting club on campus consider themselves. Actually the MCP's not only helped the cheerleaders promote spirit at football games, but gathered interest and spirit throughout every week with their signs and antics around school. Participating at assemblies and the Homecoming Parade with a float are among the many services they performed this year. Whether at school, games, or assemblies, the MCP's were an inspiriation to all spirited Highlanders this year.

MCP's: 1st row: C. Wamsley, K. Quinn, M. Kiss, A. Girulat, E. Raulston, J. Webb; 2nd row: M. Autry, S. Abaroa, J. Kuykendall, J. Neill, J. Bradford, E. Golbski.

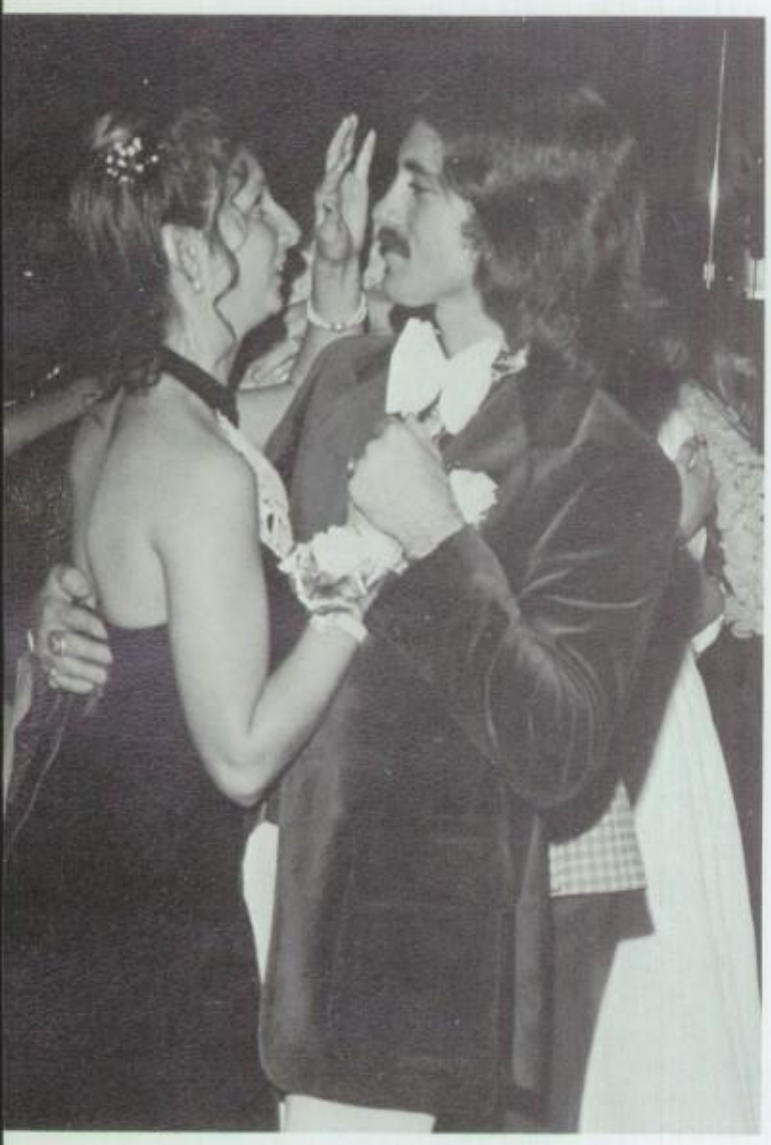
Mr. Larsen, Advisor; Shirley Fu, Editor; Billie McSwain, Co-Editor; Mrs. J. Patton, Advisor. Highway Staff; (not pictured) K. Igarashi, D. Schmidt, T. Jones, J. Sandy, S. Bowlen.

"Abi-sabi-nabi-nees!"

In order to provide a place for Helix students to display their creative talents, the Highway Magazine was formed. At evening meetings the staff selected stories, poems, essays, and many photographs and drawings by art students to be included in the publication. The editors then arranged the materials for printing and the finished product was sold to Helix students for fifty cents. This year's advisors were Mrs. Patton and Mr. Larsen.

The Enchantment Of 'Our Own Little

Bright Christmas tree ornaments, dimmed lights and good music from the band, 'Emergency Exit', were all part of this year's Christmas dance. The dance was held at the El Cortez Hotel with the theme 'Our Own Little Christmas'. Couples danced throughout the evening and enjoyed the view of San Diego from the glass elevator. The peak of the events was the arrival of Santa Claus, who introduced the princes and princesses and also announced Mark Lolli and Sharon Scott as King and Queen. The princes and princesses nominated by Girls League were Sally Thompson, Teresa Harris, Trina Asaro, Judy Schimke, Rachel Alvidres, also Steve Riggins, Pat Chevalier, Peter Igarashi, Doug Jett, and Jack Kuykendall.



A time for expressing personal feelings.

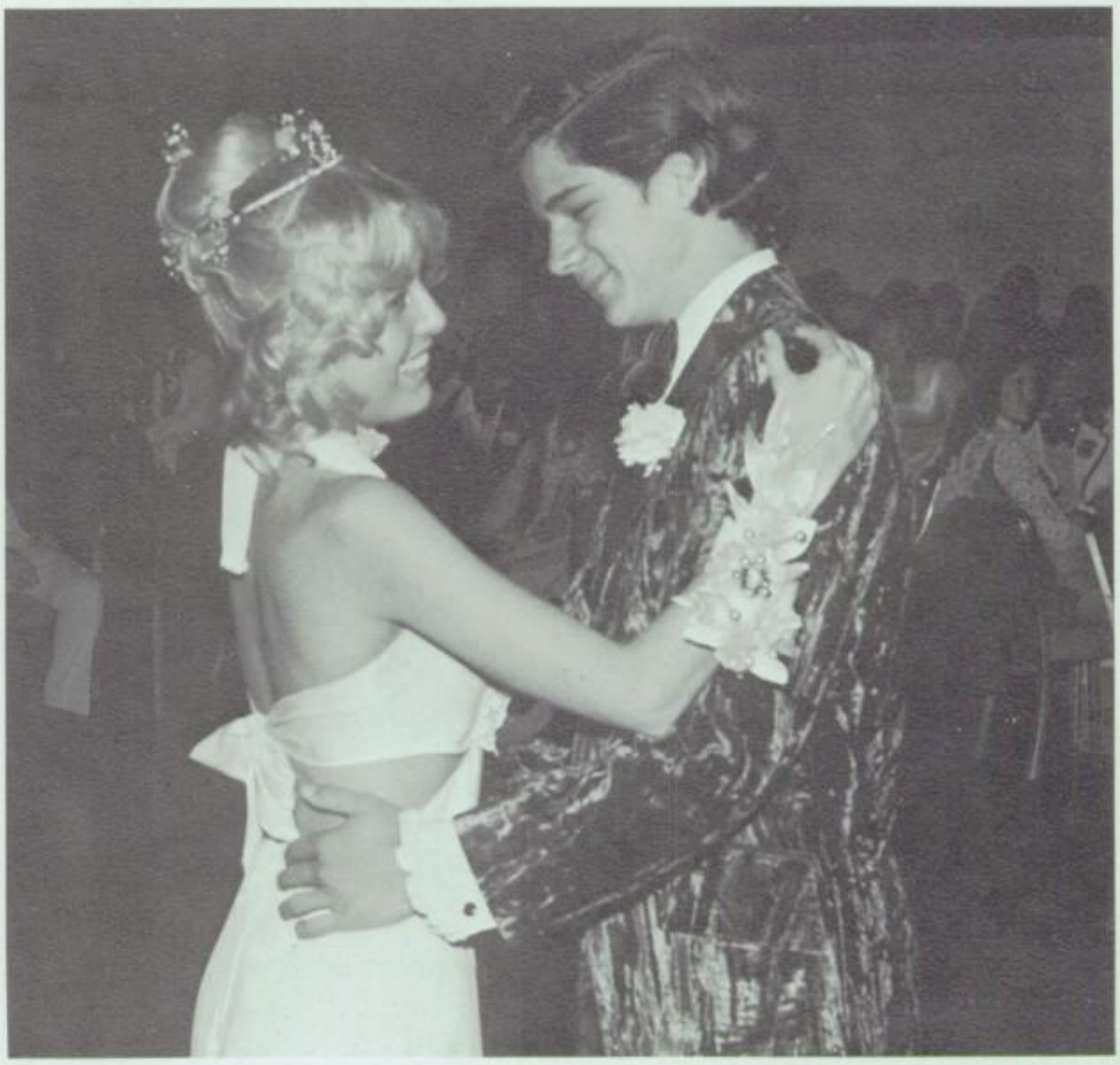
Dancing was enjoyed by everyone, in the crowded but exciting

The Christmas Dance held quiet and meaningful moments.

Christmas'

atmosphere of the Carribbean Room.

Santa Claus making the special announcements.



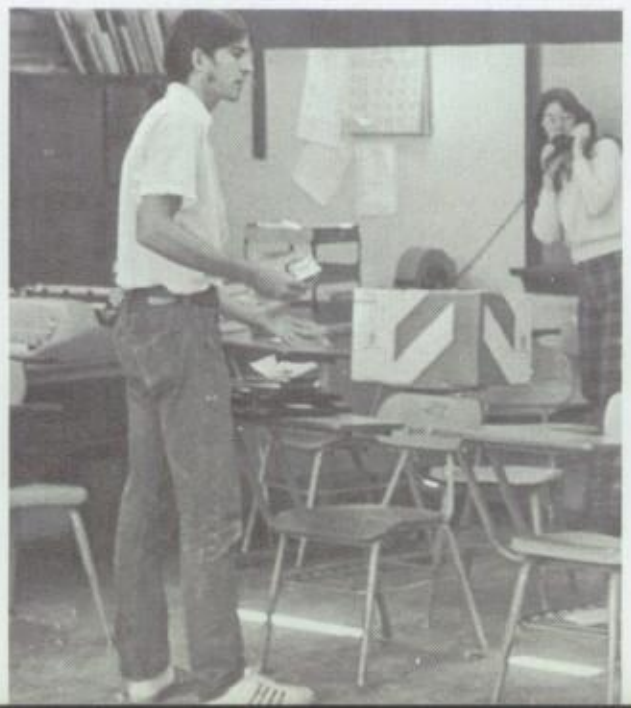
Queen Sharon and King Mark share a special dance in their honor.

Coupies enjoy each other's company while sitting between dances.

Commissioners Experienced Busy Year

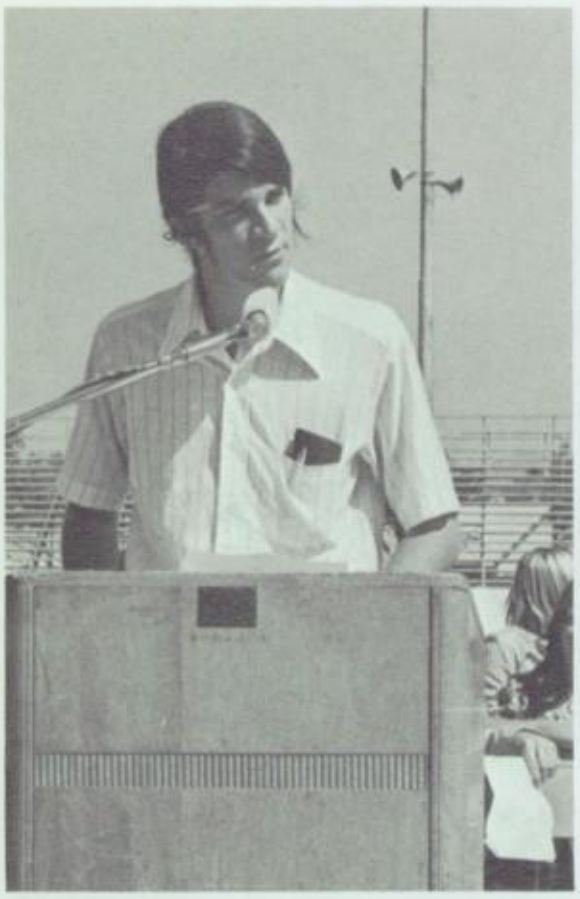
The '74-75 Commission Class: 1st row: S. Scott, S. Joubeh, E. Godell, D. Meek, K. Hayo; 2nd row: B. Aunan, S. Freitas, S. Ridgeway, L. Whitcomb, J. Cannon, K. Ryan, L. Linker; 3rd row: P. Igarashi, L. Hom, D. Chiles, K. Gray, J. Kuykendall, B. Demochowski, S. Kinsella, R. Epps, S. Thompson, K. Bea, Mr. Landry.

"Is this smile big enough?"

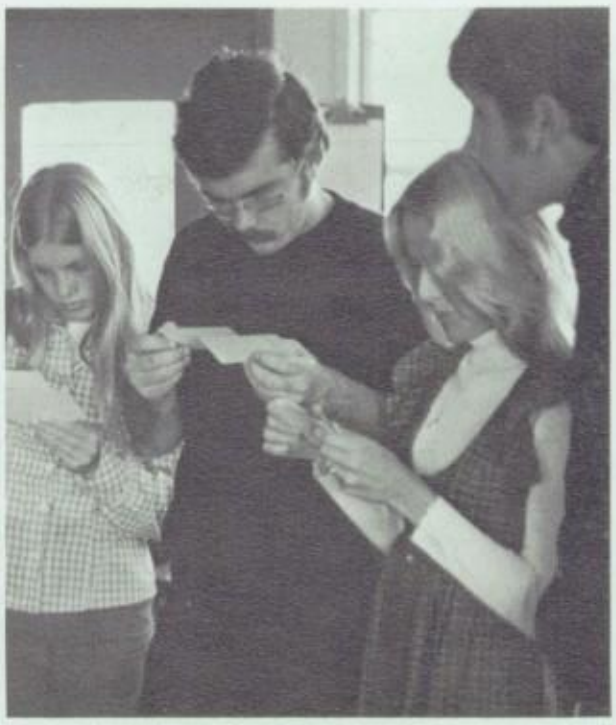


"Help, everyone just got up and left!"

"I wish I could fingerpaint!"



"And furthermore. . . . . "



Mr. Landry helped as A.S.B. Advisor.

Under the leadership of ASB President Jack Kuykendall, the '74-75 Commission Class accomplished many things. They expended much effort in promoting school spirit through various campus and civic activities. In addition to the usual activities of the year such as Homecoming, Nominating Convention, ticket sales, football programs, and publicity for all school events, this year's commissioners concentrated on ironing out problems concerning school spirit and rules and regulations. In addition to serving Helix, Jack Kuykendall served as Student Representative to the Grossmont District Board of Trustees.

"To paint or not to paint . . . "

"You dummy, that's not how to play hangman!"

"Oh these sandwiches are go-o-o-o-d!"

Two intellectuals discussing the possibilities of hopscotch.

Action Taken By Student Council

OH, Ho. . . !

Not bad! Not bad!

Karen Gray, Chairperson

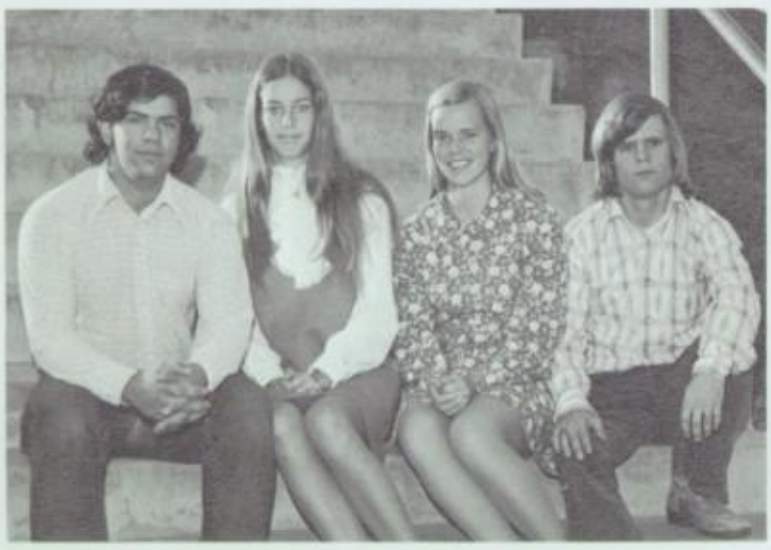
This year Student Council was really doing things. Major changes were made in the Student Constitution by a special committee, formed out of student council. Other activities this year were hearing complaints of students, approving clubs, and making recommendations on various issues on campus.

Dedication And Leadership Abundant

Hi-Stepper Leaders: S. Rossiter, 1st lt; C. Hada, 2nd lt; P. Humphrey, 3rd lt.; J. Stone, 4th lt.

Before school ended last year, band and corps leaders were already planning this years events. Many meetings were held and a lot was accomplished. Some of the events they helped organize were the Spring and Pops Concerts, fund-raising projects and fun activities such as the annual trip to Big Bear.

Greg Lusitana and Kathy Gamache, this years Drum Major and Corps Captain, had the job of standing by their units at all times, setting a good example and trying to keep their units spirit and attitude at the highest point possible, whether at a parade or rehearsal. They, along with the other leaders, helped and encouraged their fellow members throughout the entire year. These dedicated young people worked along with their advisors, Mr. Kirk and Miss Turner, to make this years band and corps the best ever seen at Helix.



Band Officers: A. Randazzo, pres.; P. Bertsch, treas.; D. Street, sec.; S. Teincuff, vice pres.

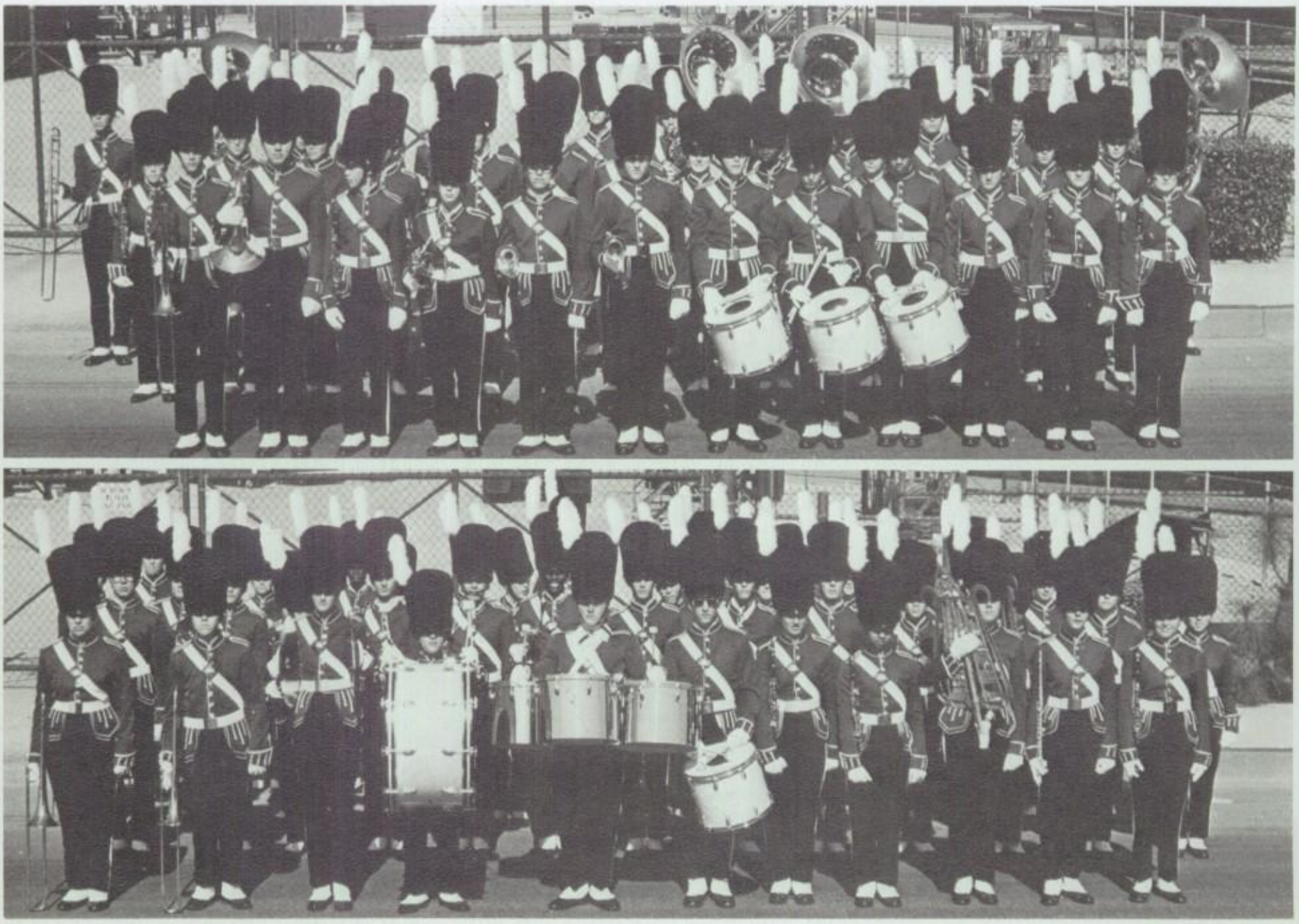
Gerald Kirk
Band Director

Corps Officers: B. Batts, publ.; P. Haider, soc. his.; J. Goodsole, pres.; S. Teichman, teas.; J. McHenry, sec.

Leslie Turner
Hi-Stepper Advisor

Drum Major Greg Lusitana and Hi-Stepper Captain Kathy Gamache

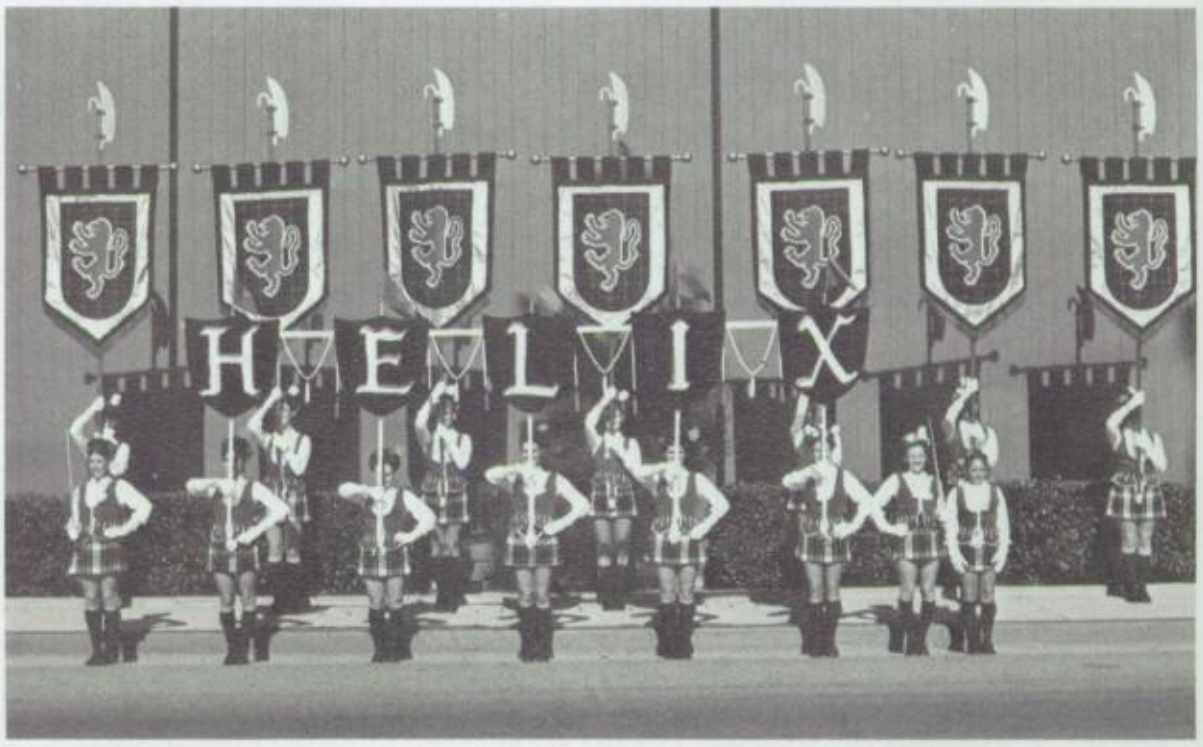
Pride And Showmanship Linked To Victory



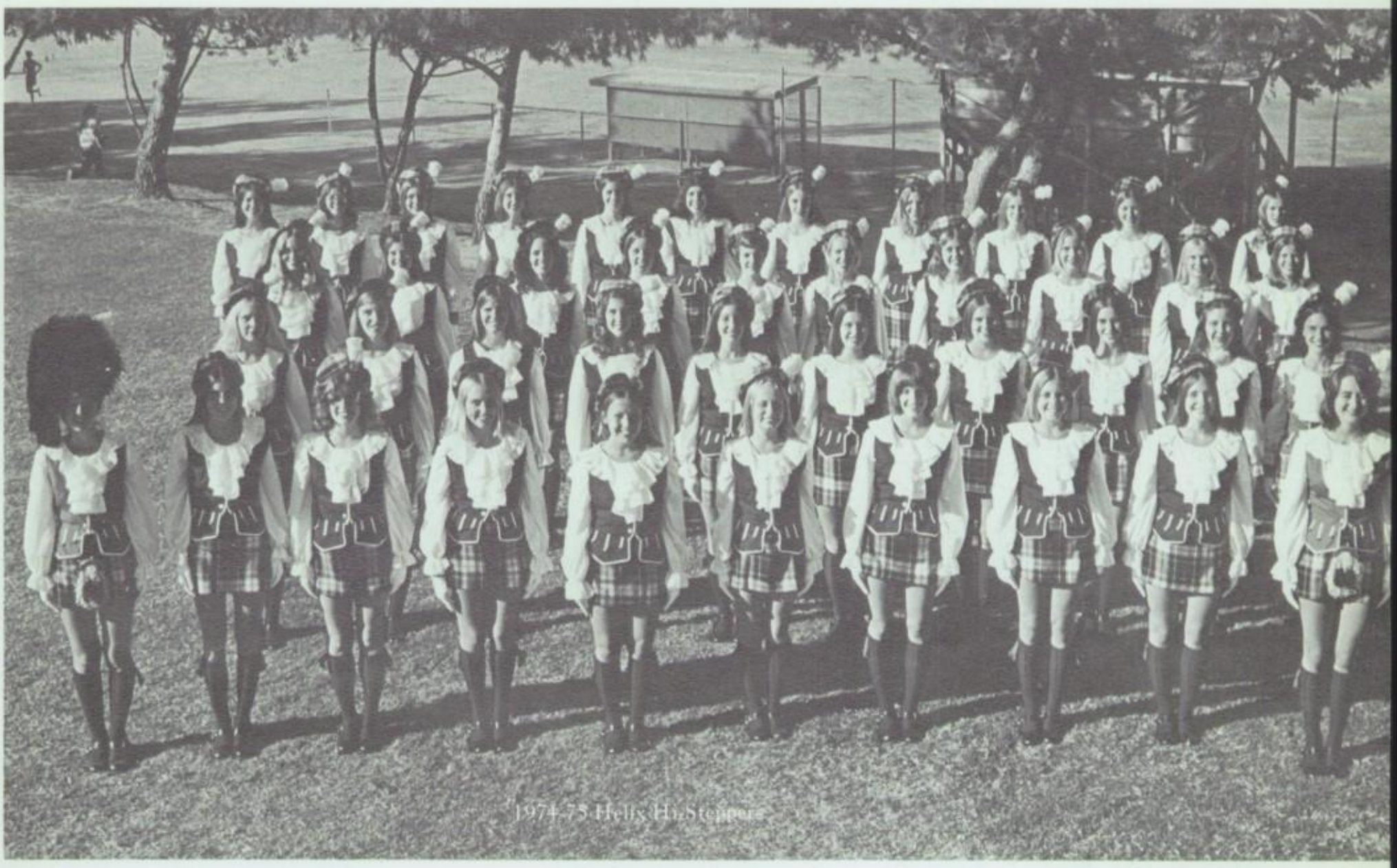
The Helix Highlander Marching Band

This year's Highlander Band started out its marching season with success by winning a Sweepstakes trophy at the Columbus Day Parade. At the Autumn Band Review the band placed First and received the Outstanding Showmanship Award. First place and the Outstanding Music Award were also earned by the Band at the Chino Invitational Band Review. At Hawthorne the band and corps worked together and brought home the Showmanship Trophy. During the fall, the band was also invited to participate in the Santa Monica, Arcadia, and Anaheim Band Reviews. The Highlander Band also helped promote community spirit by performing at all home football games and local parades.

After a hectic fall season the band continued into the spring with its thoroughly entertaining Pops Concert. Finally, music and solo-and-ensemble festivals helped round out the bands music program for the entire year.



Highlander Letter and Banner Corp


1974-75 Helix Hi-Steppers

"Get the point!"

A beautiful bunch of smiling lassies brought this years Hi-Steppers to victory. To start off the year the Hi-Steppers earned Sweepstakes at the Columbus Day Parade. At the Chino Review they received second place and the Specialties Award. They also worked with the band at the Hawthorne Review and together they earned the Showmanship Award.

In the spring these dedicated girls worked with the band by dancing in the Pops Concert. Besides working with the band, these girls also put on some of their own functions like a fashion show and swap meet in the fall.

"What is that in there?"

"What do you mean, rank up?"

Performing Groups Extend Their Services

Helix Highlander Orchestra

Beautiful sounds flowed out from the band room on Wednesday nights this year as the Highlander Orchestra practiced diligently for its upcoming concerts. The orchestra had its own Winter Chamber concert, but also performed with the choir at the Christmas Concert and with the band at the Pops Concert and Spring Concert. The orchestra also competed in the spring against other schools at the Spring Festival.

The goals of the orchestra are not only to perform these concerts well, but to learn to play major classical orchestral works and to bring a bit of culture to the Highlander Clan.

School Majorettes
Sherrie and Corinne Bulcao

Orchestra members tuning

And a 1, 6, 7, 4

"Are you sure you know what you're doing?"

up before rehearsal.

Loading Crew: Capt. S. Teincuff, J. Romero, D. Horn, A. Randazzo, L. Impson. Not pictured-C. Sharon, M. Harville.

2,3,8.

Our Pep Band

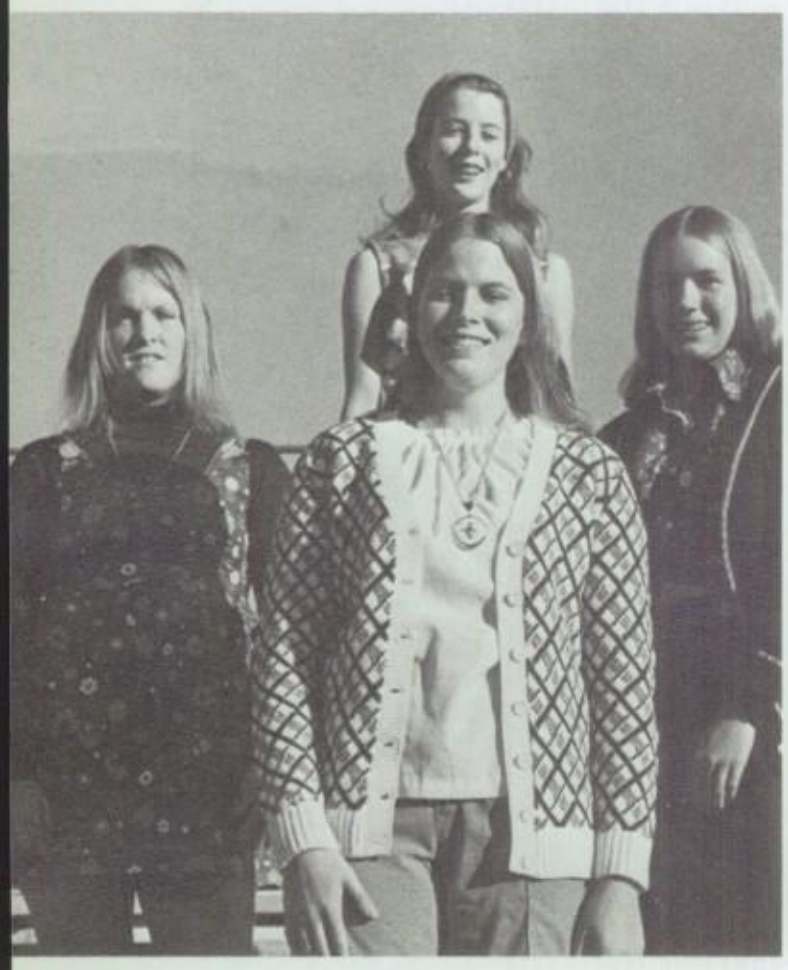
Helix Highlander Bag Pipe Band

Branching off from the Highlander Band is the Pep Band and Bagpipe Band. Though these two groups play entirely different music, they both perform for the same reason-to serve. At all pep rallies, assemblies, and away games, the Pep Band could be seen in trench coats and sunglasses, helping to promote spirit. This year they also served the community by playing at Rolando Elementary's Halloween Carnival. On Thanksgiving Day the Pep Band also played at the Toys for Tots program.

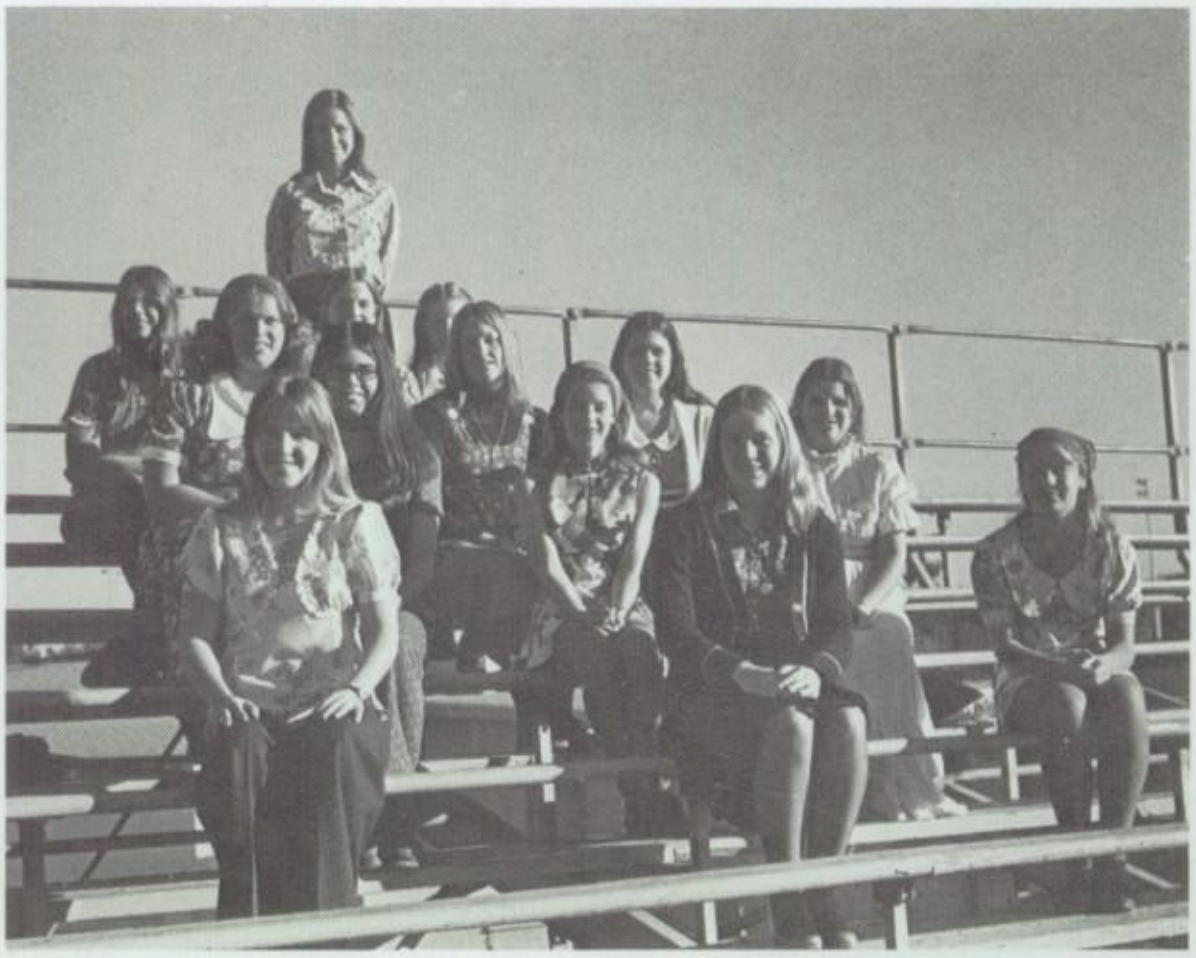
The Bagpipe Band dressed in their traditional garb of kilts, performed with the marching band at all home football games. Also because of their traditional flavor, they accompanied the band to all its community and competition parades. This year, community service was number one on the bands list which they showed by their performance at the Old Globe.

S-Club Worked For Our School And Community

Members of the S-Club accomplished much this year with Mrs. Sharon Smith as their advisor. They served the community through visits to the Veteran's Hospital and Convalescent Home. They also supported a Vietnamese foster child and had a Toys-for-Tots drive. The S-Club met every 2nd and 4th Monday each month under president Cindy Katan. The S-Club is associated with the La Mesa Soroptimists.



S-Club Officers: M. Powers, H. White, C. Katan, L. Massey.



S-Club Members: Mrs. S. Smith, J. Cole, C. Katan, K. Thompson, C. Dill, M. Powers, K. Neve, A. St. Sauveur, H. White, C. Kean, J. Richter, L. Massey, C. Vibert.

Lettermen's Club Promoted Athletic Spirit

Lettermen's Club Executive Council: D. Lachenbruch, R. Rodstrom, D. Wineteer, R. Epps, D. Grove, R. Grove, J. Schmidt. B. Demchak, M. Franey.

Key Club Continued Tradition

Key Club Members: Mr. James Thuramn, B. Stenwell, R. Culpeper, P. Baxley, T. Fortier, L. Carlson, A. Hollander, C. Loach, G. Carlson, K. Perrie, B. Hiland.

Lettermen's Club Officers: D. Lachenbruch, J. Schmidt, R. Epps, B. Demchak, R. Grove.

The Key Club continued their annual activities which included a car wash, car rally, and the collecting of food for the needy. Their meetings were held on Thursdays as they listened to speakers on various topics such as career information, surfing, Coca-Cola, and safety in auto driving. The club's President was Alan Hollander and Mr. James Thurman was their advisor. The Key Club, sponsored by the Kiwanis Club of La Mesa, also collected wood in the Laguna Mountains.

The Letterman's Club helped the spirit in all athletic events. The club represented many varieties of sports under their Advisor, Mr. Doug Matheson. President Ray Grove led a social as well as active organization. Approximately 50 members met on the last Wednesday of every month throughout the year.

Girls' League Sparks Student

Girls' League cabinet plans for up-coming events.

A hot tomato

Sharon Scott

Of all the many clubs and groups, Girls' League has the most social events on Campus. The events sponsored by Girls' League added extra fun for the students. This year started with the Frosh Picnic. This event was made a success by Leslie Lindsey and her committee. Rachel Alvidres was chairman of the Canned Food Drive which helped many needy families. A big part of homecoming was the Alumni Tea. Sharon Gates was in charge of this activity. Teresa Harris and Trina Asaro made the Christmas Dance a memorable night for all.

Another Girls' League Activity was Fashionality Night, headed by Sharon Scott. This event displayed the newest fashions for spring and summer. The last Girls' League dance was the Spring Dance, organized by Jean Cannon. The final project of Girls' League was Special Events, coordinated by Lori Vallas. This Girls' League week was intended for student participation and lots of fun.

Jean Cannon

Teresa Harris

Involvement

promotes the Canned Food Drive.

"You're right, Kathy. He's not getting older, he's getting better!"

Michele Torrey

Kristal Smith

Judy Schimke

Lori Vallas

Trina Asaro

Leslie Lindsey

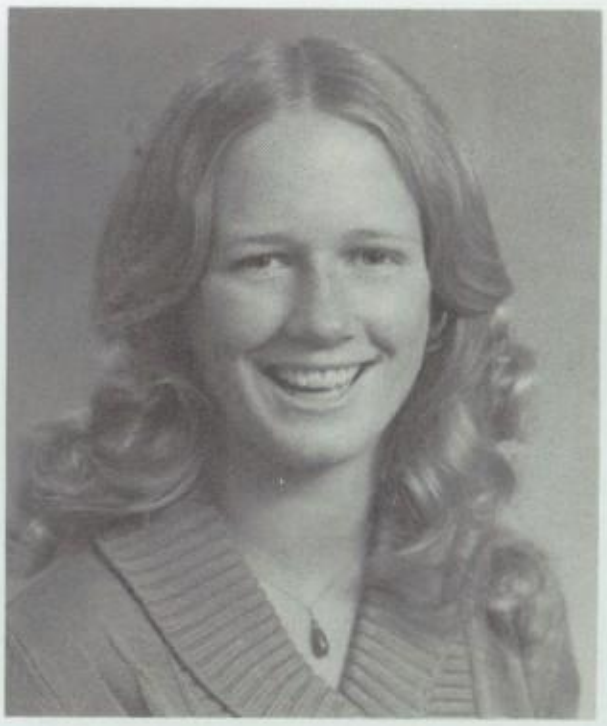
Sharon Gates

Rachel Alvidres

Leading Lassies Had Variety

The Leading Lassies of 1974-75 displayed variety in different activities. They shared school spirit in clubs, athletics, cheerleading, drama, Student Council, A.S.B. Commission Class and other activities. These girls were nominated by Girls League and voted for by all Senior girls.

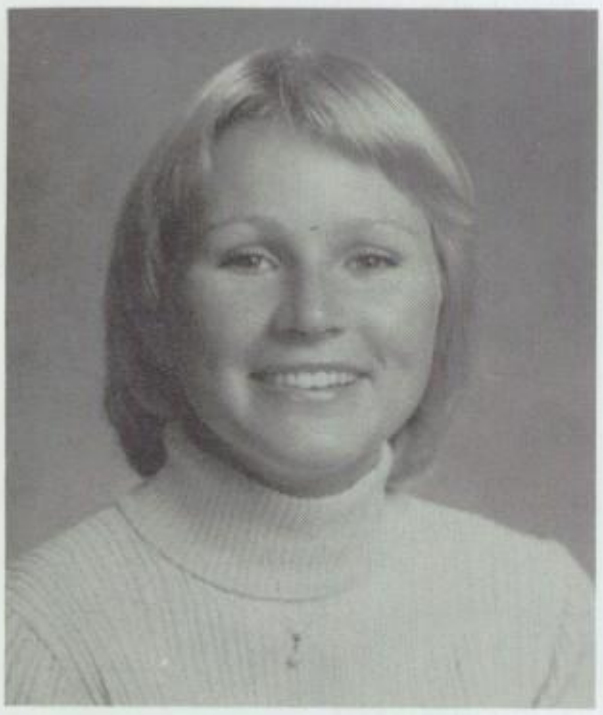
"If you've got it-show it!"



Laura Whitcomb

Denise Chiles

"Ooh . . . There's a bug in the paint!"



Susie Fluharty

Sandy Freitas

Karen Gray

Alicia Underwood

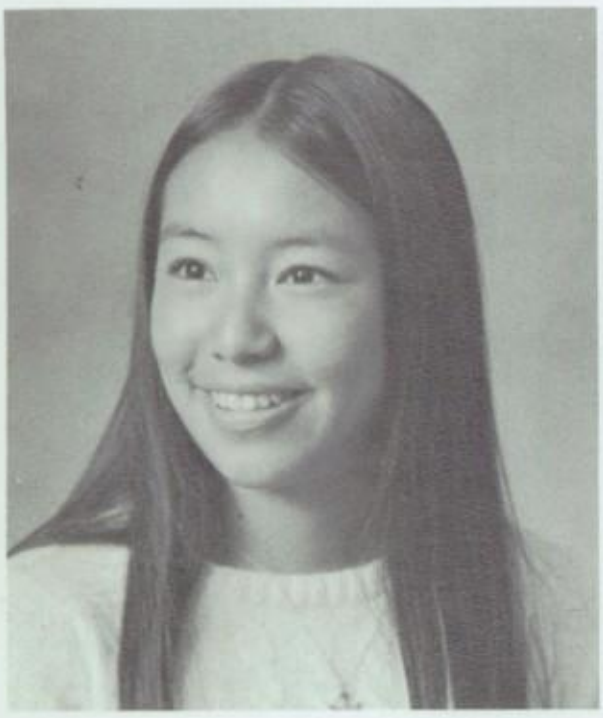
Sally Thompson

Nancy Scott

"I'll crochet a cover for my VW!"

"Surprise, I'm the September Centerfold!"

Debbie Schmidt



Leslie Hom

Valerie Moss

Kathy Ryan

Students Put Forth Effort

Great effort was put forth by members of the Model U.N. Club this year as they prepared for the three-day U.N. Conference at S.D.S.U. in March. Sweden, Venezuela, Saudi-Arabia and the People's Republic of China were the countries this year's club represented. The entire club is separated into delegations and each of these groups meet regularly to study their own country. While researching they must learn their country's economic and political attitudes toward all major questions of today so they can participate with greater knowledge at the conference.

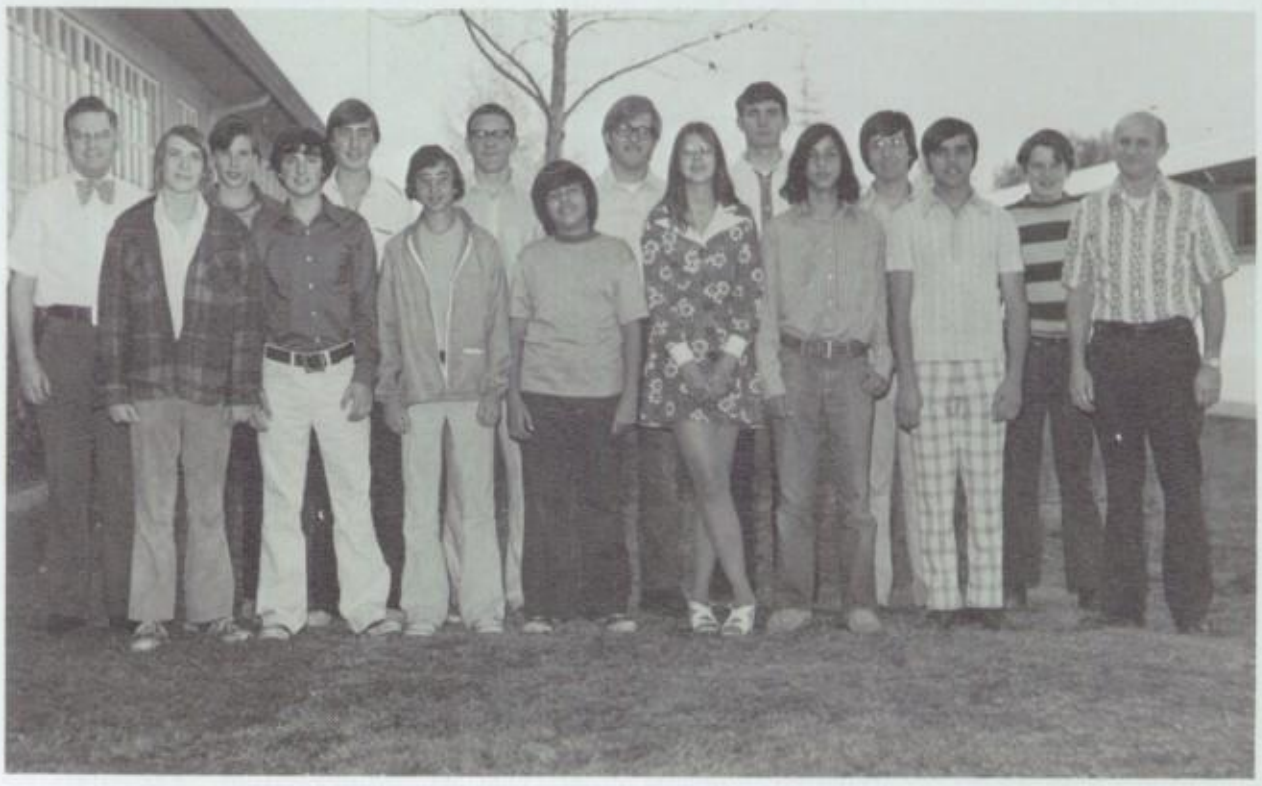
The club worked harder than ever this year trying to reach their final goal which was to participate in New York at the National U.N. Club simulation involving students of different states.

Model U.N. Members: 1st row: L. Leonard, R. Rose, M. Catlin, J. Lucisano, E. Rodriguez, T. Jansen; 2nd row: M. Lee, Advisor; D. Barrer, C. Simpson, J. Kuykendall, S. Fu, R. Keats, T. Avakian, D. Nelson, K. Gray; 3rd row: M. Mumford, D. Pearce, R. Kizer, M. Perkins, S. Holets, S. Kinsella, E. Goodell, D. Denton.

Enthusiasm is a word that appropriately describes the Science Club this year. Growing from four to twenty members the club has become a very active group on campus.

In the fall the club visited the Naval Undersea Center where they were informed by scientist Dr. Shipman about certain aspects and purposes of the lab. Dr. Shipman was invited to be a guest speaker at Helix as a result of the impression he left with the club members. His discussion included subjects such as bee venim used to treat arthritis, and, how he uses parapsychology to find lost people.

In future years the Science Club hopes to make many trips that will advance the knowledge of science among interested students.



Science Club Members: 1st row: T. Brings, M. Lopez, E. Galati, M. Smiley, J. Cole, C. Gallo, N. Saman, W. Ramsey, Advisor; 2nd row: F. Watenpaugh, Advisor; D. Hyatt, B. Wilkins, B. Demchak, B. DeHope, D. Richards, B. Firtch, M. Lehmann.

To Obtain Outstanding Results

CSF Members: D. Anthony, K. Argubright, T. Avakian, J. Barrow, B. Batts, P. Baxley, J. Beckham, J. Bock, J. Brewer, A. Bruce, M. Catlin, C. Comber, C. Cross, C. Cunningham J. Cunningham, L. Decker, B. DeHope, B. Demchak, K. Demchak, C. Dunquist, B. Earnest, K. Eddy, K. Fattif, B. Firtch, S. Gardner, M. Genser, K. Gray, B. Greer, D. Hays, J. Hays, J. Henry, S. Holets, J. Holmes, M. Holmes, L. Hom, K. Igarashi, P. Igarashi, C. Inabinett, C. Iverson, D. Iverson, T. Janson, K. Jeckel, B. Johnston, C. Jones, A. Kicklighter, S. Kinsella, D. Kleinhen, L. Koehler, M. Lehmann, M. Lolli, J. Lucisano, R. Lundquist, M. Martin, P. McAfee, W. McCarthy, J. McHenry, D. Morales, E. Murphy, R. Norris, D. Oliner, K. Oxe, D. Padgett, M. Perkins, C. Popoff, J. Richter, M. Riviera, J. Romanowski, R. Rose, C. Ryan, L. Sanborn, L. Scheele, J. Schmidt, B. Shaw, M. Smiley, S. Spooner, R. Stanley, S. Strauss, S. Teichman, L. Terpening, S. Vance, D. Wallace, P. Wallace, L. Weber, L. Whitcomb, K. White, D. Williams, D. Wineteer.

Math Seminar: 1st row: J. Brewer, D. Hays, J. Richter, M. Smiley, M. Catlin, C. Popoff; 2nd row: K. White, L. Bixel, B. DeHope, L. Nielsen, T. McNichol, M. Holmes; 3rd row: C. Cross, J. Hays, B. Shaw, D. Richards, R. Stanley, L. Terpening, D. Oliner, D. Kleinhen, J. Munson, Advisor.

A highlight of this year for CSF members was their trip to the USC campus. The students, accompanied by their advisor, Mrs. Peggy Hopkins, were given a guided tour of the campus, treated to lunch, and invited to attend the USC vs Washington football game.

CSF night at Disneyland was enjoyed by approximately twenty Helix members along with many student members of the Calif. Scholarship Federation from other schools. By paying the usual fee for admission to Disneyland members were able to attend and participate in all attractions throughout the night.

Membership in CSF is based on grade-point average in which a student must maintain a 3.75 overall each semester.

The Helix Math Team draws its winning strength from the math seminar class each year. Math seminar consists of approximately twenty accelerated math students who work toward the goal of attaining high test scores. At the Occidental Math Field Day the math team plåced third in the entire state. In addition to competing in at least six math contests each year, the team sponsors car rallys and the traditional Math Field Day. Advisor to the Helix Math Team is Mr. Jack Munson.

Senior Y-Teens met every Tuesday night at Seminole Center while the Junior Y-Teens met on Wednesday, and sophomore Y-Teens met on Monday. The club president was Rachel Alvidres who helped the club on fund raising projects. Y-Teens collected canned foods, sponsored bake sales, candy sales, car washes, and went Trick or Treating for UNICEF. In all, they experienced a very successful and productive year.

Senior Y-Teens Leaders: R. Alvidres, S. Gates, A. Sutherlin, L. Wuebold.

Sophomore Y-Teen Leaders: A. Cronk, B. Kennedy,

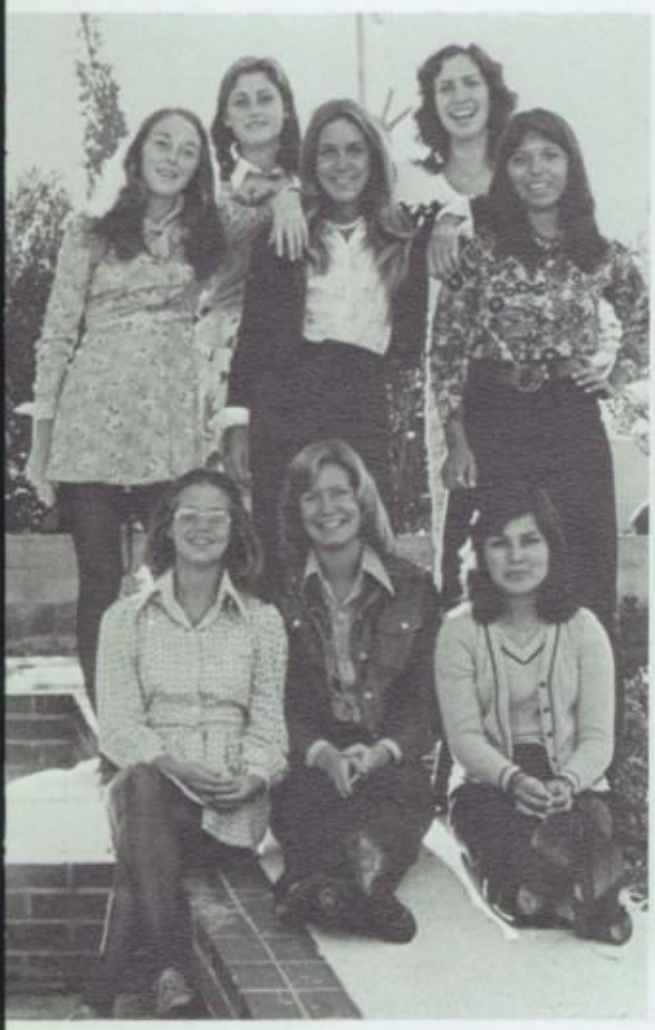
Junior Y-Teens Leaders: Top: J. Jacobs, A. Shubin, S. Morones, D. Iverson.

Senior Y-Teen Members: 1st row: S. Scott, K. Robertson, C. Jarvis, K. Ekhaml, C. Duarte, L. Vallas; 2nd row: K. Barnes, K. Everett, L. Larsen, K. Carter; 3rd row: D. Bailey, C. Hattaway, B. Hendon; 4th row: C. Foote, A. Sutherlin

Friendship Grew Through Y-Teens

N. Lester, J. Romanowski.

Junior Y-Teen Members: 1st row: G. Schedine, I. Gaskill, D. Iverson, S. Morones, L. Saucerman, D. Bender, 2nd row: A. Wuebold, C. Hensley, J. Argent, A. Shubin, A. Ariessohn, M. Conti

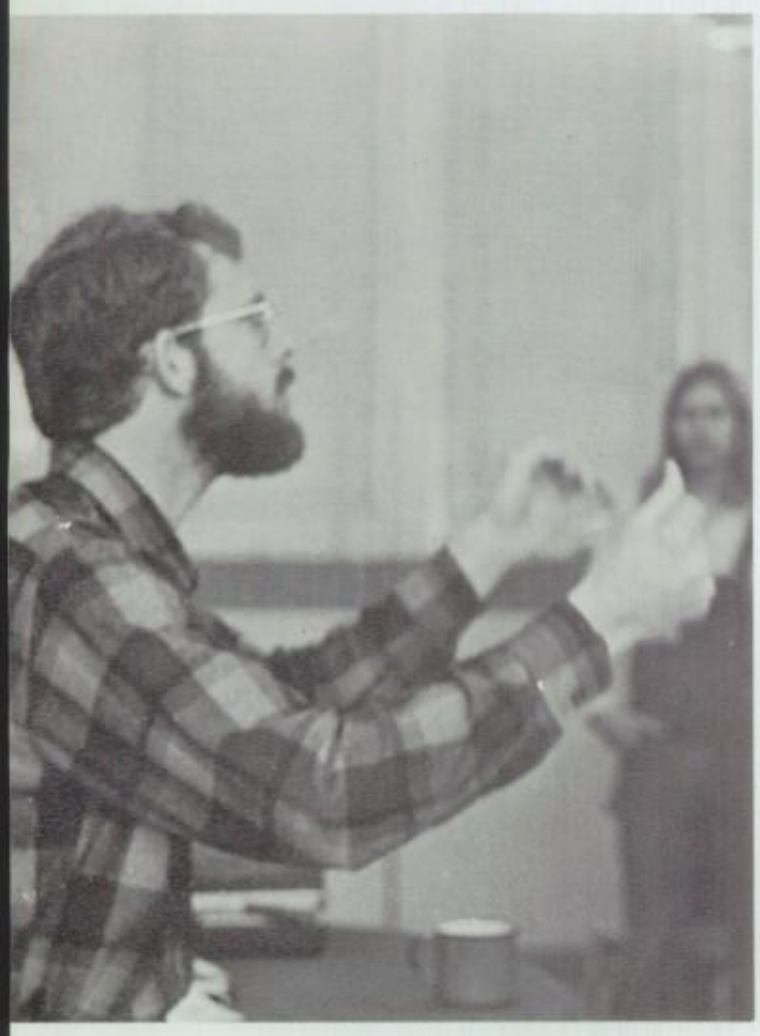


1st row: S. Gates, L. Wuebold, R. Alvidres; 2nd row: D. Castner, K. Tilley, L. Cerda; 3rd row: K. Smith, K. Aunan

Sophomore Y-Teen Members: 1st row: A. Cronk, K. Sutherlin, N. Lester, L. Walton, B. Kennedy, 2nd row: C. Loftus, P. Vasquez, L. Massery, J. Romanowski, S. Vance, J. Campbell

Choir Said It With A Song

The 1975 Choir



"Let's all sing like the birdies sing."

Choir Officers: 1st row: C. Katan, D. Engle, C. Dunquist, L. Terpening; 2nd row: K. Barnes, N. Skarda, G. Williams, D. Zimmer, L. Hobbs

Choraliers: 1st row: S. Poland, D. Engle, K. Barnes; 2nd row: B. Luther, L. Nielsen, E. Kontopuls; 3rd row: T. Holding, R. Ronayne, M. Genser, J. Stone, E. Reeves, D. Leggio, Mr. M. Faulk, director.

Choir '75 was one of Helix's largest with 73 members and Mr. Faulk as director. Their first concert was a get together of all the choirs in the Grossmont District. For this concert Helix sang many spirituals.

Next, choir did their Christmas concert, with a little bit of rock. It was called Prince of Peace, featuring the stage band and choir all under the direction of Mr. Kirk. The concert included Christmas carols from Choiraliers, Girls Glee and more from Choir.

Choir was involved in many more concerts such as their Spring Concert and at the end of the year the annual Pops Concert. There was also a spring trip and additional concerts.

The 1975 Frosh Girls' Glee

Students Enhanced Their Abilities In Chess And Library Clubs

The Helix Chess Club worked hard this year to establish a chess league within the Grossmont district schools. Although it has not yet become a reality, the club has high hopes the league will be established soon. Meanwhile the club members challenged each other regularly by conducting tournaments. The club president is David Oliner and the advisors are Mr. Charles Corbisez and Mr. Frank Lueke.

The Library Club, one of the oldest on the Helix campus, was thirty members strong and very active this year. Librarian Robert Freeland and president David Eddy organized the club's school and social activities. Their services to the school included sales of paper, pencils and candy which helped pay for such gifts as a typewriter, books, magazines and pamphlets for the library. The club held the annual Book Fair in the Spring and enjoyed such social activities as a Halloween and Christmas party.

Chess Club Members: J. Hays, C. Popoff, W. Tyson, J. Horne, D. Oliner, Mr. Lueke Advisor, D. Nelson, R. Kunkee, G. Asbury, Mr. Corbisez Advisor.

Library Club Members: J. Horne, C. Asbury, M. Cummings, R. Ewards, M. E 'Golf, S. Fish, J. Garcia, K. Gorton, L. McCallum, I. Parsons, L. Simpson, D. Underwood

Business And Education Experienced In Shades Of Brown And D.E.C.A. Clubs

The Shades of Brown club consisted of: 1st row: J. Payan, M. Lieras, C. Rico, J. Bower, V. Linton, R. Nunez, C. Bernal, A. Sevilla, G. Linton; 2nd row: L. Lara, A. Lara, Y. Guerrero, C. Bernal, R. Teynaga, M. Gamboa, A. Juarez, R. Colmenero, Advisor Mr. R. Dye, M. Ramirez

Shades of Brown, like various other active groups, were involved in fund-raising projects to help their organization and school. Under the direction of advisor Mr. Rick Dye and president Varna Linton, the group sponsored car washes, a pot luck dinner, and a bake sale. Several donations were made to non-profit organizations. When the work was done, the fun began! Several members participated in a field trip to Magic Mountain and the Laguna Mountains.

The Helix DECA CLUB, affiliated with the Distributive Education Clubs of America, is an organization designed to develop future leaders in marketing, management and merchandising, and to train students for careers in retailing, wholesaling, selling and advertising. To help develop these skills the club sponsors projects throughout the year selling coffee and doughnuts to the adult classes and Christmas gift wrapping at Grossmont Center. The club attends several conventions during each year for the purpose of learning the goals and accomplishments of other chapters of the national orgainzation. Faculty advisor, Mr. Jack Charles, indicated their biggest and most important convention was held in March.

1st row: S. Thomas, L. Riviera, A. Phillips, M. Riviera, C. Torres, M. Barbar, M. Harris, C. Clark, C. Norgaard, P. McDuffee, R. Sickler; 2nd row: J. Charles, J. McGeorge, R. Logan, L. Phillips, R. Sirbaugh, J. Davis, P. McClellan, B. James, D. Luster, N. Papanikolas, C. Maclean, S. Fernandes.

Fling Staff: 1st Row: S. Abaroa, P. Haider, D. Landreth, B. Hoskins; 2nd Row: D. Schmidt, K. White, S. Finlayson, K. McCardell, R. Richards, R. Norris; 3rd Row: S. Griffin, T. Jones, T. Janson, J. Kuykendall, D. Simmons, S. Scott, R. Kinnaman, D. Roberts.

T. Janson, News Editor; reviewing her page at an open critique.

C. Hill, Advisor, and T. Jones, Editor, discussing latest issue of the Fling.

Tammy Jones, Editor-In-Chief.

All-Girl Editor Staff Brings Changes To Fling

The liberated Fling staff with its all girl editor staff tried many new and different ideas this year. Throughout the year the staff experimented with different styles and formats trying to achieve the desired effect.

A new device used by the staff in order to learn the students' thoughts concerning the Fling was to hold open critiques after each issue was distributed.

The special Christmas and Senior issues added variety and interest during the year.

The '75 staff hoped to defend the International first place the '74 staff received when they entered the Quill and Scroll Journalism Contest in February.

"Can we get this past Mr. Hill?"

D. Landreth and P. Haider fixing the books.

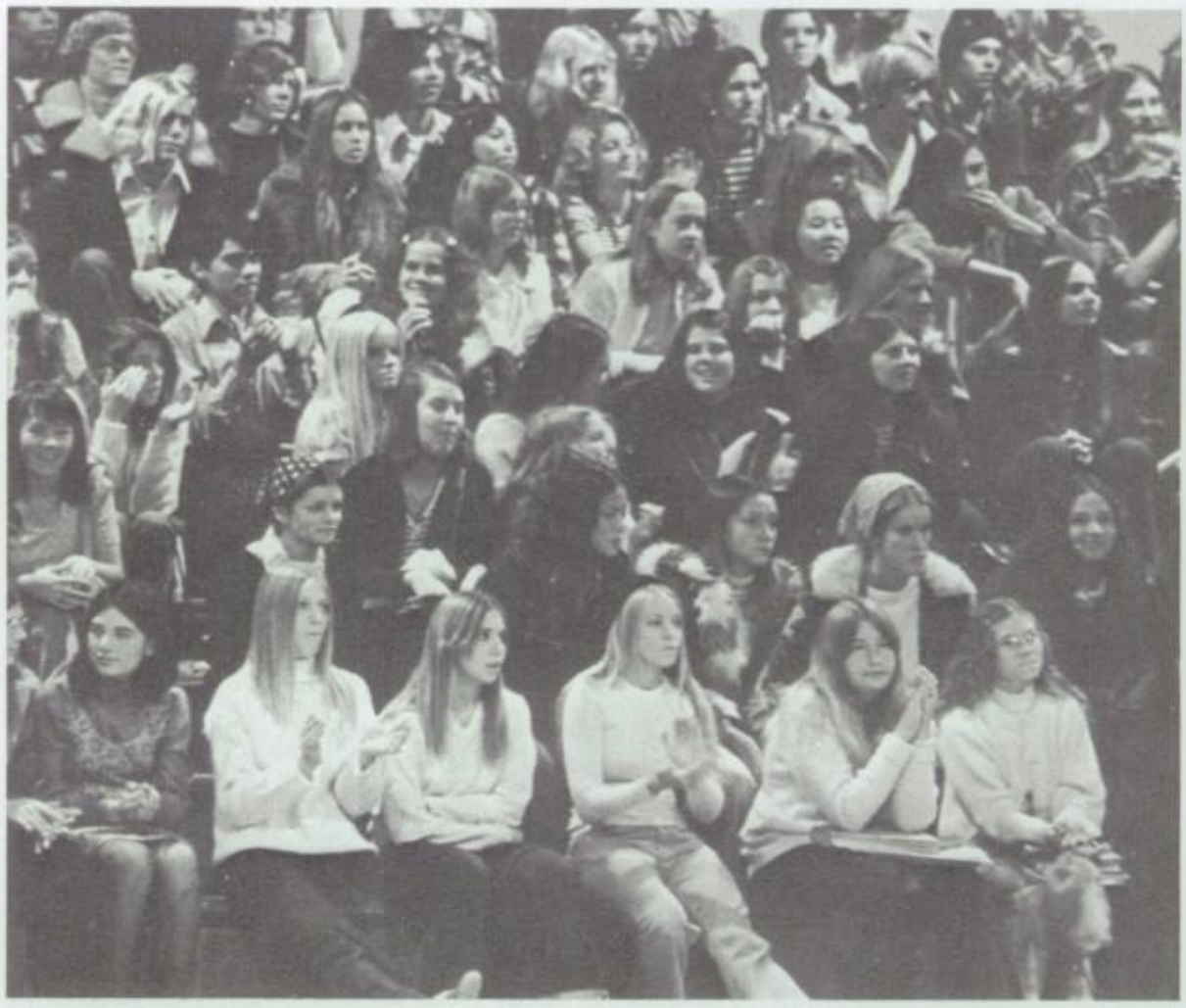
Variety Of Entertainment

The school year of '74-'75 was filled with dances and assemblies of all sorts. The first week of school included the Hello Assembly and the TARTAN after-game dance which featured the musical group, Greenfield. At the Senior Class assembly and dance, Aticus Finch was featured. The biggest assembly of the year was at Homecoming in which Senior standouts and skits were all part of that assembly. That night the Homecoming court danced to the sounds of Listen.

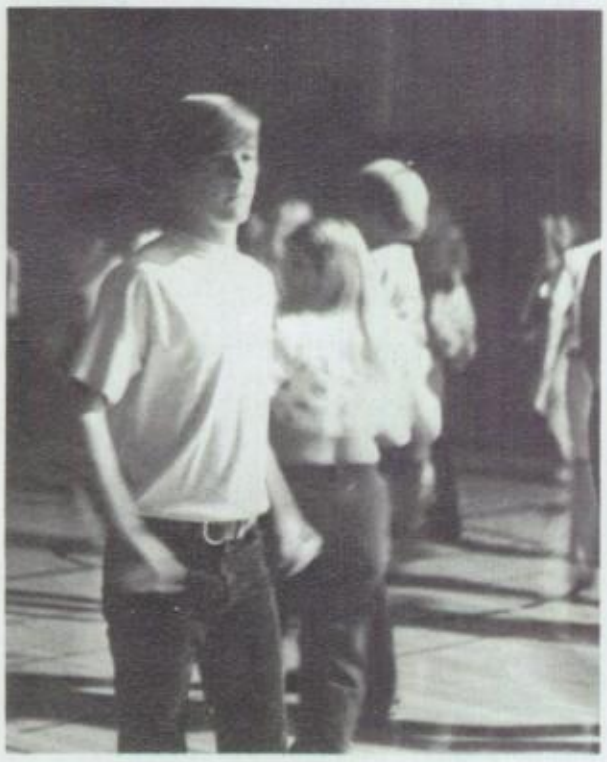
The TARTAN staff took part in the Grossmont pep assembly, putting on a skit to promote yearbook sales. A contest was also staged to see which boy's athletics team could get the most team members into a V.W. and which girl's athletics team could push the overloaded V.W. the fastest. The boy's track and girl's volleyball teams came out triumphant in the contest.

Because cultural awareness is becoming more important than ever, a black assembly featuring the Chosen Ones was presented. Their performance included some singing and dancing of the black culture.

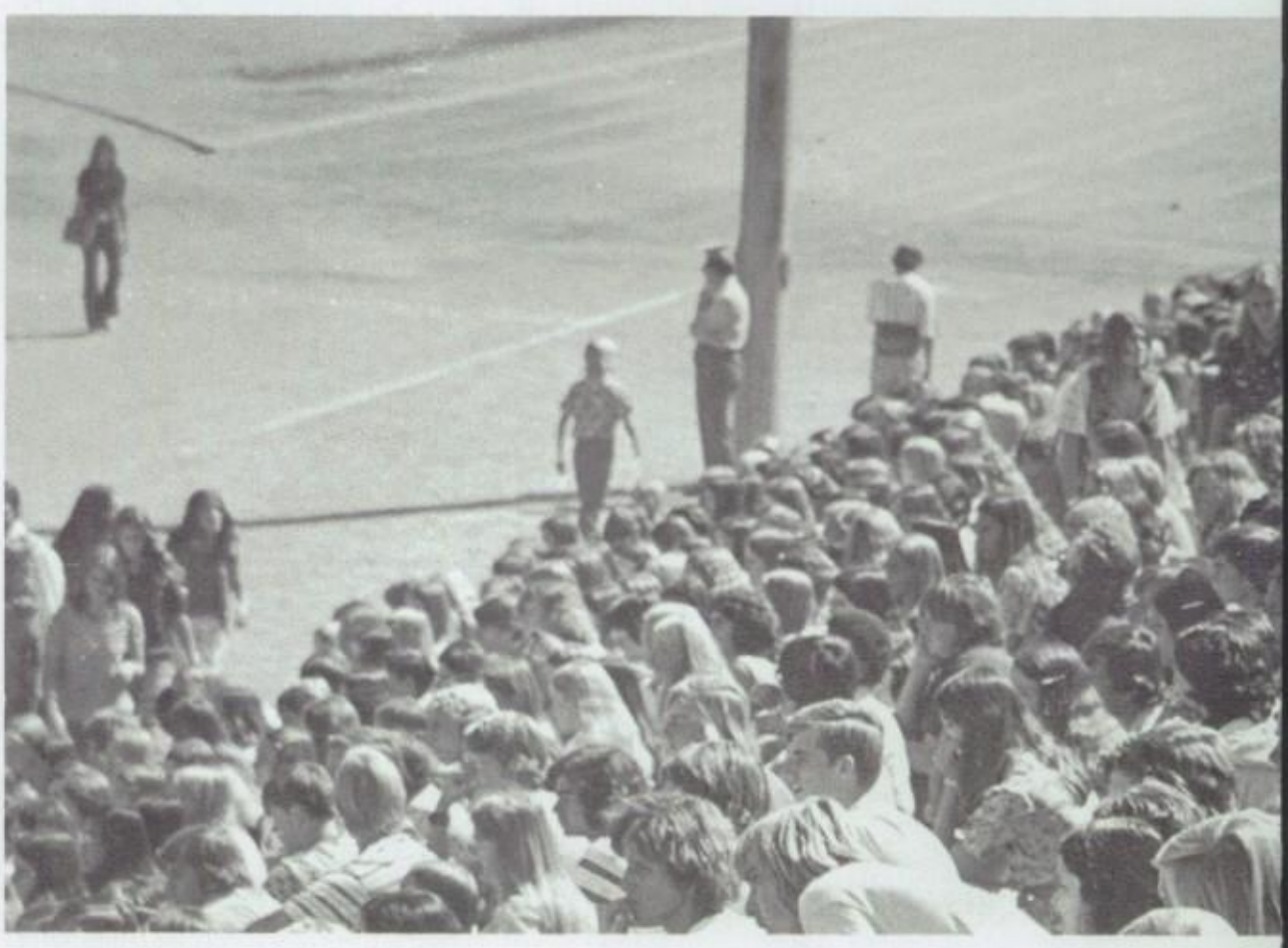
The Girl's Athletics Department with the help of the Light Brigade sponsored one of the best after-game dances of the year.



The 1974 Homecoming Assembly



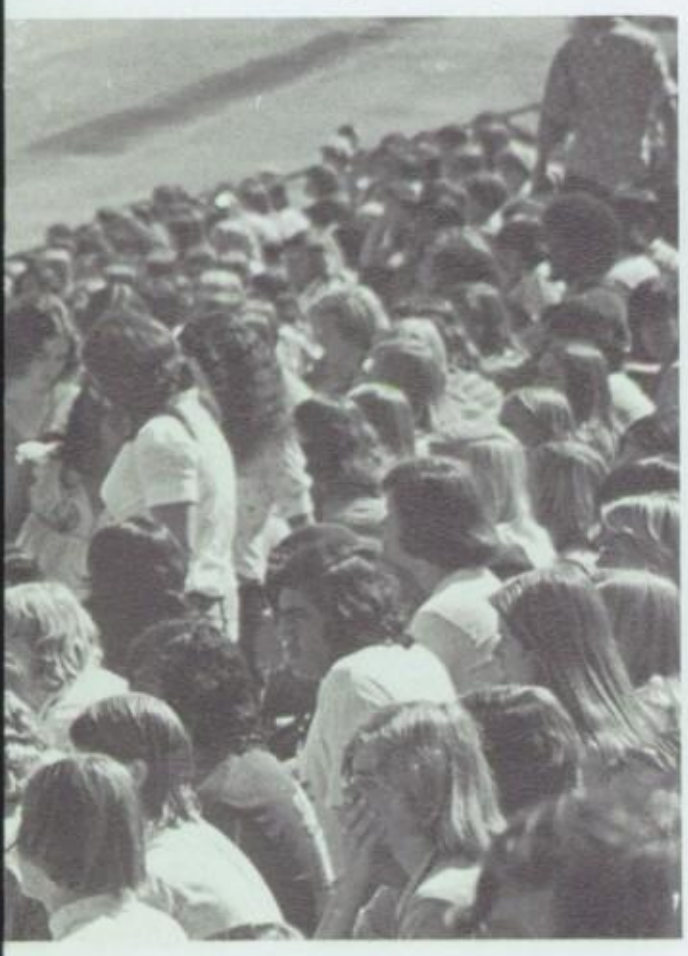
Students dance to the sound of Greenfield.



Assembly skits arouse

On Campus

"Let me go or I'll sock you!"



student interest.

The Senior Class Dance featured Aticus Finch.

J.V. Cheerleaders and Pep Band at the Hello Assembly.

Tartan Staff Sailed On Choppy Waters, But Came Out With Flying Colors

Those early morning ho-hums catch up on Kathy.

1st row: P. Koenig, S. Rossiter, P. Garcia, G. Belgum, L. Scheele, K. Everett, N. Skarda, S. Teichman, J. McHenry; 2nd row: R. Teisher, C. Shea, T. Temanson, T. Harris, S. Freitas, T. Asaro, P. Guenon, L. Sanders, E. Murphy; 3rd row: K. Morris, W. McCarthy, S. Tolin, D. Chiles

Have you ever wondered what magical force puts the yearbook together? Come to room 34 where you will observe staff members arguing with photographers, Mr. Ray pulling his hair out at the thought of upcoming deadlines, and surrounding it all, cookies, cupcakes and candy in celebration of someone's birthday. All 22 students of the '75 TARTAN staff were fun-loving and industrious, trying desperately to make up for missing their first two deadlines with the publisher. In the beginning of the school year the staff soon found they could not function without Mr. Ray's advice and good humor. After Mr. Ray returned from his illness the staff surged ahead. With the help of editor-in-chief, Kim Everett, the staff came up with original ideas to meet the needs of the students, faculty and staff of Helix. These ideas involved writing copy, collecting pictures, organizing elements to produce a great yearbook and conducting sales. Although the staff was handicapped in the beginning, they still put out a fantastic yearbook surpassing those great books of the past!

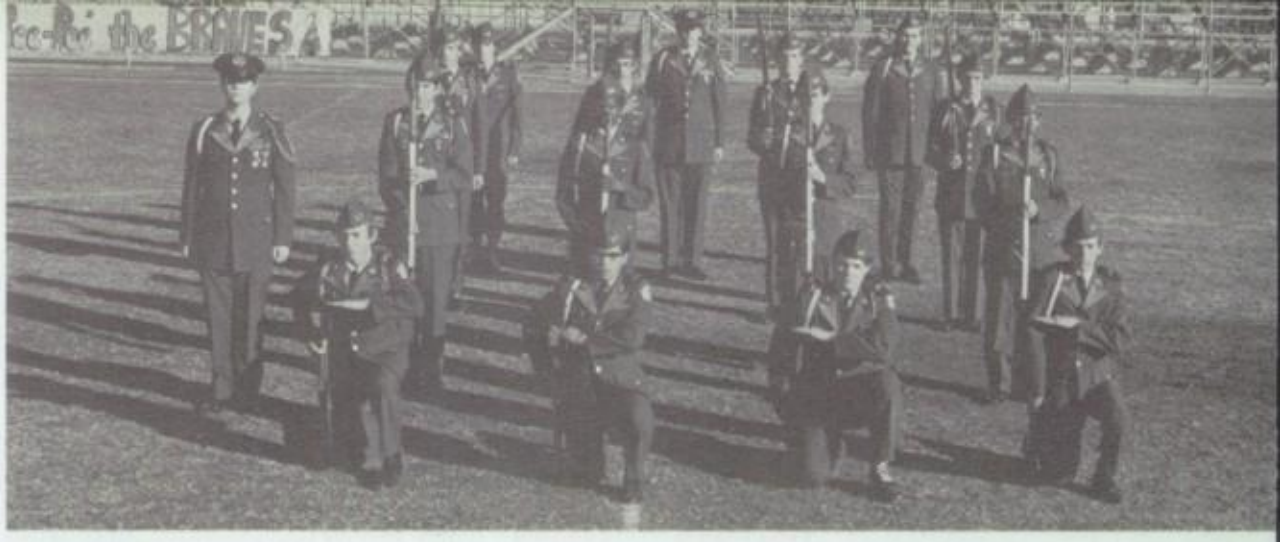
Kim Everett discusses a layout with Nedra Skarda.

Mr. Ray offers sound advice to Trina Asaro about the Senior Section.

Jody McHenry and Suzanne Teichman look for possible candids to put in the Classes Section.

ROTC Members Learned Useful Skills

ROTC teaches many worthwhile skills to young men and women who might be thinking of joining a military service. This year, for the first time, girls became an active part of the corps forming their own color guard. The members were taught military history and habits of respect and discipline that can be useful to them in pursuing their goals.



Drill Team-1st row: Commander C. Shea, M. Palmer, E. Cano, R. Dobell, S. Caylor; 2nd row: G. Asbury, R. Edwards, P. Geise, S. Fish; 3rd row: R. Gable, D. Eayrs, D. Adams, D. Eddy; 4th row: D. Leonard, R. Nicolson, J. Horne

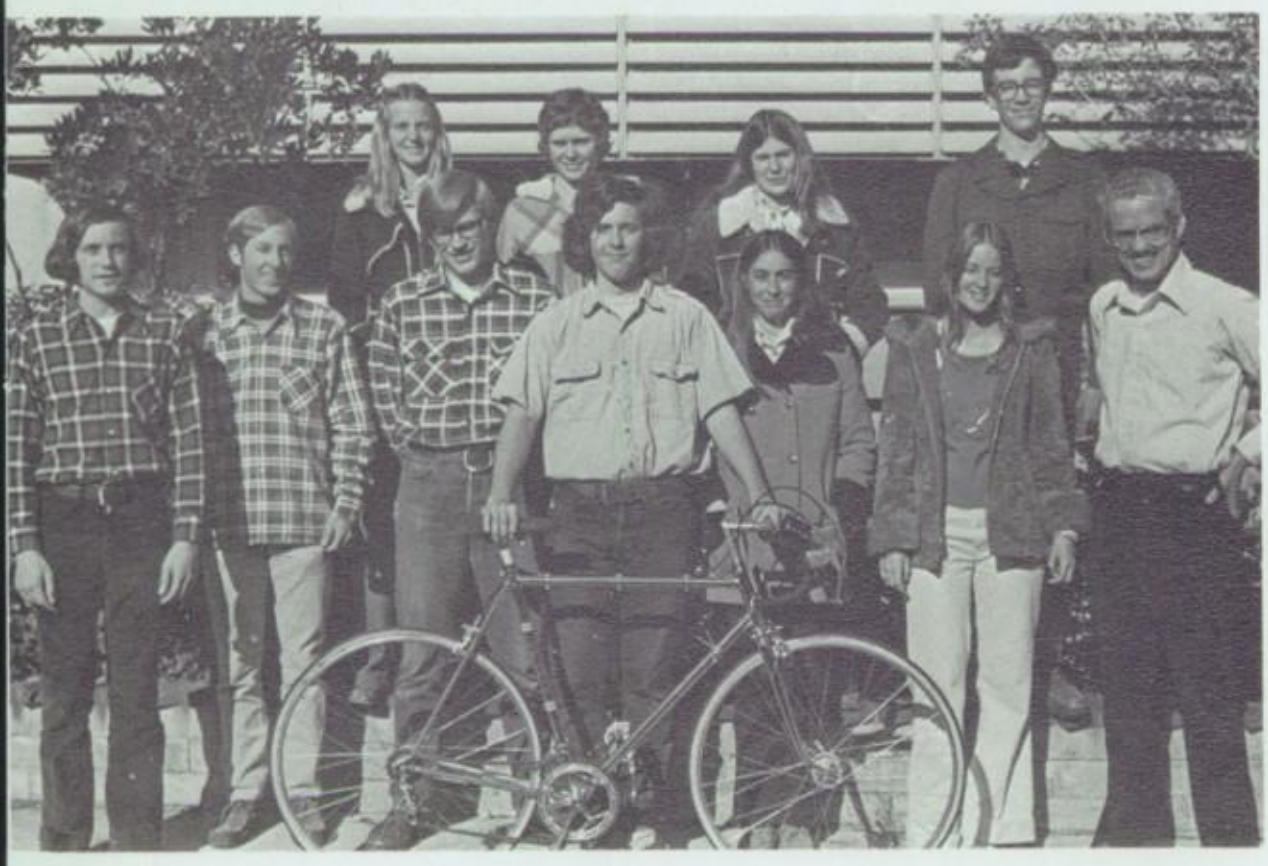
Girl's Color Guard-1st row: R. Carpenter, V. Soop, K. Di Fronzo, L. Glunt; 2nd row: L. McCallum, M. Adams, G. Adams, D. Underwood, S. Stevens, D. Douglas

Boy's Color Guard- F. Leveille, D. Leonard, M. Palmer, R. Dobell, G. Asbury, R. Gable

Cadet Captain Mark Rose; 1st Plt.: Cadet Lt. Michael Cummings; 1st rank: D. Eddy, P. Geise, K. Di Fronzo, L. Glunt, R. Carpenter; 2nd rank: M. Palmer, K. Gorton, M. Osborn, L. Conley, M. Griffin; 3rd rank: G. Asbury, V. Soop, D. Melson, J. Schmelling, R. Gable; 4th rank: R. Kraus, L. Mc Callum, R. Hedges, M. Adams, P. Weidinger; Plt. Sgt.: E. Golbski, 1st Sgt.: M. Winchell; Executive Officer: C. Shea.

2nd Plt: Cadet Lt. Robert Nicolson; 1st rank: R. Dobell, E. Cano, D. Eayrs, S. Caylor, J. Hudson, K. Boltz; 2nd rank: R. Edwards, M. Brown, D. Adams, E. Brooks, S. Fish, M. Smith; 3rd rank: D. Leonard, J. Parsons, S. Stevens, D. Douglas; 4th rank: F. Leveille, R. Jordan, G. Adams, T. Herberger, J. Horne, D. Underwood

Bike And Backpacking Clubs Feelin' Free



Bike Club- 1st row: J. Mac Gillivray, M. Holmes, B. De Hope, A. Mitchell, J. Green, T. Anderson, P. Knott; 2nd row: D. Barrer, C. Simpson, K. Werdick, R. Jordan.

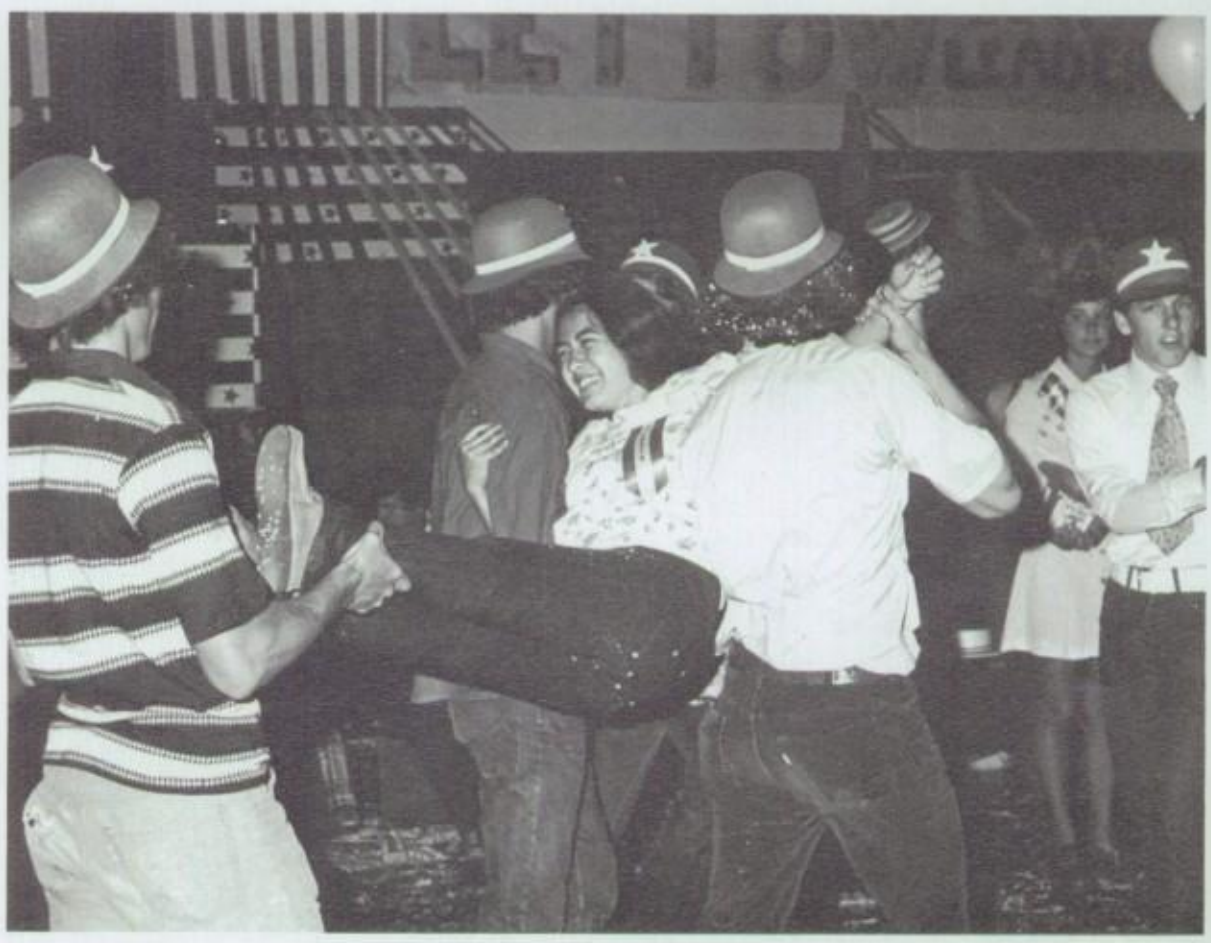
One of the newer clubs on campus is the Bike Club with Mr. Phil Knott as its' advisor. This group is for Helix students who enjoy seeing the outdoors from the seat of their bicycles. They often take 18 to 20-mile trips to the mountains. The club rode their bikes 80 miles in a bike-a-thon to help raise money to support the TARTAN. This summer the group is planning a bike tour of Germany. They will stay at youth hostels along the way, and will have a chance to see new sights while making new friends in this interesting and unusual way.

If you like getting out in the open and hiking along backtrails, the Helix Backpacking club is for you. With Advisor Mr. Gerry Stanley, the group has gone on trips to Granite Springs, Cuyumacas, and even up to San Jacinto Peak. A Spring pack to Yosemite or the Sierras was planned. Their goal was to commute with nature and backpacking is a great way to do it!

Backpacking Club- 1st row: B. Thiebaud, G. Boettcher, J. Renzi, J. Culver; 2nd row: T. Schwartz, J. Collette, M. Haworth, S. Mc Laren, G. Stanley.

Overall view of the 24th Annual Nominating Convention

Representative casts votes from her state.



Sergeant-at-Arms perform their duties.

Council-Woman Lucille Moore

Nominating Convention - Politics In Action

March 1st was the date of the 24th Annual Nominating Convention. Excitement and tension were accompanied by confetti, music and skits throughout the day. The convention was patterned after the national conventions and gave students a chance to experience politics in action. First period classes sent delegates to the convention to pick the candidates for president, vice-president, and secretary for the '75-'76 school year. Each class represented a state or territory and the number of delegates was based on the population of each class. Lucille Moore, El Cajon Council-Woman, was keynote speaker at the event.

Candidates for president were J. Ashbury, T. Avakian, K. Lettow, and J. Metcalf; vice-president-S. Kinsella and S. Rajendran;

Final candidates picked at the convention were T. Avakian and J. Metcalf for president; S. Kinsella and S. Rajendran for vice-president; D. Heid and T. Riggins for secretary.

Supporters perform skit for their candidate.

"How come it's always me?"

Pages for the'75 Nominating Convention.

I-Club, Afro-American Association Sought Awareness

The International Club's goal was to exchange ideas and customs with students from all over the world. The club's annual AFS bond drive raised money to bring a foreign exchange student to Helix and to sponsor one of our students to study abroad.

The new Afro-American Club's purpose was to promote racial and cultural awareness of Blacks. The group, with advisor Mr. Geck, attended some of the activities at San Diego State on Black Appreciation Day. The A.A.A. is open to all students, regardless of color.

I Club-1st row: P. Guenon, S. Schrandt, R. Pullman; 2nd row: K. White, C. Kent, L. Bixel, K. Ingram, K. McCabe, S. Joubeh, C. Cross; 3rd row: P. Wegner, C. Lisboa

A.A.A.-1st row: A. Roach, M. Edwards, D. Myers, T. Mitchell, M. Terry, E. Abraham, L. Howard, C. Wyatt, K. Brooks; 2nd row: Y. Smith, B. Fortenberry, L. Jones, G. Terry, E. Johnson, S. Douglas, E. Chambers, D. Myers, S. Young; 3rd row: C. Douglas, K. Chambers, J. Major, R. Bryant, J. Major, P. Chevalier, L. Jennings, K. Dorrell, K. Charles, L. Jennings, H. Daniels, D. Dorrell, R. Geck

New Students Arrive From Other Countries To Become Scotties

Diane Gerstein and her family welcomed Sohaila Joubeh from Iran, for the'74-'75 school year.

Carlos Lisboa from Angola, stayed with Allen Hollander and his family.

Foreign exchange student, Paul Wegner from Germany stayed with Mike Milligan and his family.

Speech Team Enjoyed Successful Year

Speech Team: 1st row: L. Aragon, S. Fu, K. Hayo, K. Kladorous; 2nd row: L. Pressas, N. Prock, J. Reichter, H. White, D. Thomas, K. Strickler, B. Lagorio, D. Woods, R. Oddo, R. McAfee; 3rd row: B. Lascurain, S. Rossiter, S. Bowlen, B. Hill, L. Dethmen, S. Vance, A. Spaulding, K. Mitterling; 4th row: C. Shea, B. Johnson, A. Hoffman, M. Pagliai, C. Juarez, M. Rose, C. Wood, B. Coath, D. Bonney, M. Lorden, A. Craft, S. Sandler, R. Kring, M. Lee, G. Machado, L. Davis, S. Shephard, N. Papanikolaus.

Dual dramatic interpretation by G. Machado and M. Pagilai

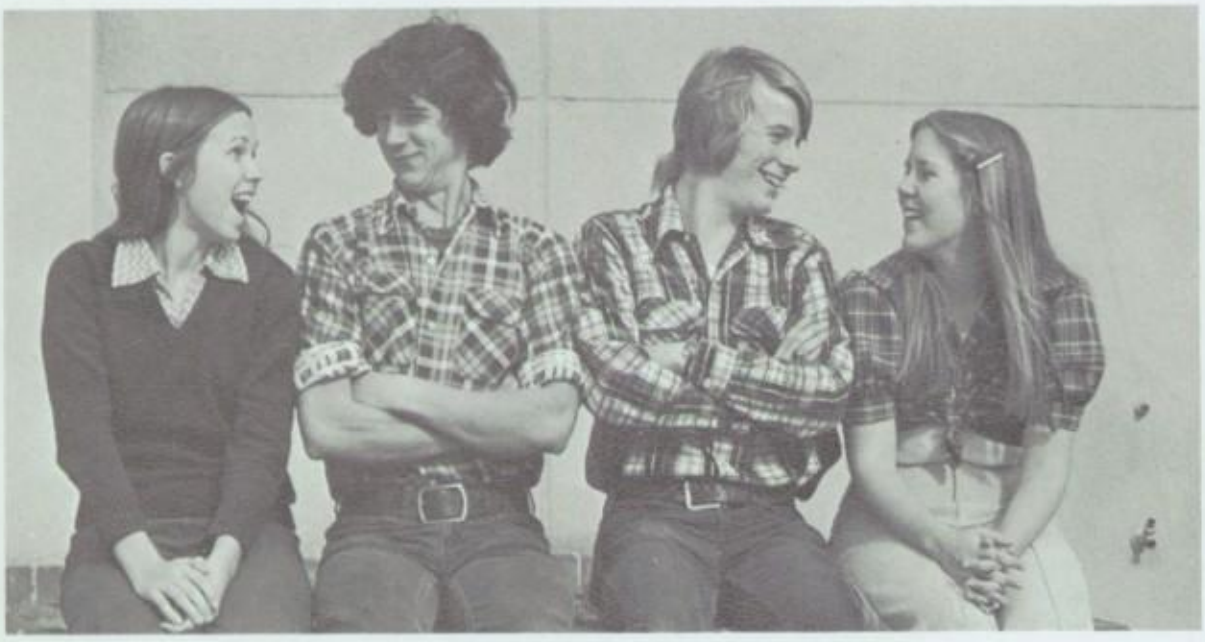
Coach 'Mitt' Mitterling

Fantastic is the word that best describes the Helix Speech Team. Advisor Kim Mitterling coached and inspired the team with outstanding results throughout the year. After attending numerous speech tournaments such as were held at San Diego State, Palomar College, UCLA, Holtville and Arizona, the team captured many individual and team honors with performances in debate, dramatic interpretation and extemporaneous speaking. President Ron Kring organized fund-raising projects to help defray costs of transportation and meals for the traveling team. Among the projects were car washes, bake sales and a swim-a thon.

Mrs. Evonne Noll, Advisor

Drama Club - An Acting And Active Group

Helix drama students work very hard each year ushering at the Old Globe Theatre and sponsoring a booth at Hoot Mon. Mrs. Evonne Knoll, faculty advisor, directed various plays that the group performed in the Little Theatre. Outstanding performances are rewarded at the annual Drama Banquet for acting and technical work. Mark Lolli, president, held weekly meetings to plan the club's future events.



Drama Officers: G. Hunt, M. Lolli, D. Alford, and L. Fellows

"You're my little coochy face."

Drama Members: 1st row: I. Orlando, M. Lewis, G. Hunt, M. Lolli, D. Alford, L. Fellows, S. Gearhart, T. Allard, C. Heller; 2nd row: M. Rouillard, D. Jacobsen, L. Gregory, F. MacDonald, N. Scott, T. Anthony, D. Anthony, L. Donnelly, M. Bloom, K. Lintvedt; 3rd row: D. Lorden, S. Thorvick, L. Lindsey, E. Noll, M. Genser, D. Heid; 4th row: D. Webb, P. Bentz, D. Woods, N. Thorsnes, L. Aragon, H. Kraus, E. Manusos, V. Montessaro, K. Vibert, C. Douglas, R. Elliott.

Our praise we sing t
With hearts strong and
A symbol of our hon
Where the cross meets
Our loyal sons when
All rally to their cl
The pride of our Hig
Shines forth in eac

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With hearts strong and
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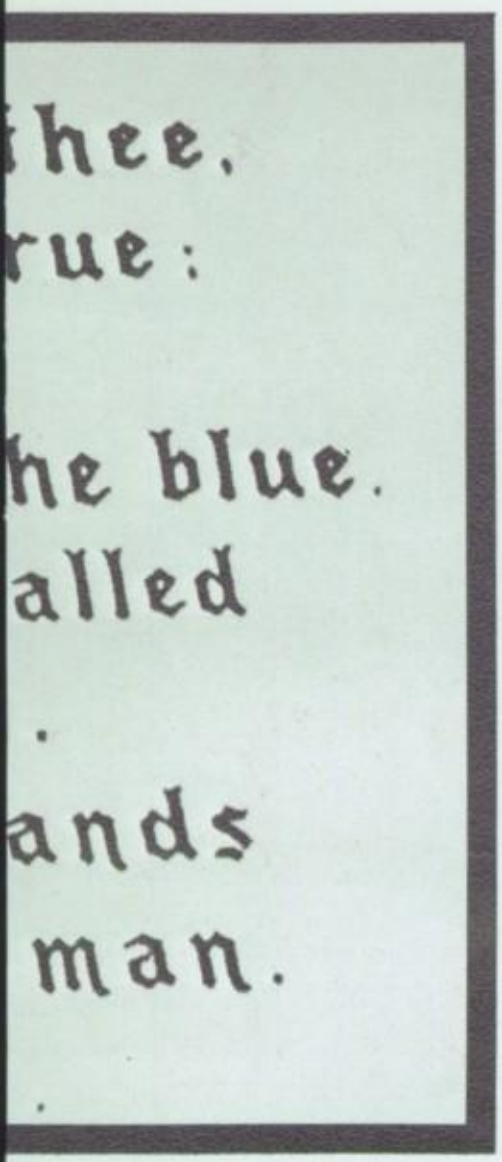
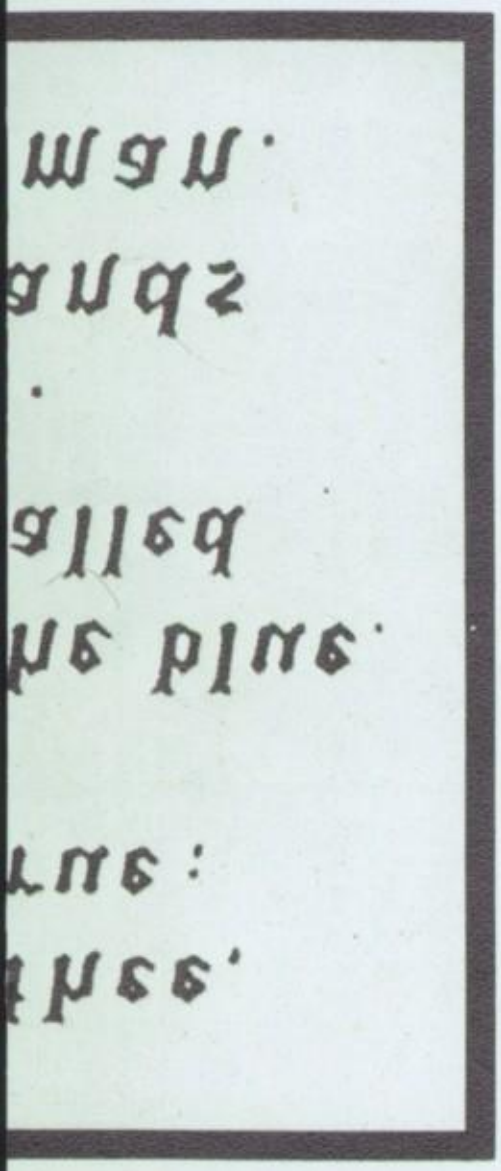


COMPETITION

Reflections . . .

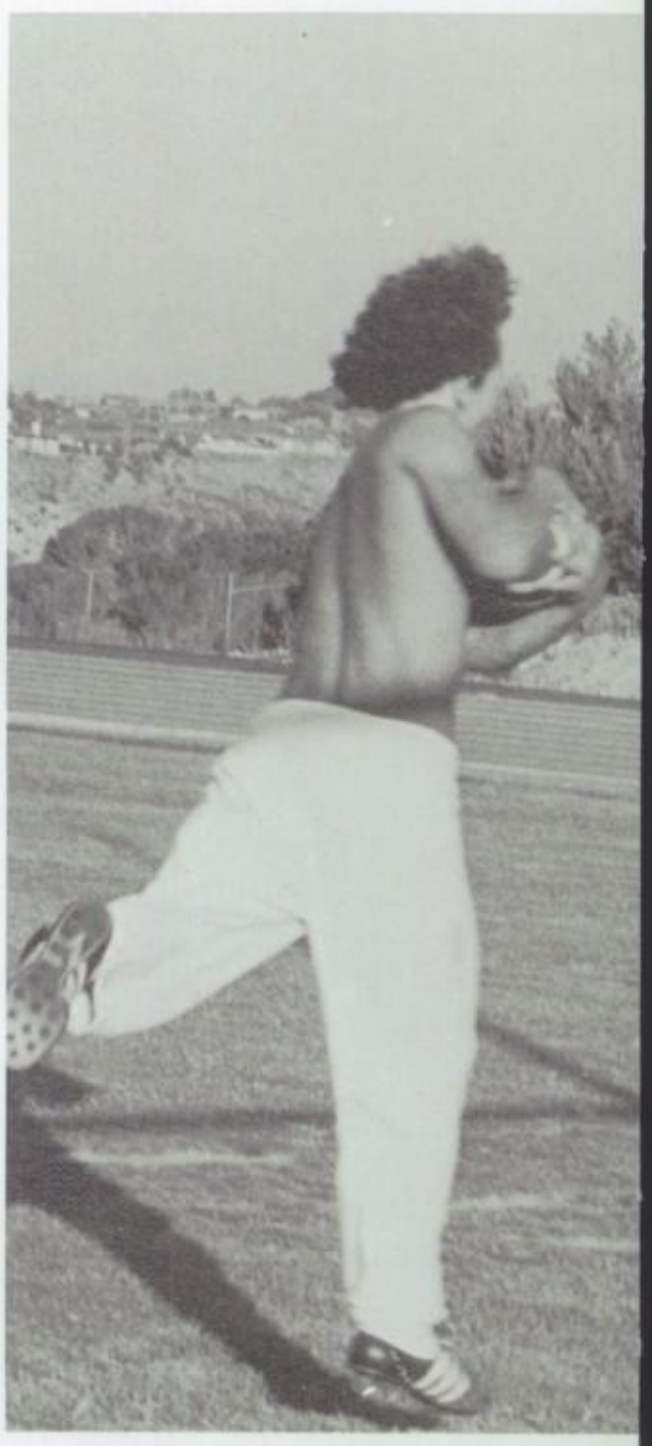
Yesterday the shout of the fans rang loudly in our ears. Today they are echoes of the past. Excitement, disappointment, pride, and sorrow have all been felt many times in one night by the players and the crowds. The game may appear to be over, but it will live on in our memories.



Scottie Offense Strived For Winning Points

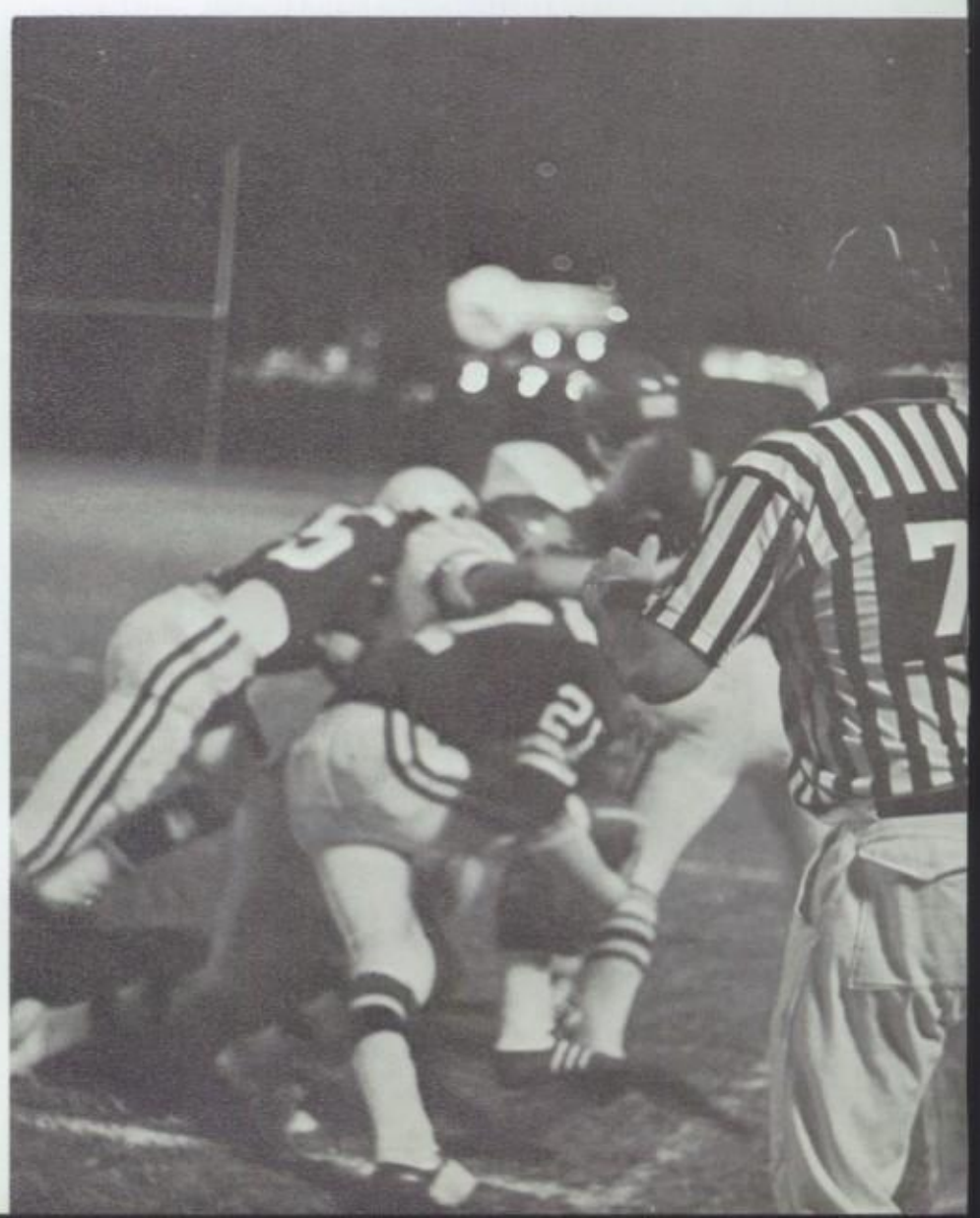
Helix Highlanders

Name	No.	Pos.	Ht.	Wt.	
Arthur, Paul	50	G	5-10	175	12
Barranco, Bob	21	OB	5- 8	150	12
Bonine, Mike	22	SE	5-10	134	12
Chevalier, Pat	18	OB	5- 9	157	12
Cunningham, John	81	TE	6- 3	180	11
DiCiero, Mark	65	G	5 8	164	11
Drummond, Guy	86	TE	5-11	156	11
Epps, Rick	76	T	6- 0	200	12
Fallon, Don	63	T	5-10	177	11
Fernandez, Tom	15	QB	5- 8	164	11
Franey, Mike	60	C	5- 9	160	12
Johnston, Bob	85	C	6- 7	230	11
Kerstetter, Bruce	20	OB	5- 6	150	11
Kirk, Charles	52	T	6- 1	209	11
Lane, Bob	88	SE	6- 3	170	11
Martinez, Alex	89	OB	5-10	164	11
O'Dell, Pat	75	G	6- 0	150	12
Puls, Kent	14	QB	6- 1	180	11
Riggins, Steve	13	FL	5-11	157	12
Schwartz, Craig	73	OB	5- 9	195	11
Slade, Rolly	17	SE	5- 7	133	11
Stewart, Ron	82	SE	6- 3	168	12
Velton, Ernie	55	C	6- 2	221	10



Bob Barranco participates in summer league football.

Kent Puls passes the ball.



Bob Barranco pushes for extra yardage.

The offensive huddle.

Pat Chevalier breaks through sagging defense.

Highlander is pursued by El Cajon.

Dirty Defense . . .

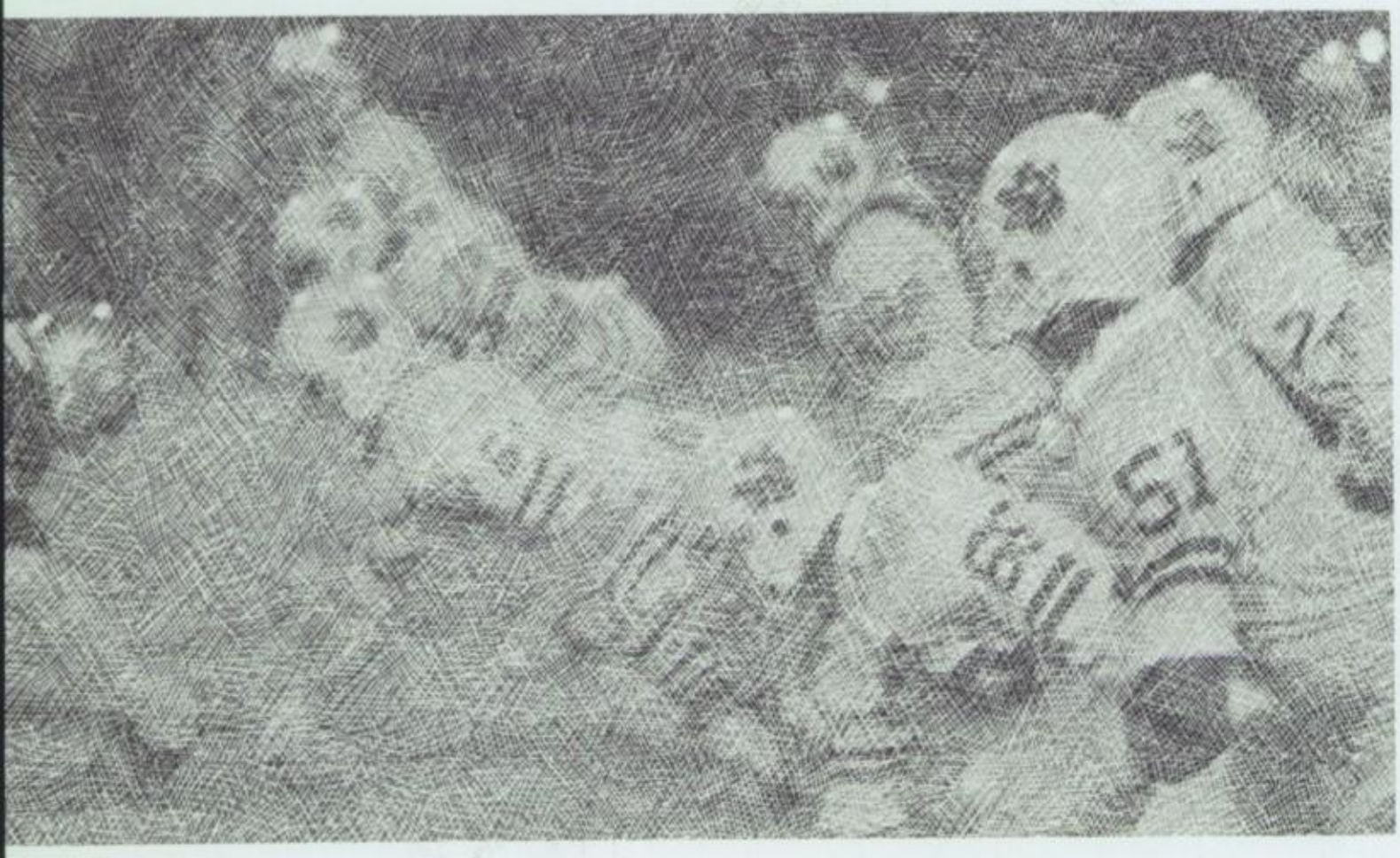
Helix Highlanders

Name	No.	Pos.	Ht.	Wt.	Grade
Brewer, Jim	80	DB	5- 4	138	12
Cain, John	66	DL	6- 0	170	12
Cantwell, Jon	24	DB	5-11	150	12
Corbit, Tim	72	DL	6- 0	170	12
Depew, Chuck	10	DB	5- 7	141	11
Duarte, Rick	19	DB	5-11	150	11
Flood, Bryan	23	DB	6- 0	170	12
Gabbert, Mike	61	LB	5-10	175	11
Greene, Ted	74	LB	6- 0	188	12
Grove, Dave	16	DB	5- 6	136	11
Grove, Ray	64	DL	5-10	172	12
Hoover, Bruce	77	LB	6- 0	173	12
Hoffman, Tim	70	LB	5- 6	150	11
Lettow, Kris	51	LB	6- 1	190	11
Mitchell, Derrick	84	DL	5-11	165	12
Phillips, Steve	11	DB	5- 9	147	11
Richards, Ron	87	DB	5- 9	145	11
Rico, Jose	71	DL	5-11	175	11
Schmidt, Jon	12	DB	5- 8	143	11
Sinkes, Jay	30	DB	5-11	160	12
Tiumalu, Robert	62	LB	5- 9	175	10
Vance, Kenny	83	LB	5-11	142	11

Rick Duarte intercepts the ball for a touchdown.

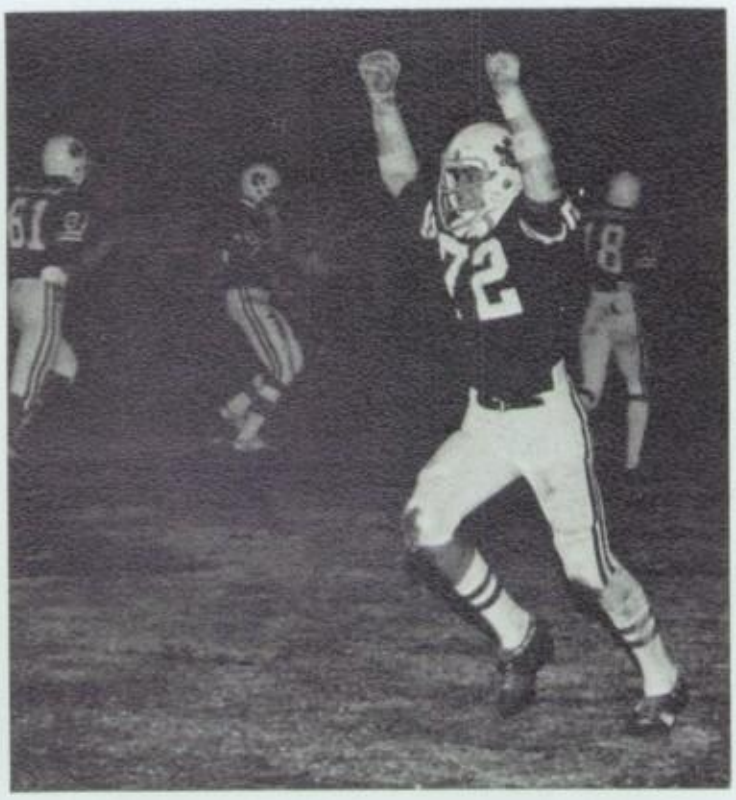
Bruce Hoover blocks the opponent in summer league football.

The Name Of The Game!



The Defensive Line

Ted Greene tackles Granite Hills player.



Tim Corbit experiences a moment of glory.

Scottie Supporters Helped Out With Tough Season

Of the 1974 football season, spectators and players remember most the emotion and tension of the games. We may not have had the best year, but we had the most exciting.

An added substance that helped spark our team was All-League 1st team - Pat Chevalier on offense. Also on 1st team - Ted Greene and Ray Grove on defense.

The Scots started their season off well by winning highly rated Crawford 16-13. Highlander highlights of that game was Pat Chevalier rushing for 157 yards with 42 carries and a touchdown. Helping out with the win was Kent Puls throwing 5 out of 11 successful passes, and Ray Grove kicking the field goal.

On our second non-league game it was rough and tough to overcome Patrick Henry. Although defeated 37-9, Kent Puls passed 16 out of 37 attempts for 167 yards. Ron Stewart also did a great job of split-end, collecting 6 passes for 106 yards.

Our 3rd game was our first league game of the season. We traveled to Santana, filled with great anticipation. It was a close game for both sides. However, the Highlanders were defeated 8-6.

With a record of 1-2, Helix came from behind, to crown the Monarchs. The winning degree came in the last 3 minutes of the game, when Ray Grove came through with a 31 yard field goal. Pat Chevalier accounted for both touchdowns.

The most tense game throughout the season was the Mt. Miguel game. The Scots were winning, 21-20, with 60 seconds left, as Mt. Miguel came from behind to upset the Highlanders, 34-21.

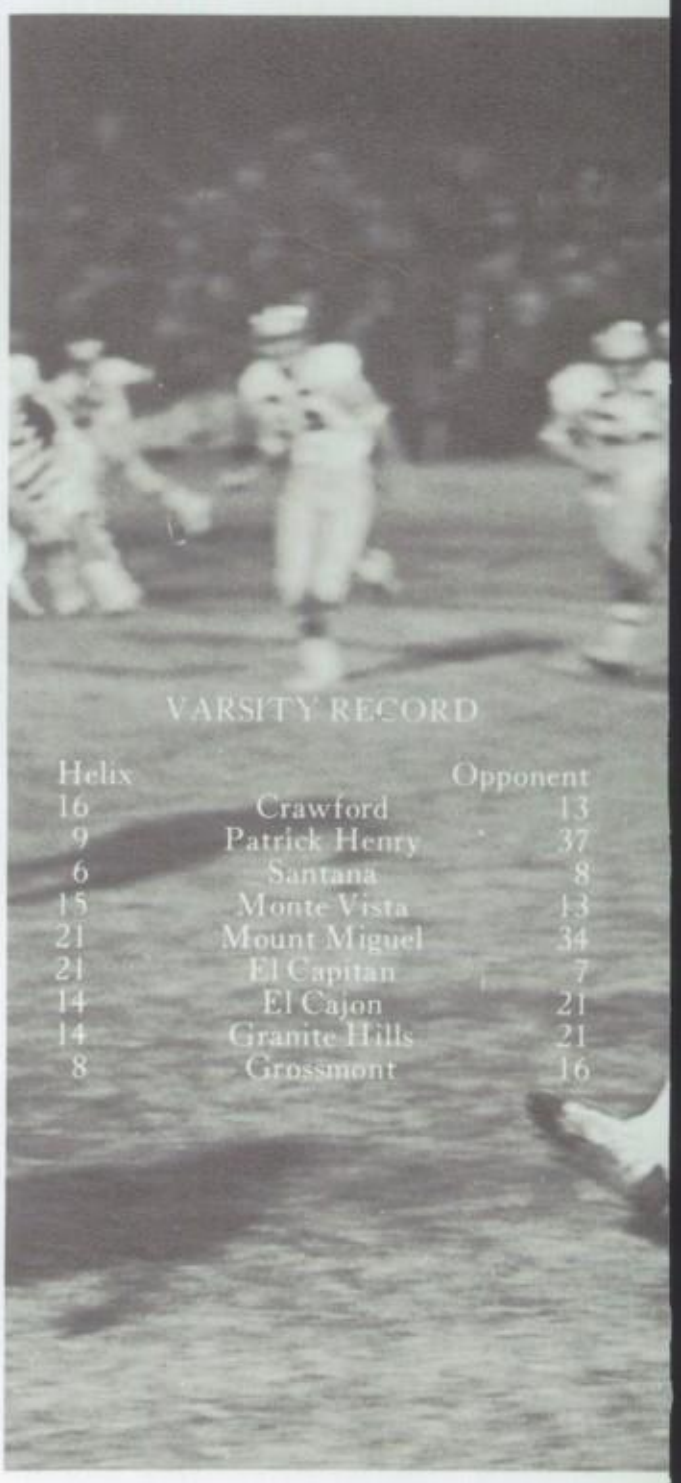
Our next encounter turned out to be a win for the Highlanders against El Capitan. The Green Machine had shut out the Vaqueros 21-0 until the remaining seconds of the game when the opposition scored a touchdown to make the score 21-7 in favor of Helix. An outstanding play of the game was when Rick Duarte picked up a fumble and ran it for a touchdown.

In the Homecoming game against El Cajon, our team held the Braves to a 14-0 lead by the end of the first quarter. Our first touchdown was a magnificent 89 yard run by Bob Barranco. By the end of the game he had accumulated 181 yards. The other touchdown was made by Pat Chevalier. By halftime, however, the Braves had managed to tie the score. The final score of the game was 21-14 in favor of the Braves.

The Granite Hills game was our next league opponent. A win for Helix was a must in order to go to CIF playoffs. However, penalties and turnovers hurt the Highlanders considerably as we lost to the Eagles, 21-14.

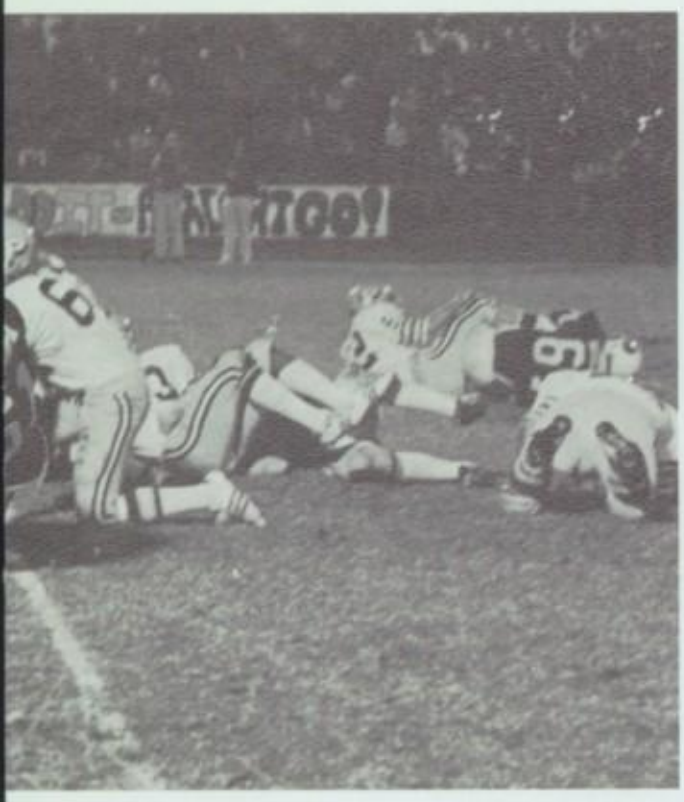
Our final game of the season was against Grossmont, our most rival team. Grossmont scored first, with a two-point conversion making the score 8-0. It wasn't long before the Scots had tied the score with a touchdown and two-point conversion. Our defensive line showed their talent by holding Grossmont on the 1 yard line. It wasn't until the 4th quarter that the outcome of the game was decided when Grossmont scored, followed by another two-point conversion. The final score was 16-8 in their favor. Although it was a loss for Helix, Kent Puls came out with 56% completion.

This team may not have come out on top as many title contending teams did, but they provided the emotion and glory that adds to an exciting football season. All Highlanders sincerely appreciate the hard work and effort from the team and coaches and wish to thank them explicitly.



VARSITY RECORD

Helix		Opponent
16	Crawford	13
9	Patrick Henry	37
6	Santana	8
15	Monte Vista	13
21	Mount Miguel	34
21	El Capitan	7
14	El Cajon	21
14	Granite Hills	21
8	Grossmont	16



Coach Matheson, P. Cassidy, Coach Vinton, Coach Arnaiz, R. Ash.

Charlie Myers, S. Kretz, C. Myers.

P. Polan, L. Linker, D. Williams, K. Puls.

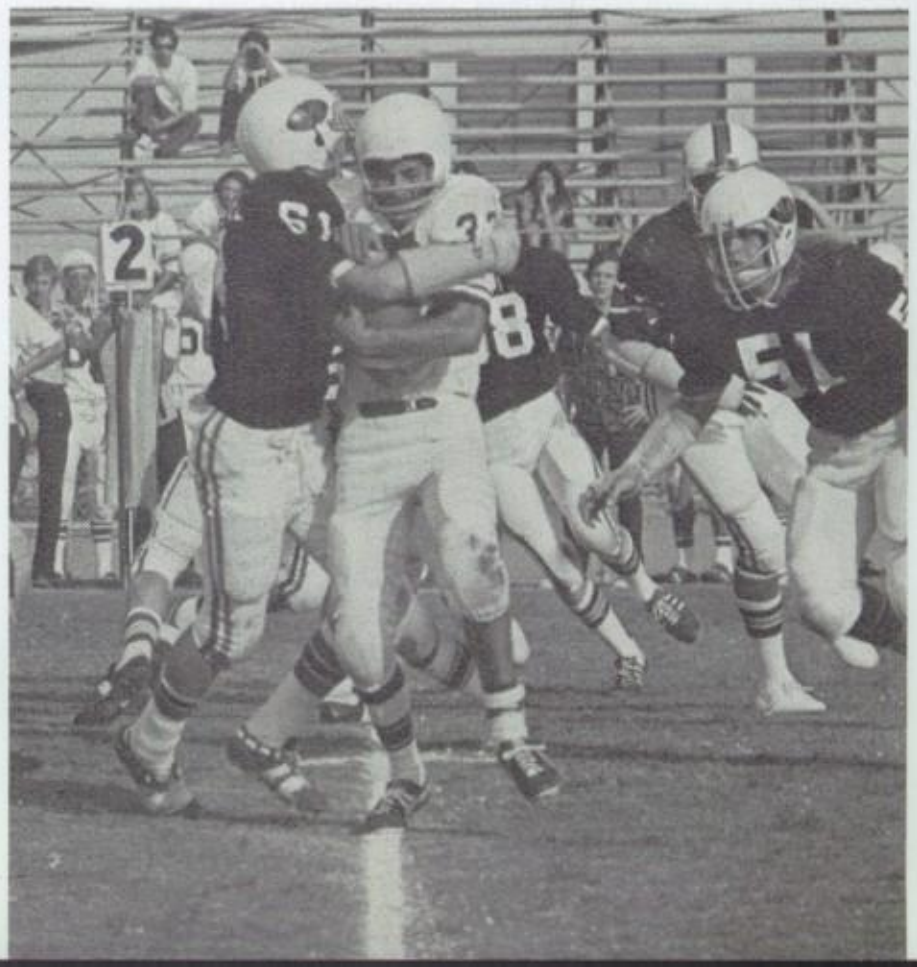
T. Cook, D. Spring, C. Wamsley, F. Orsborn, J. Singer.

The Junior Varsity team consists of: 1st row: T. Lrary, L. Mathis, T. Hendrickson, S. Braver, J. Arellano, D. Martin, P. Spring, A. Spaan, D. Morton, R. Jenkins, J. Rudolph, L. Kerton, R. Fields; 2nd row: Coach Aluerez, R. Hinze, K. Lolli, W. Alden, A. Avilez, R. Rivera, A. Cappello, D. Page, S. Evans, P. Hill, K. Collins, E. Cook, G. Holm, K. Bruso, D. Brown, Coach Fox; 3rd row: Coach Langston, J. Linney, M. Edward, K. Chamber, J. Klirn, M. Lopez, B. Miller, J. O'Brien, J. Romanelli, L. Steele, A. Bernard, J. Napalitano, M. Stern, K. Drummond, Bahno, C. Loach, E. Cain, Coach Riehle.

The Junior Varsity and Frosh teams experienced good times and bad, but gained much experience for future years. These two squads pushed for the points they needed to make a memorable season. Though they came out half and half they provided the moments of enthusiasm and excitement. The Junior Varsity's Most Valuable Player was Arturo Spaan. He was also the teams captain. The Frosh' Most Valuable Player was Ernie Schrandt who succeeded in earning his knowledge as running back and halfback. These players are young and inexperienced but, proved to show great showmanship in that particular season. Of the 1974 year we thank the players, coaches and spectators for your support.

JUNIOR VARSITY RECORD

HELIX		OPPONENT
13	Crawford	12
0	Patrick Henry	0
13	Santana	6
0	Monte Vista	22
14	Mt. Miguel	7
7	Valhalla	26
8	El Cajon	8
7	Grossmont	28



Art Spaan, MVP, gains extra yards

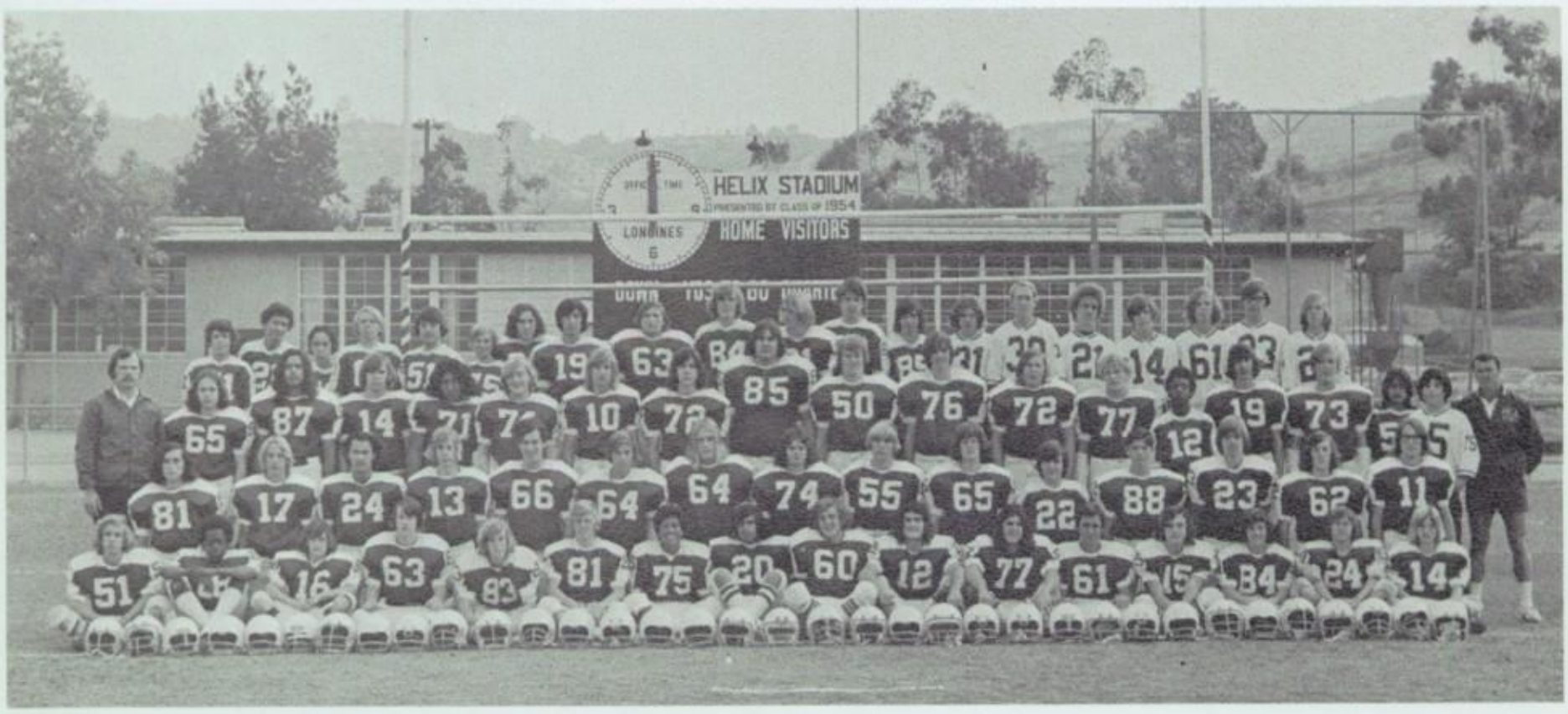
FRESHMAN RECORD

HELIX		OPPONENT
41	Santana	0
6	Monte Vista	20
25	Mt. Miguel	24
6	Valhalla	20
0	El Cajon	7
26	Helix J.V.	24
6	Grossmont	12

Greg Salva tackles the opponent.

Underclassmen Experienced Stiff Competition

The Freshman team consists of: row 1: J. Clegg, C. Gary, T. Arellano, J. Upson, P. Beard, R. Rozock, F. Rivera, M. Mays, J. Nerz, E. Schrandt, H. Schrandt, K. Milligan, M. Brierly, T. Ciaccio, J. Newberry, D. Schmidt; 2nd row: A. Juarez, J. Rock, M. Ramirez, B. Haas, G. Salva, D. Williams, P. Pagan, A. Kellog, D. Puls, P. Strom, M. Adkins, S. Demchak, M. Barns, . Bates, J. Dillahunt; 3rd row: Coach Rea, S. McFarland, L. Lara, D. Toovey, W. Kuaana, J. Crocker, C. Phillips, D. Sayers, J. Bailey, P. Venton, S. Cunningham, T. Dill, M. Tyson, R. Jackson, R. Brehm, R. Horman, F. Borja, G. Kontopuls, Coach Hammerschmidt; 4th row: S. Wilson, J. Guiterez, J. Bauer, T. Woods, B. Kaat, D. Garvin, D. Hobbs, R. Herrera, R. Dale, J. Stuczynski, R. Young, B. Heacock, D. Herrera, D. Finley, L. Davis, J. McMasters, S. Simmons, D. Hostetter, K. Robinson, J. Booth.



Volleyball - 3rd In League Play

1974 Varsity Volleyball Team

This year's girls Varsity Volleyball team, coached by Ms. Denise Parker, finished an outstanding season with a record of 6-2. The only losses were to Granite Hills and Christian High School. Star members of the team were Renee Le Clair, Dee Dee Kitchen, Kathy Fattig, Debbie Schmidt, Karen Gray, Tami Hart and Tammy Riggins. Tammy Riggins also made the All Star Team in the South Coach Inv. Volleyball Tournament.

J.V. also had a good season, finishing with five wins and three losses. Outstanding players were co-captains Jan Romanowski and Terri Gilmore, also Kathy Aunan, Pixie Hawkins, Diane Heid and Debbie Heid.
Congratulations to the Volleyball Teams!

VARSITY

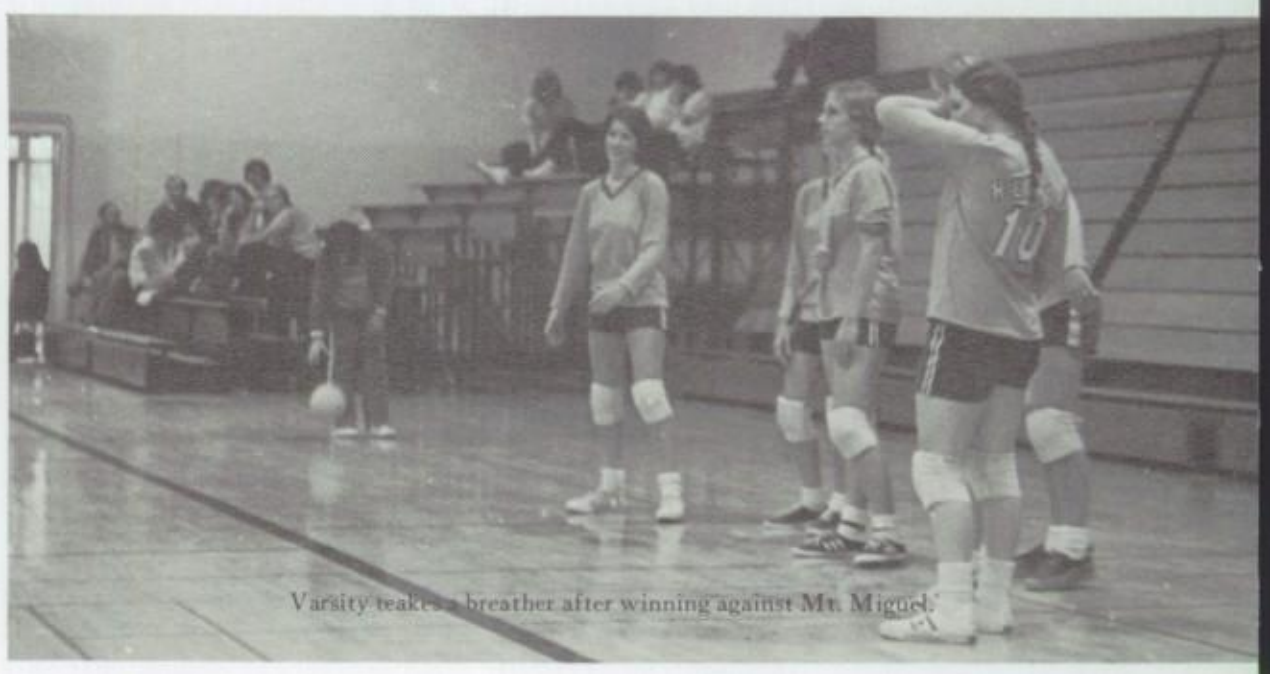
HELIX	OPPONENT
15- 4, 9-15, 15- 7	El Cajon
11-15, 13-15	Granite Hills
15- 3, 16-14	Santana
15- 3, 11-15, 5- 3	Val Halla
13-15, 14-16	Christain
15- 3, 15-16	Mt. Miguel
6-15, 15-12, 15-13	Grossmont
12-15, 15-12, 15- 6	Monte Vista

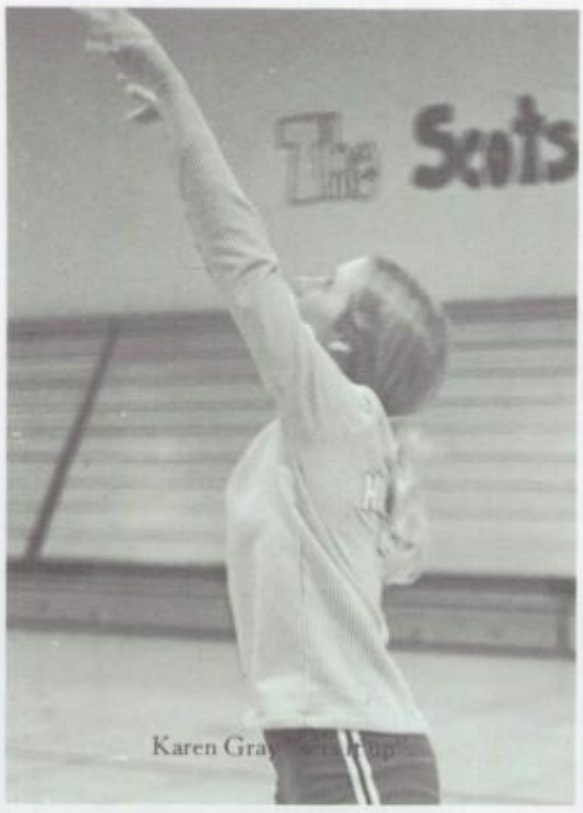
JUNIOR VARSITY

HELIX	OPPONENT
15- 4, 15-10	Mt. Miguel
15- 7, 14-16, 11-15	Grossmont
15-13, 15- 7	Monte Vista
3-15, 7-15	Chriatain
15- 0, 15- 1	Valhalla
15- 6, 15- 9	Granite Hills
8-15, 10-15	El Cajon

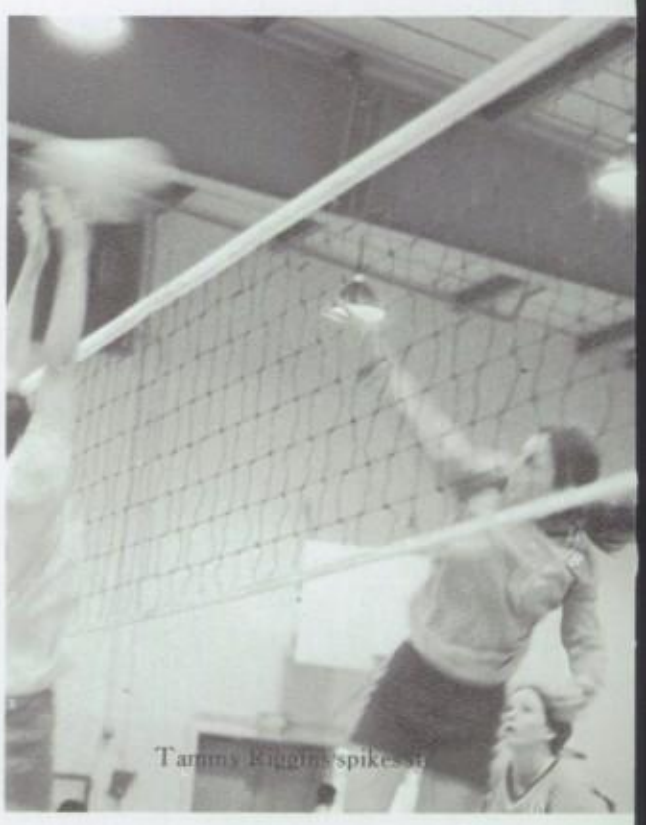
1974 Varsity Volleyball Team includes: Renee LeClair, Jody Harris, Kathy Fattig, Tammy Riggins, Dee Dee Kitchens, Tammy Hart.

J.V. Volleyball includes: Front row: Jan Rowmanowski, Dana Kulburg, Pixie Hawkins, Pam Vasquez, Terry Gilmore, Back row: Danny Featheringill; coach, LeAnn Linker, Diane Heid, Linda Bernard, Kathy Aunan, Sheri McLaren, Debbie Heid, Ms. Denise Parker; coach.


Varsity teaks a breather after winning against Mt. Miguel.

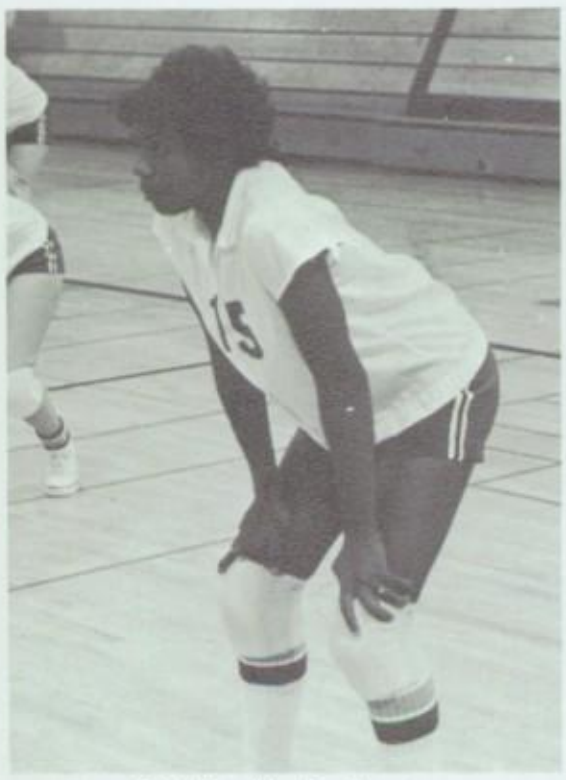


Karen Gray


Tammy Riggins spikes it

Tammy Hart slugs one over for Helix.

Kathy Aunan saves one.



Pixie Hawkins for the return.

Diane Heid and Kathy Aunan are prepared for anything.

J.V. Volleyball Team

Teri [illegible] sets well.

Waterpolo Finishes Third In League

With an outstanding 13 - 3 league and 16 - 5 record overall, the Helix varsity waterpolo team moved into 3rd place in the Grossmont league. Dick Kinnaman, 1st Team, all-league, scored 34 goals with a substanial number of assists. Scott Pollett, 2nd Team, all-league, was high scorer for the Highlanders with 46 goals. And, Mike Sirkis, 2nd Team, all-league, saved 75 to 133 goals for a 56.4% record. Honorable mentions were awarded to Tim Grim and Alan Adolphson with 34 and 18 goals respectively.

The junior varsity proved to be a strong contender by gaining a 10 - 6 in the league and a 11 - 7 overall record. Many of these team members will move up to varsity next year with experience that will make Helix a sure powerhouse in 1975.

Junior George Williams

VARSITY RECORD

HELIX		OPPONENT
7	Grossmont	12
16	El Capitan	1
17	Valhalla	3
15	Granite Hills	10
13	Patrick Henry	9
17	El Cajon	13
7	Monte Vista	11
24	Santana	8
22	Mt. Miguel	3
9	Grossmont	14
24	El Capitan	0
15	Valhalla	1
4	Coronado	9
11	Granite Hills	5
12	El Cajon	7
11	Monte Vista	5
9	Santana	4
9	Mt. Miguel	4

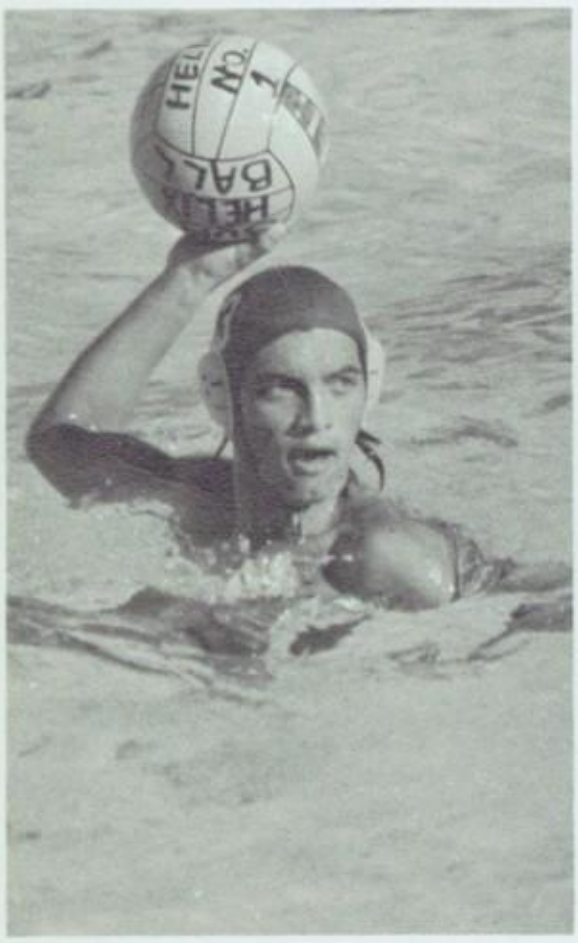
Senior Alan Adolphson

Junior Mark Haynes and Coach Hofmann

Junior Tom Omahen

Varsity Waterpolo team members: back row: B. Pollett, J. Sandy, T. Omahen, D. Kinniman, C. Rogers, T. Grim, F. Esquivel; front row: R. Gilmour, M. Sirkis, C. Friedgen, J. Bernitz, G. Williams, D. Wineteer, M. Haynes

Junior Scott Pollett



Junior Frank Esquivel

J.V. Waterpolo team members: back row: J. Culver, T. Montijo, D. Moore, B. Johnston, C. Braden, R. Espinoza, T. Brings, C. Voiles; front row: M. Braden, B. Stoll, M. Clary, B. Jantz, S. Voiles, C. Hawk, D. Miller, K. Ullrich

Dianna Barrer displays a smooth entry.

Claudia Loftus applies her winning backstroke against Fallbrook.

Rose Massery concentrates on breatstroke.

The 1974 Varsity Swim Team

The team could always be counted on to come up with original spirit: "B-I-R-D-M-A-N! Birdman, Birdman, whee!"

The 1974 J.V. and 'C' Teams

Tiari Avakian gets a good start in JV 50-yd. freestyle.

Cheryl Robertson takes a peek at her opponent.

VARSITY RECORD

HELIX		OPPONENTS
75	El Capitan	28
58	Fallbrook	46
44	Poway	60
52	Valhalla	50
79	El Cajon	22
68	Granite Hills	35
79	Mt. Miguel	24
88	Santana	22
57	Monte Vista	47
16	Grossmont	86

1974 Varsity Team: 1st. row: C. Simpson, S. Sandler, D. Chiles, S. Griffin, C. Robertson. 2nd. row: S. Pollet, T. Southwell, J. Michaels, C. Savoie, T. Temanson, K. Argubright.

J.V. Team: 1st. row: C. Bendixon, L. Bernitz, T. Johnson, L. Lindsey, S. Schlapfer, T. Miller. 2nd. row: J. Holmes, J. Ponce, D. Stoop, F. Hoskins M. Grove, K. White, G. Rury, J. Jarman, D. Barrer. 3rd. row: C. Wood, E. Gaskill, S. Muse, L. Lindsey, K. Bresnahan, P. Brumbaugh, L. Walton, L. Massery, C. Loftus. 4th. row: N. Sandy, T. Avakian, J. Barranco, L. Milligan, B. Chapman, K. Kiyabu, R. Massery, T. Webster, C. Kipp, M. Mathis.

Swimmers Finish Second In League

The Girls Swim Team, coached by Mary Ann McDaniel, finished second this year to CIF champion Grossmont. Helix had a league record of 7-1 for the Varsity. Top swimmers were team captain Denise Chiles in backstroke and freestyle, Charlene Savoie in freestyle, Stephanie Sandler in butterfly and freestyle, Terri Southwell in breaststroke, Sandy Pollett in Individual Medley, Cheryl Robertson in freestyle, Sharon Griffin in freestyle and butterfly, Joy Michael in backstroke, Cheryl Simpson in butterfly and Karen Argubright in backstroke and freestyle.

The J.V. had a league record of 6-2. Top swimmers were co-captain Tiari Avakian in backstroke, Jan Barranco in backstroke and freestyle, Eileen Gaskill in butterfly, Betty Chapman in butterfly and freestyle, Nancy Sandy in freestyle and Individual Medley, Rose Massery in breastroke and Claudia Loftus in freestyle.

The "C" team had a league record of 6-2. Julie Holmes was top in freestyle, Debbie Stoop in freestyle, Patty Brumbaugh in backstroke, Linda Bernitz in breaststroke and Lorraine Walton in butterfly.

"I was very pleased with the swim team this year," said Coach Mary Ann McDaniel. "At the start of the season, they were picked to finish third or fourth behind Grossmont, Valhalla and Monte Vista. But they showed in several instances that they have the determination and stamina to come from behind and win. They beat everyone but Grossmont, to finish second. The Varsity was great, and so were the J.V. and 'C' teams."

Varsity Cross Country Experiences Rigorous Season

This year's Varsity Cross Country team, coached by Mike Muirhead, did as well as could be expected considering the amount of lettermen who graduated last year. Altogether the team won four meets and lost six. The leaders of the pack were returning lettermen, Steve Rouillard and Mike Holmes, who also received the Pep and Ironman awards respectively. Junior Andy Kicklighter was voted Most Improved.

The team placed seventh in Grossmont League Finals as well as seventh in the Mount Sac Invitational, and eighth in the Aztec Invitational. Due to upcoming talent, next year's cross country team should be a highly respectable contender.

The 1974 Varsity Cross Country Team in action.

Senior Steve Rouillard

Senior Mike Holmes

Junior Manuel Rivera

Junior Craig Keller

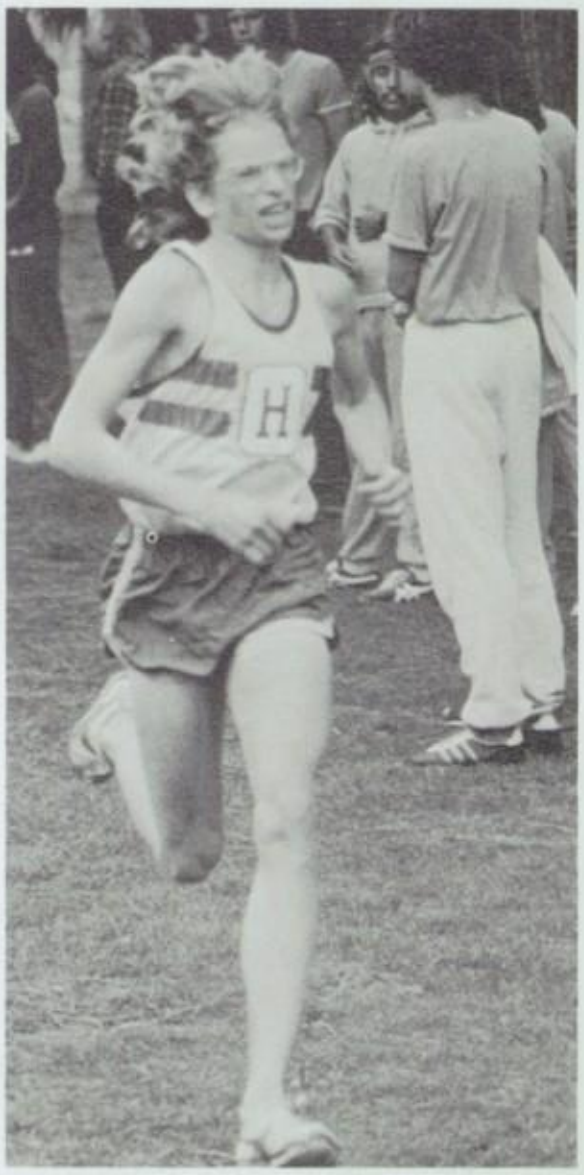
VARSITY RECORD

HELIX		OPPONENT
24	Montgomery	31
24	Vista	34
35	Mt. Miguel	22
37	Granite Hills	19
39	Grossmont	19
20	Valhalla	37
8th place	Aztec Invitational	
7th place	Mt. Sac. Invitational	
36	El Capitan	21
29	Santana	30
29	El Cajon	26
44	Monte Vista	15

Underclassmen Prepare For Varsity Action

The 1974 Junior Varsity Cross Country Team

The 1974 'C' Cross Country Team



Sophomore Mark Travis leaves the opposition behind.

Sophomore Kevin Campagna heads for the finish line.

JUNIOR VARSITY RECORD

HELIX		OPPONENT
50	Montgomery	15
17	Vista	42
34	Granite Hills	22
33	Mt. Miguel	24
34	Grossmont	21
15	Valhalla	41
7th place	Aztec Invitational	
7th place	Mt. Sac. Invitational	
24	El Capitan	31
18	Santana	38
50	Monte Vista	15
16	El Cajon	47
4th place	League Finals	

FROSH RECORD

HELIX		OPPONENT
20	Granite Hills	35
32	Mt. Miguel	25
36	Grossmont	23
30	Valhalla	29
21	El Capitan	35
32	Santana	23
34	Monte Vista	23
32	El Cajon	25
7th place	League Finals	

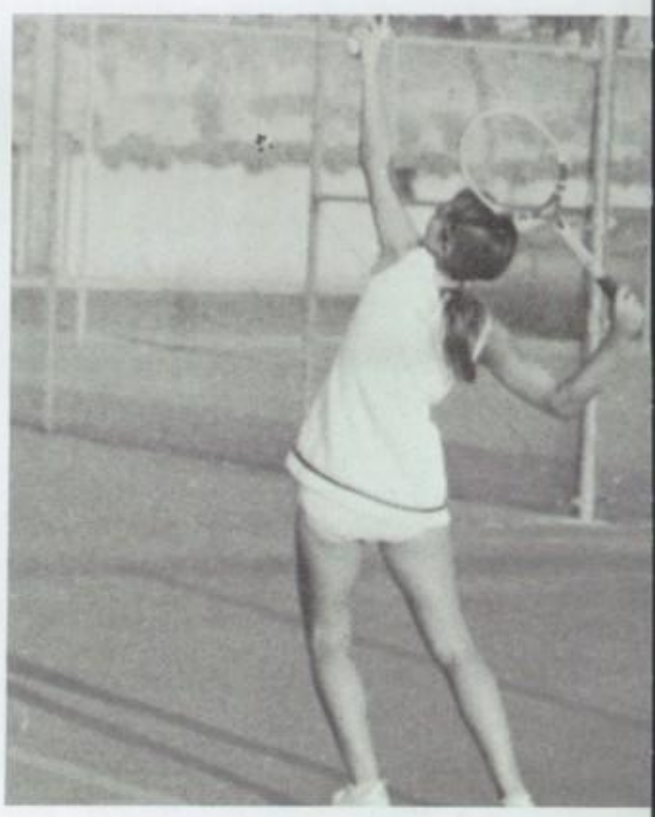
Hoping for victory, Helix harriers head for the front of the pack.

J.V. Cross Country held their own this year with an overall record of five wins and five losses. Some of the teams most impressive victories were against Valhalla, El Capitan and Santana. Some of the outstanding J.V. runners this year were Campy Campagna, Mark Travis, Bruce Gellingham and Bob Marks, with Travis and Marks placing in League Finals. Helix took an amazing fourth place in this meet to finish up a worthy season.

Freshman Cross Country, due to a lack of endurance, was not as strong as in previous years. Nevertheless, Helix had some fine performances by Charlie Black and Rodolfo Alonso, who placed 8th and 7th respectively in League Finals and Mark Keller who took first in the Aztec Invitational. Surely this year's freshmen team will be a strong building block for next year's Varsity and J.V.

1974 Girls Tennis Team

Doubles team of Diane Barger and Carolyn Regas.

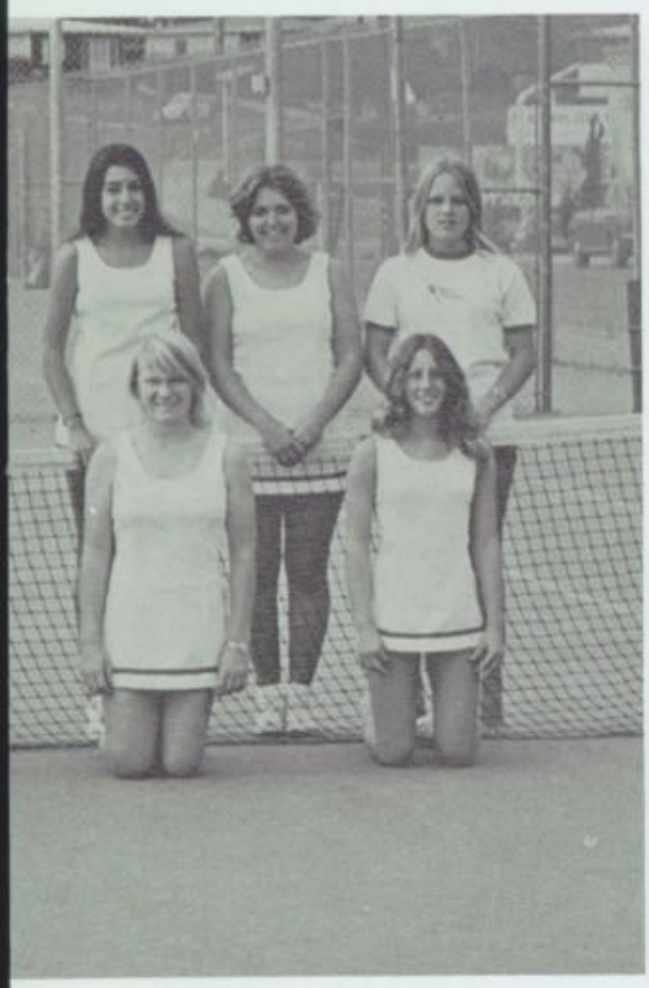


Margaret Armer up to serve.

1974 Girls Tennis Team: Front row: Teri Jansen, Debby Walker, Nedra Skarda, Beth Bludau, Cheryl Honz, Debbie Baer, Sherrie Ridgeway, Diane Hutchinson, Barbara Greer, Elise Ruden. Back row: Kim Right, Liz Kiefer, Carolyn Regas, Diane Barger, Terry Smith, Patty Bryan, Kathy Turner, Kathy Robertson, Margaret Armer, Irene Rios, Deanna Castro, Cinthia Baker, Kitty Sera.

First round		Second round
20-0	El Cajon	19-1
14-6	El Capitan	16-4
20-0	Santana	19-1
17-3	Grossmont	19-1
19-1	Monte Vista	18-2
16-4	Granite Hills	18-2
22-6	Madison	
19-1	Valhalla	

King's Queens Reign Again In Tennis



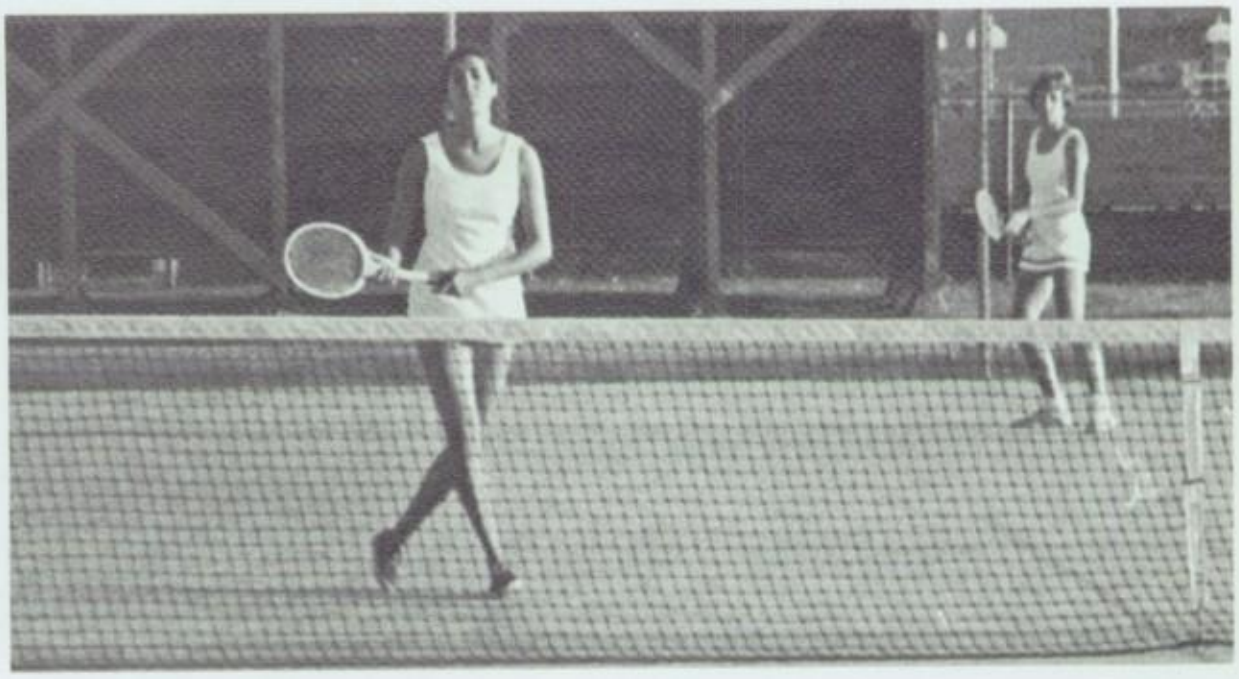
This year's girls Tennis team compiled an outstanding record of fourteen wins and no losses in league play and an overall record of 16-0. "We really had a fantastic season," said Coach Agnes King, "and came through in a pinch."

#1 doubles team, Beth Bludau and Terri Smith, and #2 doubles, team, Cheryl Honz and Terri Jansen recorded outstanding personal records. Beth Bludau and Terri Smith also went to CIF.

Kathy Turner and Patty Bryan had very fine records in singles play, losing only one set each all season and also qualifying for CIF. Once again the tennis team has proven that they are and will always be #1!

Helix always shows good sportsmanship.

Ready for the return.



#2 Doubles team of Cheryl Honz and Teri Jansen.

Highlander Hoopsters

Throughout this point in the season the Highlanders displayed the effort that was needed to make up a balanced team. The 1975 Basketball team had been handicapped in height but they overcame this by asserting aggressiveness in both offense and defense. Players who displayed this trait most were Art Castro and Russ Spring. These outstanding players also showed team leadership. Our high point shooters.were junior, Darcus Prude, and senior, Russ Spring. Clutch players Kent Puls and Lynn Colley were put in when the team was under pressure. Another asset to our team was Mike Durden, the only freshmen to be on the Varsity squad. Early TARTAN deadlines prevented the staff from reporting on the success of the entire season. "We have high hopes of going to C.I.F.", said Coach Gordon Nash.

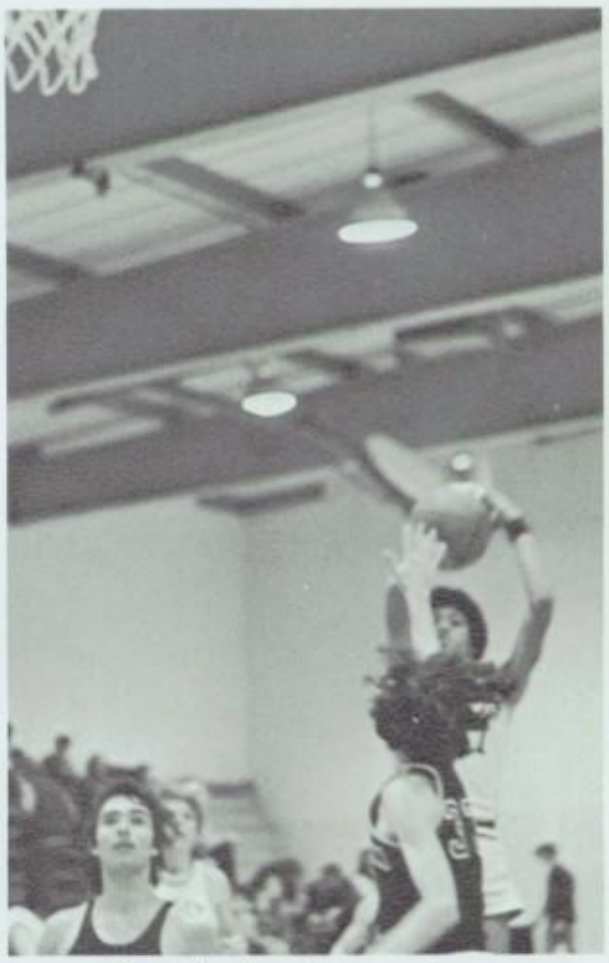
Name	No.	Pos.	Wt.	Ht.	Grade
Carlin, Tom	31	c	160	6- 3	11
Castro, Art	23	f	175	6- 1	12
Durden, Mike	21	g	155	6- 0	9
Johnston, Bill	11	g	165	6- 0	11
Johnston, Bob	35	c	230	6- 6	11
Kretz, Steve	15	g	165	6- 0	12
Mendoza, Mark	14	g	145	6- 0	11
Pharr, Steve	32	c	155	6- 5	12
Prude, Darcus	22	g	140	5-10	11
Puls, Kent	34	f	185	6- 2	11
Rodstrom, Rick	12	g	160	6- 1	11
Sirbaugh, Randy	12	f	170	6- 1	11
Spring, Russ	25	f	180	6- 1	12
(not pictured					
Colley, Lynn	33		160	6- 2	11

Rick Rodstromg shoots over the opposition.

Faced Competitive Season

Russ Spring up for two.

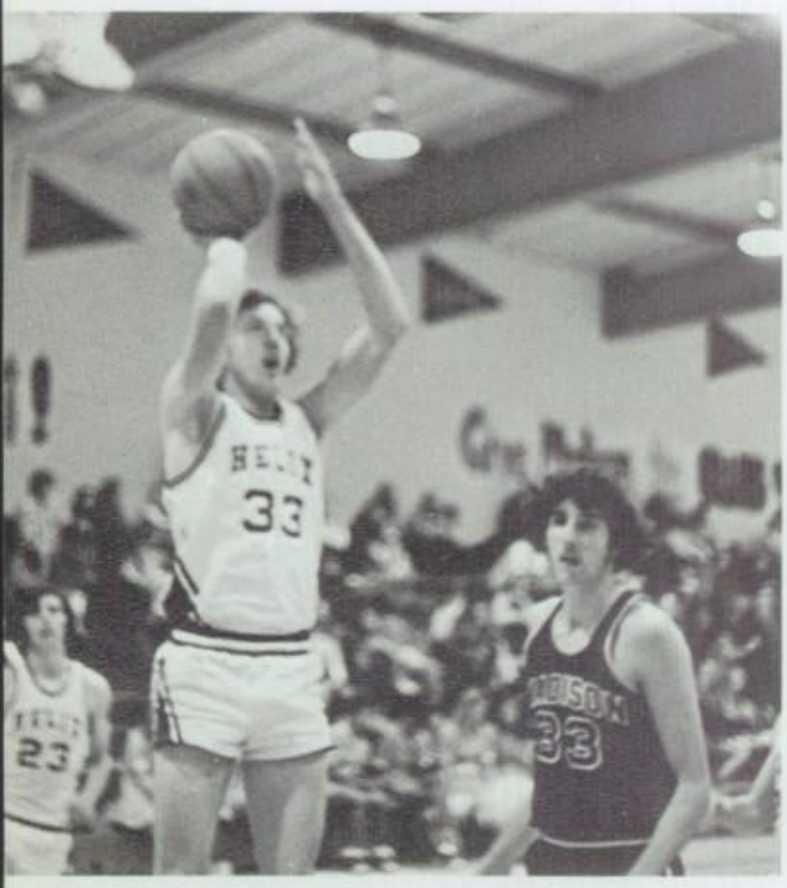
Helix offense recovers the ball.



Darcus Prude another two points.

The 1975 Helix Varsity Team.

High Hopes Held For C.I.F.



Lynn Colley up for two.

Kent Puls "lays it up".

Puls moving into position.

Art Castro goes to block Madison.

Aggressive defense takes cover.

Time out for strategy plan.

Varsity Record

Helix		Opponent
57	San Diego	70
74	Grossmont	87
66	Kearny	68
55	El Capitan	53
66	Valhalla	51
60	Morse	54
62	Granite Hills	39
69	*Morse	54
60	*Mt. Miguel	77
63	*Patrick Henry	69
68	*Montgomery	62
57	*Crawford	77
55	*Poway	85
34	Madison	39
57	El Cajon	46
	Monte Vista	
	Santana	
	Mt. Miguel	
	Grossmont	
	El Capitan	
	Valhalla	
	Granite Hills	
	El Cajon	
	Monte Vista	
	Santana	
	Mt. Miguel	

*Baron-Optimist Tournament

J.V. And Frosh Looked Good In League Play

JUNIOR VARSITY RECORD

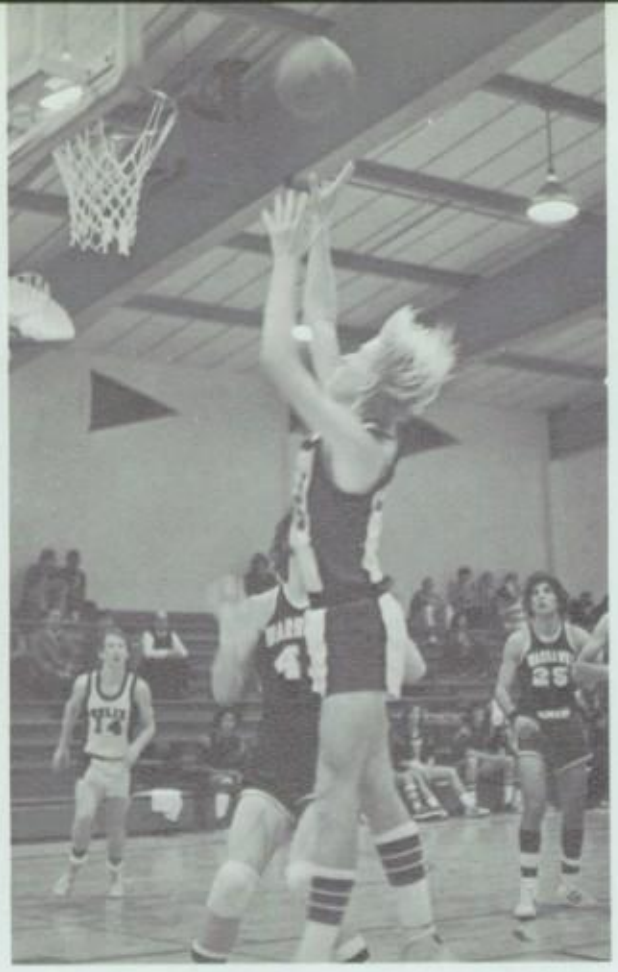
Helix		Opponent
68	San Diego	30
56	Grossmont	45
52	Kearny	44
56	El Capitan	37
54	Valhalla	25
65	Morse	38
59	Granite Hills	27
44	Saints	42
46	Clairmont	38
63	Hoover	48
35	Kearny	36
60	Madison	43
57	El Cajon	39
54	Monte Vista	51
	Santana	
	Grossmont	
	El Capitan	
	Valhalla	
	Granite Hills	
	El Cajon	
	Monte Vista	
	Santana	

The J.V. Team consists of: 1st Row: B. Moreland, L. Knorr, M. Barnes, P. Spring, K. Lydy, S. Kiefer, T. Atkinson. 2nd Row: L. Steele, S. Evans, J. Barrow, K. Brooks, R. Martin, B. Bargar, S. Spooner, K. Bail. Trainer: J. Singer. Coach: A. Edge.

FRESHMAN RECORD

Helix		Opponent
55	Lincoln Jr. High	40
40	St. Augustine	43
33	Grossmont	34
61	El Capitan	20
60	Valhalla	50
78	Granite Hills	69
46	University	31
35	Montgomery Jr. High	57
60	El Cajon	52
52	Monte Vista	55
	Santana	
	Mt. Miguel	
	Grossmont	
	El Capitan	
	Valhalla	
	Granite Hills	
	El Cajon	
	Monte Vista	
	Santana	
	Mt. Miguel	

The Freshman team consists of: First Row: E. Goodell, D. Toovey, J. Rock, S. Demchak, D. Ciampoli, J. Blackburn, J. Gutierrez, J. Ek, Mgr; G. Kontopuls, Mgr; B. Katt, Mgr; M. Adkins, Mgr; J. Gillilian, Coach; Second Row: C. Phillips, R. Coleman, S. Cunningham, R. Bea, D. Puls, W. Michalack, J. Bailey, B. Haas, R. Young.



Two points for Helix.

Jump ball.

"I'm sorry, this is MY ball!"

Helix for the rebound.

Lays up for two.

Coach Walker

Girls' Basketball - Fast,

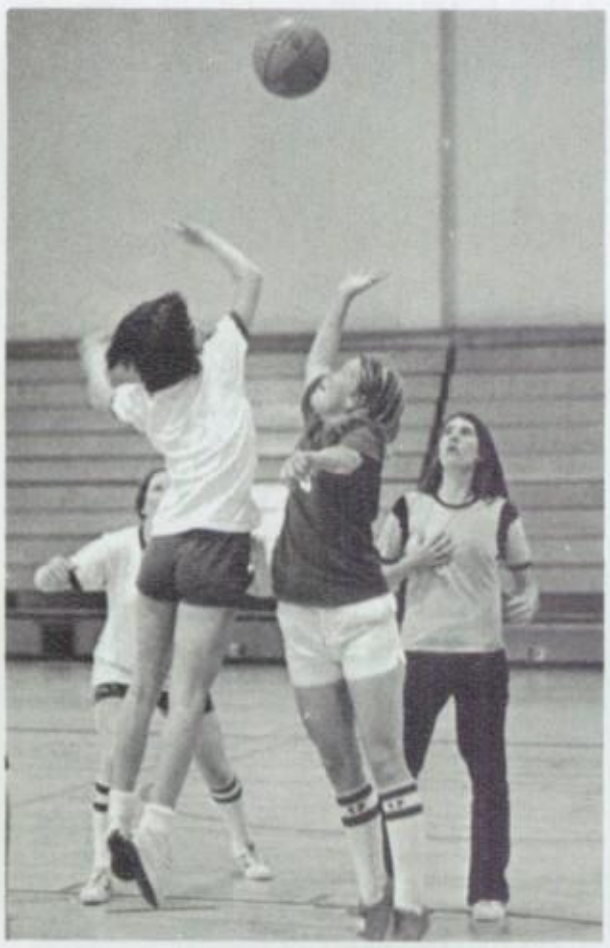
Drills, lay-ups, running, learning plays and techniques-this was all a part of this years' girls basketball team, coached by Mrs. Marianne Loftus. The team was led by returning players, Dee Dee Kitchen (captain) - center; Debbie Baer-foreward; Terri Southwell-forward; Dina Castro-guard; and Linda Klein-guard.

The team was fast and coordinated, able to steal the ball before the opponent knew what was happening. This was especially true of Cheryl Robertson and Dina Castro who became proficient at it. The leading scorers were Dee Dee Kitchen, Cheryl Honz, and Debbie Baer usually making at least 6 points per game. Great dribbling skill was shown by Linda Klein, as she got by many a defender. All this, and more was displayed on Tuesday and Thursday afternoons at 3:30, when an exciting pressure-filled game was always guaranteed.

The Varsity Team consisted of: L. Klein, C. Robertson, D. Castro, K. Gray, T. Southwell, C. Honz, D. Kitchens, D. Chiles, L. Bernard, D. Baer, T. Hart, R. Le Clair

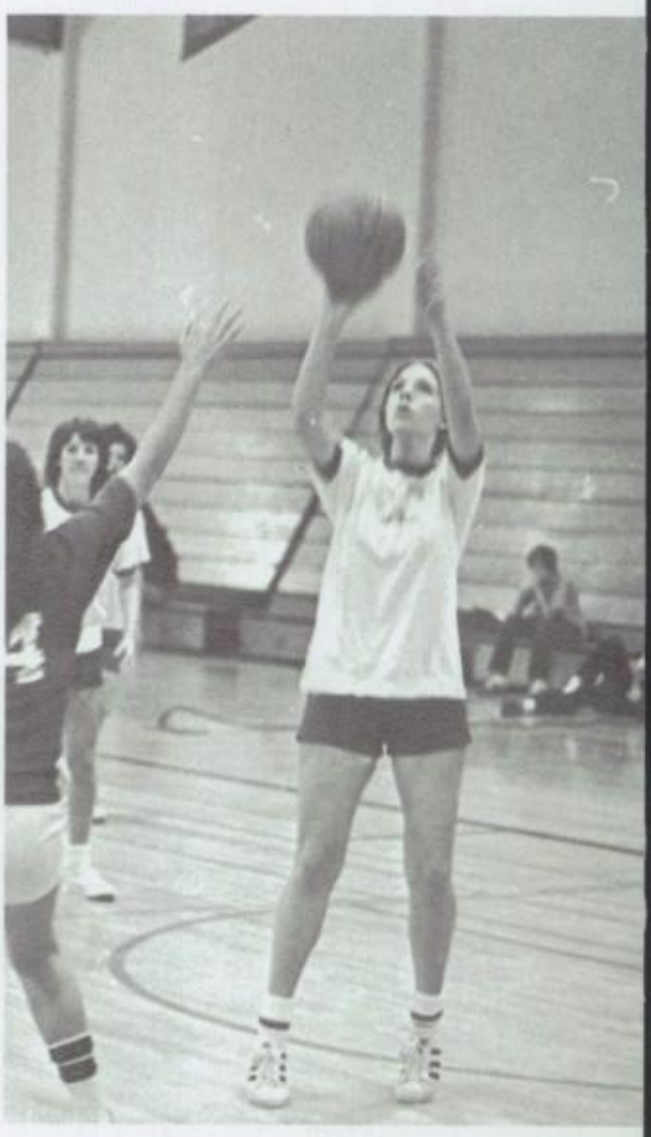
The J.V. Team consisted of: 1st row: D. Kullberg, D. Barger, M. Campos, L. Colley, G. Radenheimer, P. Bryan, K. Turner; 2nd row: Coach Robin Flatt, M. Armer, M. Morton, H. Daniels, K. Argubright, C. Oliver, R. Massery, D. Heid

The Girls' Varsity Basketball Team



Renee goes for the jump.

Tammy Hart 'sky's it.



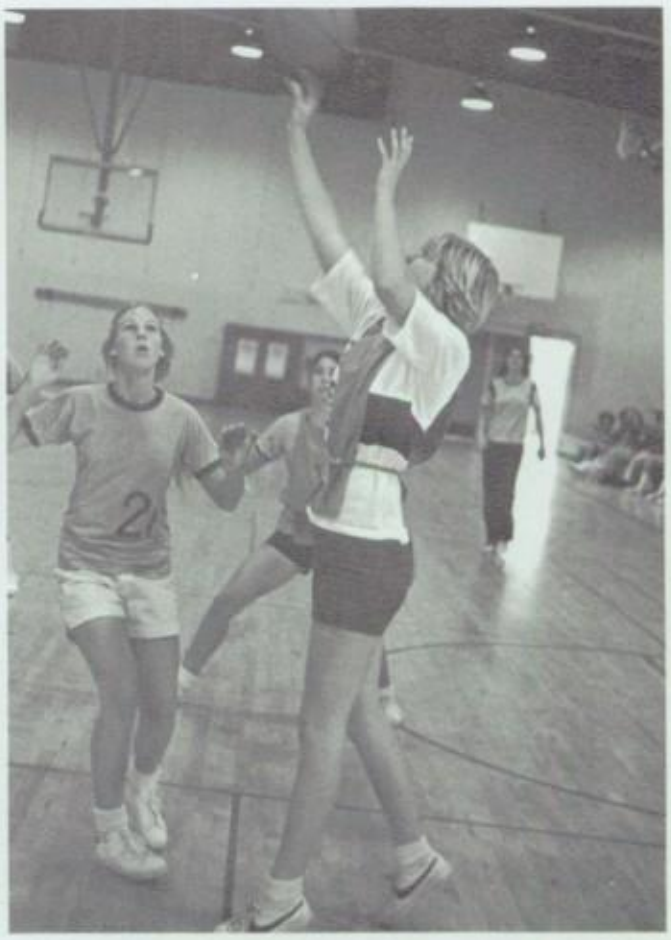
Karen Gray shootin' for two.

Coordinated And Skillful

Mrs. Loftus offers consolation and advice.

Dee Dee Kitchen "pops" one .

J.V. Basketball Team

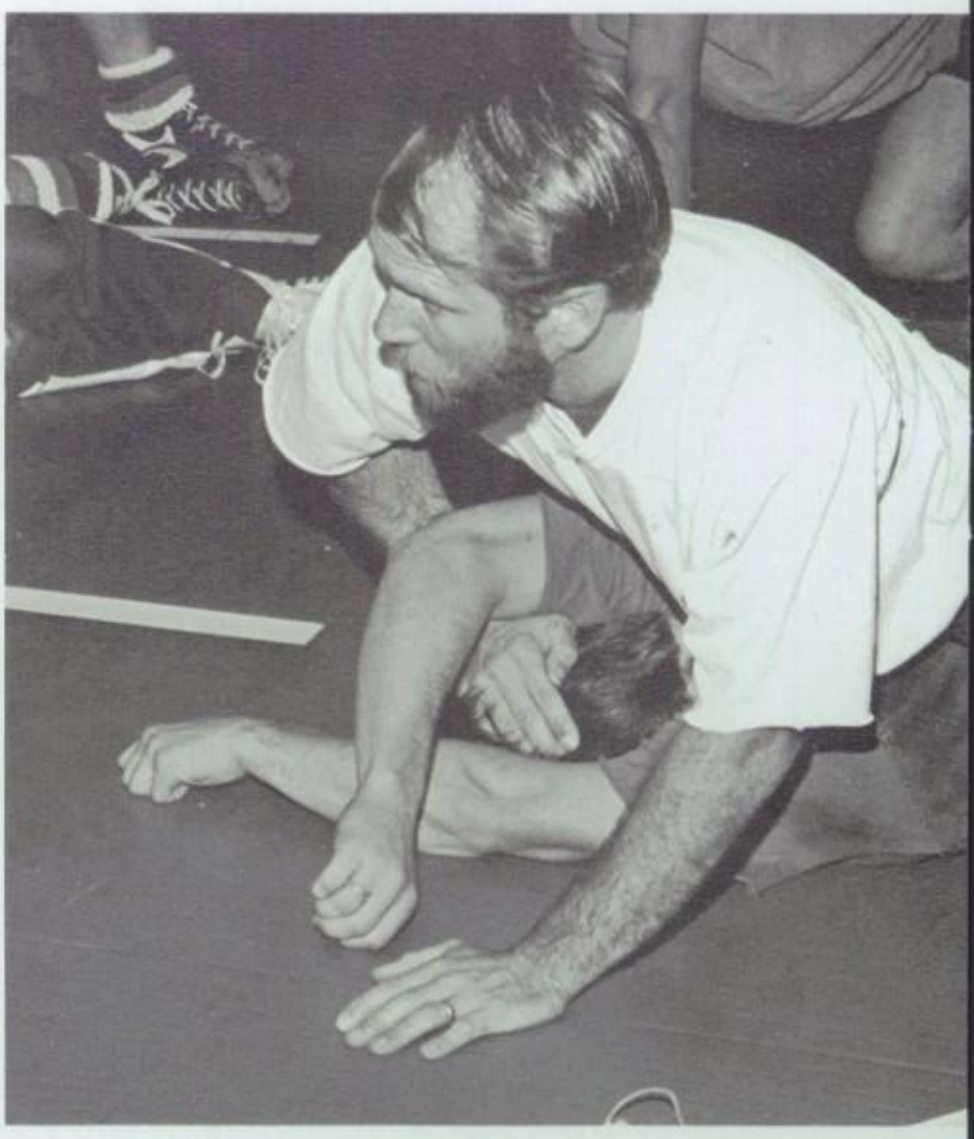


Karen Argubright displays skill.

Colleen Oliver goes up for two.

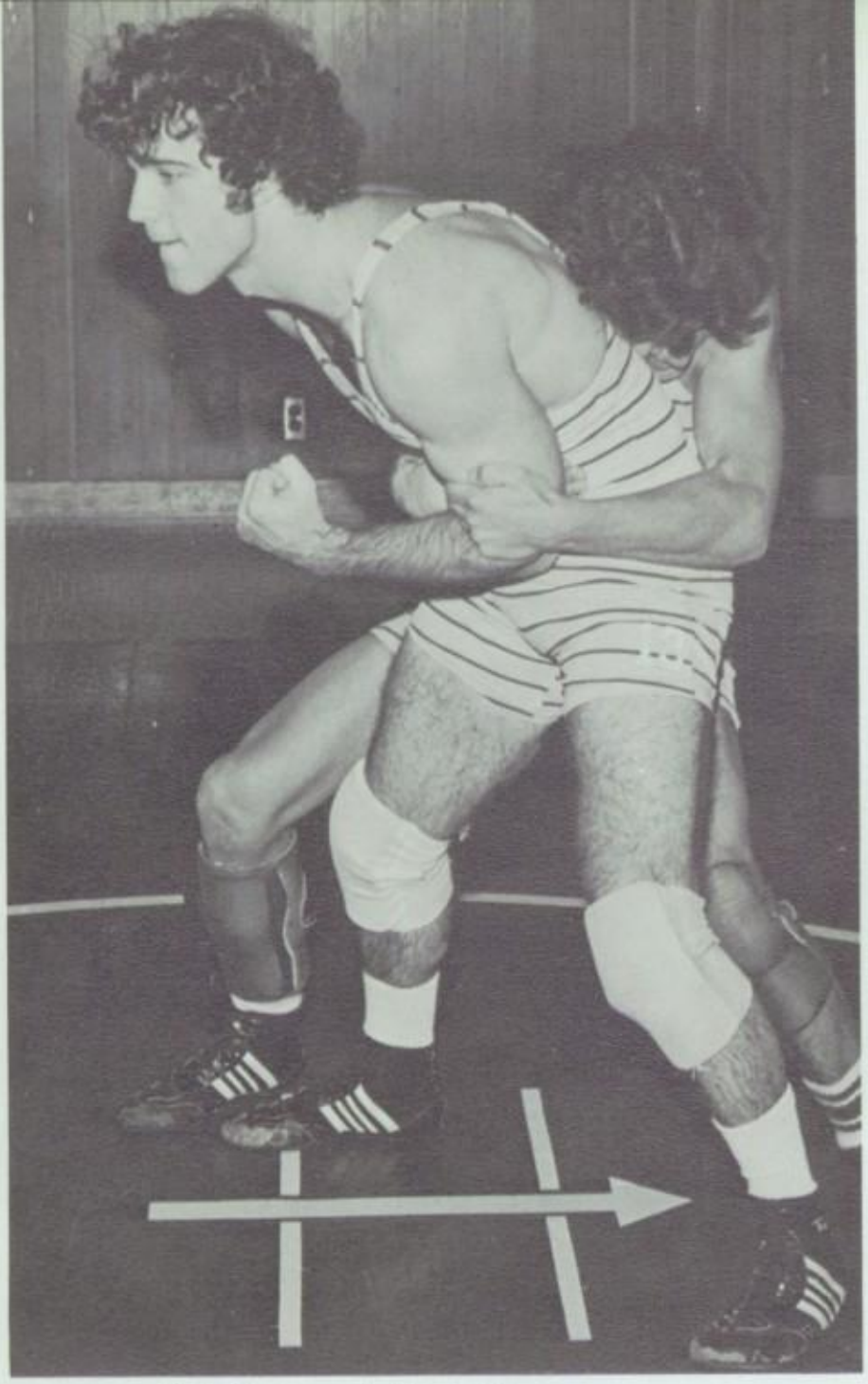
Varsity Grapplers Sweat Out Many Tough Matches

This year's varsity wrestling team put on a fine show, although their record did not reflect it. Fine performances were turned in by Ernie Velton against Granite Hills, Ted Taylor against Mt. Miguel, Tom Herlihy against El Cajon, Mark Catlin against Santana, John Fuscoe against Grossmont and Mike Shuey against Valhalla. Team captains for this year's varsity were Paul Wetherbee, Paul Arthur and John Fuscoe. Other members of the team included Tony Arellano, Dan Chavez, Robert Jenkins, Dan Page, Marty Sturgeon, Mark Martin and Jose Rico



Coach Dick Lanston demonstrates practice hold.

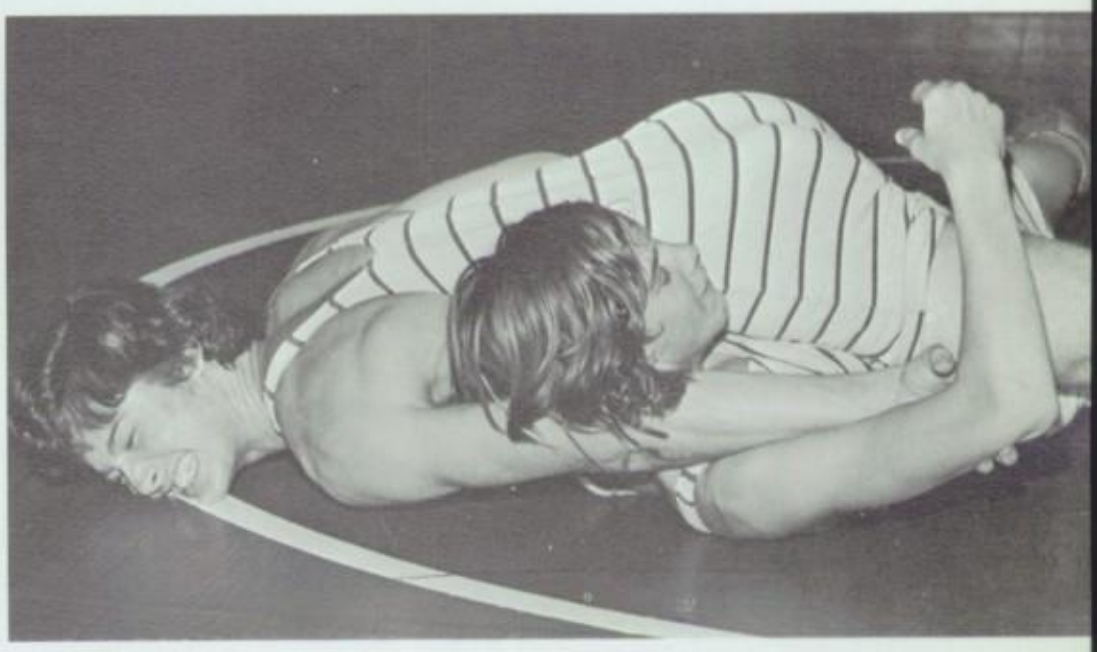
1974-75 Varsity Wrestling Team



Mark Martin muscles his way out.

VARSITY RECORD

HELIX		OPPONENT
33	El Capitan	28
34	Granite Hills	30
14	Mt. Miguel	43
28	El Cajon	31
26	Santana	20
12	Grossmont	43
43	Valhalla	15
	Monte Vista	



Ted Taylor gets in shape for season.

Ernie Velton gets good grip.

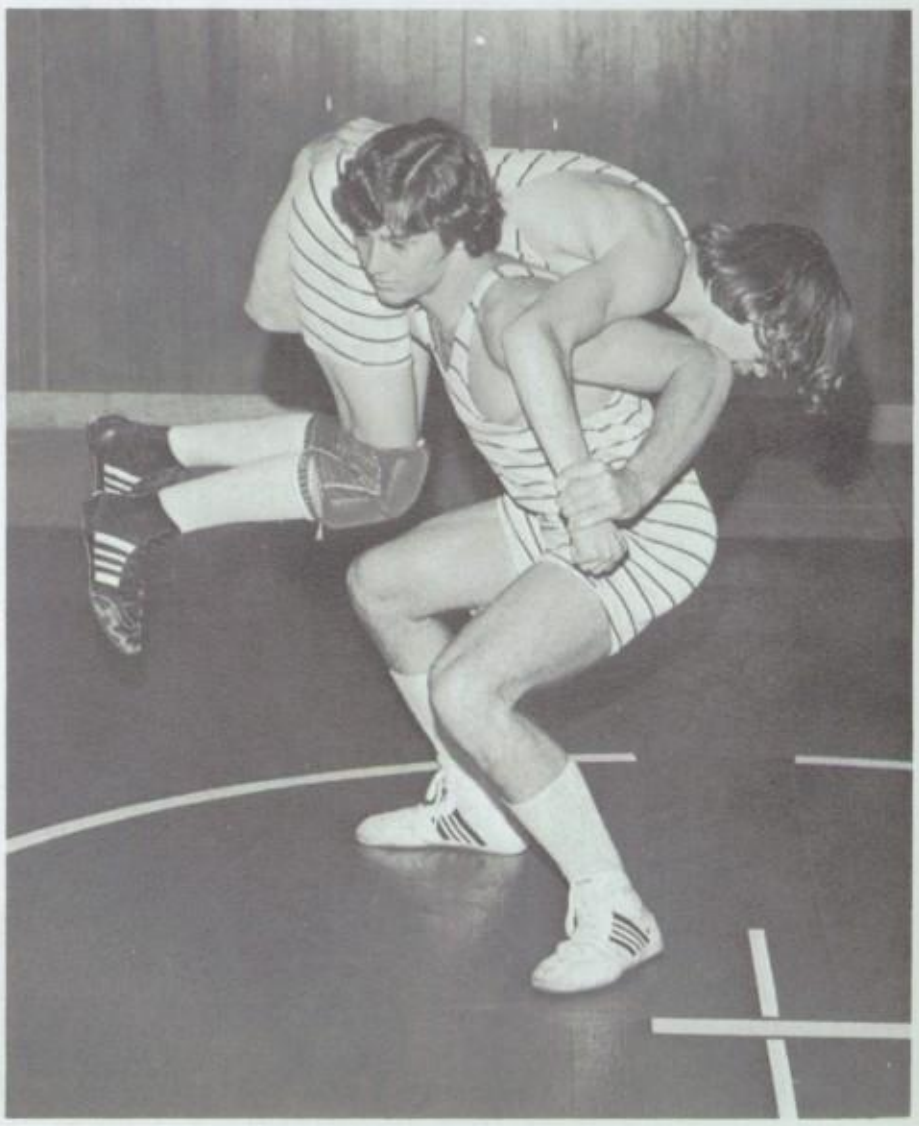
J.V. Wrestlers Experience Rigorous Season

1974-75 Junior Varsity Wrestling Team

Helix's junior varsity wrestling team members are: Terry Marlo, Jake Rodriguez, Steve Floyd, Robert Ekhaml, Terry Hendrickson, Shawn Feeser, David Grove, Jim Brewer, Art Spaan, Bob Bryons, Tom Leary, Scott Schwartz, Art Miller, Josh Romanille and Ken Chambers. The team's record is as follows:

J.V. RECORD

HELIX		OPPONENT
60	El Capitan	12
27	Granite Hills	42
21	Mt. Miguel	37
58	University	2
41	Santana	21
18	Grossmont	48
30	Valhalla	24
33	El Cajon	36
	Monte Vista	



Mark Catlin gets good hold on opponent.

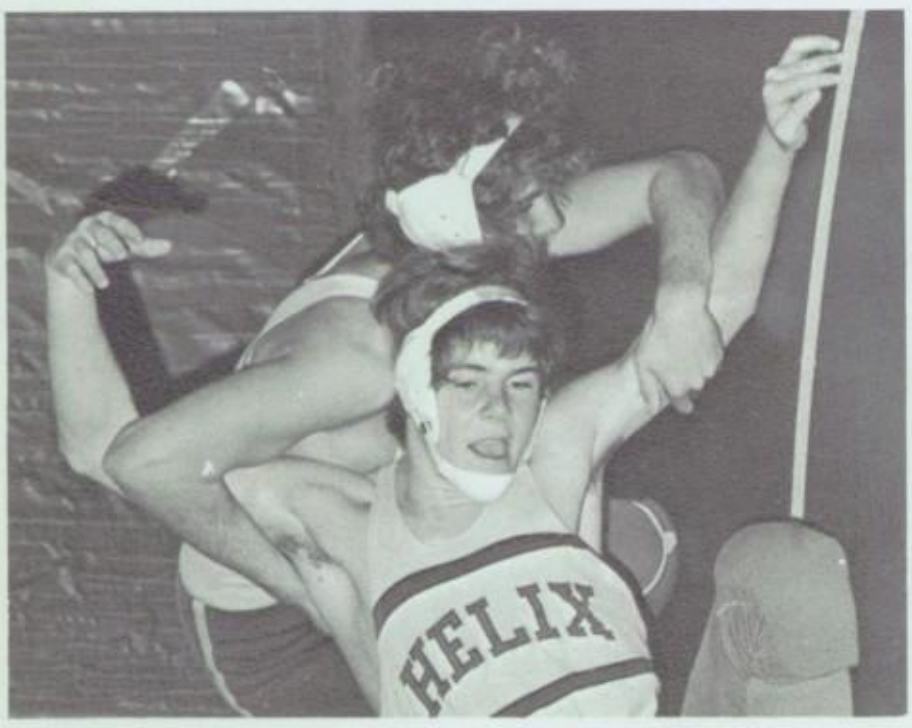
Frosh Wrestlers Hold Hope For Winning Season

The Helix frosh wrestling team, coached by Bob Lucas, completed their season in a winning fashion. A well balanced team, the frosh demonstrated strenth throughout all weight classes. Individual standouts included Tony Arellano, Marlo Terry, Reid Jackson, Dave Hobbs, Mike Mays, Hans Schrandt, Ernst Schrandt, Brad Crossley, Rich Herrera, Joe Nerz, Paul Velton and Paige Pagan. The team's record is as follows:

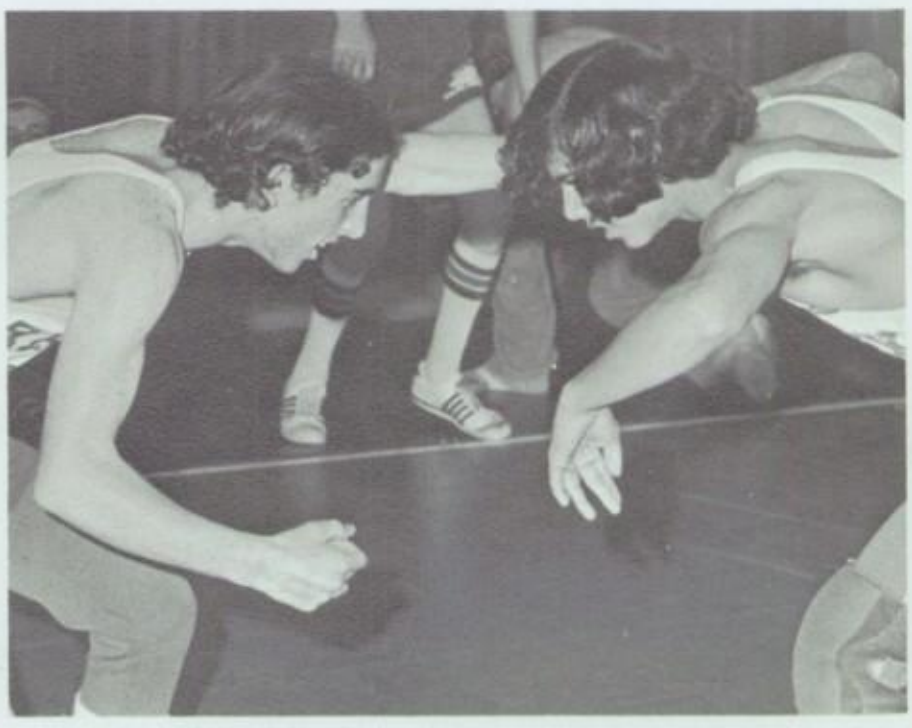
FROSH RECORD

HELIX		OPPONENT
63	El Capitan	6
53	Granite Hills	20
43	Mt. Miguel	33
48	University	12
33	El Cajon	27
34	Santana	31
48	Grossmont	15
	Valhalla	
	Monte Vista	

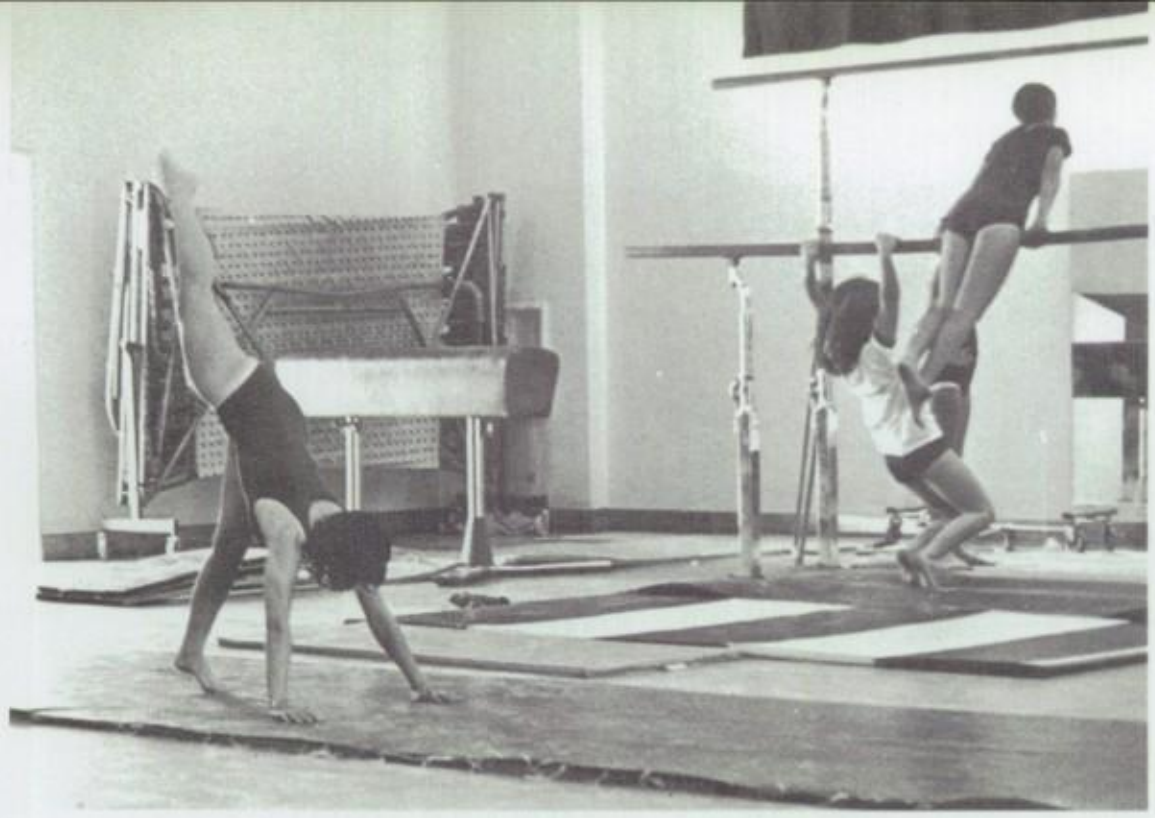
1974-75 Freshmen Wrestling Team



Dave Hobbs and Mike Mays practice a takedown.

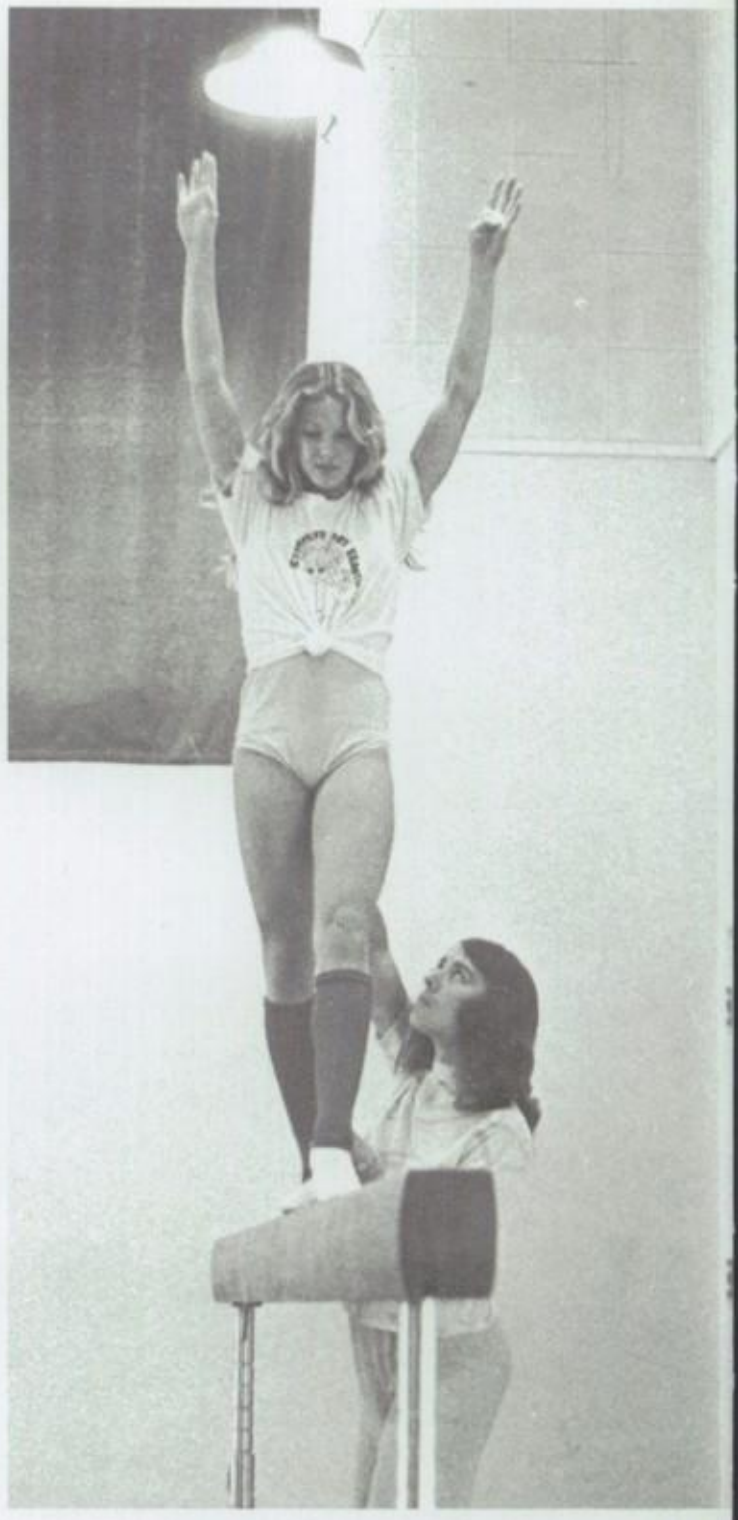


Paul Velton and Joey Nerz do the tango!

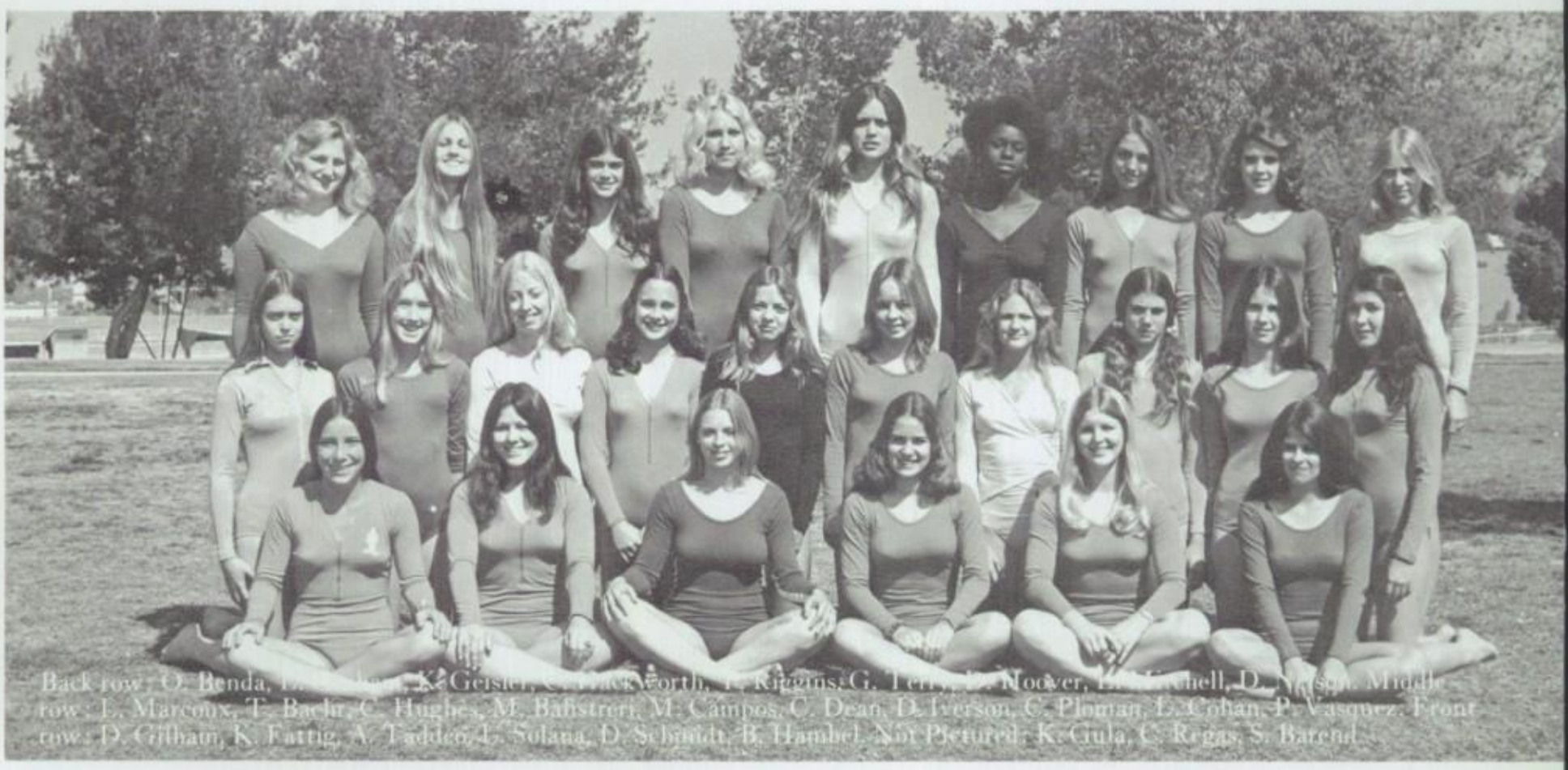


Workouts can be strenuous!

Debbie Schmidt performs with grace and agility.



Denise Iverson practices her beam routine.



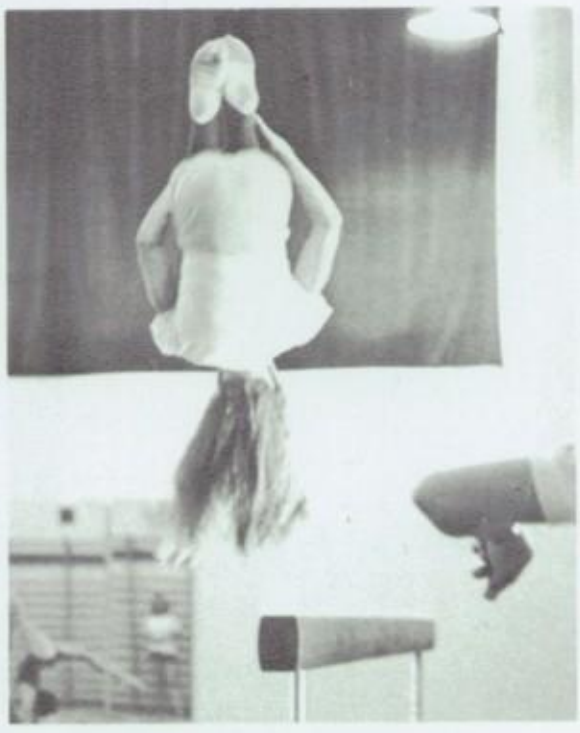
Back row: O. Benda, [illegible], K. Geisler, C. [illegible]worth, T. Riggins, G. Terry, [illegible] Moover, [illegible]chell, D. [illegible]. Middle row: L. Marcoux, T. Bachr, C. Hughes, M. Bahlstreri, M. Campos, C. Dean, D. Iverson, C. Pinman, L. Cohan, P. Vasquez. Front row: D. Gilham, K. Fattig, A. Tadden, L. Solana, D. Schmidt, B. Hambel. Not Pictured: K. Ciula, C. Regas, S. Barend.

Girls' Gymnastics - Head Over Heels With Talent

Cheryl Dean on the uneven parallel bars.

Lisa Solana displays a walkover.

Miss Mullur watches closely.



FANTASTIC!

Hard workouts and difficult routines were all a part of being on this years' girls Gymnastics Team. Gymnastics is a strenuous sport requiring agility muscle control, and grace combined with coordination.

The outlook for this years' team was promising. There was an abundance of new talent supported by the experience of returning members Tammy Riggins, Glynnis Terry, Diane Hoover, Pam Vasquez, Marianne Balistreri, Denise Iverson, Debbie Gilham, Carolyn Regas, Cathy Hughes, Sharon Barend, and Cindy Hackworth.

This year Denise Iverson was the first member in many years to compete at the Advanced Level. The Intermediate Level was very strong thanks to Kathy Fattig, Tammy Riggins and Debbie Schmidt, while the Beginning group held their own.

The Gymnastics Team consisted of: 1st row: D. Gilham, K. Fattig, A. Taddeo, L. Solana, D. Schmidt, B. Hambel; 2nd row: L. Marcoux, T. Baehr, C. Hughes, M. Balistreri, M. Campos, C. Dean, D. Iverson, C. Ploman, L. Cohan, P. Vasquez; 3rd row: O. Benda, L. Graham, K. Geisler, C. Hackworth, T. Riggins, G. Terry, D. Hoover, L. Mitchell, D. Nelson; Not Pictured: K. Gula, C. Regas, S. Barend.

L. Graham performs her routine.

Soccer Goes For Goals

The 1974-75 Soccer Team

VARSITY RECORD

HELIX		OPPONENT
1	Patrick Henry	5
2	Orange Glen	4
1	Crawford	0
7	University	1
3	San Pasqual	1
3	Hoover	3
1	El Cajon	1
1	Valhalla	0
2	Granite Hills	4
1	Mt. Miguel	2
0	Monte Vista	4
1	Grossmont	2
1	El Capitan	5
5	El Cajon	2
0	Valhalla	2
2	Valhalla	4
0	Granite Hills	3
	Mt. Miguel	
	Grossmont	
	Monte Vista	
	El Capitan	

The Varsity team consists of: 1st row: D. Keeton, M. Padilla, C. Gray, F. Rivera, J. Kinsella, A. Turner, M. Bruner, S. Burdge, K. Di Fronzo, F. Borja, A. Boerner, F. Gallegos; 2nd row: G. Williams, F. Osborne, L. Keeton, M. Nielsen, M. Keller, N. Ciaccio, R. Rose, G. Jensen, K. Lolli, R. Fields, J. Prochac, C. Lisboa, D. Lachenbruch; 3rd row: Coach Steve Velazquez, A. Martinez, M. Nelson, M. Sirkis, H. Bauer, J. Velazquez, B. Stemwell, M. Steen, B. Webster, J. Klein, M. Archer, B. Aunan, G. De Forest, S. Seidel, Coach Richard Dye.

Soccer has proven to be the world's most enduring sport and participated in throughout the universe. Here at Helix the new breed of athlete works long and hard, striving, yearning for school recognition and a good season record. Many Helix students have been 'turned on' to this new, fast, rough and young sport. Some that have never played have taken a likeing to the sport. The urge to try something 'new' and different combined with the type of game where everyone on the field plays and plays hard, a chance for recognition for good playing, a quick goal - these make it all worthwhile.

This year the team didn't finish in league play as well as expected, however they gained valuable experience while accepting losses in a sportsmanlike manner.

Mark Padilla was the team's leading scorer while Bill Stemwell was the 'big foot' on defense. Dan Lachenbruch and Jerry Velasquez shared the responsibility of controlling the mid field. An asset to the team were five freshmen; Alex Martinez, Mark Keller, Mike Nelson, Felipe Gallegos and Rudolfo Alonzo. Also Carlos Lisboa, a Foreign Exchange student, worked hard and passed as a halfback. The main highlight of the season was a night game with El Cajon, played on January 23, in which Helix became the victor with the score ending 5-2.

Players anxiously await their turn to get into the game.

Coach Dye plans the strategy.

Greg Jensen heads downfield towards the goal.

Helix player heads down field.

Richard Rose fakes out opponent.

Jerry Velazquez puts his all into the game.

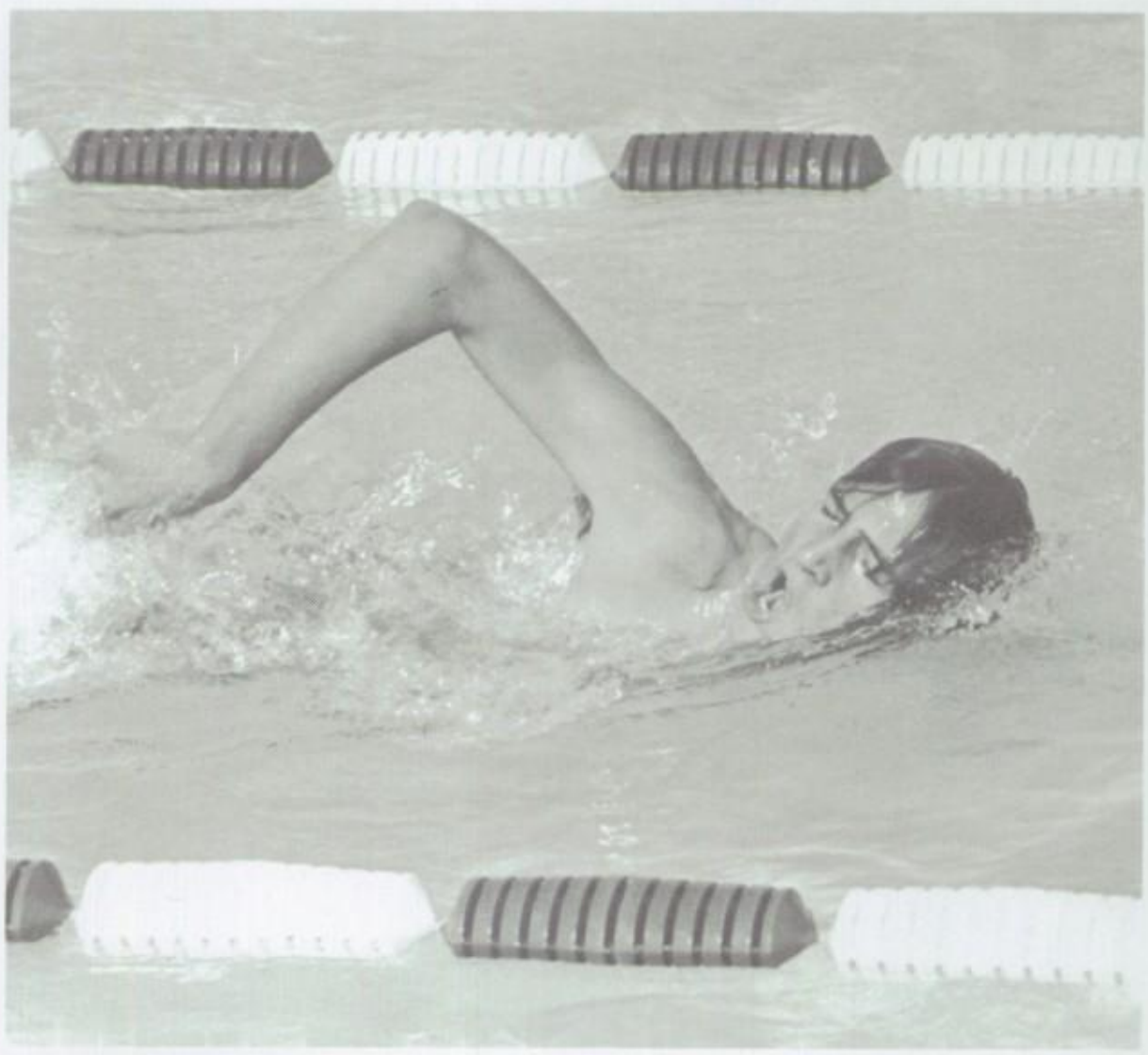
Varsity Swim -

Hard workouts and early morning practices were an indication of the dedication of this year's varsity swim team. Being on the team required two workouts daily, one at 6:00 a.m. and one at 1:30 p.m. Most of the team returned from last year, so there was an abundance of depth and experience. There were some outstanding new members on the squad also. Among those were freshmen, Cliff Hawk and Chris Braden, and sophomore, Rick Lipscomb. Returning lettermen from the varsity were Gary Grue, Dale Wineteer, Frank Esquivel, Mark Haynes, Jon Sandy and Dick Kinnaman. "We're really a unified team this year with a lot of spirit and determination," said member Jon Sandy. What the team will remember most was the outstanding coaching of Mike Cour and Mike (Spider) Hofmann, without whom the team would not have experienced a successful season.

The Swim Team consisted of 1st row: L. Simmons, S. Ryan, M. Braden, D. Wineteer, G. Grue, F. Esquevel, C. Ploman, C. Friedgen; 2nd row: C. Hawk, T. Grim, R. Lipscome, J. Sandy, D. Kinnaman, G. Williams, C. Braden, S. Pollett, M. Haynes, T. Omahen, J. Bernitz

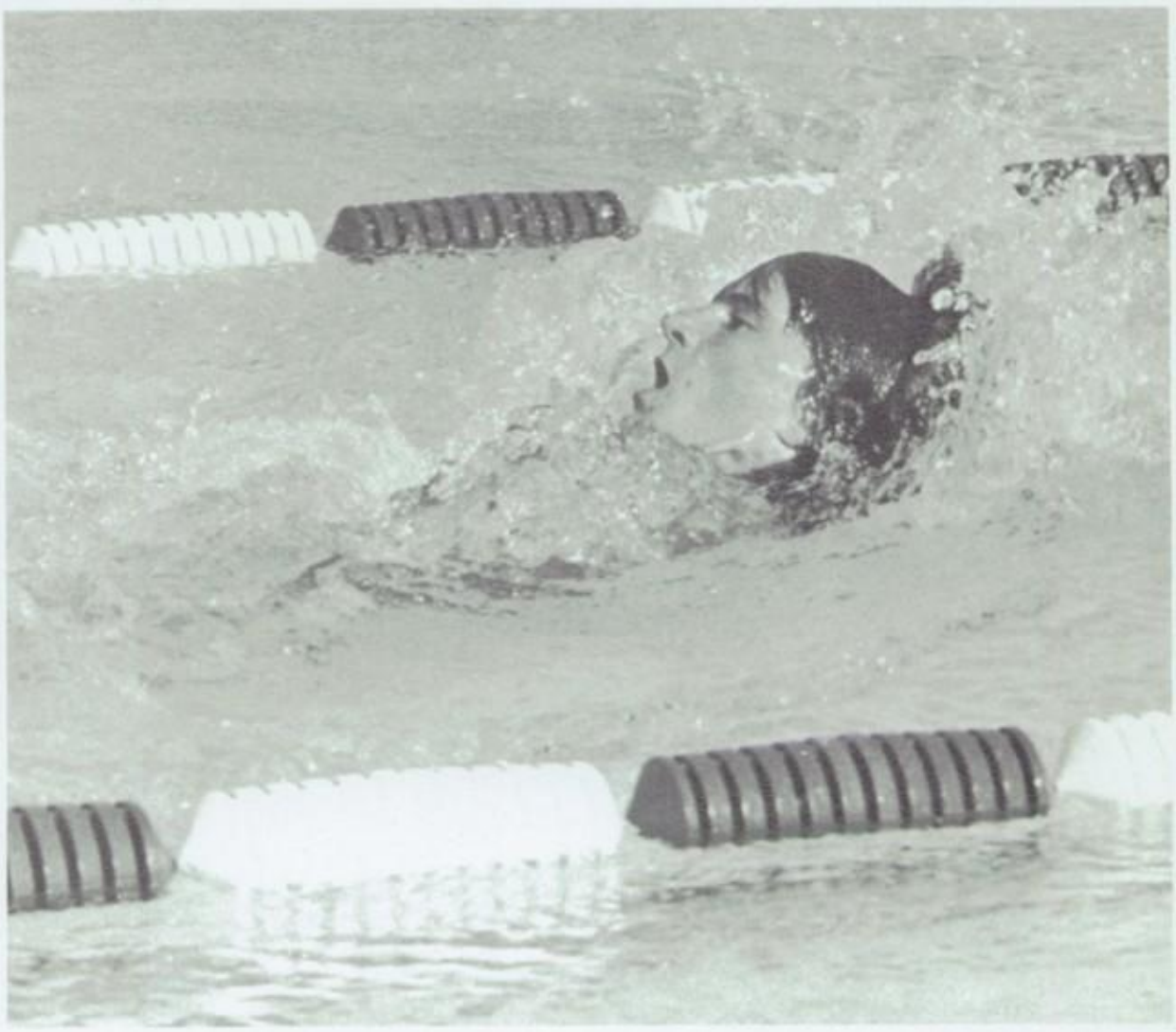
The 1975 Varsity Swimming Team

Mark Haynes, junior, relaxes.



Chuck Ploman, junior, victorious in freestyle.

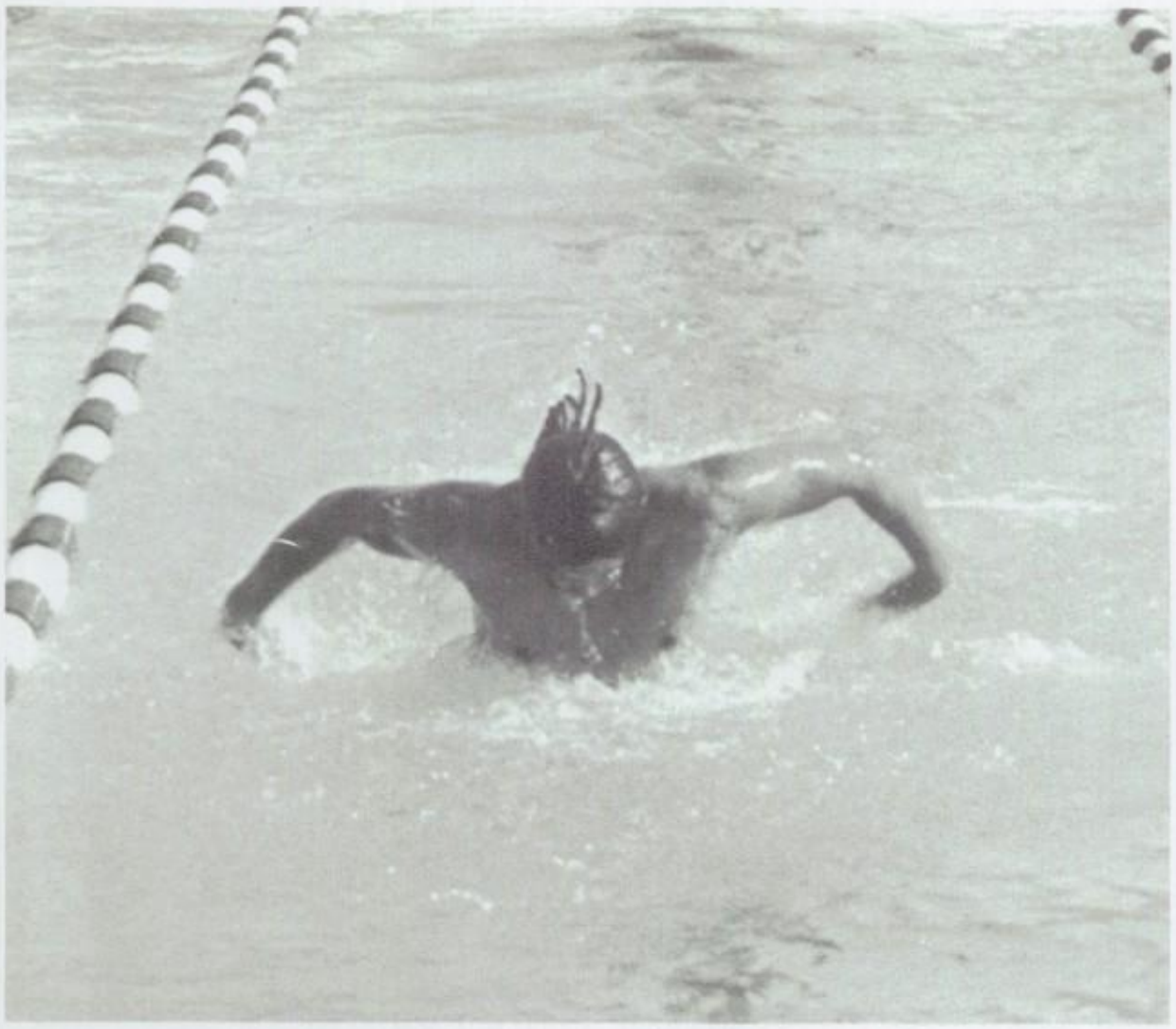
Slippery When Wet!



D. Kinnaman, senior, swims to a win.

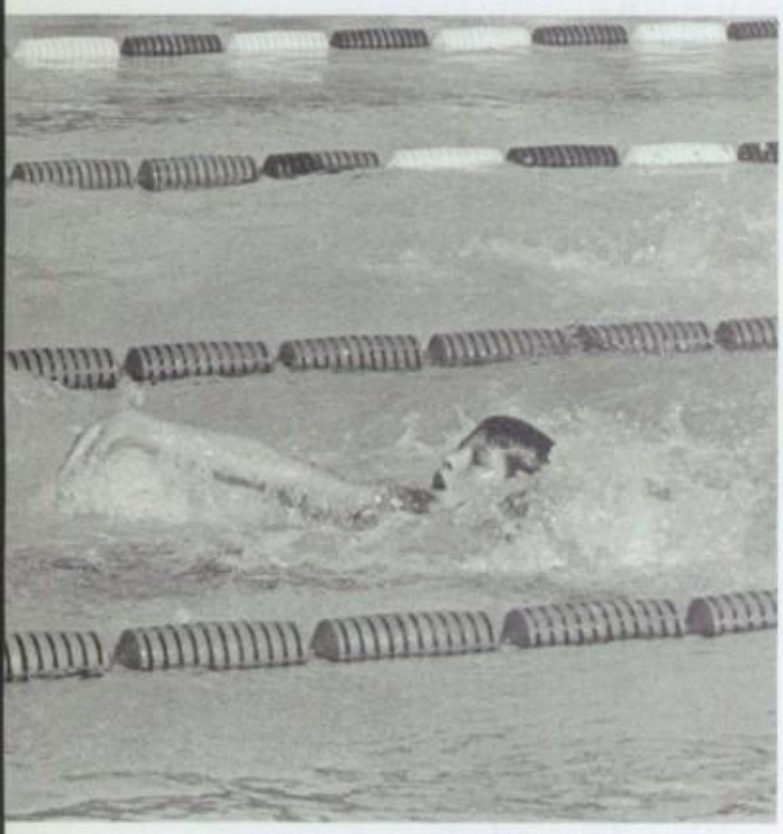
Varsity swimmers watch on.

Diver practices a perfect dive.



Tim Montijo pulls ahead in butterfly.

Jeff Kerber displays a grab start.

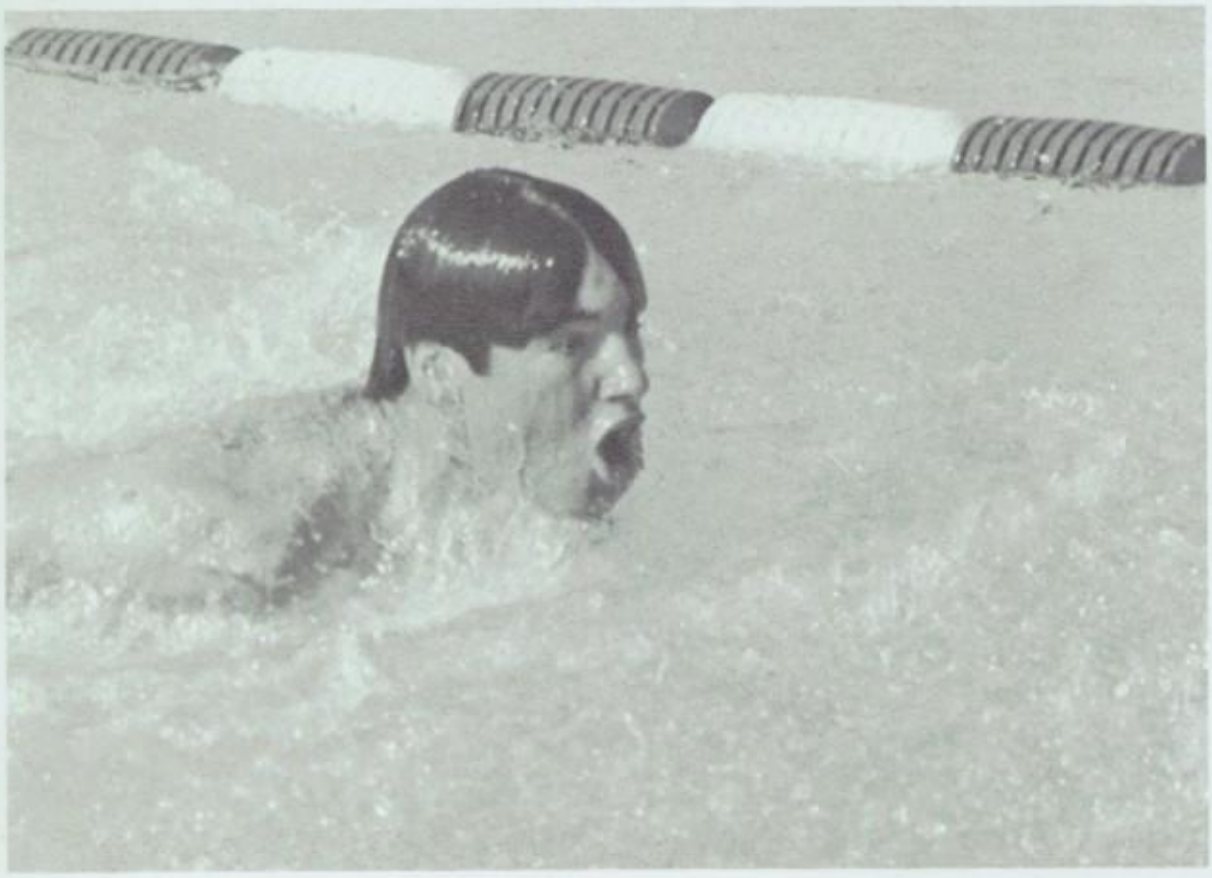


Steve Voiles backstrokes to victory.

Stuart Simmons comes up for a breather.

The team warms up before a meet.

J.V. Swim Makes Big Splash In League

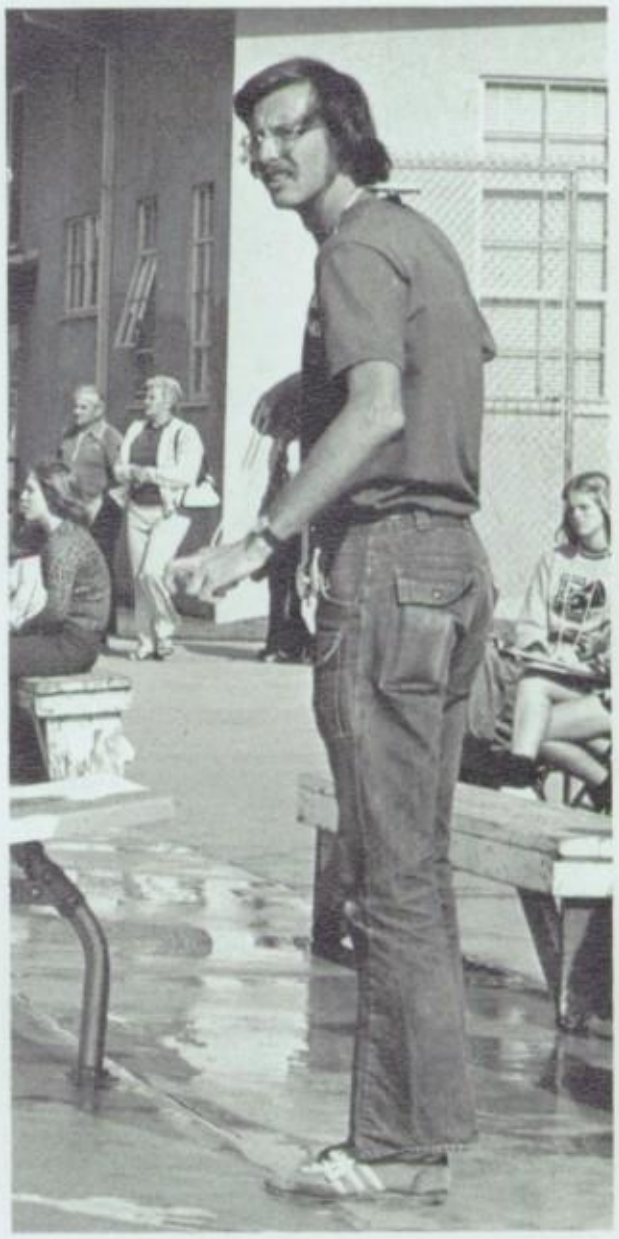


Curt Voiles heads for the finish line.

The J.V. Team consisted of: 1st row: M. Clary, S. Voiles, B. Jants, K. Ullrich, C. Voiles, B. Omahen, D. Miller, M. Steen; 2nd row: T. Woods, B. Johnston, D. Moore, T. Montijo, J. Culver, R. Espinoza, C. Cohan, L. Simpson, D. Orth, L, Keeton

This year's J.V. Swim team was one of Helix's best. Our strongest events were freestyle, breaststroke, and diving. CIF qualifier, Jon Culver, led the team as the outstanding sprinter with times under 26 seconds in the 50 free and 1:00 in the 100 free. Chuck Ploman was the outstanding distance swimmer with consistant victories in the 200 and 400 freestyle events. Lisa Simmons also performed excellently in diving competition.

The depth of the J.V. will provide for a strong Varsity next year, and is also the reason for it finishing fourth in the tough Grossmont League.



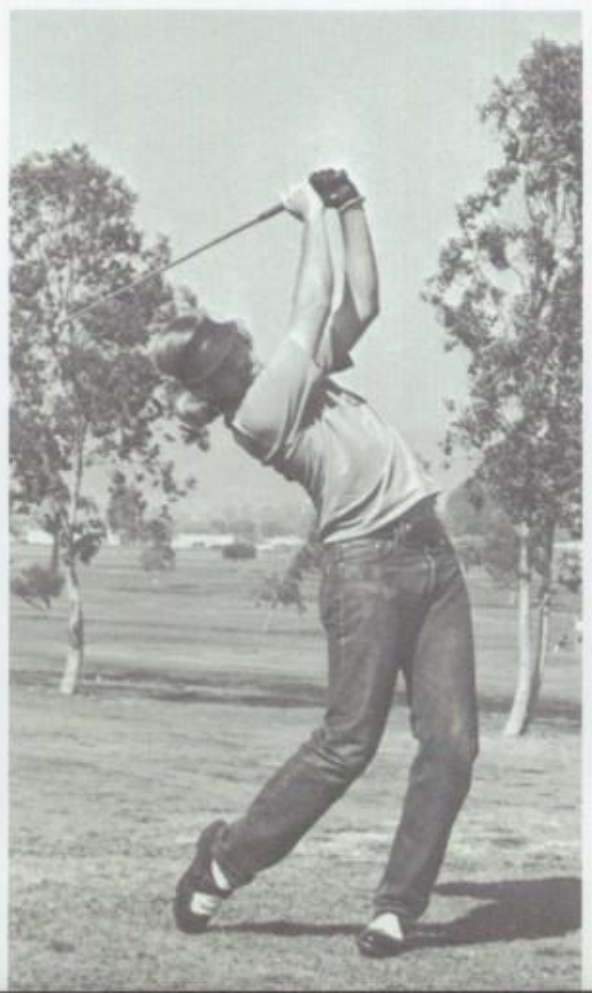
Coach Mike Cour anxiously awaits the start of a race.

Golf Gets Into The Swing Of Things

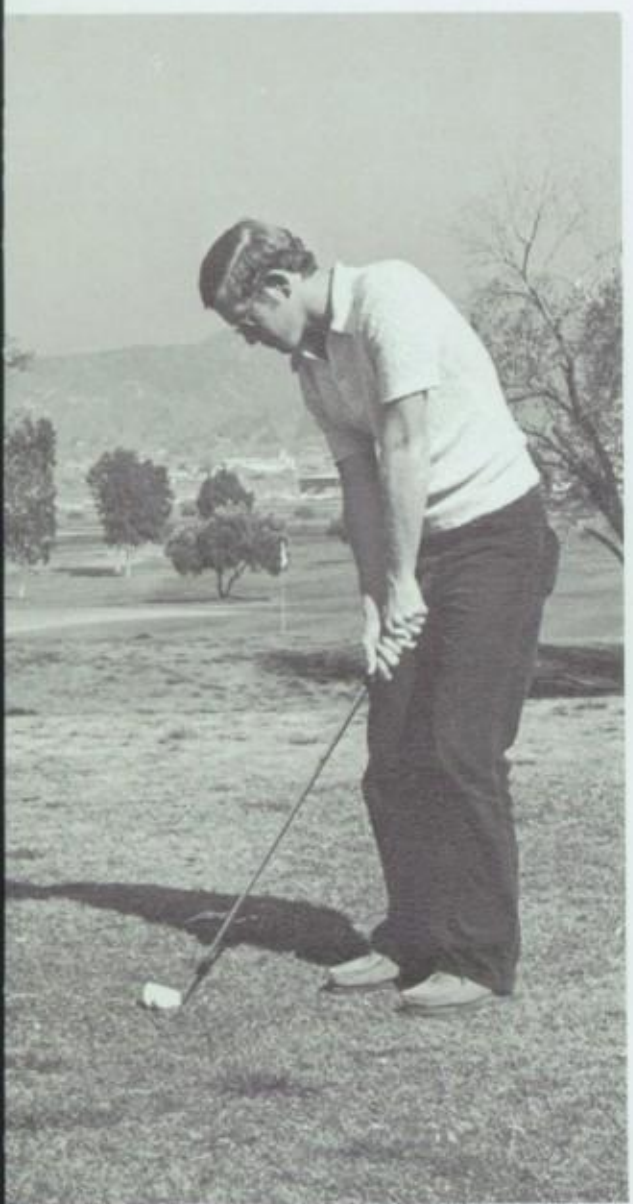
Golf is a sport of skill rather than strength, and requires a great deal of practice to become competitive. The Helix golf team practiced long and hard every day during 6th period at Fletcher Hills Golf Course. When asked how the team would come out in the finals, Coach Warren Vinton said, "It is difficult to tell now because we have so many new players. I feel we will have a good season but it is up to the strong players. Many of our top players graduated last year, but I am confident that this year's team can overcome, by practicing harder, and come out first place in league play." Among the strong players this year were seniors Mike Franey, Mike Johnson and Lee Heyer. Chris Kent, the only freshman on the team, performed extremely well as did junior Mark Mendoza and sophomore Brad Crossley. Rounding out this year's team were seniors Don Richards and Dan Simmons; juniors Kirk Gerhart, David Berray and Jeff Hildebrand; and sophomores Adam Mitsias and Mike Lopez.

It takes alot of concentration to putt.

Sophomore Al Mitsias



Mike Johnston displays a good follow through.



Mike Franey hits his second shot.

David Berray sinks for a par.

The 1975 Golf Team

Motocross Takes Six

Carlsbad Raceway, 125cc Junior Class Competition

On November 30, 1974, the Helix Motor-cross Team was born. With the direction of John Boone, Dick Feeser and Jerry Reckin, the team spent many hours practicing at Santee lakes for competition at Saddleback Park and Carlsbad Raceway. In the first seven outings the team took six 1st place trophies. Preparation for each race was critical, making it mandatory for each rider to have his bike in top condition. George Speck and Mike McEntee captured team honors by winning five 1st place trophies in the 125cc class and four 1st place trophies in the 'mini' class competition respectively. Mark McNulty was top finisher in the 500cc class while Sam Ryan was victorious in the 100cc class. Also tops in the running were Matt Miller, Hugh Good and Greg Wada. Other members include B. Webster, Jesse Farquar, David Marriott, Danny Chavez, and Scott Piddington. With competition in each race fiercer than ever, the newly formed motocross team captured a large measure of respectable results. They expect to continue their winning ways in the future.

Hugh Good, 125cc Class

Hugh Good, 125cc Class

Jesse Farquar, 125cc Class

Out Of Seven Firsts

Carlsbad Raceway, 125cc Junior Class Competition

George Speck, 125cc Class

George Speck, 125cc Class

Danny Chavez, 125cc Class

The 1975 Helix Motocross Team

Varsity Displayed Strength In Competition

This years' Varsity Track Team had the potential to end the 1975 season at the top once again. The team consisted of such outstanding athletes as Steve Riggins who was the All-League Grossmont 440 man and also the 2 CIF 440 man in 10th and 11th grade. He was the anchor man on the CIF mile relay in his sophomore and junior year. In pole vaulting, Dave Phillips placed first and second in CIF competition in 10th and 11th grade. Kris Lettow placed 3rd in CIF discus in his sophomore year. On high and low hurdles are Craig Evins and John Cunningham. These athletes and many other added to the determined efforts of the 1975 Varsity Track Team.

Coach Muirhead

The Varsity Track Team consists of: 1st row: C. Schwartz, K. Lettow, R. Slade, D. Myers, D. Prude, M. Durden, P. Chevalier, D. Mitchell, R. Epps, W. Harris; 2nd row: B. Dege, M. Travis, S. Riggins, M. Rivera, M. Keller, S. Roulliard, J. Mire, J. Metcalf, L. Leonard, N. Ciaccio, C. Evins, G. Drummond, B. Hoover; 3rd row: J. Cunningham, C. Campagna, D. Phillips, D. Puls, G. Tollgaard, A. Kicklighter, K. Emmons, D. Parks, A. Hollander, J. Rico, K. Brusso, M. Kiss, B. Brown, J. Knight

Steve Riggins breaks the tape.

The Varsity Track Team

Kris Lettow throws the discus.

VARSITY TRACK ROSTER

Name	Event	Grade
Mike Durden	100-220-440	9
Ken Brusso	100-220-440	10
Rollie Slade	100-220-440	11
Steve Riggins	100-220-440- 880	12
Derrick Mitchell	440	12
Larry Leonard	440	11
Dennis Myers	440	10
Dave Parks	440	10
Nick Ciacio	440	11
John Metcalf	880	11
Bill Dege	880	11
John Mire	1 mile	11
Manuel Rivera	1 mile	11
Kevin Campagna	1 mile	10
Mark Keller	1 mile-2 mile	9
Andy Kicklighter	2 mile	12
Steve Rouillard	2 mile	12
Mark Travis	2 mile	10
Ken Emmons	2 mile	11
Craig Evins	120 HH-180 LH	12
John Cunningham	120 HH-180 LH	11
Jerry Velazquez	HJ	11
Garth Tollgard	HJ	10
Pat Chevalier	LJ	12
Kent Puls	LJ-TJ	11
Kevin Dorrell	LJ-TJ	11
Bruce Hoover	LJ-TJ	12
Rick Epps	Discus-SP	12
Kris Lettow	Discus-SP	11
Jose Rico	SP	11
Craig Schwartz	SP	11
Alan Hollander	PV	11
Dave Phillips	PV	12
Walt Harris	PV	11

Craig Evins over the hurdles.

Manuel Rivera takes the lead.

Bruce Hoover long jumps.

Dave Phillips practices for a good vault.

Derrick Mitchell heads for the tape.

Helix hurdler in hot pursuit.

J.V. And Frosh Future Track Champs

The J.V. and Frosh Track Teams worked hard in order to get ready for the tough competition that they faced. Both teams competed along with the Varsity squad which resulted in team unity. The underclassmen added much enthusiasm to the meets as they strive for the proudness and praise from being victorious. The two teams gained much experience for future success in the years ahead.

Helix tracksters battle for first.

Bruce Kerstetter goes for the ribbon.

The J.V. Track Team consists of: 1st row: B. Kerstetter, D. Flores, B. Moreland, S. Arellano, E. Wamsley, B. Marks, B. Le Clair, D. Cairns; 2nd row: J. White, M. Buckley, M. Houghtlin, J. Prochac, R. Rivera, G. Werner, J. Giese, A. Spaan; 3rd row: G. Trueman, J. Bailey, C. Lisboa, T. Atkinson, H. Adamczuk, S. Schwartz, J. Klein, K. Lolli, T. Stahl, C. Loach.

The 1975 Freshman Track Team

Donald Flores crosses the finish line.

Varsity Netters Served Their Season Well

The 1975 Varsity Tennis Team had the experience that it takes to go all the way this year. The returning lettermen, senior singles players Jon Cantwell, Steve Strauss, and Joe Armer, along with doubles players Jerry Gutgesell, and junior Keith Durham, came back from the successful 1974 varsity team to give the rest of the league a challenge on the court. New to the team this year were senior Phil Gress, juniors Blake Shaw and Tom Carlin, and Sophomore Dan Fagelson, who have helped to round out a very consistent and strong team. Helix definitely had a chance to dethrone league power Grossmont High, and was believed to be able to repeat their performance of last year in placing in the CIF team playoffs. Team support was greatly improved this year, with many more people coming to matches to root the team on to victory.

Coach Walker and seniors, Steve Strauss and Joe Armer

The Varsity Tennis Team consists of; L. Walton, T. Carlin, P. Gress, J. Gutgesell, D. Fagelson, B. Shaw, K. Durha

Senior, J. Gutgesell

Senior, J. Cantwell

Senior, S. Strauss

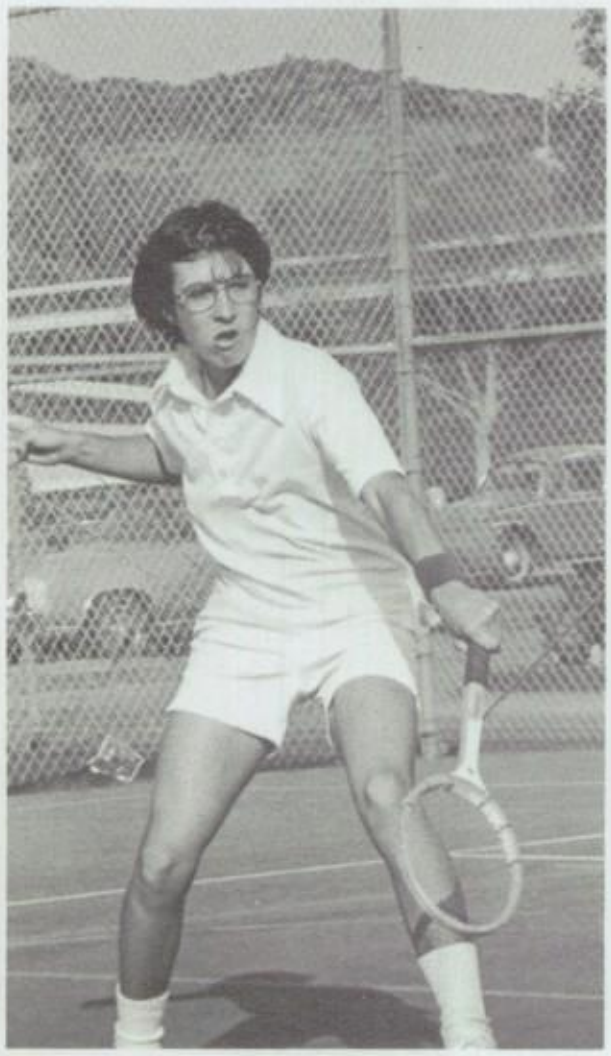
J. Cantwell, J. Armer, S. Strauss, Coach Walker

Junior, B. Shaw

J.V. Racquetmen Rally To Win

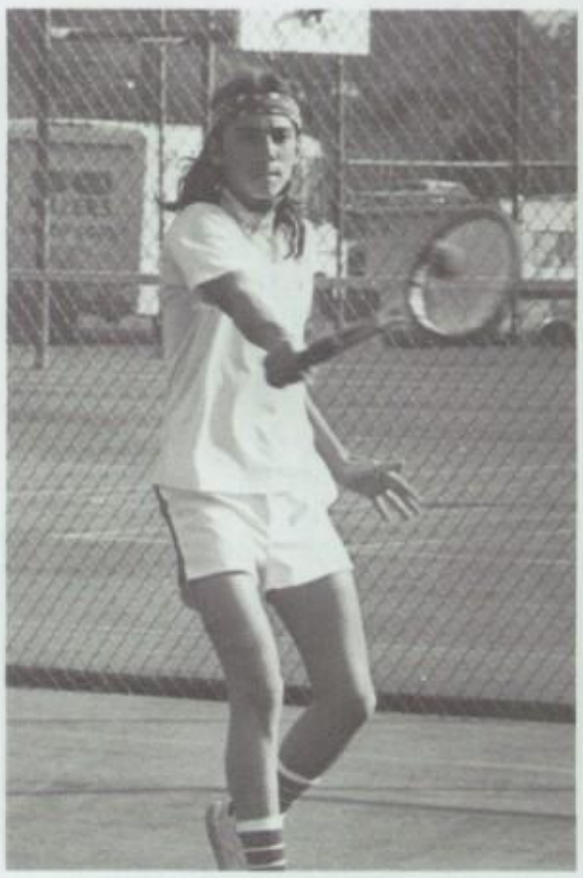
We look back on all the hard work we've done to improve ourselves, and change our techniques to better and more useful ones. No one will really know the pain and joy we put into the 1975 Junior Varsity Tennis team. Though not one of the best in the league, we experienced a quality of physical endurance and mental aptitude.

Coach Walker discusses strategy with player.



Sophomore Bill Fitch

Junior Milus Bonker

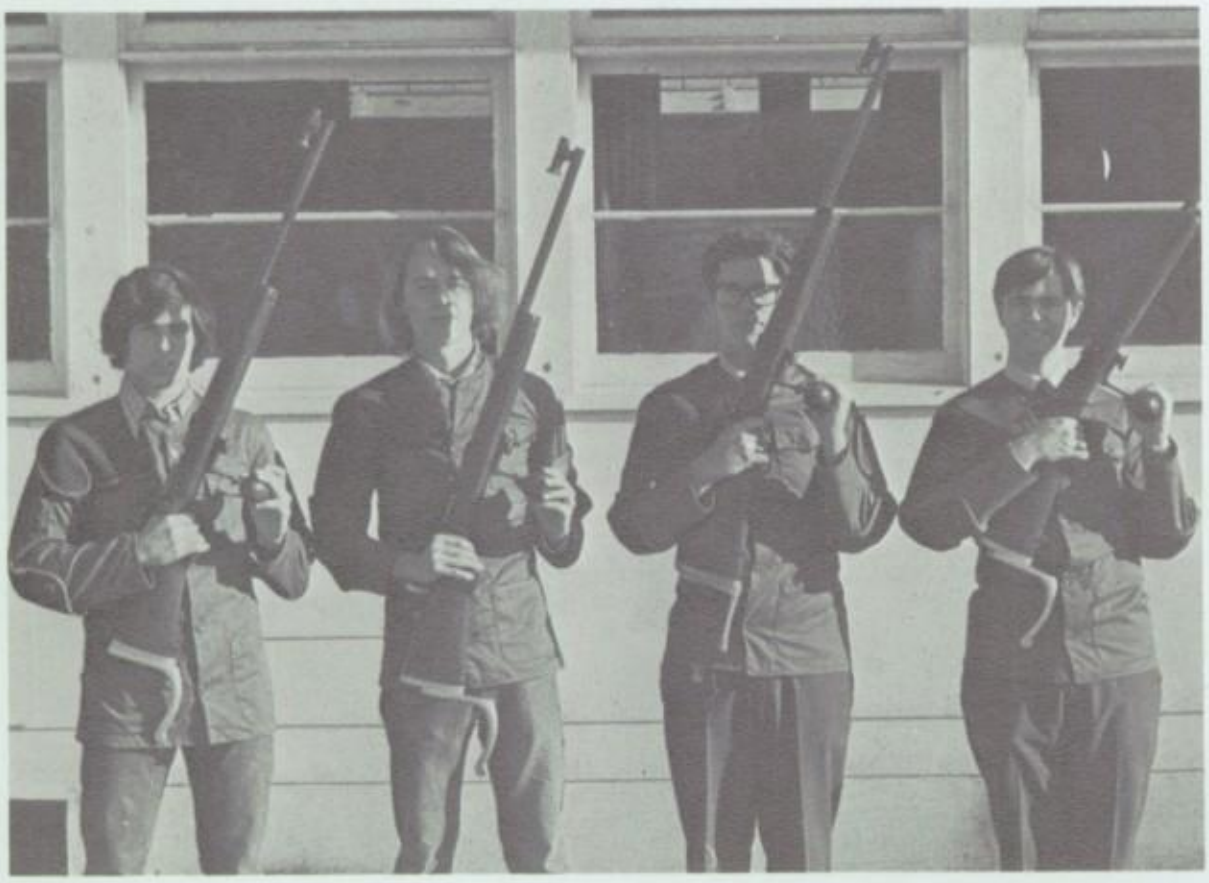


Sophomore Rick Singleton

The J.V. Tennis team consists of: 1st row: R. Singleton, M. Bonker, B. Firtch, R. Kamperman, D. Morgan; back row: D. Sanchez, B. Johnston, B. Demchak, M. Lehmann

The 1975 Junior Varsity Tennis Team

Rifle Team Fires Up



The Varsity Rifle Team consists of: M. Di. Ciero, H. Adamczuk, J. Fisher, C. Shea, not pictured is K. Durham.

The Helix Rifle Team captured a 1st place in the Eastern League. They then went on to take a 1st place in the San Diego CIF Rifle Competition.

The J.V. Rifle Team took a 1st on the Eastern league also. In the San Diego Competition they placed 3rd with a team score of 102.7. Both teams worked very hard which resulted in a successful year.

James Fischer sights his target.

Mark Di Ciero aims for a bullseye.

Colonel Hester coaches for a better technique.

The J.V. Rifle Team consists of: 1st row: D. Eddy, M. Osborn, M. Kiss; 2nd row: D. Childs, B. Johnson, P. Weidinger

Varsity Sluggers Batter Up Their Opponents

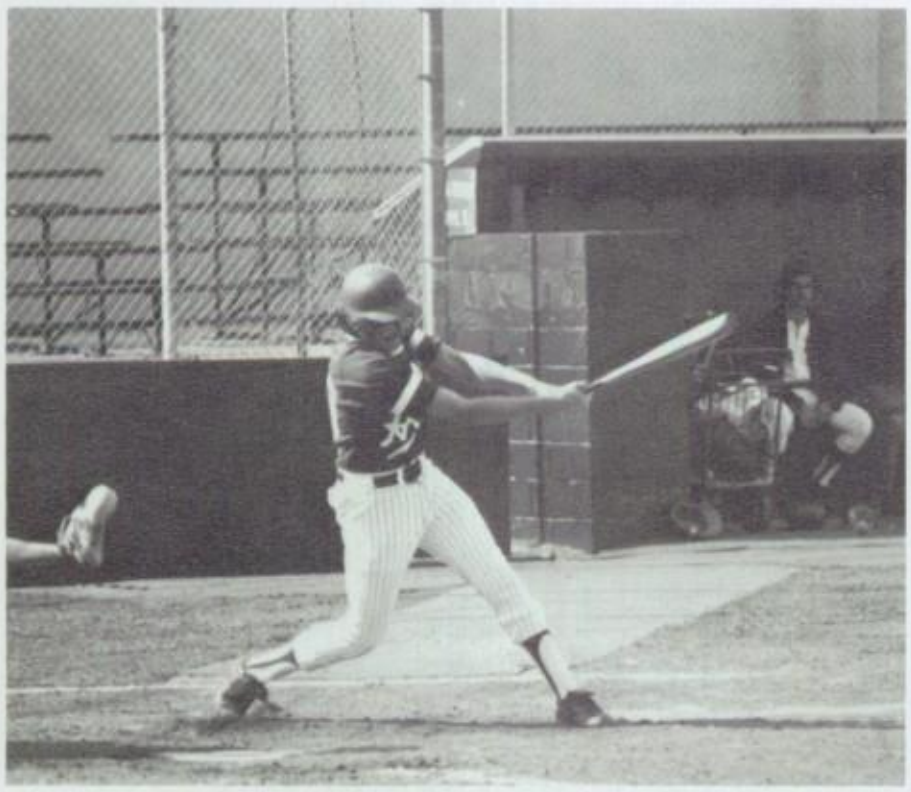
The varsity team consists of: front row: S. Phillips, R. Grove, B. Selik, P. Spring, L. Fixsen, M. Sturgeon, L. Hayes, M. Balsley, A. Castro; back row: Coach Lucas, B. Johnston, R. Stewart, L. Colley, B. Lane, C. Myers, B. Climer, W. Simpson (Mgr)

This year's varsity team played an exciting aggressive style of baseball. One of the team strengths was pitching. The mound staff consisted of seniors Ron Stewart and Bill Selik and juniors Larry Fixsen, Marty Sturgeon and Bob Climer. A strong infield was composed of junior Chris Myers at first base, junior Bill Johnston at second base, senior Mike Balsley at shortstop and senior 'Sting' Ray Grove holding down the hot corner.

A good-hitting outfield consisted of juniors Bob Lane, Steve 'Cowboy' Phillips, Lynn Colley and sophomore Paul Spring. The catching was handled capably by the dynamic duo of senior Art Castro and sophomore Larry Hayes.

Due to publisher deadlines, the team record was not available so early in the season, but Helix was considered to be a contender for the league championship.

Coach Lucas warms up the team.



Art Castro rips one out.

Bill Johnston tags an out.

Chris Myers keeps opponent from stealing.

Steve Phillips leads off the base.

Helix baserunner goes for third.

Ron Stewart concentrates.

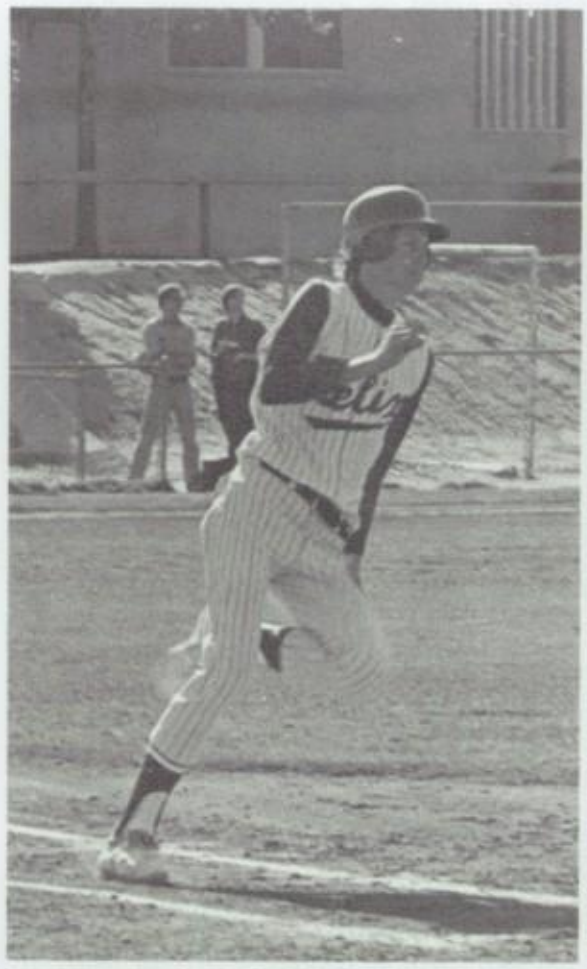
Ron Stewart winds up.

Ron Stewart fires it in.

J.V. And Frosh Basehoppers -

J.V. Baseball started out strong this year with a 5-1 win over Grossmont. The team was led by outstanding pitcher Alan Knorr, backed up by Dennis Morton, and Kenny Moranville. Some of the stronger hitters were Anthony Cappello, 1st. base; Scott Kiefer, left field; and Larry Knorr, shortstop. Home plate was guarded by Robert Tiumalu an outstanding catcher with a lot of potential. Second and third bases were played by Richie Kaneyuki and Rich Seever, respectively. Outfielders were Scott Kiefer in left, John Barrow at center field and Larry Steele in right. Overall, the team had a good showing and will help to make up an excellent Varsity team next year.

The 1975 J.V. Baaseball team consisted of: 1st row: S. Kiefer, U. Dorendorf, R. Kaneyuki, A. Cappello, R. Sever, R. Tuimalu, D. Brown, K. Moranville; 2nd row: K. Foils, B. Gillingham, A. Knorr, J. Barrow, L. Steele, K. Lydy, D. Morton, L. Knorr; not pictured, D. Page, R. Fields, manager, and Coach Art Edge



Safe at first base.

Conference at the mound.

The 1975 J.V. Baseball Team

Strike!!!

In For A Winning Season

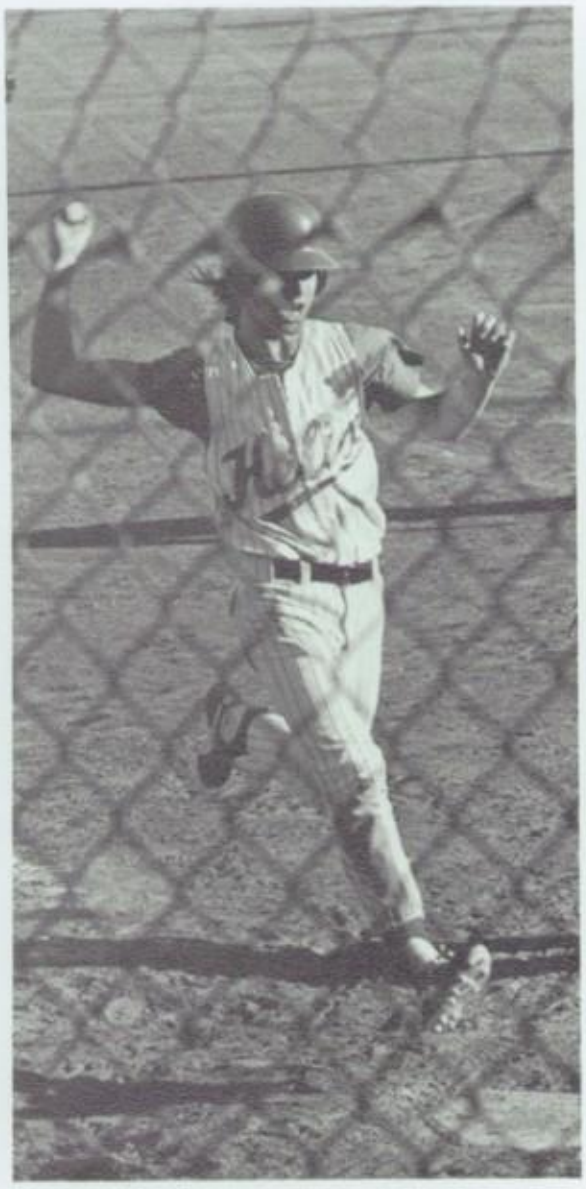
The 1975 Frosh Baseball Team

Taking the lead off first base.

This years' freshman baseball team was enthusiastic and talented. Such stand-outs as Mark Barnes, Don Toovey, Charlie Phillips, Joe Nerz, Richard Herrera, and Tom Castellanos made the squad a very formidable one.

Pitching proved to be the most outstanding talent to emerge, with Mark Barnes and Don Toovey pitching most of the games.

The 1975 Frosh Baseball team consisted of: 1st row: M. Brierly, T. Arrellano, T. Ciaccio, M. Mays, A. Juarez, D. Williams, E. Schrandt, R. Herrera, E. Goodell; 2nd row: C. Phillips, C. Nerz, S. Demchak, D. Ciampoli, P. Strom, M. Ramirez, T. Castellanos, M. Gamboa; 3rd row: G. Kontopuls, Coach Weatherman, D. Toovey, M. Barnes, G. Silva, J. Ek, B. Haas, Coach Justice.



Safe at home.

Senior Athletes Attain Excellence In Competition

Perseverance and determination in the sport in which one has natural ability is what inspired these twenty seniors to dedicate themselves to attain excellence in conditioning, sportsmanship and teamwork to be selected by the Helix coaches as Outstanding Athletes for the 1974-75 school year. Included, but not pictured are Pat Chevalier, outstanding in football and track; Craig Evins, outstandng in track; and Dee Dee Kitchen, outstanding in Volleyball, Basketball and softball.

The La Mesa Police Officers Association presented special trophies to one boy and one girl selected by them as 'Athlete Of The Year' at the Senior Awards Assembly on May 29th.

Athlete-Of-The-Year Trophy
La Mesa Police Officers Assoc.

Paul Arthur
Football, Wrestling

Mike Balsley
Baseball

Beth Bludau
Tennis

Jon Cantwell
Football, Tennis

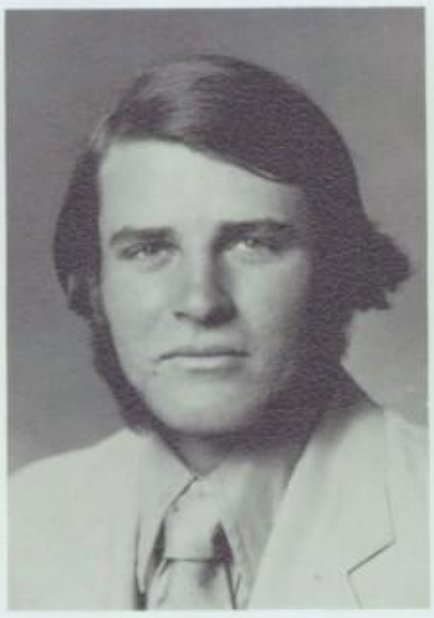
Art Castro
Basketball, Baseball

Denise Chiles
Swimming, Basketball

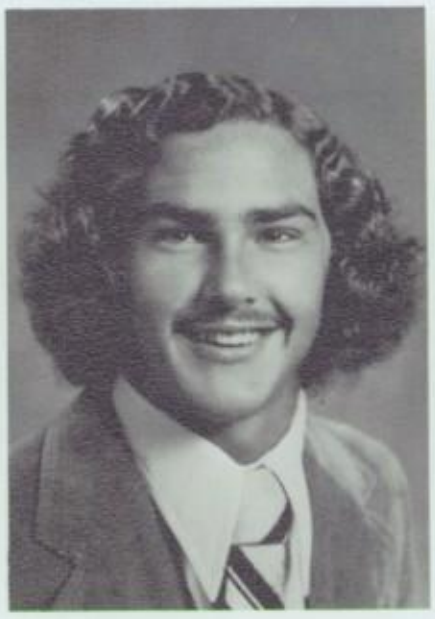
Rick Epps
Football, Track

Kathy Fattig
Volleyball, Gymnastics

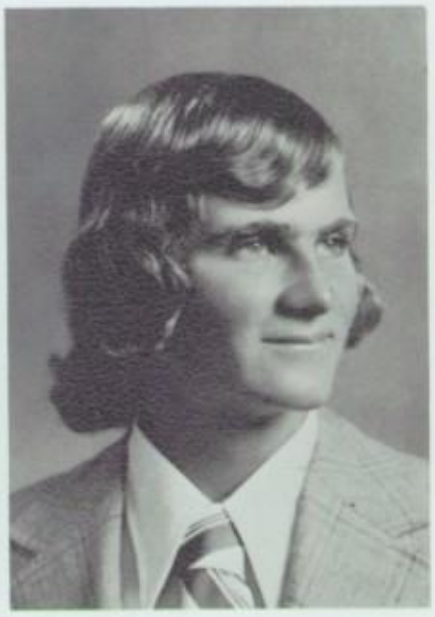
Mike Franey
Football, Golf



Ray Grove
Football, Baseball



Ted Greene
Football



Dick Kinneman
Waterpolo, Swimming

Karen Gray
Volleyball, Basketball

Dan Lachenbruch
Soccer, Track

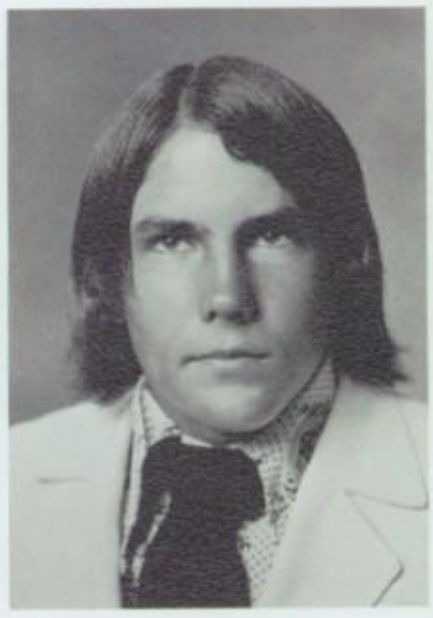
Renee LeClair
Volleyball, Basketball

David Phillips
Track

Steve Riggins
Football, Track

Russ Spring
Basketball

Ron Steward
Football, Baseball



Paul Wetherbee
Wrestling

IDENTIFICATION

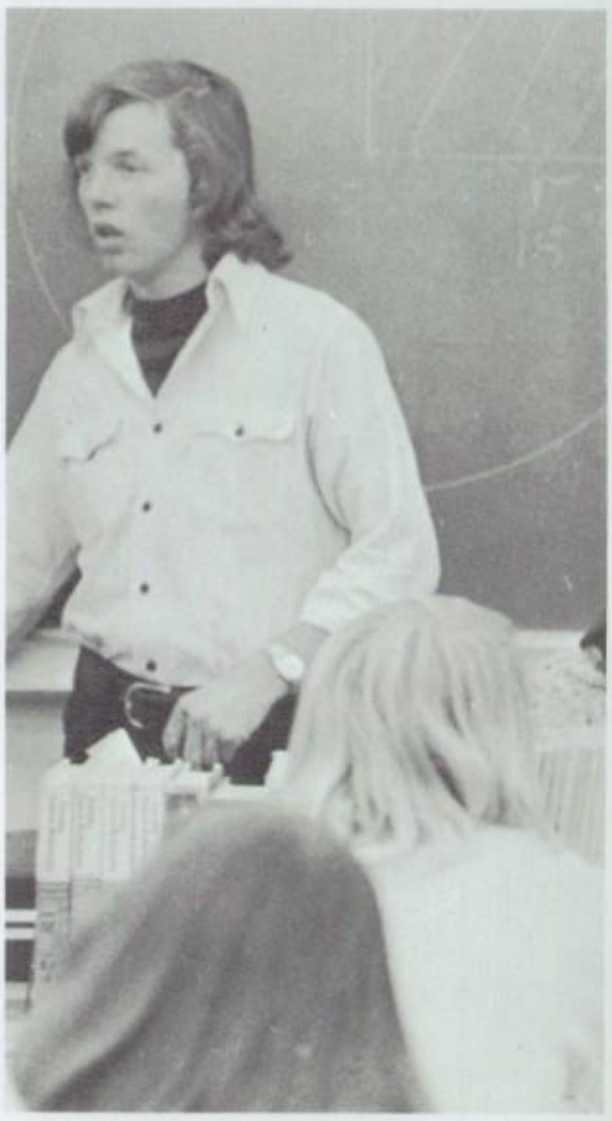
Reflections . . .

Yesterday was filled with dreams which
today stand right before us. We were
lost amidst the confusion of high school.
Now the school is an old and familiar friend.
She has seen us change from day to day
and watched us grow and mature.
One more year has passed, but
when we finally reach the end of the road,
it will seem just like yesterday
when we started.

Assistants: 1st row; J. Balistreri, L. Vallas, P. Morley, J. Cannon, T. Temanson, L. Gregory, 2nd row; P. Rankin, D. Alford, E. Munusos.

After-Prom, S. Scott

Senior Announcements, K. Barnes



Prom, D. Jett

Senior Board's Devotion Brings A More Involved Senior Class

Graduation, V. Moss

Senior Assembly, D. Schmidtt

Pres. Kathy Ryan

V.P. Robin Norris

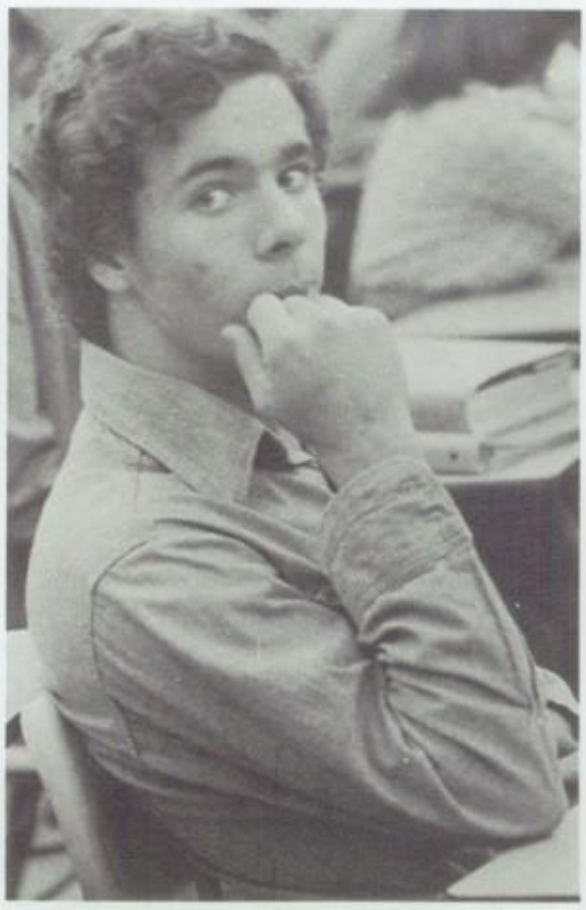
Sec. Kathy McCabe

Treas. Barbara Greer

Any school can have a Senior Board, but it's up to each individual on the board to determine its' accomplishments. Tradition, unity and activeness are the things every board strives for. This year's board came closest to achieving their goals than some of past years.

This year's board wanted to know the desires of the Seniors. They were able to bring back Grad Night and the Hello Assembly at the request of the majority of seniors. The greatest job for the Senior Board was to make each senior event a memorable experience.

With hard work and enthusiasm, each member was able to do just that. Helixs' Senior Board found the secrets for a successful Senior Class.



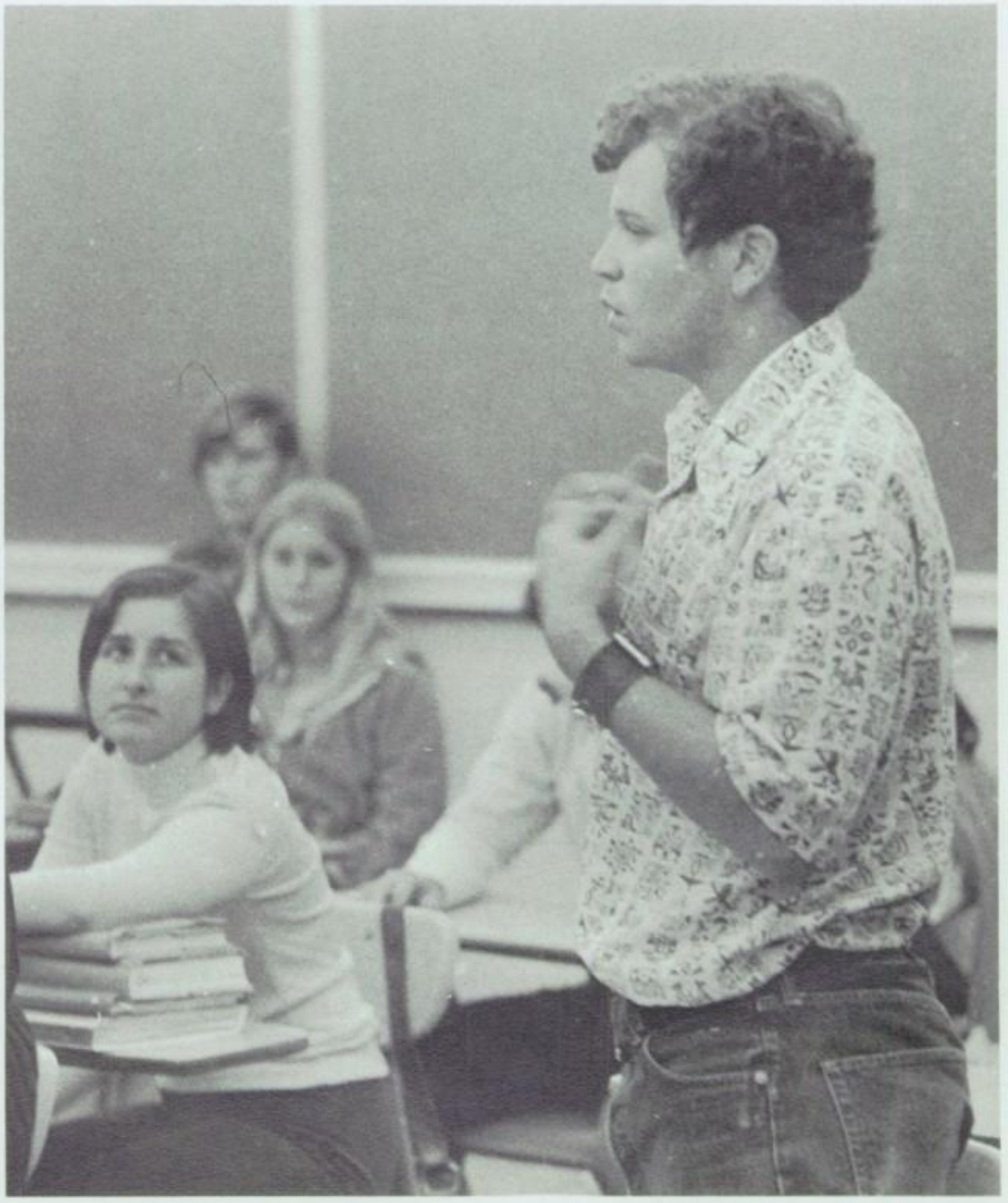
Senior Breakfast; M. Lorden

Annual signing party; L. Hom

Advisors; Mr. Ehlers, Mr. Larsen

Slave Day; M. Way, Publicity T. Parker

Senior play; M. Lolli



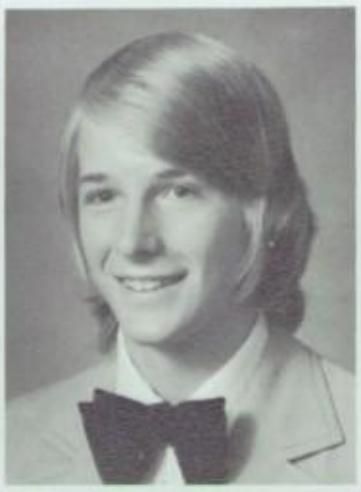
Cap & Gowns; P. Guenon, Baccalaureate; S. Abaroa

Assistant-at-large; L. Whitcomb

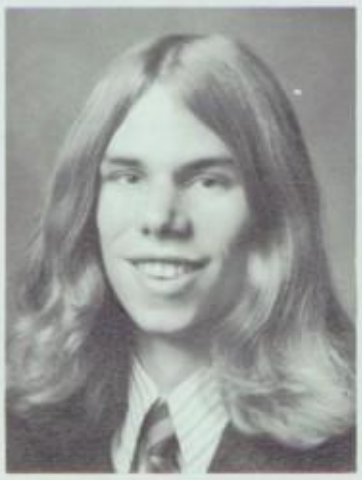
Class Of '75 Achieved Greater Unity

Mr. and Ms. Senior Class; Jack Kuykendall and Kathy Ryan

Karen Abaroa
Steven Abaroa
James Adair
Lori Aills



Judy Akin
Rafael Alcala
Donald Alford
Terry Allard



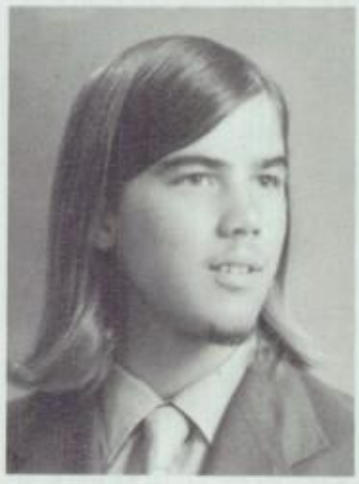
Steven Alter
Rachel Alvidres
Donald Anderson
Viki Anderson

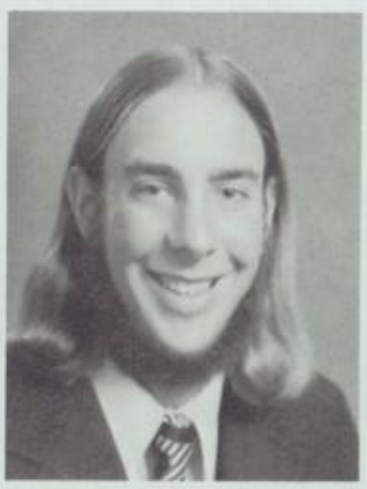
Diane Anthony
Lorenzo Aragon
Mark Arellano
Mark Arevalo

Ann Ariessohn
Cindy Ariessohn
Joseph Armer
Paul Arthur

Trina Asaro
Harry Atkinson
Kathleen Aunan
Marshall Autry

David Bailey
Debra Bailey
Larry Bailey
Paul Bailey



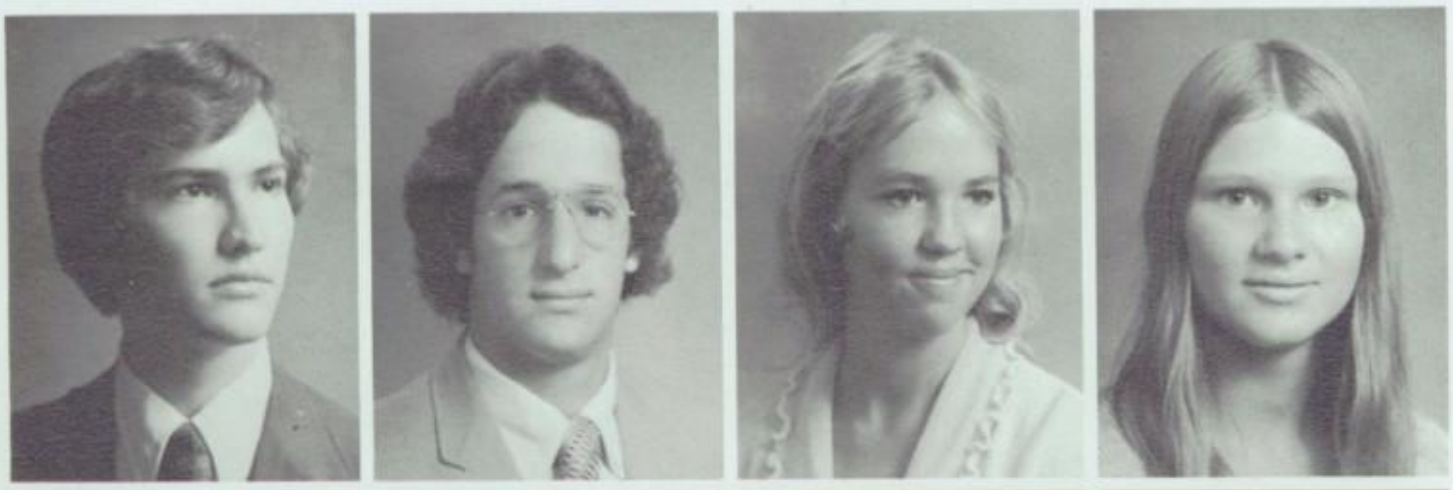


Beverly Bain
Philip Baker
Josephine Balistreri
Sharon Ballard

Michael Balsley
Mary Barabasz
Karen Barnes
Robert Barranco

Foreign Exchange Students Found A Second Home At Helix

Carlos Lisboa (AFS), Allen Hollander, Kathy White, Sohaila Jouben (AFS), Michael Mulligan, Paul Wegner (ICX)



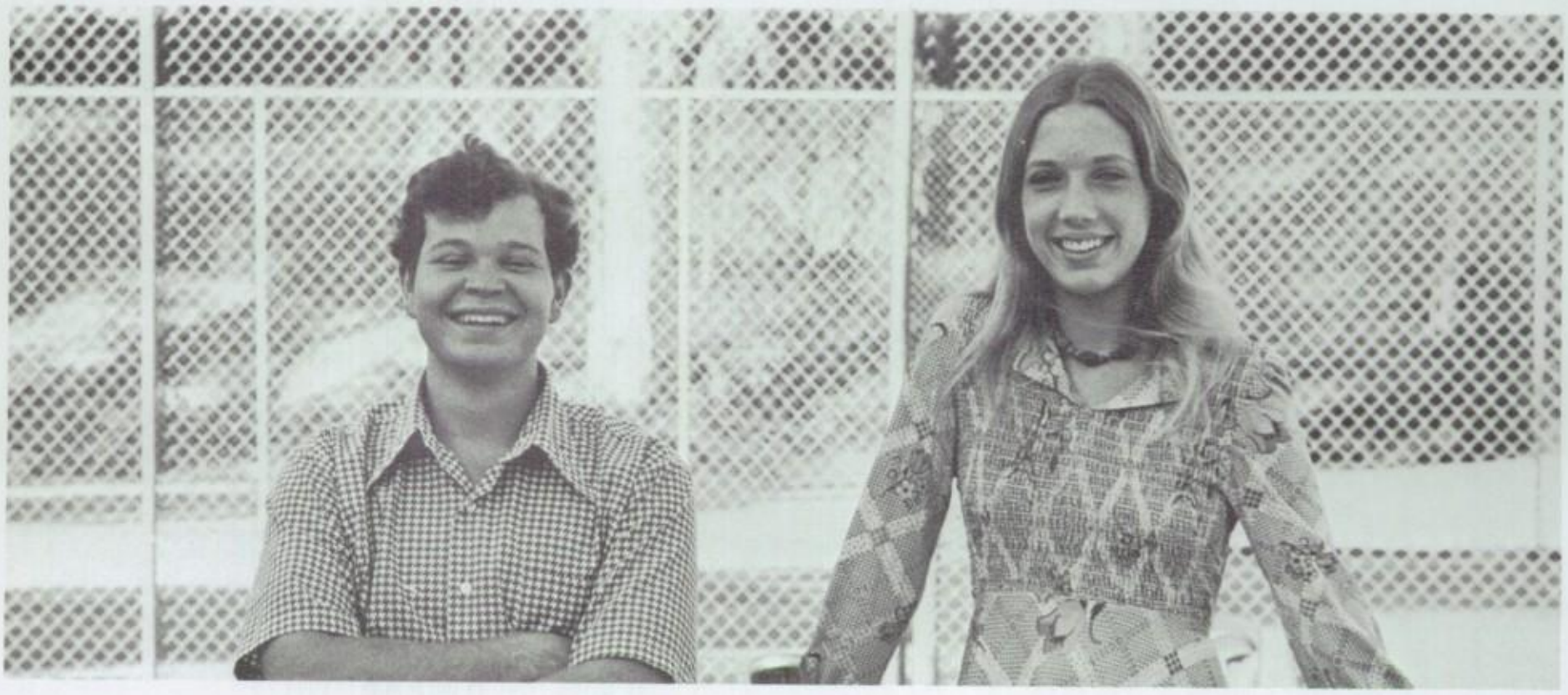
Paul Baxley
Scott Bazewick
Kathleen Bea
Mayleen Beaver

James Beckham
Gail Belgum
Olga Benda
Kenneth Bennett

Paul Bentz
Margaret Bertsch
William Bickel
Laurie Bieda

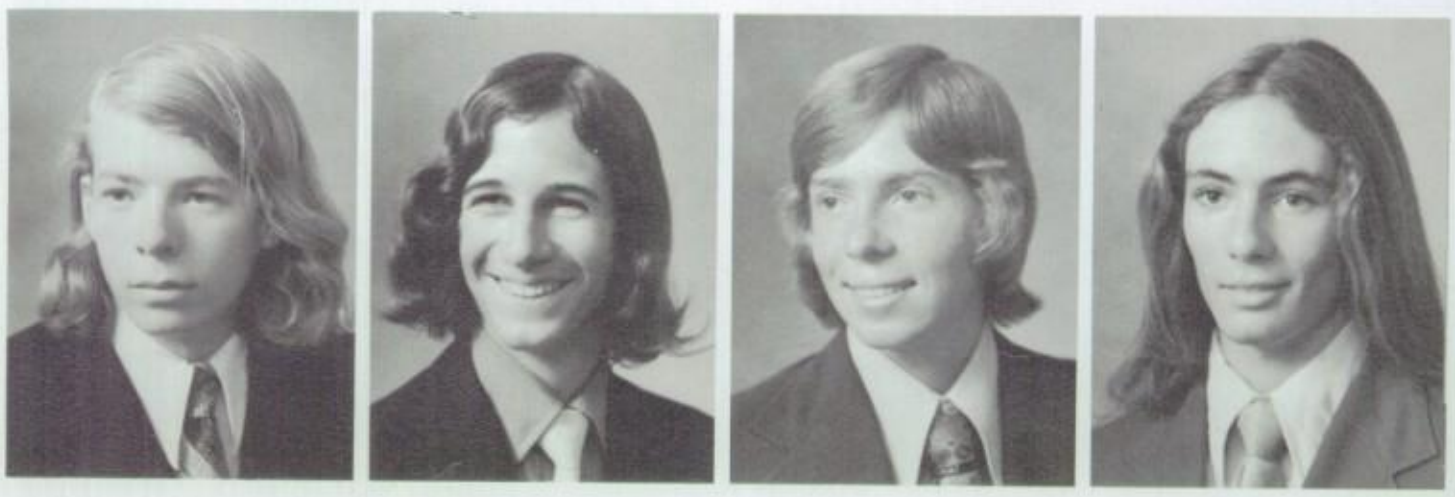
Kathey Blair
Lola Blake
Virginia Blakeley
Beth Bludau

Gerald Bolshazy
Steven Bongard
Michael Bonine
Michelle Bonine



Most School Service: Steve Aboara and Karen Gray

Mark Boykin
Joel Bradford
Daryl Breuninger
Barry Brooder



William Brooks
Terry Brothers
Ruth Brown
William Bryans

Yuck, Mr. Vogel has gone too far this time!

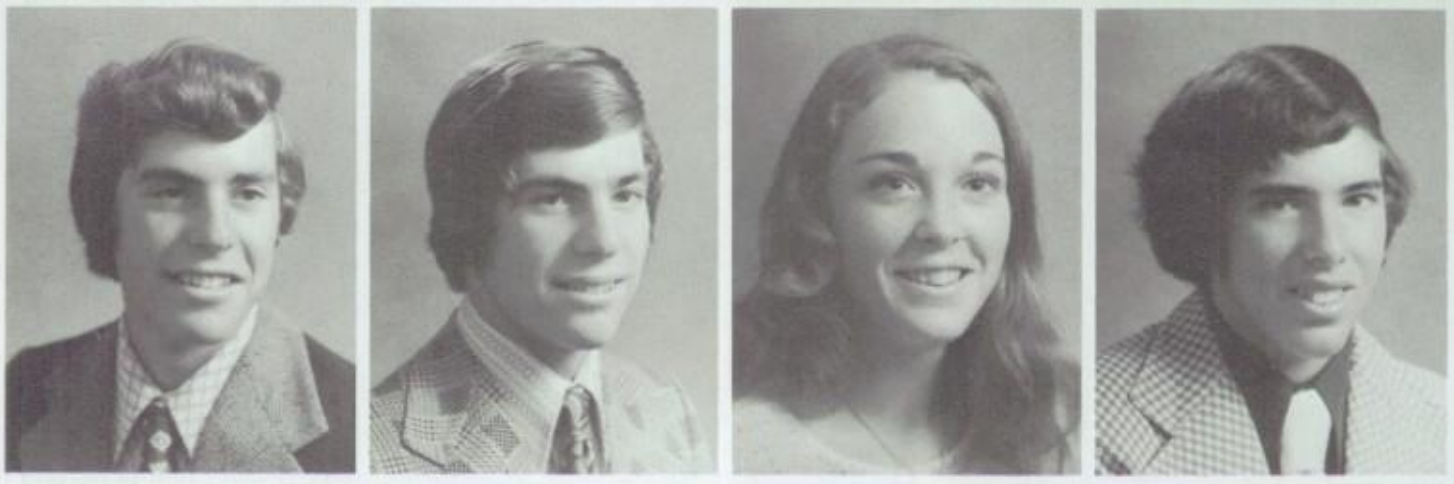
Sherrie Bulcao
Roberta Butcher
Rebecca Butram
John Cain

Richard Cameron
Jean Cannon
Jon Cantwell
Leigh Carnahan

"I think I'm cuter than she is . . . don't you?"

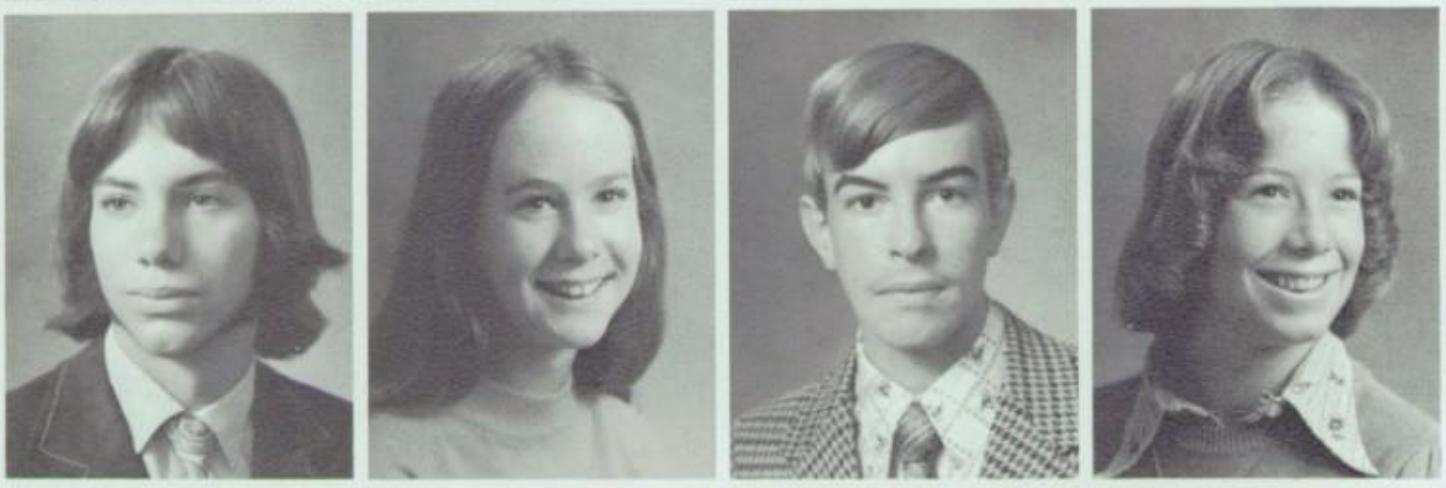
Anthony Carson
Kimberlee Carter
Marion Carts
Charles Casselman

Richard Castello
Robert Castello
Darlene Castner
Arthur Castro

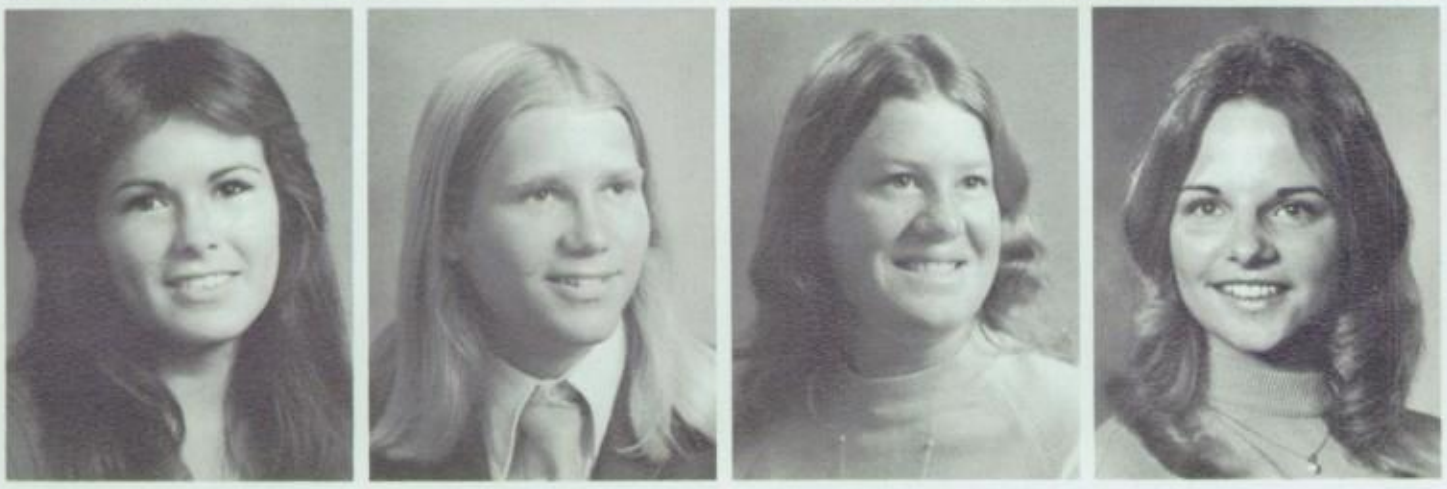


Mary Catalfo
Lorraine Cerda
Robert Cerda
Virginia Cerda

Sheree Chabot
Vickie Chappell
Solomon Chavez
Steven Cherry



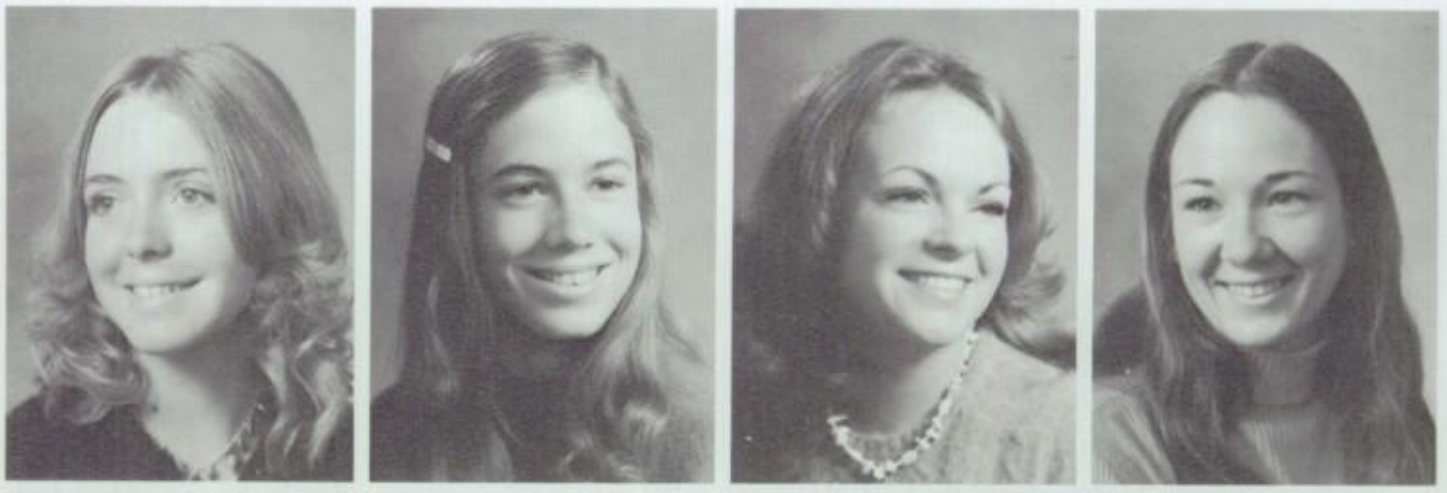
James Chewning
Debra Childers
Lee Childress
Denise Chiles



Bianca Cimmarrusti
Ronald Claget
Trudy Clair
Cari Clark

I'm in band . . . I'm tough!

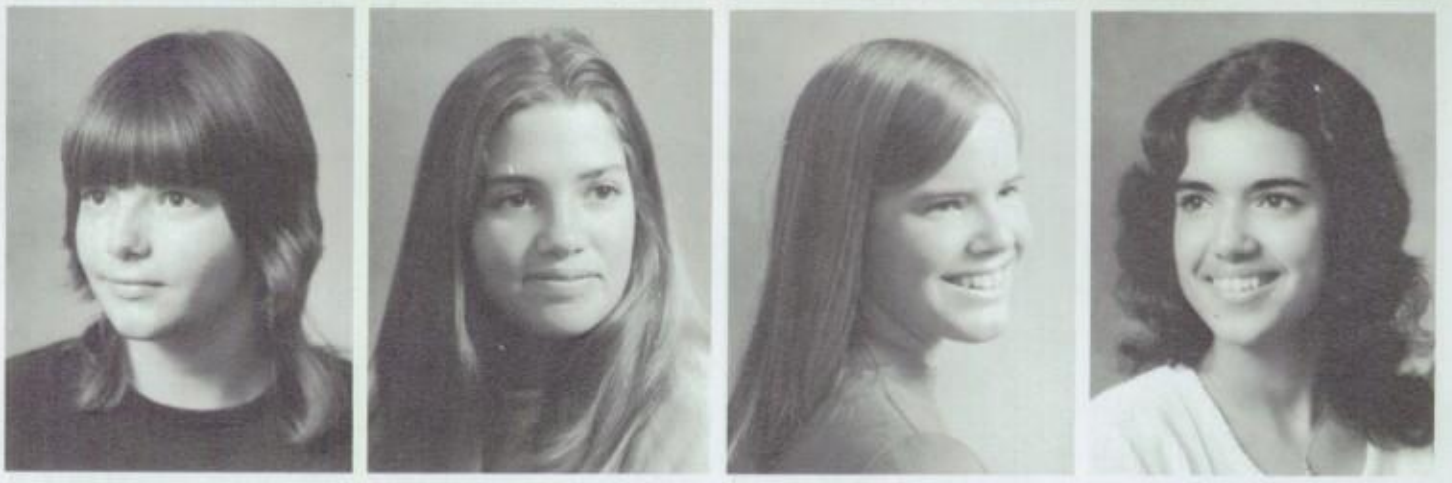
Debra Cole
Cynthia Comber
Wanda Conner
Regina Cook



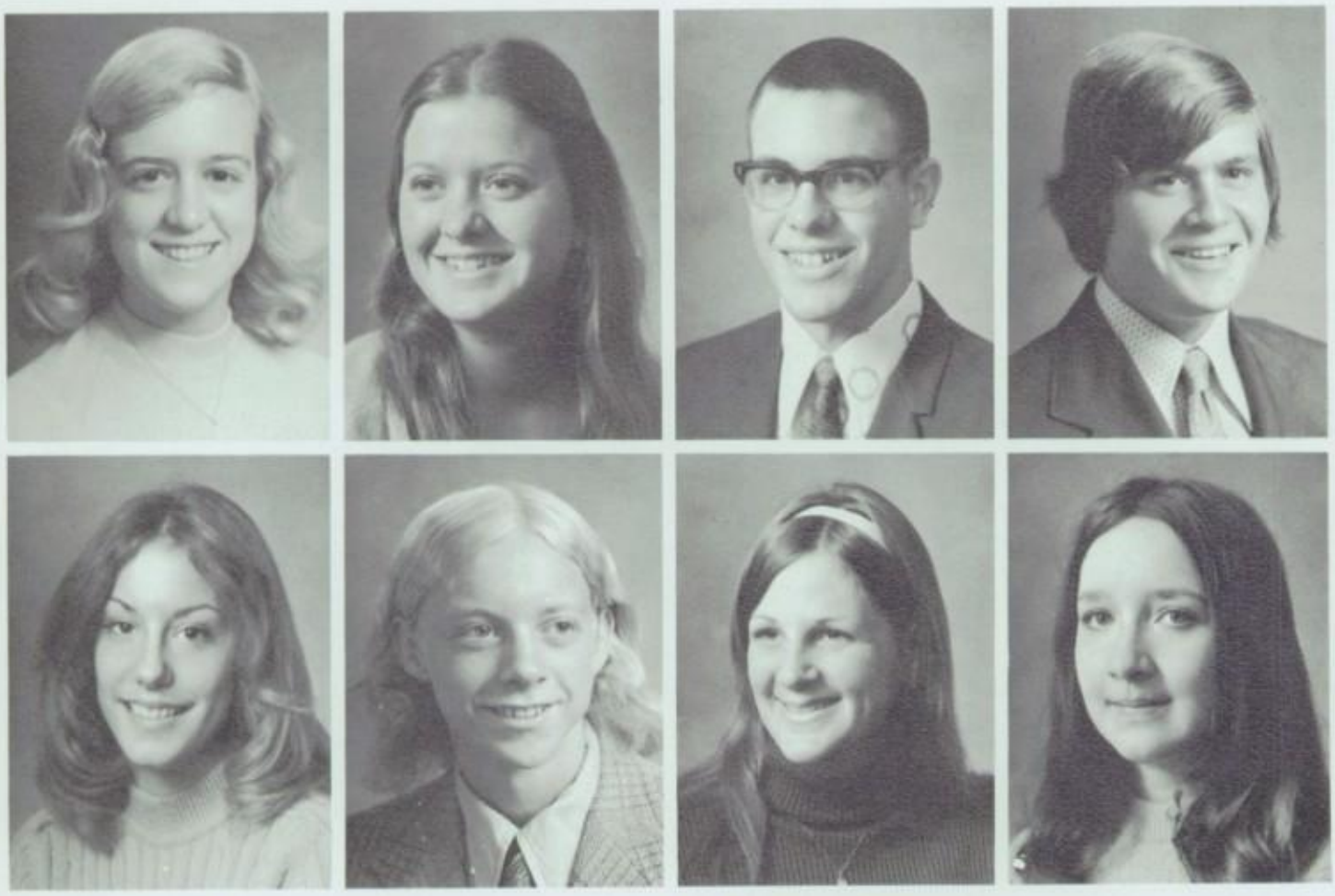
Thomas Cook
Timothy Corbit
Elsa Corella
Richard Corella

Carolyn Cosio
Richard Crocker
Bruce Crossley
Renee Culpeper

Kathleen Cunningham
Lisa Dacquisto
Sharon Danner
Carmen Davis

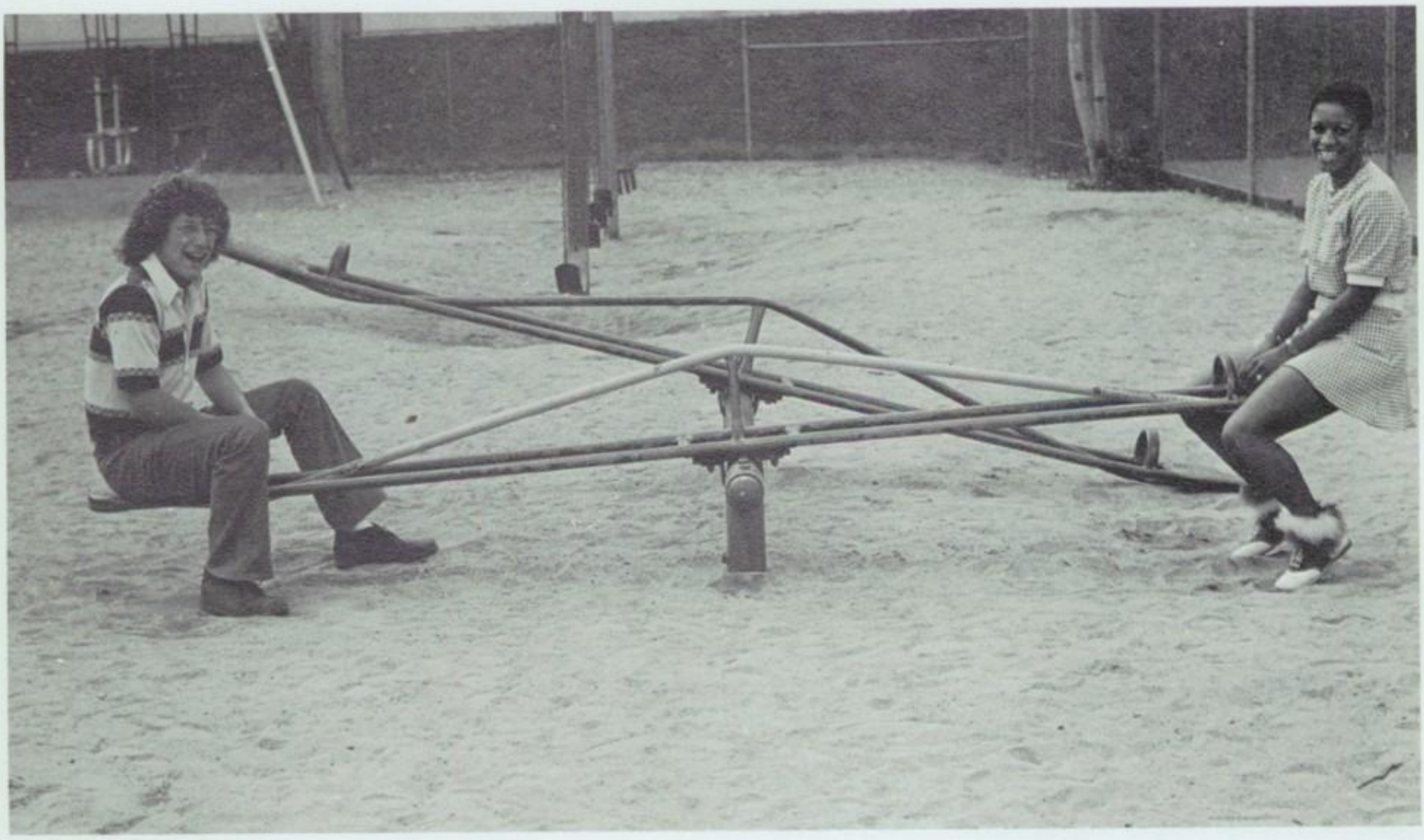


Michael De Betham
Susan De Bone
Patrice De Gaetano
William De Hope



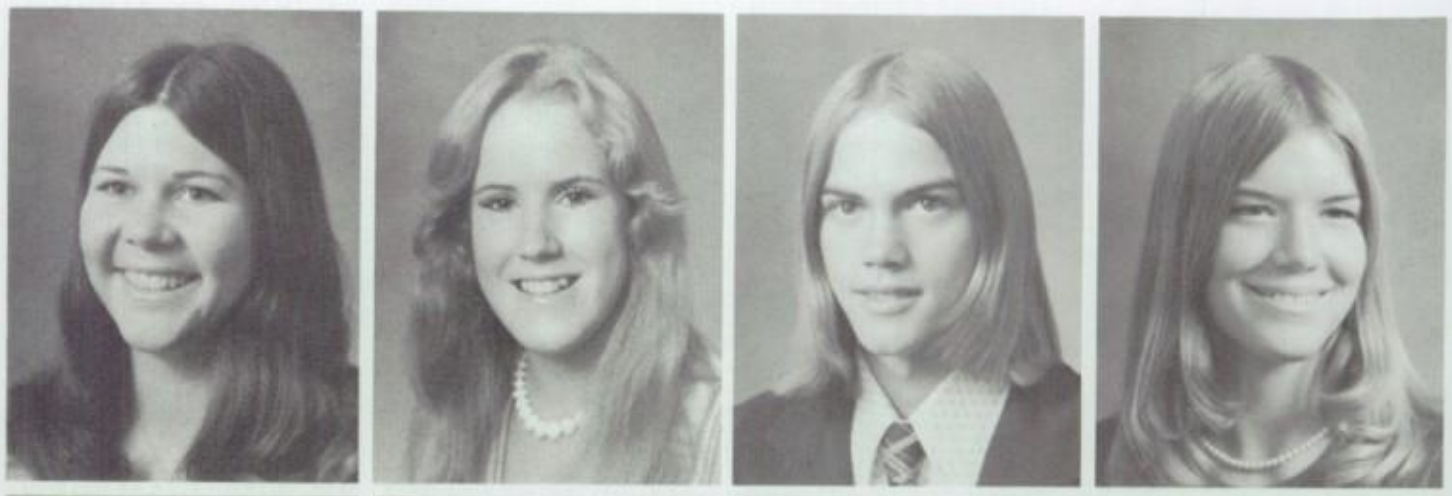
Lynn Decker
Dicki Dege
Barry Demchak
Richard Desnoyer

Elizabeth Dethman
Robert Devereaux
Margaret Dixon
Betty Dmochowski



Best Natural: Bob Barranco and Valarie Moss

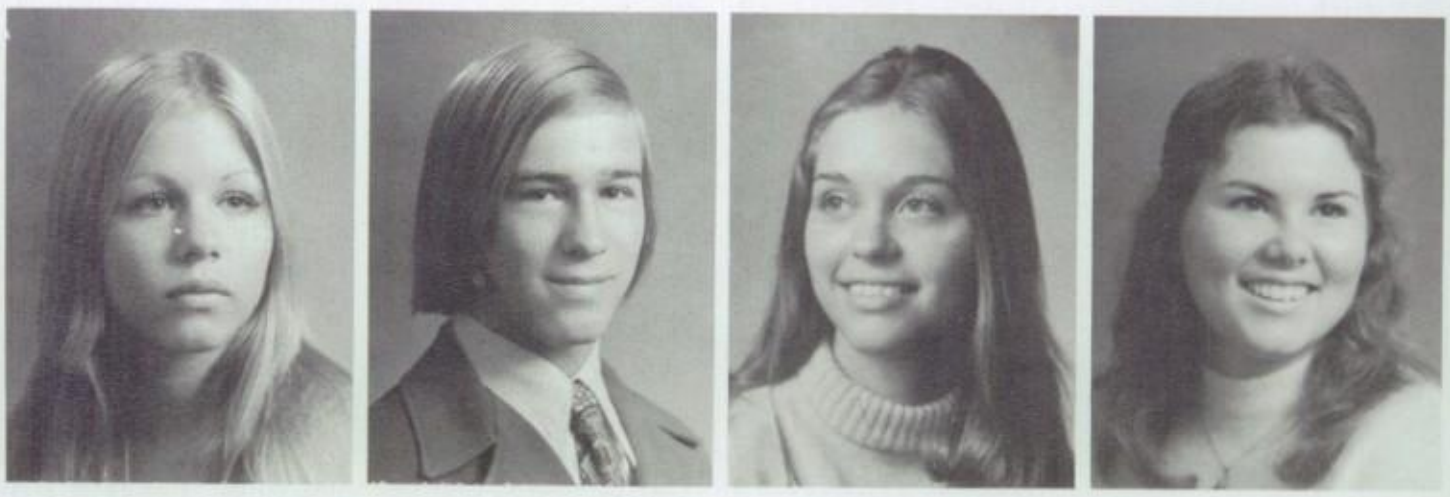
Diana Dodge
Suzanne Donovan
Terry Dow
Kimberly Drew



Cynthia Duarte
Michael Duffy
Carol Dunquist
John Durand

I'm ready when you are . . . for work.

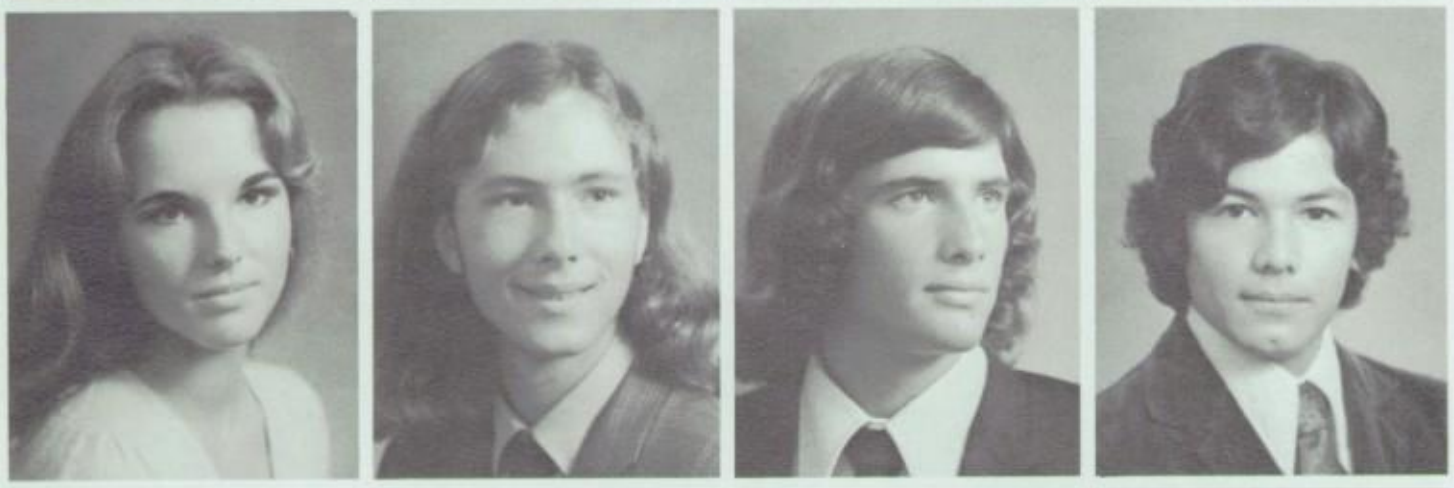
Kathleen Ekhaml
Thomas Engelke
Dana Engle
Priscilla English



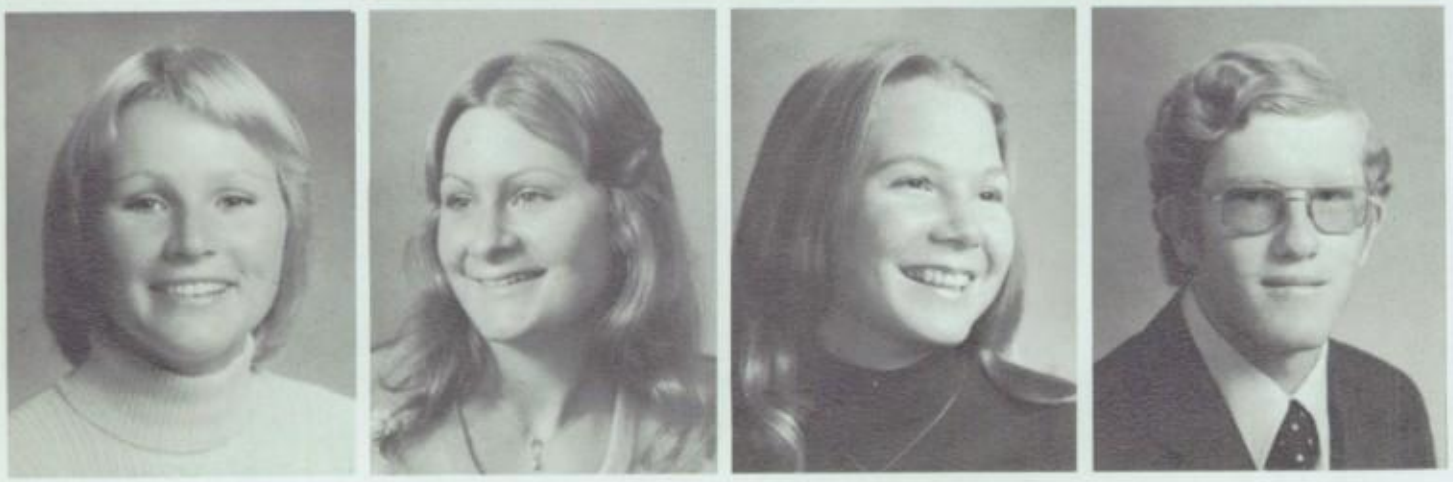
Richard Epps
Shelley Erautt
Carol Evans
Craig Evans

Kimberly Everett
Kandoce Everhart
David Falossi
Kathleen Fattig

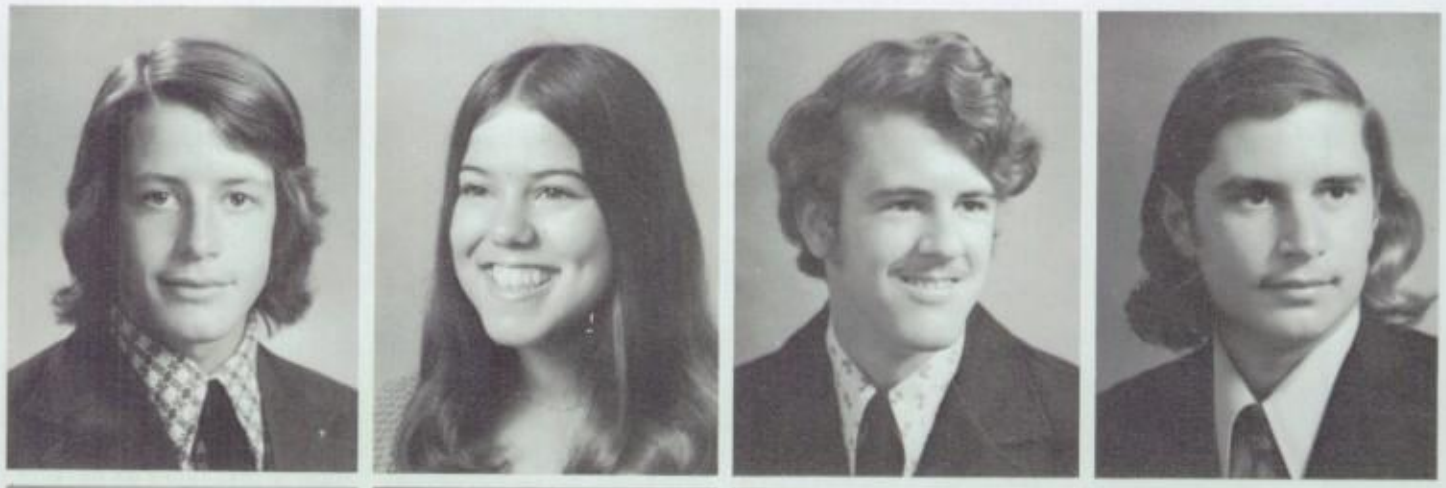
Debra Felde
Sheri Fernandes
James Fischer
Frank Fischl



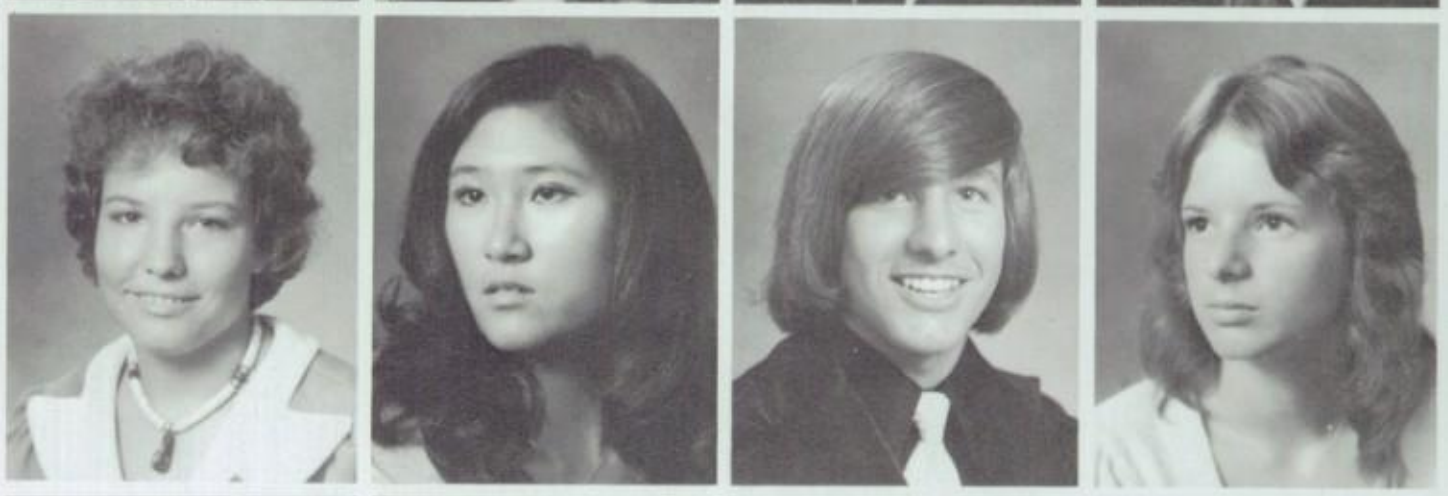
Margie Fishburne
Steven Flack
Bryan Flood
Mike Flores



Susan Fluharty
Kristina Foote
Tracy Foye
Michael Franey



Larry Frei
Sandra Freitas
John French
Samuel Frontiero



Julie Frost
Shirley Fu
John Fuscoe
LuAnn Gallo

Kathleen Gamache
Douglas Gardner
Steven Gardner
Eileen Gaskill

Sharon Gates
Miriam Genser
Diana Gent
Deborah Gilham

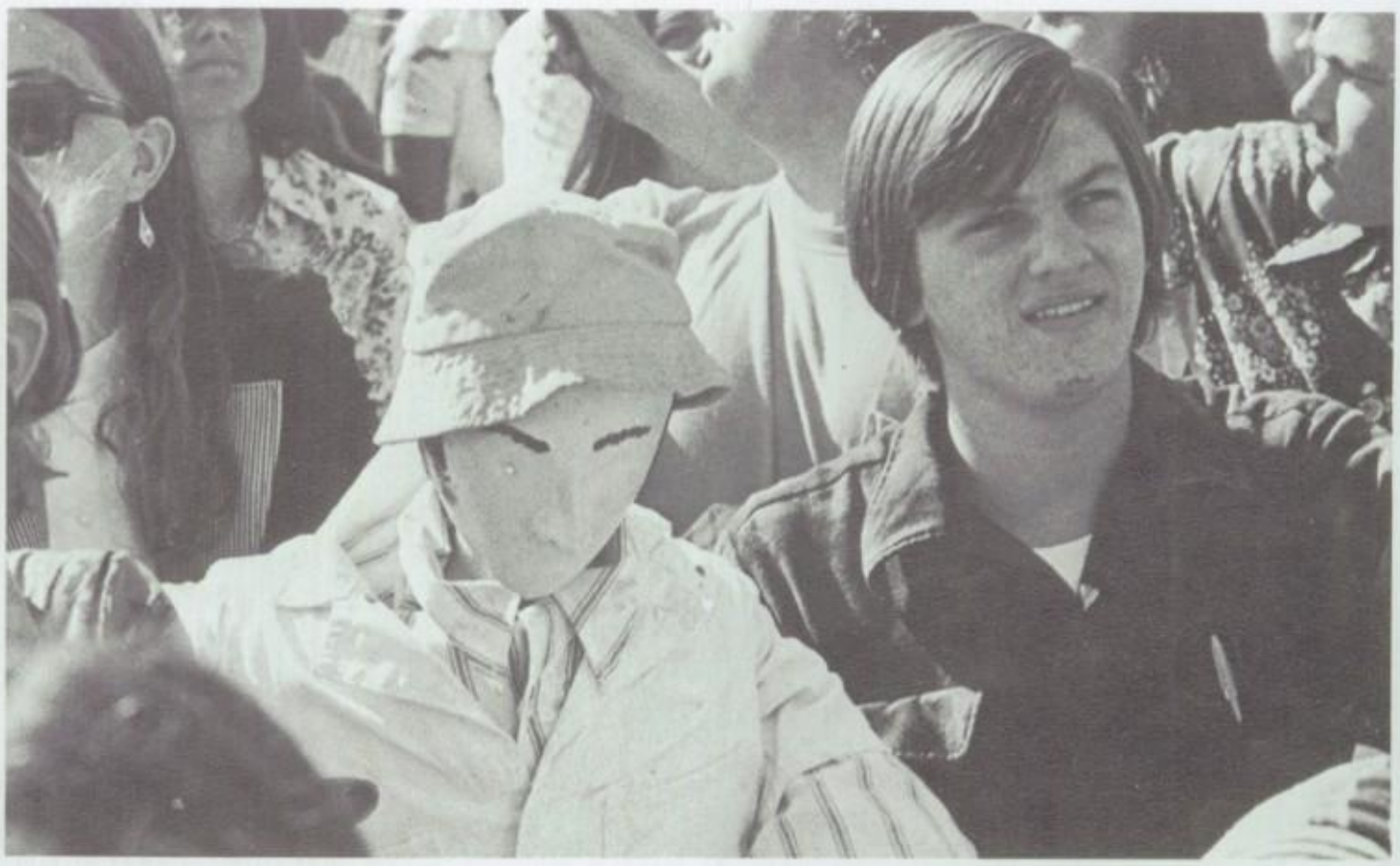
Ann Girulat
Jocelyn Goodsole
Kathleen Gorton
Karen Gray

Shyest: Jo Balistreri and Jon Cantwell

Debra Green
Theodore Greene
Thomas Greene
Barbara Greer

LuAnn Gregory
Phillip Gress
Sharon Griffin
Bonnie Grove

Raymond Grove
Paula Guenon
Julie Guerrero
Yvette Gutierrez



"What do you think about the cheerleaders, Harvey?"

Katherine Gunn
Gerald Gutgesell
Danny Gutierrez
Richard Haak

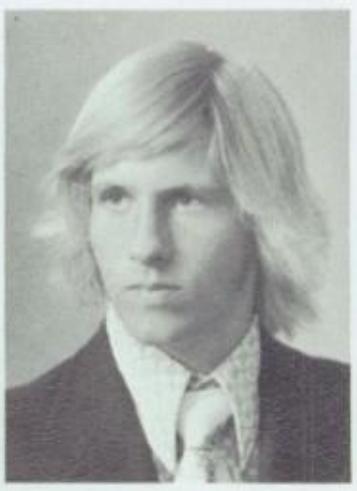
Cheryl Hada
Pamela Haider
Lora Hall
Jay Hamlin

Pamela Hammond
Joan Hamrick
Sharon Harper
Teresa Harris

Richard Hart
Martha Harville
Connie Hattaway
Linda Hatton

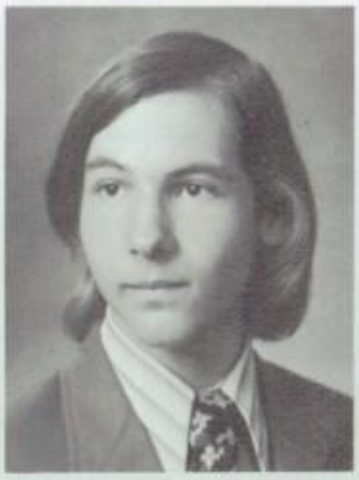
Larry Hawkins
Michael Hawkins
Je Nell Hays
Charlene Heath

Cutest Smile: Richard Jackson and Leslie Hom

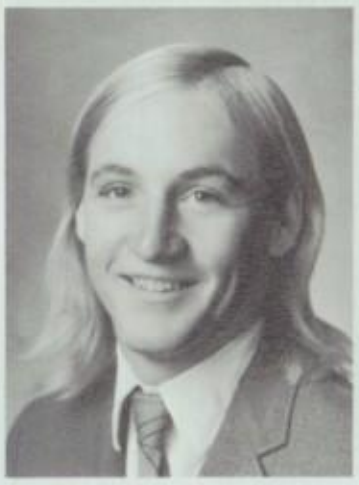


Marlene Heath
Susan Helms
Rebecca Hendon
James Henry

Joe Hernandez
Jack Heskett
Leigh Heyer
Philip Hill



Louanna Hobbs
Alayne Hoffman
James Hogan
Denise Holderer



Michael Holmes
Leslie Hom
Cheryl Honz
Bruce Hoover

Most Talented: Mark Lolli and Nancy Scott

I'm broadening my image.

Diane Hoover

Jamie Hoover

Gregory Horman

Fern Hoskins

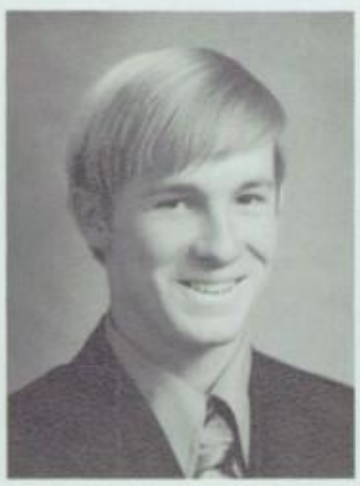
William Hoskins

Kimberly Houghtlin

Donelle Housh

Virginia Howard

Sherry Hubbel

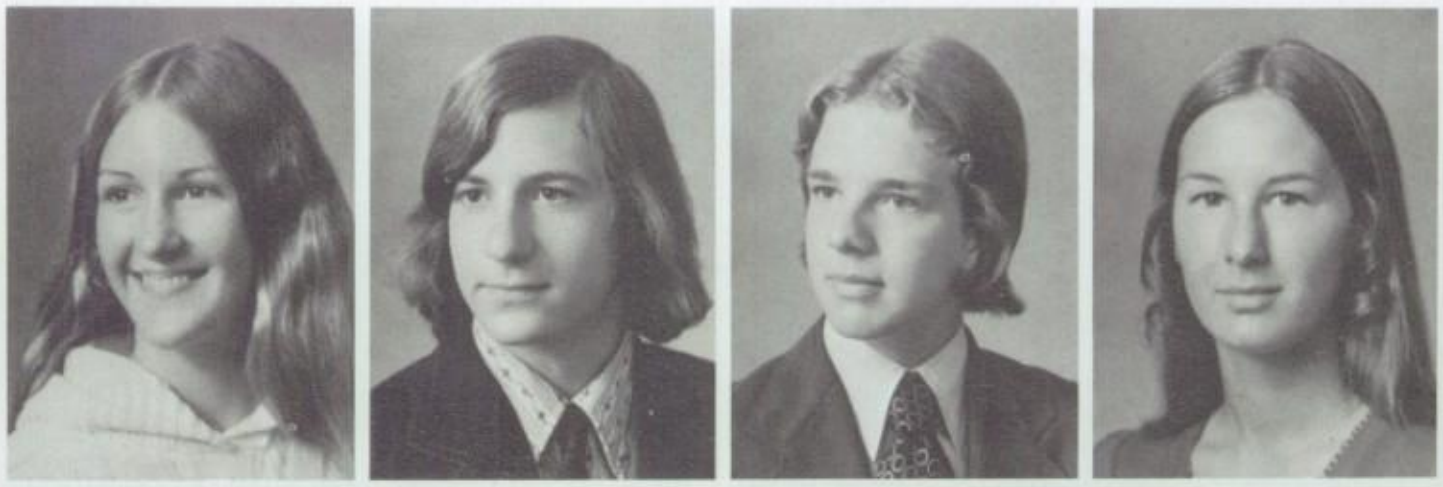


Gregory Hughes

Danie Hunter

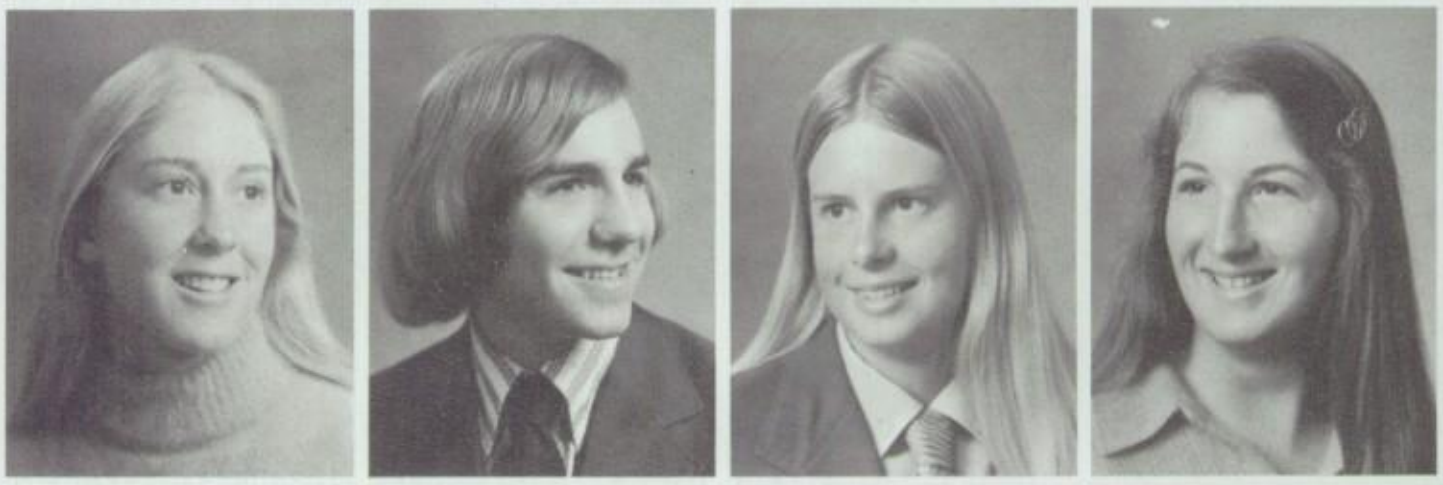
Kevon Ingram

Candy Iverson
Richard Jackson
David Jacobsen
Sandra Jacobsen



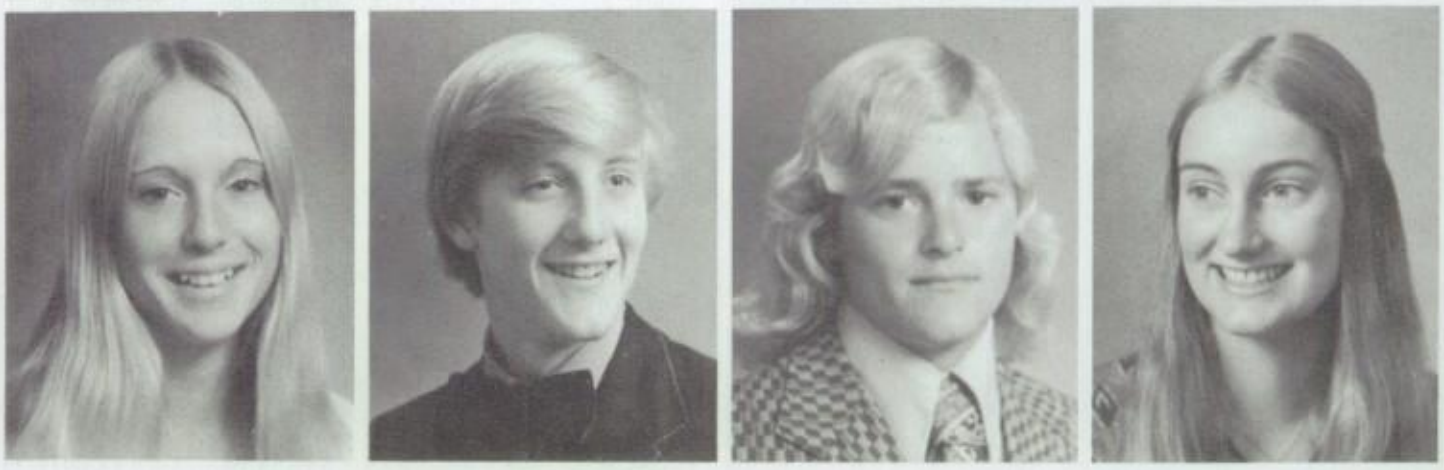
Teri Janson
Stephen Jaramillo
Cynthia Jarvis
Douglas Jett

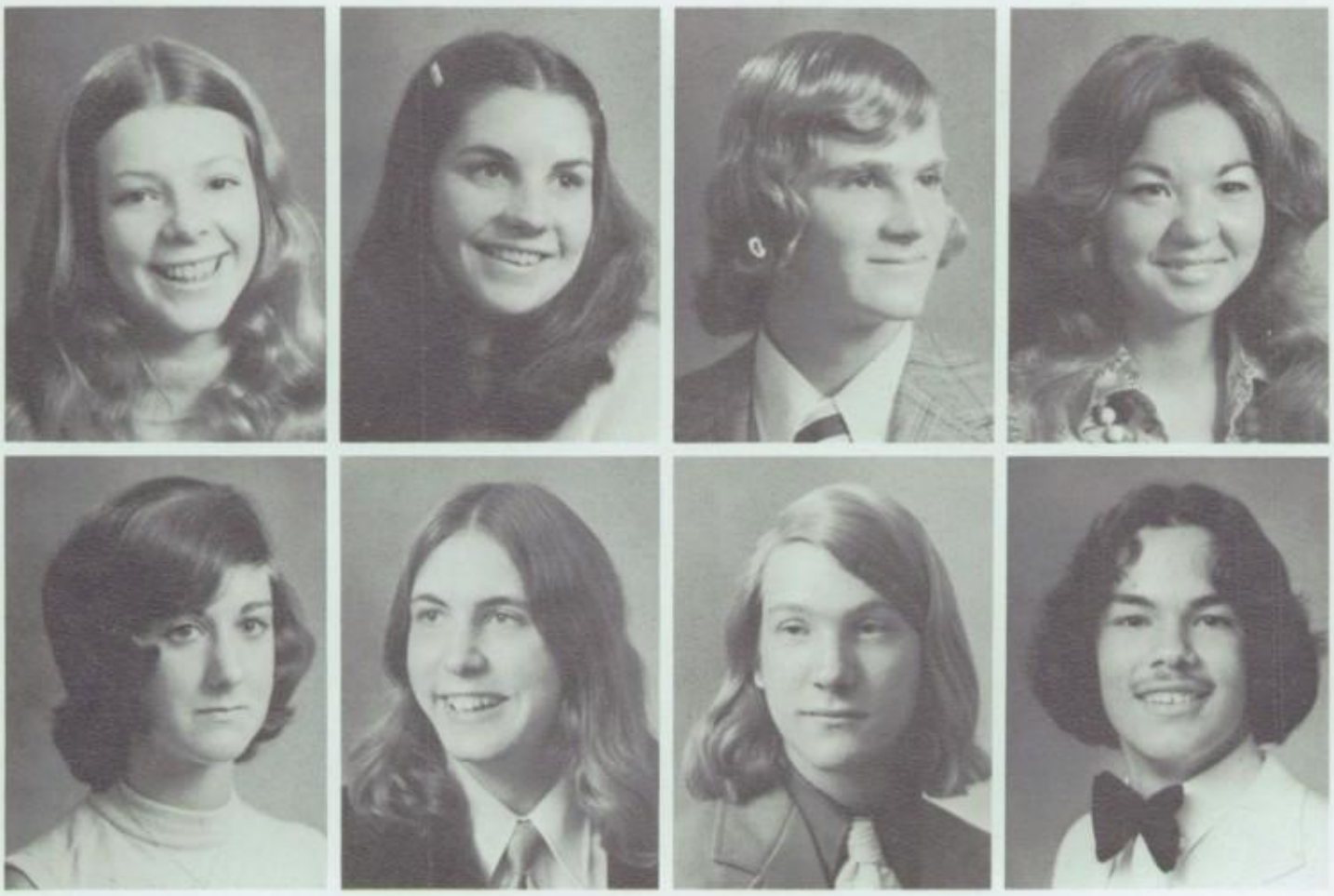
Kory Jewett
Michael Johnson
Vincent Johnson
Colleen Jones



Sohaila Joubeh
Christina Juarez
Steve Karcher
Cynthia Katan

Debra Keating
Ronald Keats
Donald Keeton
Kolleen Kent





Lynn Kiener
Lyn Kilkenny
Richard Kinnaman
Grace Kiyabu

Linda Koehler
Dennis Koenig
Paul Koenig
Evans Kontopuls

Most Scholarly: Peter Igarashi and Kathy Cunningham

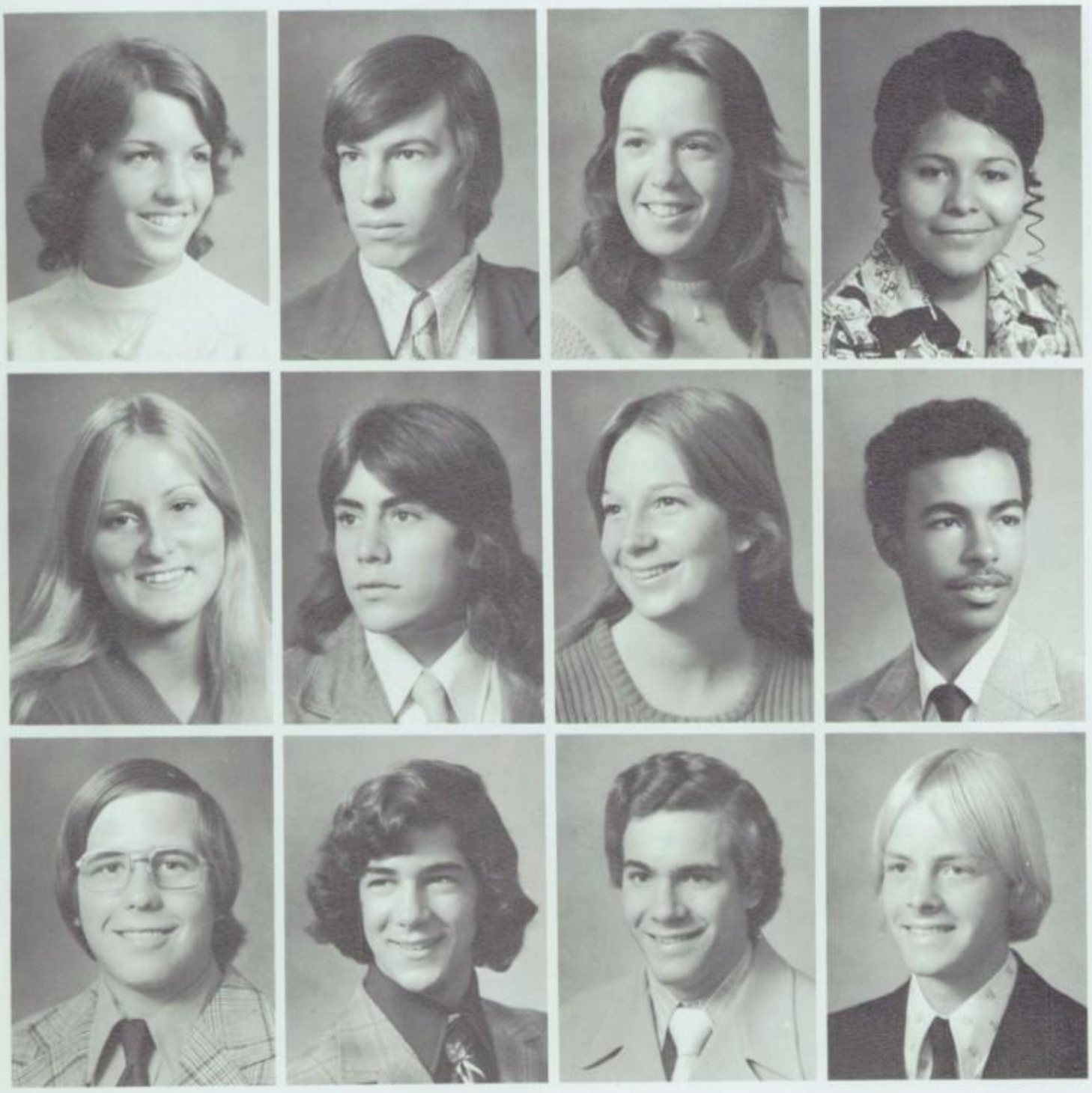
Sandra Koop
Bruce Koptionak
Mason Krangle
Heidi Kraus

Steven Kretz
Ron Kring
John Kuykendall
Daniel Lachenbruch

. . . And sh'll have fun, fun, fun 'till Joe Helix comes and takes her away.

Allison Lamb
James Lamb
Leah Larsen
Philip Lawrence

Prettiest Eyes: Kathy Ekhaml and Bryan Flood

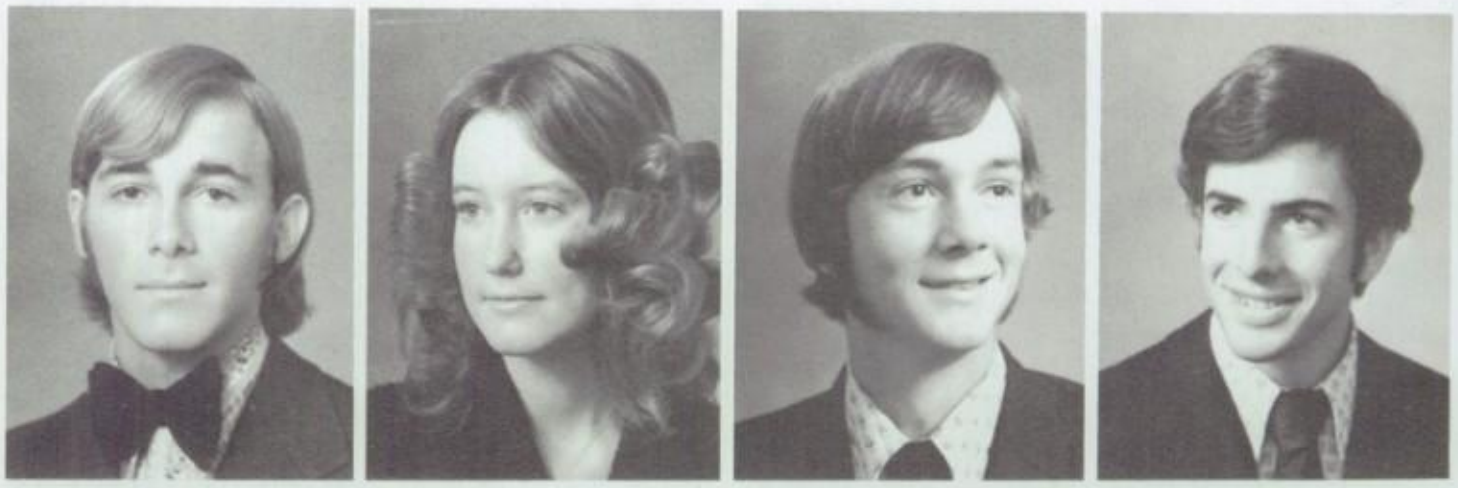


Renee Le Clair
Kevin Leaf
Theresa Levikow
Maria Limon

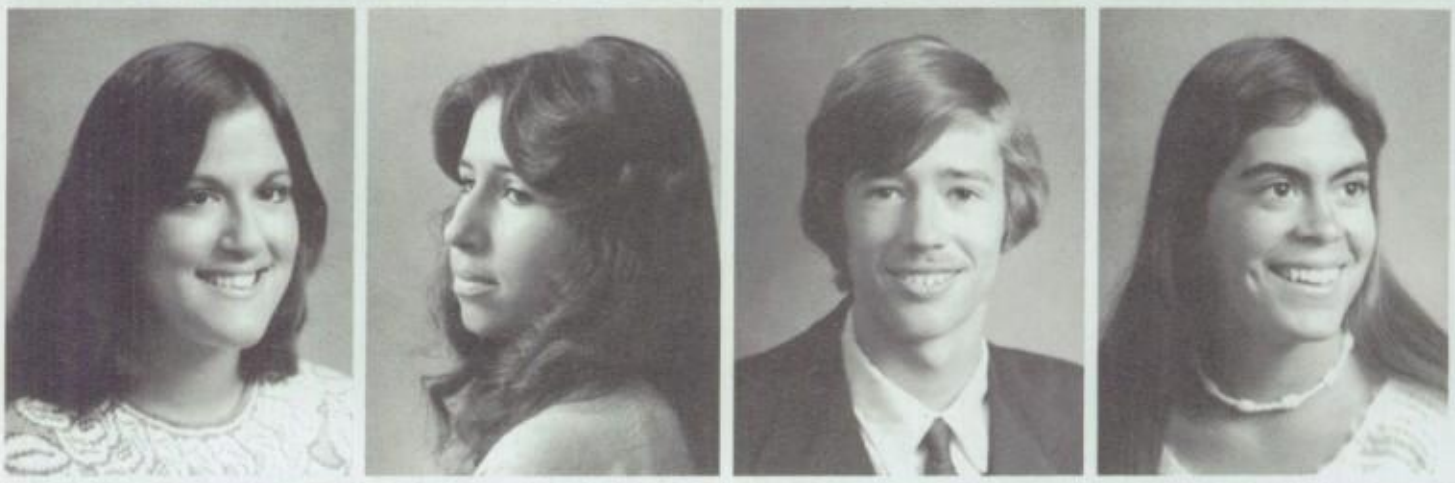
Mary Lindberg
David Lindsay
Marilyn Linker
Carlos Lisboa

Roger Litz
Mark Lolli
Michael Lorden
Richard Lundquist

Gregory Lusitana
Dion Luster
Duane Madsen
Larry Mandell

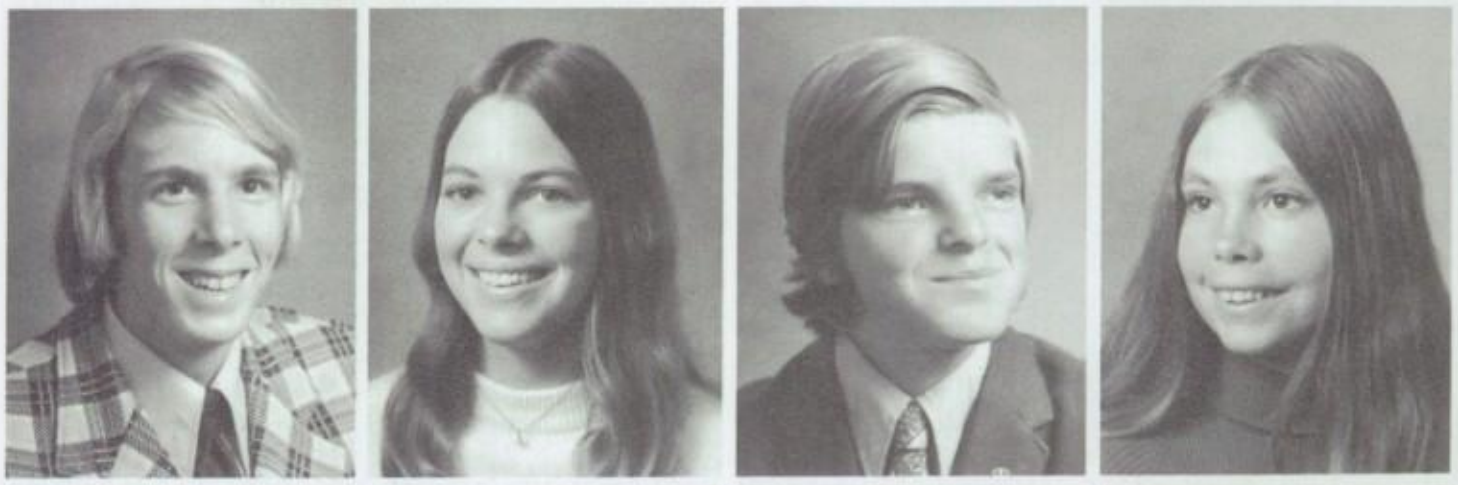


Elaine Manusos
Charlotte Marcello
Mark Martin
Lynn Martinez

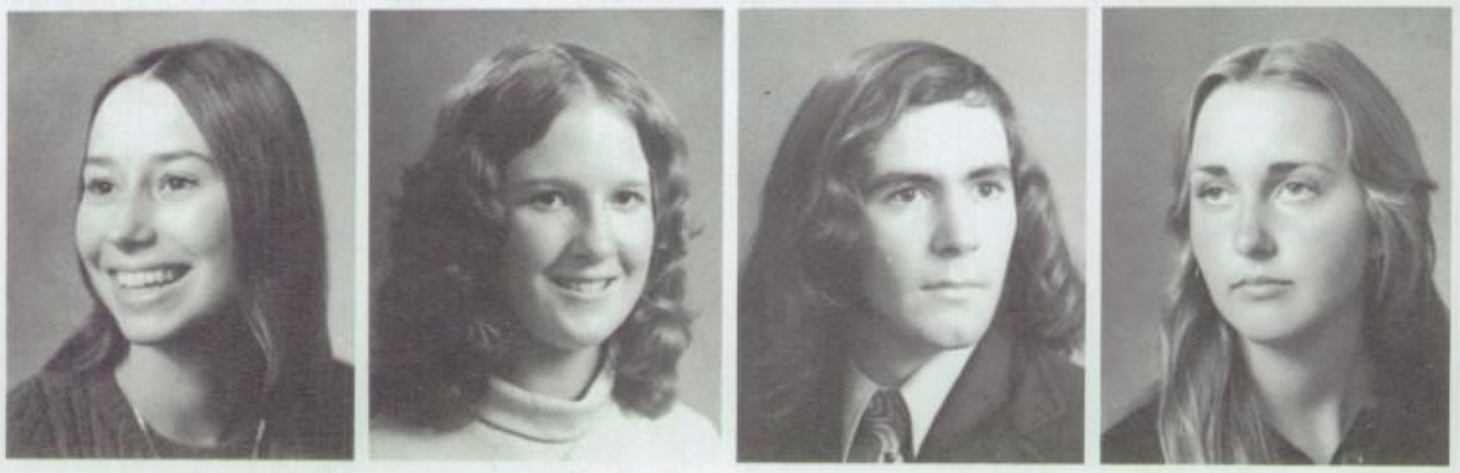


Virginia Mauck
Leslye McAllister
Kathleen McCabe
Cynthia McCaffrey

Patrick McCarthy
Wanda McCarthy
Jeffrey McDaniel
Faye McDonald



Margaret McDuffee
Janice McGeorge
Mark Meech
Tammy Michaels



Most Likely to Succeed: Steve Strauss and Laura Whitcomb

James Miller
Matt Miller
Vicki Miller
Timothy Milligan

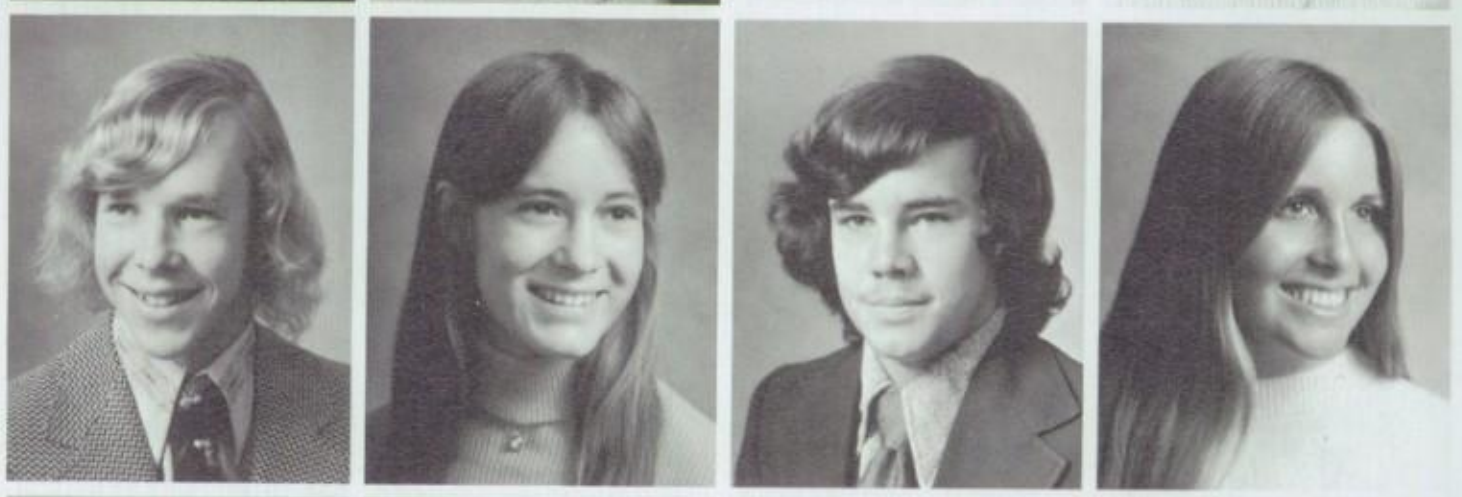
Scott Mills
Shelley Milstead
Robbi Milton
Arthur Mitchell

Derrick Mitchell
Vicki Montessoro
Karen Moore
Robert Moore

Biggest Feminest and Chauvinist: Roberta Butcher and John Neill

Patricia Morley
Sylvia Morones
Kathryn Morris
Valerie Moss

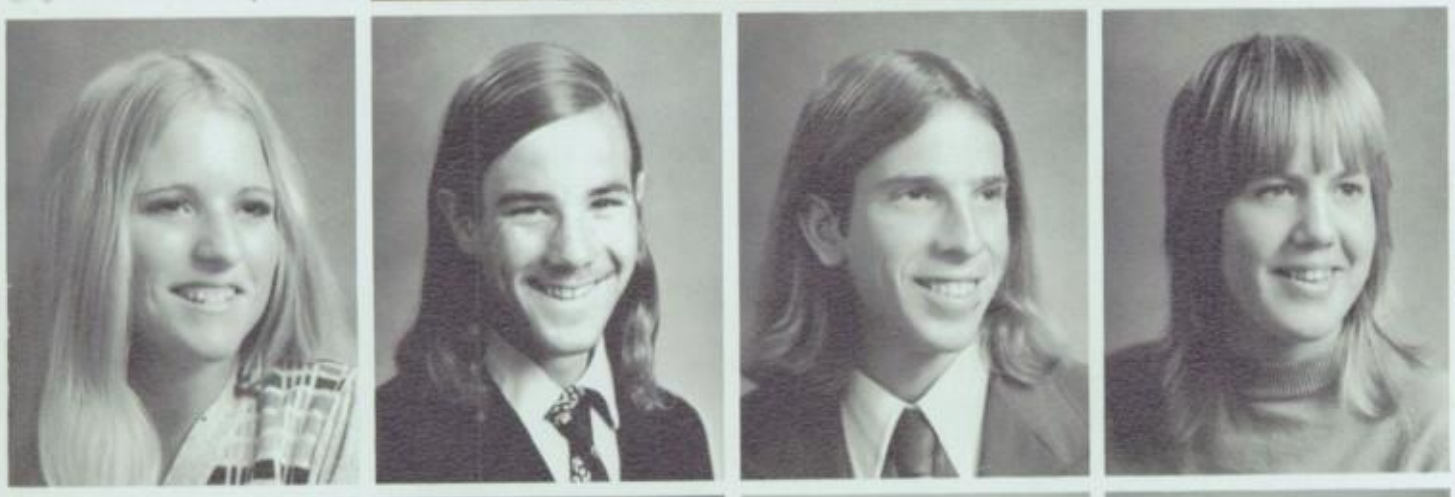
Michael Mulligan
Erin Murphy
Daniel Murray
Alice Neill



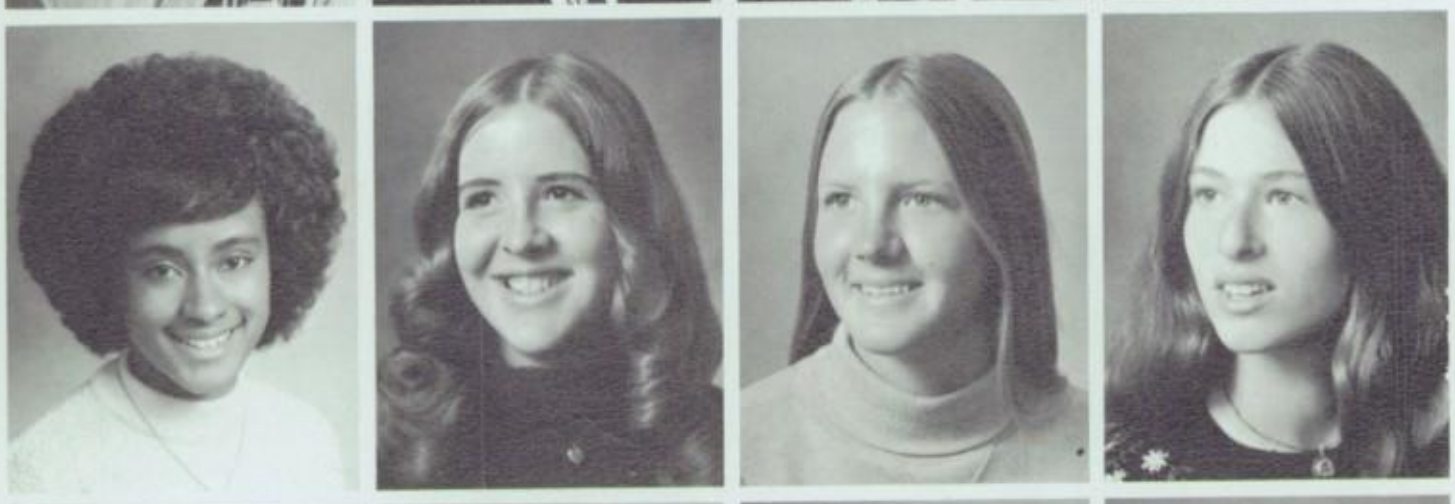
John Neill
Pamela Nerz
Denise Nobles
Robin Norris

Patrick O'Dell
Daniel Ogle
Barbara Orlich
Ronald Osborn

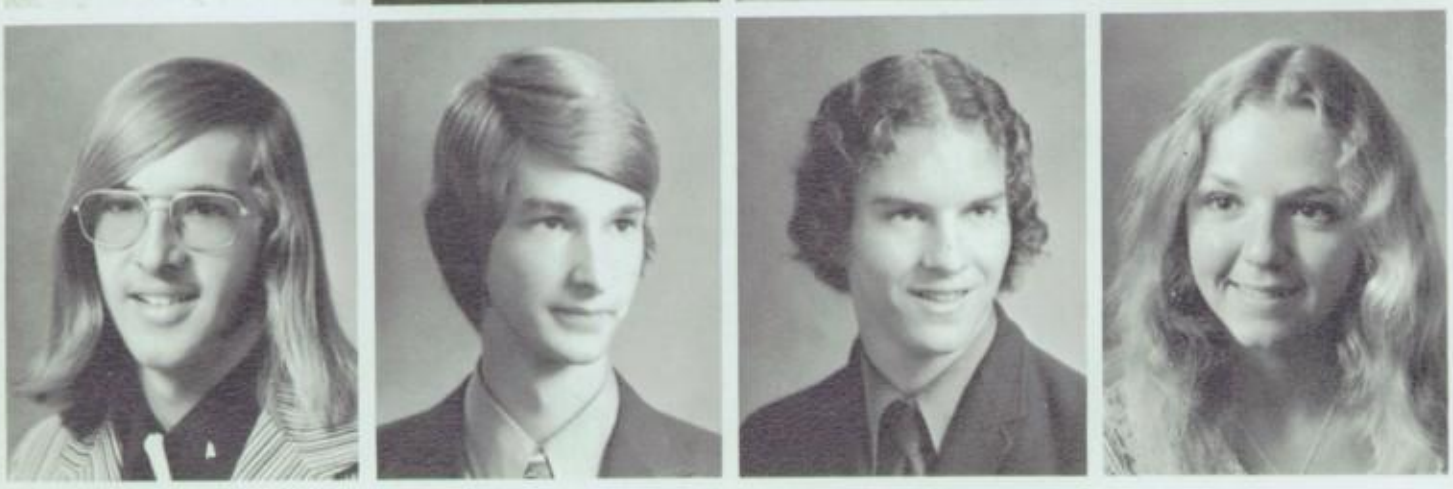
Lydia Oyos
Mark Pagliai
Merrie Paradise
Cynthia Pariseau



Tamara Parker
Todd Parks
Gary Paularena
Susan Paulick

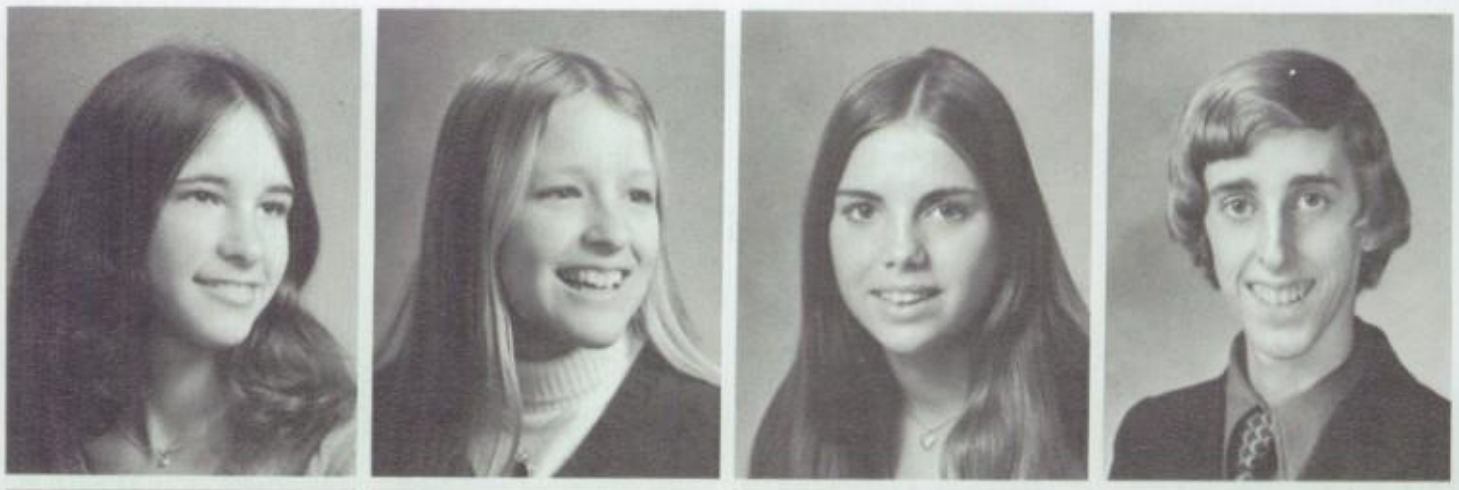


Rubi Payne
Carla Pease
Dawn Peeters
Donna Perry



Kevin Peruchetti
Steven Pharr
David Phillips
Susan Pleasant

Cheryl Plunkett
Paula Polan
Doreen Pope
Gary Posladek



Patricia Postulka
John Prochac
Robin Pulliam
Melissa Ritnow

Donald Rakestraw
Debra Randall
Albert Randazzo
Patty Rankin

Best Dressed: Don Alford and Gail Belgum

Best Figure and Physique: Renee La Clair and Pat Chevalier

John Ravalli
Annette Reed
Edward Reeves
Bradley Reylek

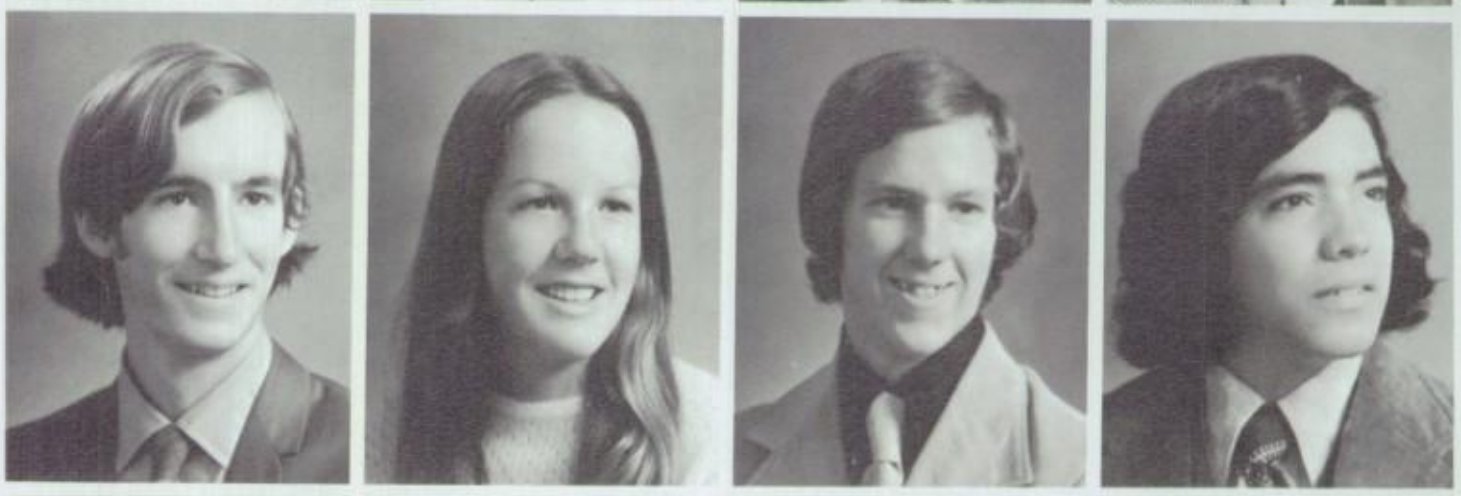
Terri Reynolds
Donald Richards
Gayle Richardson
Mark Richardson

Toni Richardson
Rosemary Rico
Steven Riggins
Irene Rios

Most School Spirit: Alicia Underwood and Doug Jett

Linda Rivera
Marlo Rivera
Sheila Robbins
David Roberts

John Robertson
Kathleen Robertson
Terry Rodgers
John Romero



Steven Rouillard
Robert Rowland
Mark Runk
Cathleen Ryan

Biggest Flirt: Sharon Scott and Derrick Mitchell

Katherine Ryan
Karen Sams
Christina Sanchez
Linda Sanderson

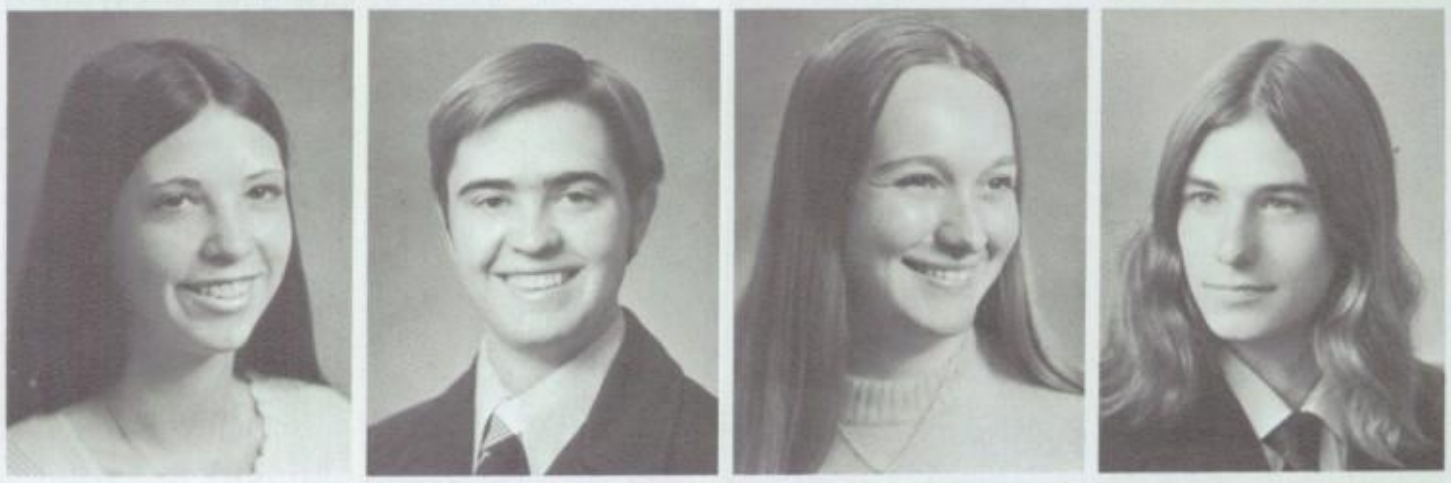
Cindy Sands
Lori Scherl
Judith Schimke
Debra Schmidt

Valerie Schmidt
Sigrid Schrandt
Nancy Scott
Sharon Scott

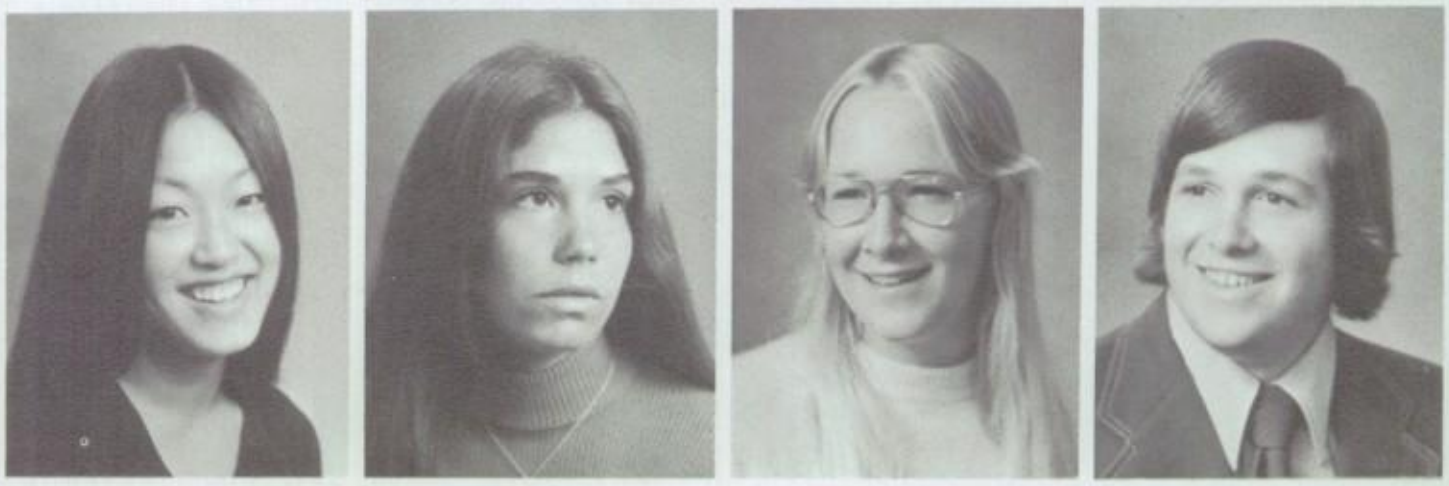
Anyone who remains calm in the midst of all this confusion simply does not understand the situation!

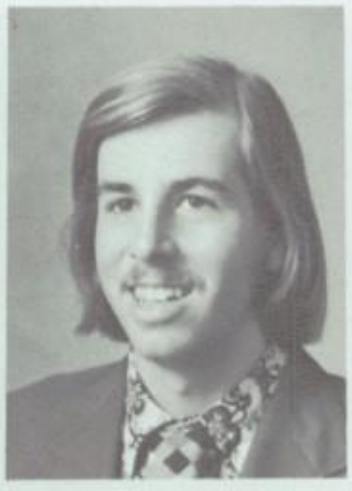
Peggy Seal
William Selik
Claudia Severns
Curtis Sharon

Jill Shaw
Casey Shea
Janet Shepheard
David Sherrod



Laura Shimasaki
Deborah Shore
Roberta Sickler
Daniel Simmons





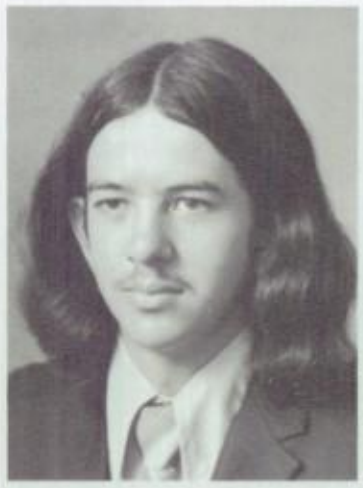
David Simmons
Wesley Simpson
James Sinkes
John Sisson

Gregory Skelton
Danell Smith
Kristal Smith
Sally Smith

Susan Smith
Theresa Smith
Tony Smith
Cindy Spain

Best Sense of Humor: Darlene Williams and Jim Adair

George Speck
Daniel Spring
Russell Spring
Kim St. Louis



Paul Starke
Rebecca Steinauer
Susan Stevens
Brent Steward

"Some boys are just too young to grow their own!"

Linda Stewart
Ron Stewart
Glenn Stock
Cathy Stokely

Carol Stottlemyer
Barry Strandberg
Steven Strauss
Deann Street

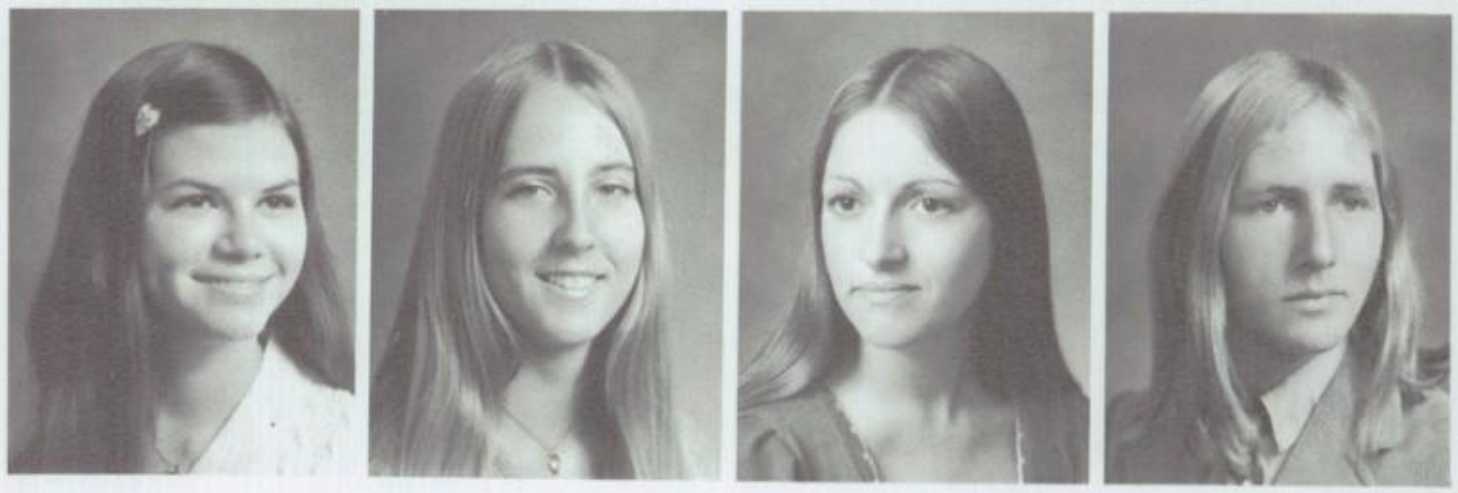
"What a present to find on Christmas morning."

Shirley Strickland
Joe Stropko
Mary Stropko
Joan Sturgeon

Shawn Styles
Janet Sutera
Anna Sutherlin
Noel Swanson

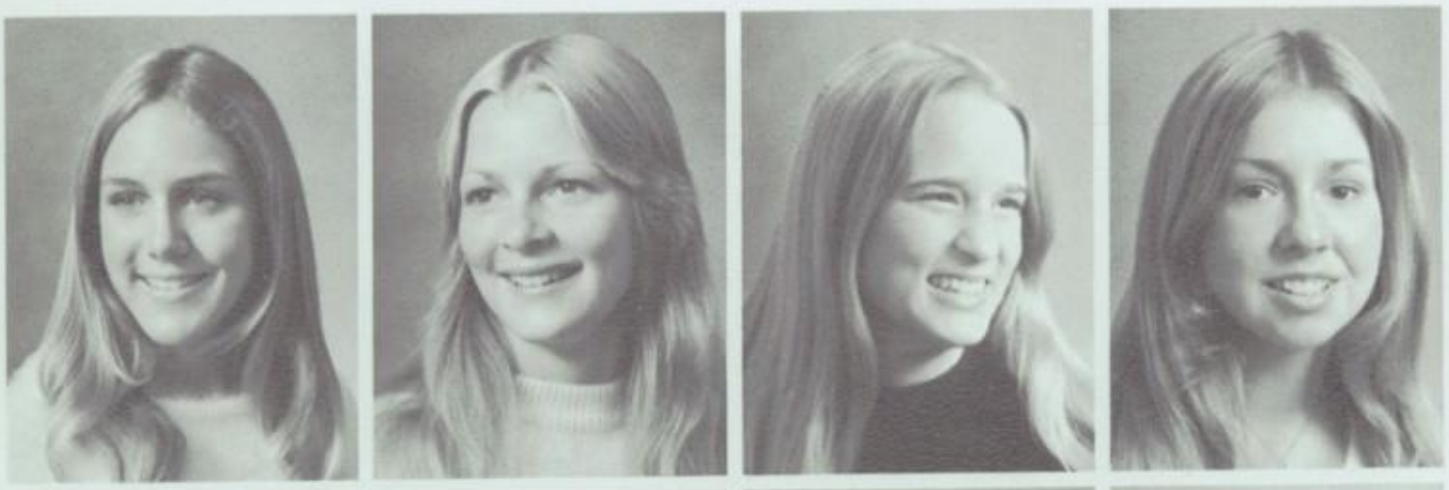
June Swenson
Anita Taddeo
Steven Teincuff
Tracey Temanson

Lois Terpening
Terri Threlkeld
Susie Thomas
Richard Thompson



Best Personality: Art Castro and Rubi Payne

Robert Thompson
Sally Thompson
Teri Thorne
Susan Thorvick



Catherine Tilley
Sharla Tolin
Sharon Toovey
Michele Torrey

Yves Troha
Linda Tubbs
Lillian Ulstad
Alicia Underwood

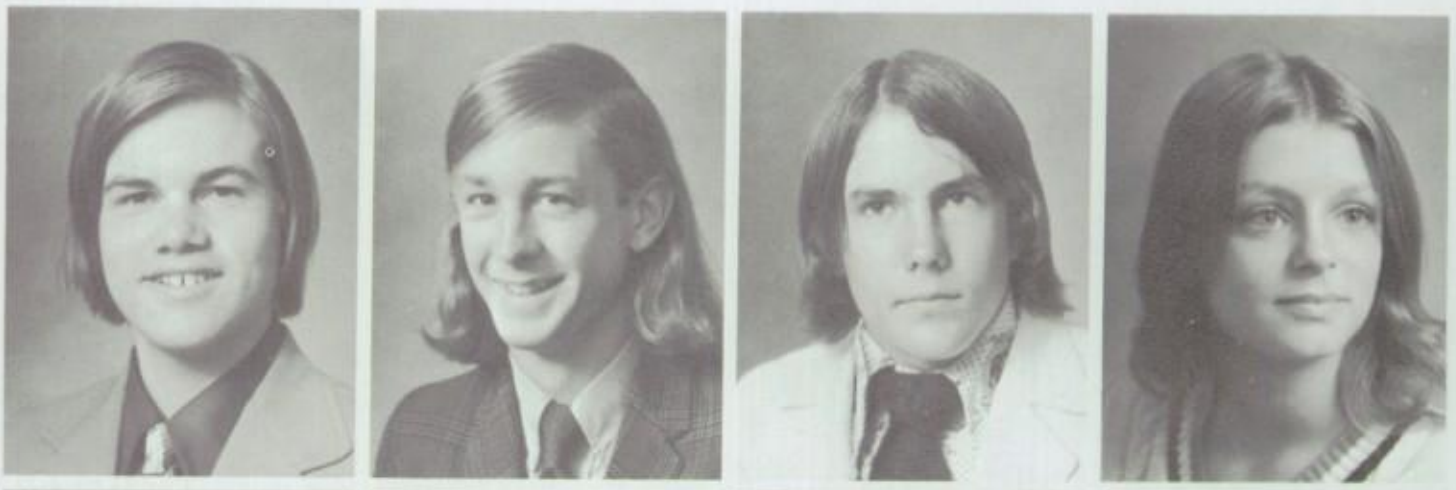
Alan Utterback
Janice Utterback
Loretta Vallas
Irene Vassiliou

Suarez Velazquez
Patricia Wallace
Lawrence Walton
Christopher Wamsley

Laurie Wattenburger
Monica Way
Jon Webb
Michael Welch

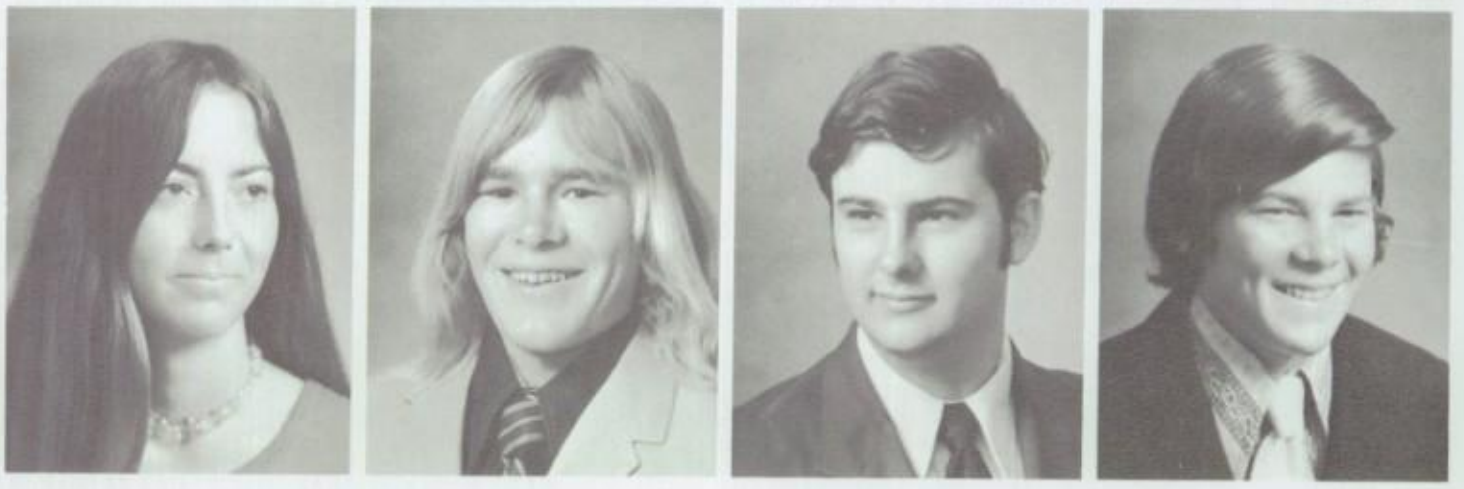
"What's wrong with what I'm wearing?"

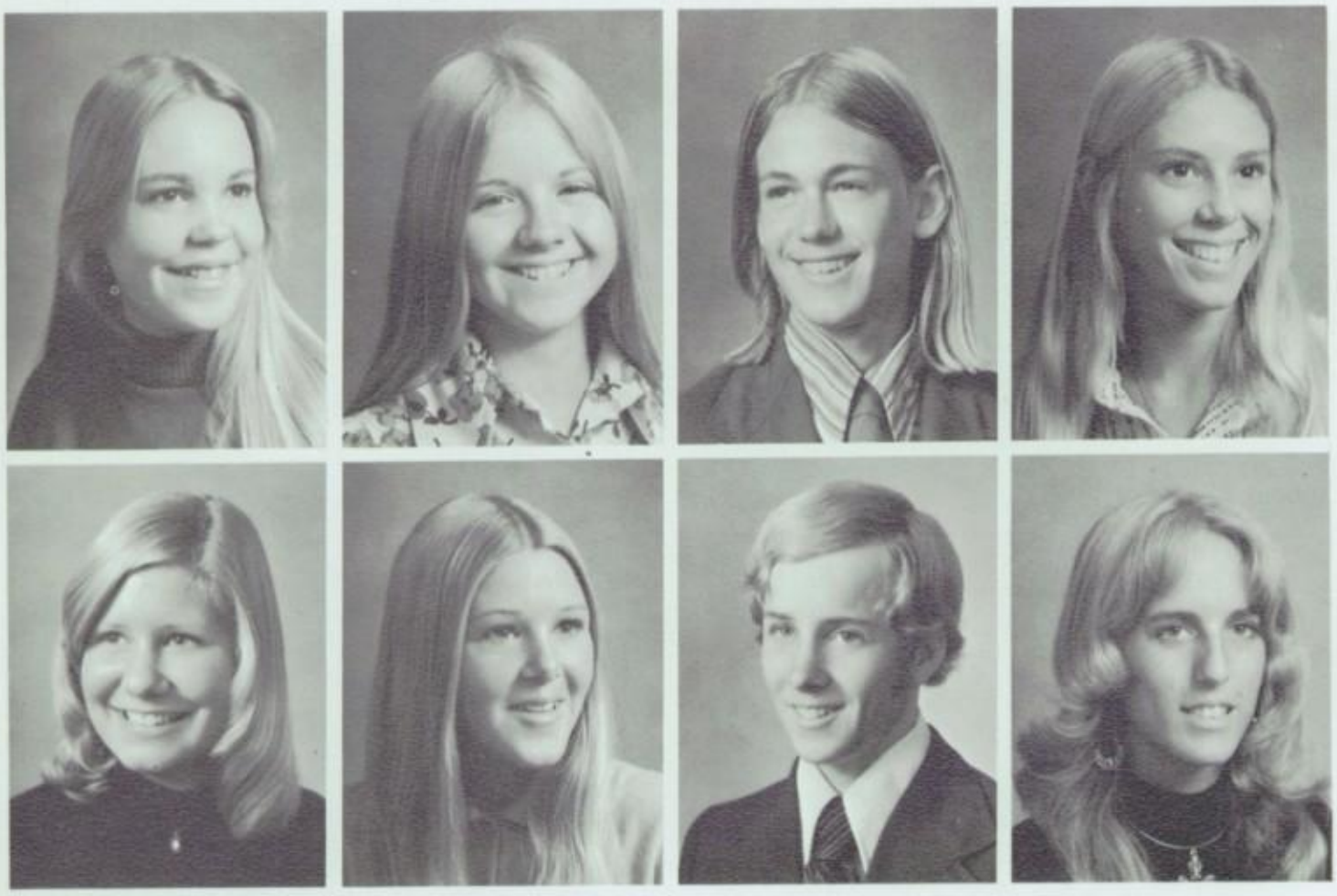
Christopher Wennhold
Keith Westman
Paul Wetherbee
Susan Wheeler



Laura Whitcomb
Bambi White
Heidi White
Darlene Williams

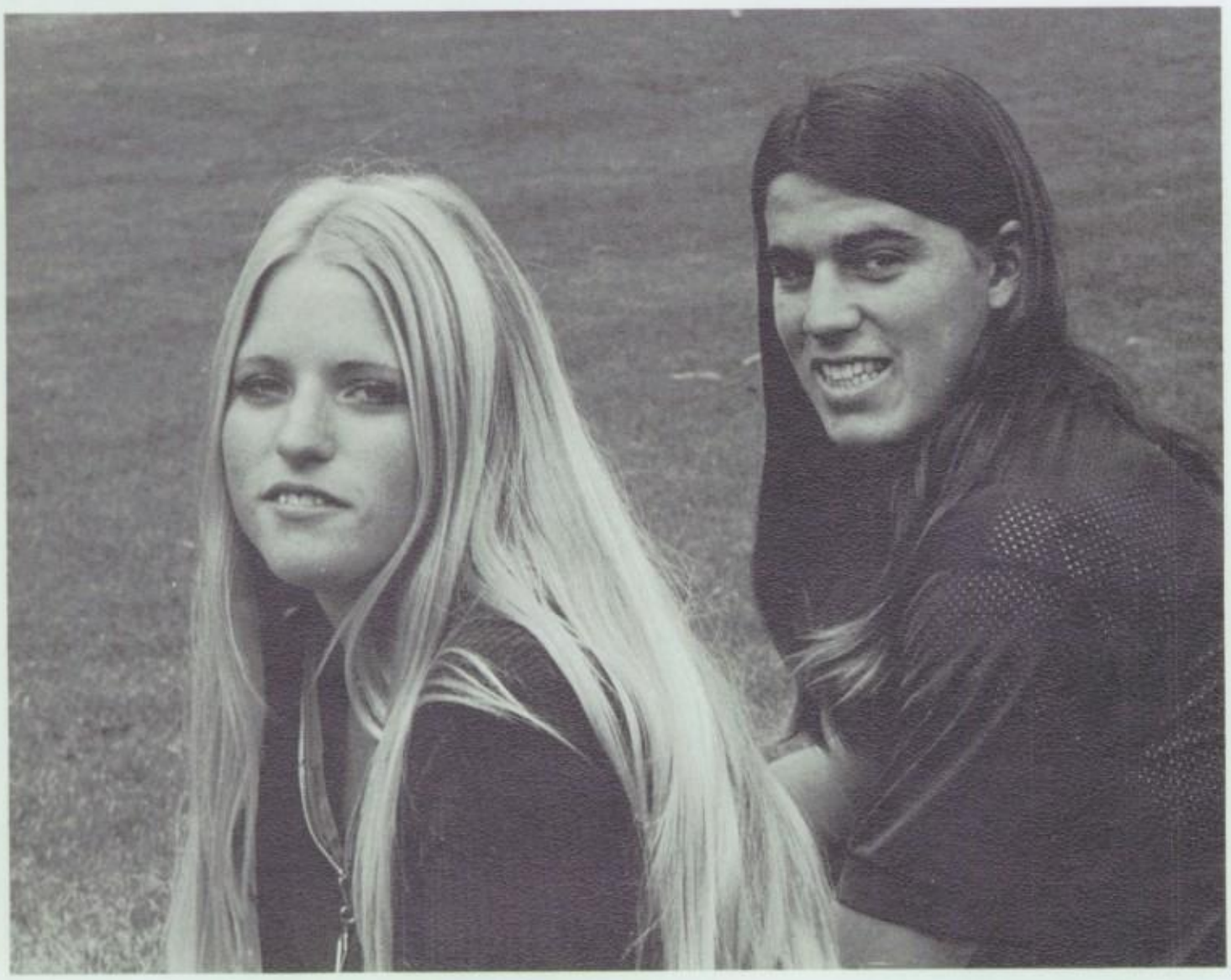
Marilyn Williams
Robert Wiltse
Michael Winchell
Dale Wineteer





Nancy Withers
April Wolfe
Timothy Wolfe
Genie Wright

Lorie Wuebold
Susan Wulff
William Young
Lori Zettle



Prettiest Hair: Tami Parker and Tim Corbit

Far away there in the sunshine are my highest aspirations. I may not reach them, but I can look up and see their beauty, believe in them, and try to follow where they lead.

Louise May Alcott

Senior Memories

A

ABAROA, KAREN
MEMORIES: Frosh Cheer; summer of '72-pasadena; Saturday night dances; primitive camp; my freinda; George; doing crazy things together; Senior year; FRITOS; track; my car; working; Gary and Ron; Christmas Dance '74; Larry!; Poli Sci with Dan; sports; shopping; worrying; early morning FUN!!; Utah; being very, very, happy.

ABAROA, STEVEN (NUTTE)
ACTIVITIES: Jr. Class V-Pres; Baccalaurta Chairman; Std. Coun.; Nom. Con.; Fling Staff.
MEMORIES: Rose Bowl '73; Summer School with R.T., D.M. and j.p. Santa Claus; 5:30 Luann, Sue, Miriam; Pres. Mark and the weidos; 5th Study Hall; C.W.; Sweets; Cutes; Sugar; Aggie's Radiator.

ADAIR, JIM (OTTO ZILCH)
MEMORIES: Heads above water; S.P. at McDonalds; J room; The Zoo; Blacks; Deep Purple; Doobies; BTO; Flash; San Clemente Canyon; The Tunnel; Beach House '73, '74; McCain Valley; Tubular Extraction; Anyway?; KK; The Worst; Cartins elevator; Parties with Gang; Hunting Legal; Bauer; Olsen and Pirie; Drakes English; "Lee Marvin, Hi"; Brown Outs; Memories of Kim.

ALFORD, DONALD
MEMORIES: Best Friend Mark; Love and Leslie; Linus 3; Rides with Nancy; All plays; Nolls; As the Videotape Turns; My friends; Heidi and one way streets; Poseidon Adventures; Elaine at Blacks; Disneyland; Mission Valley; Visitor in Espanol; The Way We Were.

ALLARD, TERRY (WOP)
MEMORIES: 10-25-72; The most important memorie of all; CHARLEY; Stairway to heaven; "Our Spot"; radios; Buckwheat; Datsuns; Fiddler; Grandma; The Barrancos; Accident '74; Birthdays; Endless nights at Homewood; My "Buddy" Chris; Mel; Elton John; Jamul; Parties at Ralphs; The Reservation; River; Randy's favorite O.S.!

ALTER, STEVE (FATLIOS)
ACTIVITIES: Band 1, 2, 3, 4; Autumn; Rose Parade.
MEMORIES: Halloween Bombs; Papers RO Clup; Bus trips; 2,3, Stogies; Dessert; Pizza Hut; Hockey games; White teeth; Ditch; FOK; Long hair creep freak; Twit toad; That ugly Curt; Pam 1972, '73 with the best girlfriend I ever could have; Glad she happened to me Audrey.

ALVIDRES, RACHEL (RAY)
ACTIVITIES: Y-Teens; Girls League; Frosh treas.; Student Council; Nominating Convention.
MEMORIES: Friends; Ann, Sharon, Claudia, Kathy, Lorie, Kim and all the gang; Lunch; the zipper concerts; P.P.P. great escape; Pinto; Mrs. Ornelas; Movies w/S.G. K.C.; shy one; Larry, Don, Morrows; Xmas dance with Matt; getting to know JON.

ANDERSON, VIKI
MEMORIES: My tuna boat; the Caribbean Cruise; Mid-Winter conference; camping; 7-4-73; Beaching at El Carmel; D's corn roast; Come to the water; Trumpit; Darlene's cocoon; Getting my car; Derick; All my friends.

ANTHONY, DIANE (DUNA, BOMBINO•)
MEMORIES: 10-30-71; Mark and Love; Flying; Reno; Palm Springs; Baver; Ms. Lee; Mr. Grainger; Drama freddies; Cast parties; Nuts Geneane and Anita; My sis Toni; gossipping with Marshall; Snitty Laurie; Sweet Karen; My Secret Sweets Cathy; Mt. Helix; "Hey Pucci"; Robin; Marx Bros.; Christmas Dance-Mike; Canada with Toni and Deb.

ARAGON, LARRY
ACTIVITIES: Choir; Drama; Speech.
MEMORIES: Chequita Sol; "Value Villace; Joey, Rosita, Schtick, Bette; Liza Concert; Starr H.; Palladium; Greek Theatre; Stop the World! A. Glorious; Russian; Aria Day; Judy.

ARCHER, MARK
ACTIVITIES: Soccer 3,4; Football 1.
MEMORIES: Graphic Arts; Boang old man; Freak people off grounds having a good time; Saturday nights are all right for parting; Get wasted; oooo Zoned werrd "Dye"; Shose people; People trying to be like other people; Differences between LM people and LG people; Later People.

ARIESSOHN, ANN
ACTIVITIES: Soph, and Jr. Y-teens.
MEMORIES: 4-26-74; 6-7-74; lightweight; parties; Kevin; foreign accents; My best friend Barebra; Murray; Rayshel; Silly; Hey Babe; K.D., P.T., G.P., C.A., S.M., R.A., K.P.! Jr. High low riders; Motorcycles; Gaetanos; The Hoopla! Camping with K.P., C.A., G.P.; toasted licorice; the last salad; Mazda; Being with Kevin!

ARIESSOHN, CINDY (CINDY)
MEMORIES: D.P., K.P., G.P., A.A.; Ocotilla Wells a ride in a truck I'll never forget; A hunters camp; 1,000 running in the rain; Pine Valley and G.P.; Surf lower seed salad; Kazeke; eating beer cans; Toots; What's all the Hoopla about?; Mazda; K.P. and jelly on ice; Freak-a-Thon! Mom!

ARMER, JOE (TOE HAMER)
ACTIVITIES: Tennis 2,3,4.
MEMORIES: Coronado!; extinguishing; Summer time and the beach; Graduation!; Geeks; Walker's Class; R.T.; Sking; Parties; C.I.F. '74; Cruisin' and rippin' around; Cops; The river; Debbie, Char, Cheryl, Kathy, L&M, M&J; All my friends and just messing around.

ASARO, TRINA (FISH)
ACTIVITIES: Hi-Steppers 2,3; TARTAN 3,4; Girls League 4.
MEMORIES: Corp; Practices; Arizona; Chaffy; Arcadia in the rain; No. 1 Drill Team; Friday nights; Cruisin'; 99; El Mustasho; Drum Humming; Freek; Yucco; Jody; Chris and her pickles; Christmas '73; Christmas Dance '74; Princess; Special talks with special friends; My sister; Our First TP job; Dorea; Jocylen, a good friend; Mr. Ray; Fruito Ruito; Teresa's HL's; Beach Boys; Bald Heads; Frizzing and Freezing; Rocking out and good times; Kevin; 16th Birthday; Bobby B; M & M; Lori the MOST Beautiful Friend; Riverside; Tartan deadlines; My first job; A weekend in Hollywood; Summer Sunshine; The Prom '74; MICHAEL: Teresa who shared four of my best years with me.

AUNAN, KATHLEEN (KATHY)
ACTIVITIES: Y-teens; Volleyball Team; Campus Life.
MEMORIES: Hawaii '72 with Karen; Connie, Sharon, and Deb; Christmas Dance '74 and '73-R.K.'s dinner; Centerfield; Apt. C; R.A.'s overnite-"great escape"; Chl. 100; the river; Hume Lake; Mexico; Darlene's; Beach houses; times with friends; Doug, Matt, Kim, Kathy, "Jack", Kris, Mindy, Jon, Lori, Larry, Susie, Ron, Gayle, Jary.

AUTRY, MARSHALL (MASON ESQUIRE)
ACTIVITIES: Varsity PE; MCP.
MEMORIES: Friends John, Robin, Joel, Heid, Keuy; "Chuckles"; Steve, Lesli-Robbins; Ms. D's English; "The Corner"; BLUNDERCHICKEN!! Not Pizza Again?; "Keys apples Floats"; Airborne; Ed; Skyrockets; Advisor; Good friends; Confidante-Diang; BFD.

B

BAILEY, DEBI (PORK-CHOP)
MEMORIES: DECA; Y-Teens.
ACTIVITIES: "Loving Jim Always"; April 2, 1971; Lamb-Chop's Datsun; Rudolph; Suey Helms; Beci and Mike; Drive-Ins; Bonilla's Parties, Ton's Wedding, Doobies, Elton, Bill and Julie in Jamul; Christmas Dance; Summer of 74 (Beach); Dana and Steve; Eighteenth; Buger.

BAIN, BEV
ACTIVITIES: band 1,2,3; Orchestra 2,3.
MEMORIES: Campillinile Thugs; S. Mission; T-Ping with Sandy; Patty; Karen; Beach baby; Banana; Oho; booorly; B.C.; Andy; Karen; Fart; She; Dave; Bina; Good friends; Bliss; bus trips; 13 tr.; R.P.; "totally bodacious"; Parties; skiing; trailer with she; Mart; Kapt'n Kirk; crusin; Chicago; L&M.

BAKER, PHILLIP (PHIL, FLIPPI)
ACTIVITIES: Key Club II,III,IV
MEMORIES: Car rallies; Woodcats; posters; Ping-Pong; Mrs. Steele's 6th period English IIIC; The Literary Corner: P.B., P.B., M.H., S.J., M.(F). M., and T. (F).; Fartier; Chilli Beanie; Espanol I,II,III; Retardo; Sr. Boboj; Flippi; Short person(s); Thucker Thellers.

BALISTRERI, JO
ACTIVITIES: Senior Board; Campus Life; Young Life; Student Council.
MEMORIES: Birthday Dinners-Turnobs; Booglers; Apt. 2H; Cardiff; Munch-out Hal; P.E. Gossip; Parties-then all night talks; lucky concerts; sitting in parking lots; Fri. 13th party; M.S.; surfs up; this way; T.T.; B.B.; Mouse; Mari-Lynn; Marcia; and special friends.

BALLARD, SHARON KATHLEEN
MEMORIES: Summer of '74; New York; E.M.; C.W.; D.S.; J.T.; A.R.; My Special Friend, Carrie; Movin'; Loggins and Messina Concert; lost car; Mts.; broken ankle; Lake Tahoe; Crawford Game; 9/20/74; M.M. Dances; beach; skating; Drill Team; Nationals; Good Times; All my friends; Mike.

BALSLEY, MICHAEL (MIKE)
ACTIVITIES: Football 1,2; Basketball 1; Baseball 1,2,3,4.
MEMORIES: The group; J's room; San Clemente; Mc Kittricks; Blacks; the zoo; Beach House; Coach Lucas; tubular Extraction; BTO: Doobies; Mud; The worst; Parties with Gang; AUNT EMMA'S; Dirt Clods; Julian; Cosmic "Lee Marvin Hi"; Brown outs; most of all Loving Kathy.

BARNES, KAREN
ACTIVITIES: Student Council; Senior Board; Choir; Campus Life; Modern Dance; Choraliers.
MEMORIES: MY BUD; M.S.; John; Johnny Carson; Hume 71', 72', 73', 74'-

cactus mouth; Mike; T.M.; Dale; Paleramo's-Pierouettes; Mexico; Seaside 73', 74'; Gail; Sue; C.I.; S.B.; (red); listening; veged out; S.D.; Hiroshimo; rag doll; little duece coup 1 and 2.

BARRANCO, BOB
ACTIVITIES: Football 2,3,4; Soccer 3.
MEMORIES: Counseling at Highwood; Mine to remember always, T.C.; trips to the River; skiing in Northern Calif; What happens at Rick's house!; 17th Birthday; Surgery Nov. 26. 74; Friends to remember; Corett; Rick; Dan; Jon and C.W.

BAXLEY, PAUL
ACTIVITIES: Key Club 1,2,3,4; Key Club Pres. 3; CSF 1,2,3,4.
MEMORIES: Fuzzball; Jarhead; Studs; Wood Cut '73; Bottle Licker; Farty; Steve Miller; Friday NIghts; In Concert; Bake; Steele's and McLead's Classes; Summer Job '73; Purdy; German Class; Dreams.

BAZEWICK, SCOTT
ACTIVITIES: Wrestling; Jeeps; Motorcycles; and of course girls.
MEMORIES: Alice Cooper concert and Big Parties all through the year, and going with Sue Pleasant.

BEA, KATHY
MEMORIES: Pete; engagement; Betty; ASB card sales; Mike's wedding; Don; baseball games; bar; Jane; Pete's birthday, Christmas, Detroit, June 21 my wedding; Marty; Teddy; Mr. Vogel; Mr. Lueke; Mr. Woods.

BEAVER, MAYLEEN
ACTIVITIES: Modern Dance, Drama Club.
MEMORIES: Christmas Dances 73 and 74; My Chocolate Milk; Kenny's Love; My Best Friend Laura, 74's Helix Vs El Cajon game; 73's 3 period class; August 19 and 26 of 74'; Sept. 28 of 74.

BELGUM, GAYLE
MEMORIES: THE Girls; Jungle Boogie; THE spot; N.P.; 1st love; 16 r. roses; 5-18-73; Keeney Plaza; palm branches; Mem. Day '73, '74; Steaks and what?; Great sneaks; Guadalupe; Good ol' true blue Lynn; 5-26-74; House of Ice; hockey games; 3-30-74; Halloween '74; We'll see; and most of all my love for Tom and our future together.

BENTZ, PAUL
ACTIVITIES: Senior Board; Nominating Convention; Drama.
MEMORIES: Drama; Plays; Homewood; Cabania; Aqua Concerts; Hawaii; Bomb; Runs; Movies; CB's; munchies; Nolls Trolls; Music; Cast Parties; Hewoo Mister Bunny; Mark; Nancy; Geneane; Don; Nancy; Natalie; Evans; Terry; all my friends past and present.

BERTSCH, MARGARET (PEGGY)
ACTIVITIES: My 4 years in band.
MEMORIES: Rose Parade 72'; Treasurer 4; Mr. Kirk; Rabbit and the Bus trips; laugh; Jim; Greg; Brenda; Leanne; Ron; Gary; Jackie; Gina and Linda and the rest; Christmas Dances with Gary, Ron and Tim; How STUPID!; Little cousin Dave; "And there off"-Deanne; Beautiful moments with Tim.

BIEDA, LAURA (LAURIE)
MEMORIES: Encanto and nites there; Green Valley Falls; Alpine; Big Bear; Carol; Kathy; Robin; Terri; Kevin; David H.; Beetle Bug; Parties; Camping; 8-10-74; 8-16-74; 10-12-74; Beach; desert; motorcycles; turquoise; Swap Meet; Ace; where am I?; "L" nite with K.; snow; can't wait till ?.

BISHOP, SUE (SPIFFY)
ACTIVITIES: barassing!!
MEMORIES: Homework! Linda-fantastic sleepless weekend; Picnic; beach; J.L. B.S.; yah-rah raw; yippee Lunch; Kon-BS&T at 6:30 in the morning-full blast! I Love You JLBS!; and friends.

BLAKE, LOLA
MEMORIES: 10-21-74 Merrie; The Fugitive; Golden State; The Briefcase; Mondays B.S.; 10-26, 27-74; Seven Meadows; Chevy; "Then Came You"; "Crocodile Rock"; Chicken; Charging cows; R.C.O.A.; Sitabuker; Frog smashing; Rotating Chicken; Whoopy; BOGS; Merrie (my best friend); Stan; Geoff; Steve; Ferry Jorstrom!!; And all the good times I've had with my friends.

BLATZ, PAMELA (PAM)
MEMORIES: June 28; meeting a special friend; C.S.; my favorite year was Junior.

BLUDAU, BETH
ACTIVITIES: Choir; Orchestra; Rifiery Expert; Tennis Letters four years.
MEMORIES: San Gorgornio; "Rou and his Love"; Terri My Best Friend; Dad; Backpacking; Mon; Sharing; Tom and Archie; Grand Canyon 73; Desert; Snow; Camping; Tom Harp; "Jesus Christ Guiding Me All the Way".

BONINE, MICHAEL (MIKE)
ACTIVITIES: Football.
MEMORIES: Hellweek; Colorado River; Flagstaff Arizona; Turkey Bowl; Kearny H.; Being a Junior; July 26; Mr. Woods; The Living Tree; Basketball and Volleyball; Getting a new friend; Kevin; Jim; and Tim; Nominating Convention; those crazy sunday nights; Susan; Bike riding; most of all being a Christian.

BONINE, MICHELLE
MEMORIES: Kearny!; Badminton and lob ball with Coach Colborne; Linda; Lisa; Laurie; and Jacki from Kearny; Cheryl's lunchettes; talks with Lori; Sue; and Karen; Meeting Sharon and Penny Petersen; Special Memories; All my friends; the beach; My family and the fun times and ~~t~~rusting God's guidence in my life.

BRADFORD, JOEL (MUTT)
ACTIVITIES: Track 2,3; MCP; Student Council; Varsity P.E.
MEMORIES: Track; Vista; are you the R?; Metcalf; Marks; Carl and friends; Mr. Vogel; Mr. Ramsey; Mr. Test; Mrs. Lee; "The Float"; "Apples"; "Keys"; Sandy; Leslie; Cour; Muirhead; Jack; John; Marshall; first period P.E.; "Our spot, songs"; Fires; Heidi Forever.

BRANS, PAUL
ACTIVITIES: Going out to breakfast with Freed.
MEMORIES: G.N.O.R.

BREUNINGER, DARYL
MEMORIES: fishing trips to Mexico; the great canoe trip; Yosemite; Verdugo Pines; Koinonia and staff; good times in the library; R. and R.; T.P.; Nominating Convention; Campus Life; Thursday and Sunday nights; all of my Christian friends.

BROOKS, SCOTT (SCOOT)
ACTIVITIES: Baseball; football; basketball.
MEMORIES: Mr. Charles is really weird; not old enough to grow a beard; Hammer; Hammer in the rain; Here's Living Proof; it rusts the brain; Standing to his ears in ink; Sloshing in a pool; His stomps and storms yells and grunts; But Roang's really cool; -----By WHS.

BRUNNER, ERIC J.
ACTIVITIES: Ecology Club 1; Speech Team 1,2; Nominating Convention 2.
MEMORIES: The Beach House; Driving down to San Felipe, My various gambling expectations at Caliente'; Goldwater; Jumpin' Joe; Rick Barry; Pirates '71; Paff and his Dodgers; Cour and his Astros; Risk games in 10th; "The Milkshake"; Organ Tuesdays; Theater 11.

BULCAO, SHERRIE
ACTIVITIES: Y-Teens 1,2,3; Majorette 3,4; fashionality nite 3,4; mod. dance 3,4.
MEMORIES: Twirling with sis; X-mas dance '74; Long Beach 73; Disneyland; friday nights; games; dances; Pizza Palace; 5 weeks with Rick Pitt; "4 musketeers"; "hit the road toad" (Scottie); "mongoloid" (Karen) "fudpucker"; "it's cool"; Candy's friendship; Junior and Senior year; Milus.

BUTCHER, ROBERTA (BERT)
ACTIVITIES: Wrestling jr. year; flirting.
MEMORIES: "You are the sun upon the Horizon"; your gonna What???!; why do you wanna be on a wrestling team!?; R.T.'s best buddy! NECKS; American Woman rah!; Jonathan Imanuell Butcher my son!; Tom! . . . bye; Happy Hollweenie; T.J.'s Truck and "my Duhlila"; Rick's neck.

BROWN, RUTH
MEMORIES: Friends; "My Thumb"; Nash; O.B.S.S.; crocodile rock 3/30; flings S'S; song; scrapbook; Buddy and friend; hunk-a-hunk-a; San Onofre; Skuminbird; Mellon's trip; Henry; Perry's w/Lin and Mel; P. House; big sis, Cora; Being a squirrel and Lovin it.

BUTRAM, REBECCA
ACTIVITIES: Speech.
MEMORIES: Algebra; Nance's Auto; folkdance with Prisalla; Poli Science with Mike glasses and the fro.; Al Kirk; Office Assistant; busted; Summer of 74 with Les; Always fighting; Flirt of the year-Defeater; Being jealous; Pumping Ethyl; Sophomore year; many changes; many important friends; Loving Life but afraid of the future.

C

CAIN, JOHN
ACTIVITIES: Football 1,2,4; Wrestling 1,2; Swimming 1,2.
MEMORIES: Bonilla's after J.V. games; McCain Valley; Cardiff; Newport; the wreck; D-Land 11-22-74; San Clemente Park; Deep Purple Concert; S.P. at McDonald's; Christmas '74; Corey and Jennifer; 1st Mountain trip; Sharla always.

CANNON, JEAN
MEMORIES: Elton John 10-8-74; Villani's; Library gang 73-74; Aztec Football games; P.E.; Candy Striper meetings etc; Young life and all the beautiful people I know; Thanks so much to Kru, Sal, Rick, Jud, Michele, Alicia, Nancy, Dan, Art, Sandy and especially Gin (Legs) for being my Friends.

CANTWELL, JON
ACTIVITIES: Football 4; Tennis 2,3,4.
MEMORIES: Christmas Dances the hassels involved Checking 'em out-learning the ropes; Chicago; Playing cops with the red light; Football-Hell week-actual games; Rachel; KA, DB, IR, AV, and a lot more; Pizza Palace.

CARNAHAN, LEIGH
MEMORIES: The more faithfully you listen to the voice within you, the better you will hear what is sounding outside.

CARTER, KIMBERLLE (BEAVE)
ACTIVITIES: Partying 1,2,3,4.
MEMORIES: S.P. at McDonalds; The Beach house; SGS Snyder; Movie with Ray and Shassie; Mex trip teq; Special friends Leah, Ady, Kris, Connie, Charlie, Kim, Stew, and especially Kathy, Bill, Larry and Tom; My Party - 17; Mission Gorge; Bear; Bryan forever and always.

CASTNER, DARLENE (FUZZY)
MEMORIES: Football Games, "Beach Boys '73" Summer Camp Aug '74; Close friends Sharon, Lori, Jackie, Giggles; Mop top (Don) and Kathy; Washington DC with Sharon; Tolit papper Matt Miller; Christmas Dance '74 with J.R.; 'Loggins and Messena '74"; 11-30-74 Moments I've shared with John will always be in my memories.

CASTRO, ART
ACTIVITIES: Basketball 1,2,3,4; Baseball 1,2,3,4.
MEMORIES: T.Ping; Cruising with Geeks; Rook; Lardo; Steve and Joe; Having to put up with the "Munchkin" especially the "Kid" who without I would have never make it. I will never forget her and the way she put up with me. Love always Boss.

CATALFO, MARY
MEMORIES: Knowing Paula; Goofy Jo; New York again; Joni Mitchell concert; Tami's Tuna sandwich Mania; Stevie Wonder concert; Everywhere with Ronnie-someone who understands me; 1974 Christmas Dance; Jay's Tennies; Thumbing to Philadelphia at family karting center; November 16, 1974; Biology with Steve Brody; String Bean.

CERDA, LORRAINE (LO)
ACTIVITIES: Y-teens.
MEMORIES: True friends; Just being yourself; Good times with Cindy and Cathy; Beach; Parties Avalon Court; S.M.; Summer '74; Crawford guys; Beach Boy Concert; Meeting Tom; Apt. 15 O.B.; Screwdrivers; everybody crying; Campfires on the beach; Life guard tower; T.K.E. Party and Chris; Getting sick; Bag'n rays; Crusin; Boozin; Fun.

CERDA, VIRGINIA
MEMORIES: David; Losing diamond ring; Farrells; Two cops one night; Crusin; Fooling around; Jo, Sharon, Bianca, and others; South Mission; Rick; Disneyland; Tom; Summer '74; Doug; Minature golfing; Datsun stick-shift; The Trouf; Beach Boys; Loggins and Messina; 2 aspirins please; Balboa Park; Good times and Bad letters; Friday nights; Having Davids Love.

CHAPPELL, VICKI
MEMORIES: Good times with Fred; Crusin with Carol my friend J.H, D.M, T.E, S.S, R.L, P.P, V.S, P.H.; Normal st. and Pine Dr.; The Amazon.

CHAVEZ, SOLOMON (JUNIOR)
ACTIVITIES: Football 1; Wrestling 2,3,4; Track 1; J.A.; President
MEMORIES: Camping Rick and Mike; Arevalo; Hanford; Albert's help in many ways; Beaches; Margaret M.; Dan C.; Rick C.; Mike; Dan C.; Mark A.; Ckahn; Dicipline; Roang Patient; T.V. Shop; Various Dances; Lara; Lower Getto; Fillipi's Mike W.; Lee's Keye's; Balsley; Richardson; Rosirita Beach; Car 13 people; Style's Parties; Success.

CHERRY, STEVEN
ACTIVITIES: Band 1,2,3,4.
MEMORIES: Ms. Lee; M.C.P.; B.S. - RT's room of laughs; Not hearing Bulletin; Cako's; A.J.R.; and Band members; I love you Darla.

CHILDERS, DEBRA
MEMORIES: The carnival; I'm so embarrassed; Cruisin; wrong numbers; The bathroom; May 10; M.R. lines; I don't even; The Galaxie; Needing someone and Shelley being there; Jeffrey; (1) . . . uroom; Corbit; Marengo; Mt. Helix; Tim; 8-26-74; Swedish meatball; rules; Remembering; Wishing he was here.

CHILES, DENISE (NISI)
ACTIVITIES: Swimming 1,2,3,4; Basketball 2,3,4; Tartan.
MEMORIES: Geek freaks; Jenny 'N' "Ahtie"; Summers; AAU; Opples 'n' Bononos; Seaside 'n' Kathy N; Campus Life; Trampin; LeAnn 'n' Lunchtime-pass!; Eagle Peak; "No Ogres Point"; Punchbowl; Mac's; Snow; Hume; Kleenex Monster!; The "Lagoon"; a little tis-sue!; "I want your bow tie"; Carol-friends for 12 years; CH; KM; SM; NG; AJ; Weird friends; hot tea; Espanol con tres Chiflados; Triangles; Beach football; Great Chase; IXOYE: Pat 'n' Jim K; Top Ramen; Fire extinguishers; ASB; Raquetball.

CHILDRESS, LEE
ACTIVITIES: Basketball 1; Track 1,2,3,4; Campus Life; Letterman's Club; CSF.
MEMORIES: Cruisin' in my Bug; Annual "Bull Bowl"; Mrs. D's English class; 110's; Herr Knott; Mr. Vogel; The Lake Murray blues; The river; Being the best water skier on Mission Bay.

CIMMARRUSTI, BIANCA (B-B)
MEMORIES: Beach; Summer of '74; CRAWFORD GUYS; Cookouts and all the fun times; My 17th Birthday with J.B. and good friends; (turnnobs, Bougelers); Xmas Dance '73; Black Cat; Pirotte Dr; 3 anchouies; Elton John; Stevie Wonder concerts; Oakland; Long Beach; LA for being real true friends; Dave in Long Beach; T-T, JO, and many more; (Dimples).

CLAGETT, RON
ACTIVITIES: Drama; Choir.
MEMORIES: Heineken dark; Richard M.; D.L.; "Cindy"; Larry C.; Elton John; Mamoth; Downtown S.D.; Cart Parties; Oliver; Bye Bye Birdie; Hello Dolly; Fiddler on the Roof; R.M.'s Batchelor Party.

CLARK, CARI (CLUCK)
ACTIVITIES: DECA, Young Life.
MEMORIES: Bob; Friday Games; Big "E"; Junior; Mrs. Raines; Christmas Dances; Sam; Cold Duck; C.N.; Skiing; R.G., J.S., G.W., Brian; Nominating Convention; Parties at State; Mon; Dad; Darla; Palomar Mtn and Country Roads; "Babe" and BOB

COLE, DEBRA
MEMORIES: All my friends Dion, Melody, Pat, Cathy and all the rest especially Baby Richie; "Good times and bad"; Christmas '73; My 16th; The prom '75; "58er" (wow wow) My love ANDY.

COMBER, CYNTHIA (CINDY)
ACTIVITIES: Frosh Glee; Choir 2,3,4; Corp 3,4; Young Life 1; Campus Life 1,2,3,4.
MEMORIES: 6 Muskateers; Idyllwild; Sivle; Cabaret; M.G.T. Co.; Many good times; Dirty old man; Quack; Bus Trips; Arcadia '73; Parties; Big Bear; The gang; Living end; Rooster; Bummer.

CONNER, WANDA
MEMORIES: My family; Jim and Jo; My tavin bud don't; Mistakes and learning; Parties; State Games; Concerts; BOUNCERS; and "OH, DOCTOR!!"; My car-dreams of 4/w/Drive; Del Valle; Friends; So many good times; Fly A M; AGS; MU flirting; TEQUILA; Aspen Football; Special people; GRADUATION!!; Memories of passed; looking to dreams of future; CRUSIN: Mike and Deb; LARRY MUMMA; Unknown.

COOK, RIGINA (JEANNIE)
MEMORIES: Friends; 9th grade; SCGA times; PE Wednesdays; Trucks; Work; All my animals; boyfriends; My parents; My car; Fox and Hound; Del Mar '74; Gary Cox Memorial; Movies; Pigions; Good friends Lori, Rustie, Gussie.

COOK, TOM (COOKIE)
ACTIVITIES: Football 3,4; Track 1,2,3; Young Life 2,3,4.
MEMORIES: Super Friends KAREN, P.V., R.D., A.M., R.S., Dacton; Woodleaf; Malbin Canada; Daltons Wed. Parties; Dictionary Hiels; Beaches; B.K.; Bobbies; That night at the Ace Jack and Jose; Loggins and Messina; Jethro Tull; 6-11-74 Rick and Sally N.P.D.; 8-25-74 Rick and Rolly; Brothers; Helping Pam.

CORBIT, TIM (CORBINSKI)
ACTIVITIES: Football 1,2,3,4; Wrestling 1; PE Prep 4; Afro American Asso; AAA.
MEMORIES: 10th grade; Counseling in High Wood Park; The River; Going to Yosemite with Bob, Dan and Rick; Finding some Canabis Sativa; Meeting Adrienne; Football at Briar Crest; Iron Man BB; High School one big Trip; Parties at Baltimore House; Drinking Jose' Gold; Always loving Adrienne.

CORELLA, ELSA
MEMORIES: Goodbye to all my friends whom I have shared hardship as well as happiness.

COSIO, CAROLYN (BO BO)
MEMORIES: All the good memories with T.B. and S.B. and of course my dear friend L.S. you mean a lot to me!; God Dang; Lets go get Billy!; And of course my let down from S.T. and dear M.P.; Thanks Helix for two years I'll always remember!; Hi, Bro and Sue!

CORTS, MARION (BUD, LULU)
ACTIVITIES: Modern dance; Sr. Benchwarmers; Gymnastic team manager.
MEMORIES: Always remember George Williams; T.G., S.H., and Melinda; Never forget Susie D. and Beaches; Tans; Colda; Summer School; Eckert in job stealing; WOW, WHAT A TRIP! GOOD BYE!

CROCKER, RICK
MEMORIES: Camping at King's Canyon and Shooting the rapids at the Stanislavs River; Camping? with Sol and Mike; Torrie, M.M., S.C., M.W., B.W., D.K., B.C., D.G.; Roang 3 and 4 Burns; Busts and Bummors; Stone wall park; Marian.

CULPEPER, RENEE (HEADLESS)
MEMORIES: Good times with Tom; Getting along with my Buddy Ted; Mountains; Hockey Games; Mexico; July 4th; Disneyland; Old Town; Fishing; Shelley, LeAnne, Pat and Robin, Moni and Heada; Yatssoml; All the fun places and fun times with Tom.

CUNNINGHAM, KATHY
ACTIVITIES: Tennis 2,3; I Club; CSF; Tartan Bearer.
MEMORIES: Summer of '74; Ten; Vicki; Kim; Europe; S.A.; Catalipa; Room 314 at P.L.; Moonlight; TJ's PJ's; The kidnapping; My "Surprise"; Ushering; Espanol; Francais; Deutsch; 6-18-74; Tennis.

CUMMINGS, MICHAEL (MR. CUMMINGS)
ACTIVITIES: J.R.O.T.C.
MEMORIES: Looking at Mr. Manor Upside- Down; ASB Efficiency; The "Group"; J. Hart; Colonel Chester and Sgt. Major Saver; The Rock, who really had a hand in starting me out good in life; Mr. Munson's Boy Scout Bell.

D

DANNER, SHARON
ACTIVITIES: Hi-Steppers 2,3,4.
MEMORIES: Cheryl; Je Nell; Sweepstakes Arcadia; '73 Roses '72; Bus trips; Vista '73; Fashion Show '74; Long Beach; Sailors-Jim, Sam, Mark, Peso; Tico with Mark and Norm '71; Holden Village! 71; Mike H.; Linda T.; Becky B: All Corp Friends.

DAVIS, CARMEN
ACTIVITIES: Swim Team; Volleyball; Basketball; DECA.
MEMORIES: Having fun with all my friends- M.P., D.P., M.C., M.P., L.O., Joni E.; Debra P.; Wes S.; Meeting Eddie on 7-9-72; Loca Ruthie; Having a good time with Marcus; And all the fun I had with Clarence; A year to Remember "74".; And the Anita Workers.

DECKER, LYNN
ACTIVITIES: Explorers Club; Science Club; CIF; Tartan Bearer.
MEMORIES: Football and Basketball Games; Tijuana Sleuth, AND all my friends.

DE GAETANO, PATRICE (T.C.)
MEMORIES: Good times with John; Talks with J.J.; CYO; Fiddler on the Roof; G.S.; "The Gang"; Being a squirrel with Ruth; Partys; Before Football Games; X-mas Dance; Bob's 17th Birthday; Picnics; Disneyland "74"; Ruth's house; Being Close To The One I LOVE: BOB.

DE HOPE, BILL
MEMORIES: Pyramids; Watermelon seeds; Ramiphications; Jerry; Spanish 111; Tom Y. Debbie's; 18 inch Biceps; Hearts; Singing Toilets; The Two "SISTERS"; Psychology 1C; HG- Biggest Mistake?

DEMCHAK, BERRY (B of D)
ACTIVITIES: Football 1,3,4; Basketball 3,4; Tennis 3,4; Science Club 1,2,3,4; Math Team 2; Letterman's Club 4; CSF 1,2,3,4.
MEMORIES: Orvilla; Super F; Chumly; POWER; Studpid Knee!!; Charlio Higbiano; Sorry Mr. Manor; 2400 C.P.S.; Those delicious football meals; Blue Bomb; Those Loco girls; I could eat all day; Don't bug me; Mr. Ramsey's Happy atoms?; Oh Helkite; Mr. Vogel and his worms.

DETHMAN, MARY (LIZ)
ACTIVITIES: Basketball; Speech team; Pepclub; Newspaper; Radio club; Drama.
MEMORIES: WGH No. 1 school PC; PCFLDB; Summer of '72 best ever; Jim, Duane, Dave best pals with Laura; Alpoe; Mount Lemon; Camels Party; Speech at PV; Burger King; ALCJ; Horton; Tusson; Speech at Helix; "Goodly"; Steely Dan; Baskins; Dreams for future.

DEVEREAUX, BOB (NATURAL)
MEMORIES: Ocean Beach with Roy; Our great fishing?; Excursions to Fiesta Island; with Steve; Mexico with Paco; Carrots Property; Camping at San Luis Rey with the Brujo; Frank, Rueben, at Wasco; Best of all, a beautiful girl named Kathi, who I'll treasure forever, who provided me with my Happiest Times.

DMOCHOWSKI, BETTY
MEMORIES: Balboa Park; K.D.; White car; Carol; Drinking wine; Staircase; Laughing spells; Finance; MMM; Playing; Barry; Kevon, Dathy; Christmas Dance; Tim; Driving; Football games; Jack's speeches; Dopey Fred; "The scare"; Yuck; All right; Frogs; Mr. Landry; Henry; Unrock; Mrs. Raines; Mom; Mary Ann; And all good friends and times.

DODGE, DIANA
ACTIVITIES: Banner Corp 3,4.
MEMORIES: Bus trips; Blitzes at the beach; Santa Monica; Lori; Mar; Hawthorne; Christmas Dance '72-'73; Long Beach; Al, John, Horny, Deanne, Peggy; The Ace; Going to the Mountains; Steve; Greg; Love to my family.

DONOVAN, SUE (RED)
MEMORIES: Parting with the gang; Shawn, Ron, Gregg, Penny, Debbie, and Buda; Dancing; The summer of '74; The beach, mountains, and sailing; Surfing with Clowey; The good times with the one I love "Shawn"; Christmas Dance; John; Surf contest; Cardiff; All my friends; Feb. 1, 1973; Meeting new people!

DREW, KIM
MEMORIES: Long Friendships and Crushes; "The Gang"; Lynn Inman; O.B. '73; Meeting new people; Christmas Dance '73 with Kurt; 9 on Yuk; Reservation Streakers; Times for getting together; Spokane; World's Fair, the Riverside and Coeur d'Alene; Dave; Dream come true; "Big brown out"; San Elijo; Pine Valley; First and best concert, ELTON JOHN.

DUARTE, CINDY
MEMORIES: Eight years of friendship with Cathy; Lo, M.T.; J.S.; Crawford guys; Avalon; Dave; 12-7-74; S.M. River; B.B.C. Summer '73-'74.

DUFFY, MIKE (DUFF)
ACTIVITIES: Cruisin'
MEMORIES: Sold black La Bomba; Shepweirdo; Ace theater; No ciatation and off road club '74; Busted speeding; Gang fights; Sue; Keep it cool brother fool; Bongo Power; Going broke; Football games; Pizza Hut; No hinder hand ball; Chevy Power; Down with F.F.A.; 12-16 5's; The gang; My Parents; Ace mechanic.

DUNQUIST, CAROL
ACTIVITIES: Gymnastics; Modern Dance '74; Drama '74; Dream Girl; Football games; Cheering.
MEMORIES: Christmas Dance of '74; Idylwild Choir trip; Strawberry Creek and Caberet '74; Choir '73-'75 Staff-VP; Pops Concert of '75; Career Development; Dental Assistant; Mr. Vogel (Notebook); All my friends and fun times.

DURAND, JOHN (JOHNNY NEPTUNE)
MEMORIES: My Frosh yr.; The Butt Hill; All my Bro's; Pat, Bill, R.Z., B.S., B.R., K.B., J.S., L.B.; Rocky Snow nights at Cardiff with Peetes; Dawn Peeters shes my baby, shes my sweety, shes my lover, shes my pal; Your the best and I love you.

E

EKHAML, KATHY
MEMORIES: 10-27-74: Many parties with "the gang"; McKittriks; many many laughing times with Kim-all our gut level talks; "S.P. at McDonalds"; S.C. Canyon Picnics; 2-17-74; Laughing, crying, learning; "Time in a Bottle"; 1,000,000 Baseball games; Beach House 74; And most of all the one who's found the real me-my babe, Mike.

ENGELKE, THOMAS (TOMMY)
MEMORIES: Car Wash; Library Club and books and more books; Mr. Vogel; ROTC Group; Balancing books in ACCTG; Friends.

ENGLE, DANA (SUNNY)
ACTIVITIES: Corps 2; Choir 2,3,4; Choraliers 3,4.
MEMORIES: Knowing Jesus as my LORD and Savior; The Love of Friends P.W., S.E., P.H., T.Z., K.B., M.B., Kathy; Banning #4; Niffer; Rudolph; Sugar Daddies; Magic; 16th birthday; Santa Cruz Camp Caroline; LYA; C D 74; My Kids.

ENGLISH, PRISCILLA
ACTIVITIES: Choir 3,4.
MEMORIES: 7-13-73; Disneyland; Becky and changing partners; Lu Ann-The bomb; Fred and the darkroom; Strawberry Creek; Meg and Jerry; Biology jokes; My Chevy; Mrs. Lorsch; My family; Summer of 74; 7-17-74 thru 7-20-74; JIM.

EPPS, RICHARD
ACTIVITIES: Football 1,2,4; Wrestling 1; Track 1,2,3,4; Lettermens club 2,3,4.
MEMORIES: Michelle and Shelley's birthday cake; Derrick the (flirt & Kung-Fu fighter); problem parents; homecoming 74; A.C.'s Ring D.A.!!Mel; Mary; Lil' sis. Leslye; Rubi; Licia; Val; KS.; and the rest of my friends.

ESQUIVEL, FRANK
ACTIVITIES: water polo 3 yrs.; swimming 3 yrs.; soccer 2 yrs.
MEMORIES: Morning work outs; summer league; water polo; Jon; shooting B.A.'s in the showers; Mike Hofmann's head-up butterfly; eggbeater; armpits; and sprints; doing boggies after a soccer game; the night we toilet papered Coach Cour's house; after game dances; swim team beach parties.

ERAUTT, SHELLEY
MEMORIES: friends and good times; sophomore year; pumpkins; 16th birthday; the carnival; vrooms; but why?; wrong numbers; 3/30/74; C.D.O.; "even"; 4:00 a.m.; camping; the gun; Ruth's house; Greenvalley Falls; 8/10/74; Chip; three little words; our little one; Big Bro; special thanks to Debi.

EVANS, CAROL
ACTIVITIES: basketball; Campus Life.
MEMORIES: fun times; special friends; C.H.; M.F.; D.C.; tall club!; tp job; certain cars; watch out!; fashionality night; Hula Hop; Prom; Xmas dance; basketball J.C. games; Hume Lake; State Dances; bumping around Winchells; Sears; UNI; N1S112; crazy years; Chevy; cruzin; S.M.; K.M.; K.D.; foxes; sunshine; smiles; my family.

EVERHART, CANDY (KAINE)
MEMORIES: Blacks; Ford Courier; Dave Mason; Lance Leroy; blue truck 57 Chevy; 72 engine; 350 4 Barrel duel exhaust with Glasspacks; I'm not a present for your friends to open this girl's to young to be singin the Blues.

EVERETT, KIMBERLY JEAN (KIM)
ACTIVITIES: TARTAN staff 2,3,4; swimming 1,2.
MEMORIES: Ernie's house; Mary and crew; water skiing; S. Mission - the guys - J.; J.; J.; K.; R.; my casts; wheelchair; beach houses '73; S.P. at McDonalds; McCain Valley; my friends; beach boys; doobies; Deep Purple; B.I.O.; 'tour'; J-room - "Did I really say what I just said?"; being in love - unique and challenging - Jim.

F

FATTIG, KATHY (MUNCHKIN)
ACTIVITIES: volleyball 2,3,4; gymnastics 2,3,4; CSF 2,3,4.
MEMORIES: our gang; 6-3-71; Christmas party '72; volley ball '73; Renee and that mean person; surprise parties; the beach; L.T. and movies; swimming at Leslie's; Ms. Lee; Mr. Higby; R.T.; Mrs. C; Steven Alan; general messing off; leaving at last.

FELDE, DEBBIE (DEB)
MEMORIES: My Punkinface; White Bomb and Pizza Bug; Summer of '74; Dancing till 2:30 a.m.; Drunky Monkey; Concerts; T.M. and Beach House; Seventeen; Good Friends; Spring; Basketball games; Sailing; D.S.P.; B.K.'s party; Staying at K.C.'s house; Santa Cruse; RIKKI and good times I had.

FISCHL, FRANK (FARKEL)
MEMORIES: Danie Flying K and circle Ranches; Wyoming '72 - '74; River '74; pig roast; Mark and his 95 car; Eddie at Riverside; Cajon Speedway; Painting Grossmont; Tom, Rick, Rollie, Alex, Ace, Mr. Nance, and the Floods; Hiking and haying in Wyoming; Sally T.

FLACK, STEVE (SPACE)
MEMORIES: The mountains, San Luis Rey; Fiesta Island; Carrots property with all my friends; Bali Hai with Bob; The Christmas Dance; Memories with Sue and hopefully more to come.

FLUHARTY, SUSIE (SUZ)
MEMORIES: Cheer; My Boomshala Buds; Bushes at USC; Frosh Year; Prom '73 Oct. 21 meet; News Year '74; Night of 2/10/73; ELTON: Brother Danny and Friends; Ooh; Easter River Trip; Beach House; Drifted to Hawaii?; Quesadia Munchies; Jeff, Mert, Juan, Carial, Teri, Lo, DAVID; Halloween '74; Lost in a mascracl; Hot wheels with Lyn and Kath.

FOOTE, KRIS (FOOTIE)
ACTIVITIES: Y-teens 2,3,4.
MEMORIES: Steve; being happy; 7-11-74; ICGEOY Love; Our beach house; that morning; center-field; the talk in the VW; Connie
and her apt.; our 2nd home; Groucho; Fractured Flickers; X-mas Dance with Steven '74; Kim (KC); Little EK, Cindy, Beci, Kim E., S.G., K.A., D.H., B.S., McDonalds (SP), (AP); Partying; Loving and being loved.

FRANEY, MIKE (OPIE)
ACTIVITIES: Football 2,3,4; Golf 3,4.
MEMORIES: Learning the ropes; Study Hall; South Bay Trade School Scholarship; Weight room and Hell Week; Big Boomer; Kool and the Gang; Meeting new people during all four years; The Wave; The Count; Menagerid of massive quagmires; This is a complex problem.

FREITAS, SANDY
MEMORIES: Really; Raspy; Rowdy; Rubble; Rousers; Arn and Deb; Griff; Henry Grant Christmas Dance '71; Pat and the Prom '72; The Scotts; Christmas Caroling with Cut; Rodriguez Man; Homecoming '74; Kid Parker on July 27; The Yellow Bug; Always being a point away; The Geeks; Always Partness; The Festas; Classes with all my buddies at school!

FRENCH, JOHN
MEMORIES: Mr. Ramsey's science and chemistry classes; Mr. Vogel's biology class.

FROST, JULIE (FROSTY)
MEMORIES: England '73; Damion born 5/10/73; Olsen and Pirie; SW with Theresa; Crafts, crafts, crafts; PE with Dianne; Judy; Theodora; Moto-X and ridin' the minnies; #13 to#1; Eastridge Vet; LMFD; Mr. Echert; Mrs. King; Alicia; Darlene; Phyllis and all her kin sandpits.

FU, SHIRLEY (SUGAR)
ACTIVITIES: Speech; Highway editor; I; UN; Modern Dance Club; Senior Board.
MEMORIES: Mitt; R.T.; lunch; football; MCP; cast, crew of "Death of Salesman"; SPEECH; modern dance; After game dances; Becki; cutes; sweets; nuts; tears; laughs; my pals; Hula Hop; Steve; Ken; summer school; pizzas. . there are so many things . .

G

GAMACHE, KATHLEEN
ACTIVITIES: Hi-Steppers; Modern dance.
MEMORIES: July 4. 1973; offering all I had to a /1 corps; contestant; Shasta Dam; my second school; hat?; Greg's tartan and left arm; Live and let die; Bongo Bun's life; bestest advisors; banquets; miracles; 73-74 leaders; camp, bent needles and sore bods; "Special Acquaintance"; my wrestler; family and friends; knowing Tim.

GARDNER, DOUGLAS LA VON (DOUG)
ACTIVITIES: Baseball, Tennis.
MEMORIES: Mark R. -Lopez; Sierra Trek; SKIING: Morm on jokes; Labeas; T.B.; L.W.; Death of a friend; Visailia; Whit buttin; Geography with Becky; Study hall; with Becky; Special friendship with Kathy; Azure 73; Sunset park; Twain; Old and new friends; Mike; Matt; John; Dave; Doug; and our gang.

GATES, SHARON (SHERI)
ACTIVITIES: Girls League 4; Campus Life 2,3,4; Y-Teens 2,3,4.
MEMORIES: "Hawaii 72!"; V.V. 73 and 74 with Lori; Dave; centerfield; Palomar with Kathy R. ; Dowmieville; my parents; Hume Lake (the search!); Karen's apt. and thuddies; Diver with Kathy A. and Connie; Movies with Rachel; Kim C. and ice water; Greg; Special times with Washington D.C.; Darlene; Marlene; zipper; Christmas dance!

GENSER, MIRIAM
ACTIVITIES: Choir, Choraliers; Drama.
MEMORIES: All my wonderful friends; Rubenstein-G.G.; "Drunkard"-Piano-"Poseidon Adventures"; Carousel rings; 50's dance-C.K.; Choir trips; Campamentos-"Great Escape"; Summer '74-"The group"; Parties; Beaches; Mission Valley; Heidi's surprise party; Friday nights-football; TP-ing; "ERA"; Donald's Espanol; Caroling; Christmas dance with Steve.

GILHAM, DEBI
MEMORIES: Big Bubba; Dica; Lake Murray friends; Heinikins at my house; Rosebud gang; Highwood 8017 day and night; Falling apart and getting together again; "Summer of 74"; Primo;Sue and Cindy's; Riding the waves; Week-ends at Zana's; Mts. devels; PB; TATDI; Mex. our house; 1/4 keggers, RAH!; Xmas "74".

GIOVINAZZO, PAUL
ACTIVITIES: Varsity Cheer; Speech; Peer Counseling; Shows.
MEMORIES: Ava' "Ganuk"; Number one; Peter Pan; Birdie; Dolly; Oliver; Barbara who!?; Sand castles with Ron; La Voris; Fred and Ginger; Andre; Larry; Regan; Kathy; Nancy; Myra; H.T.; Sue; Diane; Recettes; Ejote Cosita; Ditching with Peggy; Yessed out; Showboat; Tacky Bill; Nancy.

GIRULAT, ANN (ANNIE-O)
ACTIVITIES: MCP secretary.
MEMORIES: Each must follow the beat of a different drum; Espranto; Hawaii 73; The best day of my life-May 15, 1974; Paula see you at lunch; Heidi is growing; Phill and Runk tennis someday; Adios J.D.; Rm. 27; T.W.

GOODSOLE, JOCELYN (TOOTS)
ACTIVITIES: Hi-Steppers 1, Pub. 2, Pres. 3.
MEMORIES: No. 1 Drill Team; Pres; Bus Trips!; FRIENDS!!; Pops Concert Jr. Year!!!; T & T Mustang; Crusin; 16th, 17th B. Days;J.B.'s friendship; Special times with Wanda; My family; Christmas Dance 74; L & M concert!!; Trying to beat the system and learning; Graduation; Prom 75; Jim; "You make me feel brand new"; our future!.

GRAY, KAREN
ACTIVITIES: 1-10; 3 Musketteers; Susan; S.P.; Spinteretts; C.P. & Pick-ups; Living Ends & Ch. rallies; G.J.; 16; Congress III; M. Stranger; "Never rains in S. Calif."; New Years 73; Friday the 13th; BELMAR & L.C.; Becky & Sharon; LBC gang; Prom & After Prom 74; Jack &meetings; LuLu; Homecoming 74; TXOYE!

GREENE, TED (MEAN)
ACTIVITIES: Football 1-4; Wrestling 1 & 2; Letterman Club 4; DECA 4.
MEMORIES: All my friends; Lunch breaks; Dubbie Brother; "Hey Heada"; Parties; Dances; Diving;Fishing; Hot dates; People I never got to know; J.L.S.; Christmas Dance 74; Dedication; The team; Charlie; Being sore; Having high goals in whatever I do; The future.

GREENE, TOM
MEMORIES: Oceanography; Diving with Ray; Ted; Heada and Headless; Working and having fun in the mountains; Suburban; Hogging; Hockey games; Stogies; Broken rods; Sick Ray and San Vicenter; Mexico July 4th; Disneyland; Old Town; Fishing; Fireworks and lots of other fun times with Renee; YATSOML; Good times with friends.

GREER, BARBARA (CHUCK: BIRB)
ACTIVITIES: Orchestra 1-4; Tennis 2-4; "B" Basketball; Softball 2-4; C.S.F.; Class Treasurer 2-4.
MEMORIES: Sports; Unorganized orchestra and Mr. Kirk; Coaches; Teachers; Kathy; Cathy; Teri; Beth; etc; Mr. Higby's seminar; Car washes; Mrs. Bietz; Rehearsals and more rehearsals; Torchbearer in 74; most of all, Timmy.

GREGORY, LUANN
MEMORIES: Boogie Woogie; Crusin Chevy; Plays; "Parties"; Poseiden Ad venture; Oija; Elaine at blacks; Ditching; Mariboobies; Tickling; Talks with Jim; Cheering; T.P. great chase; Singing and secrets; Peace children; Airports; Vacuum; Concerts; "Tahoe" hunting lodge; Good times with terrific friends; apples; Pizza; Marshall and craziness with Elaine and Sue.

GRESS, PHILLIP (THE DIP)
ACTIVITIES: Tennis 1,2,3,4.
MEMORIES: "Geeks"; Flat tire at P.V.; Walking through; Being a volunteer fireman; "Summer of 74"; L&M; O.J.; Moe; Mac; Sheila; Shelly; Kathy; Nobles; T.P. ING: Simmons & Smith; Car Rallye (lost in Santee); Cute Knees; ESQ Maggot.

GRIFFIN, SHARON
ACTIVITIES: Swim team 1,2,3,4; Fling staff 3,4.
MEMORIES: Fling sports; Padres 74; Paul and frog Biology; Mac'n Mrs. McDaniel; Workouts; "Stud row"; Bud; "Hot dog"; Crazy Terri S.; The crazy things we did with "El Jefe"; Sandy; Tony; Jimmy; Don; 72 Olympics.

GROVE, RAY
ACTIVITIES: Football 1-4; Baseball 1-4; Lettermans Club.
MEMORIES: Christmas dance 73,74; Hootmon 72; P.J. Brothers; Malouf; Hawgin; Diving; Cuyamaca gang; Edgar Winter; Stewart's party; Heada's; games; Fishing; Cous; Coach McNeil; Ash; Cassidy; Arnaiz; Matheson; Lucus; Vinton; Snails; L.A.G.; Aztec games; Beer & Broads; Hawker's; Trash cans.

GRUE, GARY
ACTIVITIES: Swimming Varsity; (AAU); Bicycling; Study?
MEMORIES: Freshmen; McCain Valley; Bill's phrase "on the moon"; Charlie's

brain power; Sophomore; Attaining varsity letter in swimming; Junior; Bicycling to mountains and back; Mt. Laguna Snow; Comet Kohoutek; Senior; Mr. Vogel's blank lectures; Greg's 62 volvo; Honda 160; Handball; Football.

GUENON, PAULA
ACTIVITIES: Tennis team; Subeard TARTAN staff; I Club.
MEMORIES: Listening to Kathy's adventures at lunch; Jr. class meetings; Christmas caroling 73; Tennis team 71 through 73; In Mr. Wood's Pycho class with Kathy, Karen, Kathy, Leslie and Shelly; Mr. Lueke's class; Christmas dance 74 with Paul; Joking around with Carly 74.

GUERRO, JULIE MARIE
MEMORIES: Times with Irene, Lyn, Theresa, Patrice; "That special guy"; "The thing is. . . "; "But what can I say"; Chases; Crusin; Before friday games; Drive-Ins; Beach at night; "Get togethers"; Concerts; "And they call us 16-9-7-19"; X-mas dance; Summer of 72 & 74; Having special parents and friends to talk over things with; Straight.

GUTGESELL, JERRY (GUT)
ACTIVITIES: Tennis 2,3,4; Campus Life 4.
MEMORIES: T. P. ing; Crusin; P.V.; Christmas dance 74; Football games etc; Experiencing life; Dreams; Special thoughts; Sharing myself with others and especially Cheryl Simpson; Mountains; Good friends; Good times; Being free; Being myself; Life is a natural high; Beyond a dream?

GUTIERREZ, YVETTE
MEMORIES: Summer of 74; Vacation; Beach; S.S.; Good times; P.E.; Swim; Friends; Tennis-Doris; Fun; Lunch; Shirley & twinkies; Pam & Boys; Talk; Laugh; Becky; Sophomore yr.; Olga and English; Weekends; 3 yr. Grad; Head on & stare down the halls; & J. 57 M.G.

H

HADA, CHERYL
ACTIVITIES: Hi-Steppers 3 yrs.
MEMORIES: Hi-Steppers; Dana, JeNell, Sharon; Mesa; V. buttons; C. worms; Big Bear; Meeting a very special person, Curt; Triple dates; Hockey; funny 49; Football 28-26; 2nd Lt.; Balloon Mommy; Miss Turner; The leaders; Big E.; distance; Good luck to '75 Band and Corp.

HAIDER, PAMELA (POOPALA)
ACTIVITIES: Campus Life 2,3,4; Hi-Steppers 3,4; Social Historian 4; Fling Business Manager 4; Nominating Convention 3,4.
MEMORIES: Hume Lake; B.B. Birdie; Eastridge Veterinary Clinic; Indubitably drunk; Sugarbutt; Duckie; Many Good Times Co.; Sweepstakes-Arcadia; Fling office; U.F.O.'s; L. and M.; "It's Coming"; Stud-y Buddy; Bus Trips; Summer '73; Parties; T.P.ing.

HALL, LORA
MEMORIES: Three year grad; Rushing out to Grossmont and talking "blue streaks"; People at FUMCLM; Easy Algebra; Friday nights and weekends; Rusty; sisters; BUY M; ASP; Weird lunches; Dr. Peper and Sandra; Rick and Gary; escorts; "Pinkie"; "Wheelin'-dealin' " with Virg; Love ya!

HAMLIN, JAY (J.T.)
ACTIVITIES: Band 9,10; "11, 12 B.M.O.C."
MEMORIES: Band trips; Mark Preece; Arizona with IDA: "Curt and the pipes"; Tocatta; Rose Parade '72; Draino bombs; Bruce the moose; Halloween night; Peggy L., Kathey B., Suzie, Christine C.; Jack 58, 65, and ESP. 54; Torqueing it up; Fishing at O.B. and especially- all my love for Gail Whitright.

HAMRICK, JOAN (JOANI)
MEMORIES: Palomar; Reservation 10/21/73; Henshaw; Kern; Putt-Putt SR and JR; THE FLYNN'S; Arizona; Disneyland '74; Mrs. Bolorick; Good Times with Sharla; Partying with the gang (Nancy and Julie); Mike, Sandy, Lorie, Amy, Rob; Learning the ways of life and sharing the best of them with PAT.

HARRIS, TERESA (HEAVY LIPS)
ACTIVITIES: Hi-Steppers; 4th Lt.; TARTAN; X-Mas Dance.
MEMORIES: Birthdays 16 and 17; Mighty Mustang; Cruzin; First Love, Bob; Hockey games; Fruito; Blue Nova; Beach Boys; HARRIS 'n' COMPANY; Chaffey; Arcadia; Arizona; #1 Corps; Bus trips; Practices; My drum major; Special talks with special friends; Brother Louie; Dasies; Roses; Cherrioes Kid; Trina's Beach Party; Summers; Arkansas; Letters; T.C.; Fish; Lori's great friendship; Summer '74; Carrot top, "Mother"; Gage; X-mas dance '73-'74; Freak; Ochee; Poems; My Love for Christ; Mr. Ray; Tartan deadlines; Piggin' out; Frizzing! 99; El Grovo; Fridays; 1st T.P. job; Princess; Sheryl; Joey-soul; Rafferty Girls; Candy Man; Oldies but Goodies; A weekend in Hollywood; Heart-breaks; TWWW; Four years of treasured friendship with my little Trina!

HARVILLE, MARTHA (MIGHTY MOUTH, M.F.)
ACTIVITIES: Marching and Concert Band 2,3,4; Orchestra 3,4.
MEMORIES: Campillinile Thugs; Vista; Paper Airplanes; Bus 2; Loading Crew; Blab and her funny laugh; Cruising on Friday Night; Drinking malts at Pops Concert Rehearsal; My Stud, and my weird Friends; Blab, Bina, My brother TWIT, Berly, Strut, Banana, J.J., and Teddy Bear and most of all my senior year!; GOOD BYE!

HART, RICHARD (RICK)
MEMORIES: Going to San Jose with friends; Disneyland with Joan, Rhonda, Leah, Gary and Nick; Beach parties on Saturday nights at La Jolla; Bike rides in the mountains; The Christmas Dance with Joan.

HATTAWAY, CONSTANCE (CONNIE)
ACTIVITIES: Y-Teens 4.
MEMORIES: Summer of '74 with Pound; July 26; Apt. C's; CHARLIE: Groucho; Psych. with Oldie; Knee pads; Parties; Great Escape; Primo '72; River; Knowing Dinty Moore; Sharon, Kim, Kathy, Brain (B.K.); Kris and Steve; Beci, Bill, Pete, Wendy; The Gang; Mailman; Dinners; Xmas Dance; Excellent Senior year!

HAWKINS, MICHAEL (JAMIE)
ACTIVITIES: Wrestling
MEMORIES: Peter John Lagorio 2-26-74, 6-10-74; Washington; Camping; D.B.-D.N.; Friday nights T and T; H. 350; The Beach; ALL the good times-Everyone I ever met; And most of all finding and loving Denise Reoux.

HAWORTH, MICHAEL (MIKE)
ACTIVITIES: Swimming
MEMORIES: NFriday nights with Tonto; M.M.; S.J.; T.H.; The Gang; Football games and the Ace Backpacking club; Young Life; Swim Team; The Desert; BUZZ; Truckin around; San Jack; Can't forget Nov. 8,9,10 of '74.

HAYS, JENELL (JENNY)
ACTIVITIES: Frosh Glee; Drama; Sr. Board; Hi-Steppers; Modern Dance; CSF; Chess Club; Science club.
MEMORIES: Arcadia-Best Corp; The Band; Bus trips; Kitten; Disneyland; Jr. Class Prom; Featherstone; Social Living; Mesa, Arizona; Marcia; June, Paula, Bill; Christmas Dance; Peter; Shop; Drafting; Sharon, Randy, Serenna, Teri, Linda, Jay; Special . . . Bill.

HEATH, CHARLENE (CHAR)
ACTIVITIES: Swimming; Basketball.
MEMORIES: Good Times; Lunch with S.J., M.M., S.P.; Pizza; Frisbee; Friday nights with S.J., M.M., S.P., T.H.; Noga; Xmas Dance '73; May 11, '72; El Monte Park; A year and a half full of love and happiness with Mark.

HEATH, MARLENE
ACTIVITIES: Banner Corp 2,3,4.
MEMORIES: Lori; Dos Cabases; Balboa Park; Beach; Pizza; Ron; Arcadia; Christmas Dance '73; Knott's Berry Farm; Diana; Oct. 31, 1974; Mexico; Ace; Arizona; Disneyland '72,'73; Santa Monica; Hawthorne '74; T.C., John, Al, Rose, Steve, Donna, Horney, Greg, Cathy, Janet, Family, Love to Mom.

HELMS, SUSAN
ACTIVITIES: Tennis 1,2,3.
MEMORIES: Senior year; Super good friends; Sharon; Vics; Wendy, "Borg"; Playing racquetball; My beautiful parents; Precious moments with the one I love most, the Man who died for me!

HENDON, REBECCA (BECI)
ACTIVITIES: D.E.C.A.; Y-Teens.
MEMORIES: Problems; Parties; Concerts; Parks; Mondays with J and L; Footes House; Ace; Snakes; Xmas Dance; Chicken legs; Freshies; Mark Walker; Thanks to Mr. Boone; Debi and Jim; Hobbs; My Mom's patience and help; 29th loving and learning of life with Larry; 4th, my very special love, Michael.

HENRY, JIM
ACTIVITIES: Varsity P.E. 3,4.
MEMORIES: Baja trips; Ooly; The zoo; Grossmont; CoCo's; The bag room; Sun mornings; Ross; Palomar; Parties; 18; Sally's; Robin C.; Mike S.; G.G.; M.B.; J.B.; H.J.; J.L.; Studdard's; My days off; and grad.

HESKET, JACK (DELETED)
ACTIVITIES: Band 1,2,3,4; Pep Band 1,2,3,4; Concert Band 1,2,3,4.
MEMORIES: Roses 72; Long Beach 72; Rice Pudding and cherry sauce; Tina; Long-hair Bruce; Ugly Alter; Arizona Keats; FOKAROLO; The good and bad times with Donna that I'll always remember; I'll always love her.

HILL, PHILIP
ACTIVITIES: Assorted festive occasions.
MEMORIES: Tom Brenhan who won't get a good note in the yearbook from the staff; The day two teachers turned us in for having a guitar as loud as a cheap transistor radio; And kicked him and twelve other people out of school, him for smelling like canabis.

HOBBS, LOUANNA (LOU)
ACTIVITIES: Banner Corps; Choir.
MEMORIES: I will always remember Beci Hendon, Shelly, Toni, Jodi, Dawne, and everyone else in Band (Greg) and Banner Corps; All the good times with Dave Baker; Happy Birthday Dear Jesus; Caravel.

HOFFMAN, ALAYNE (AL)
ACTIVITIES: Speech; Music.
MEMORIES: Recorders at lunch; Fiddler on the roof; Mother Earth; Owl; Looney Tunes; Oboe Power; IDRS: SDYS: CYO; USC Idyllwild; Southand; Drvian; Holtville' Las Vegas; Starlight; Swan of Tvenela; Maurice; Musicians Union; Koblentz; Mesa; Nancy; Larry; Paul; Martha; Jill; Laura; Cathy; Cindy; Andie; Gregg; Charlene; Buddy; Jan; Jon.

HOLDERER, DENISE (DENNI)
MEMORIES: Great friends; All my crazy crushes; B.J.; J.S: San Onofre #19; Surfers from Texas! Mike and Bruce (Howdy) sunsets; Meeting . . . ; 3-D; Waiting and planning; Biology eats with Kory; Parties; Del Mar; Hula Hop w/J and L; Ts good and bad; Learning-they're all the same; Mrs. King; My best

buddie Lillian and sharing families.

HOLMS, MICHAEL
ACTIVITIES: Cross Country; Track; CSF.
MEMORIES: Palermo's Pizza-Heart Burn; Learning to drive-what trauma!; Mr. Vogel and the Ice Cream bet-Dragonfly-Odonata; Mile 4:32; C.C.; League Finals; 17th; Mt. Sac 9th; Aztec 13th; Opel 67; Corvair 61; Skiing at Mammoth with Randy; Cheryl; The Christmas dance; Bill; Cathy; And Peter.

HOM, LESLIE
MEMORIES: Cheer; "Partners"; UCLA & USC camps; Homecoming; Christmas dance; "CUT"; Sr. Math; POK; "My BIG brother"; GEEKS; Banana beach; Green Valley Falls; Uncle John's; Surprise parties; Pizza; VW 4th of July Pole; Woo Chee Chong; All my buddies, especially Leslie, Eileen and Melissa.

HONZ, CHERYL
ACTIVITIES: Tennis; Y-Teens; Campus Life.
MEMORIES: Palm Springs 73; Barb; Carol; Mary; Parties; "Oh my"; Christmas dance 74; Vacation Village; Knowing; Volunteer Firemen; The Geeks; Picnics; Beach parties; Boone; Ray; Big Mac; Funny looks; BBPC-Diane; Switch; Squirrel; and my friends; Carol; Denise; Kathy G.; Margie; Shelly; Kathy; Donna; and Joe.

HOOVER, BRUCE (BRUCE J.)
ACTIVITIES: Football 2,3,4; Surfing 1,2,3,4; Track 2,4.
MEMORIES: Crazy MRs at La Jolla; Football parties; Being with M.C.; K.B.; L.B.; C.S.; T.C.; Making ten foot top to bottom at sunset cliffs; Christmas dances and most of all Tammy; Picnics; Dinners; Movies; and being together; Shafted at La Cocina; Being what I am.

HOOVER, DIANE
MEMORIES: K.P.'s orchid; "My Thumb"; Nash B boys; Kahns' class; Mellons trips; Andre; Gymnastics; Out to lunch; Driving Henry Bolder Creek; Ride home from Rhor Park; R.T. and R.G.; Hunka-Hunka; Motorcycles; "Susy Copper"; Crafts; SNOW: Weekends; Being late to work; and Scaggs!

HORMON, GREGORY (GREG)
ACTIVITIES: J.V. Football; Varsity Football; Track-Mar; Wrestling Mgr; MCP; Key Club.
MEMORIES: Mr. Ramsey; per 4; Chemistry; R.T. Woods; Playing Cards; The 50 Plymouth (clunker); Broken ankle; The gang in Drivers Ed; Mr. Munch's Cow Hearts; Kicking around frosh; Chris Wamsley.

HOSKINS, FERN
ACTIVITIES: Swim 3,4.
MEMORIES: Prom; Christmas dance 74; Fun in Voc Dup; Friends; Swim work-outs; Meets, and the team; Mrs. Loftus; Mrs. MacDaniel; Mr. Roang; Dave and Craig; Love; Happiness; and the future; My Grandmother; Everyone and everything.

HOSKINS, WILLIAM (BILL)
ACTIVITIES: Cub reporter for the Fling.
MEMORIES: To Mr. Hill I leave my knowledge on "How to be a good salesman and not even try to be one".

HOUGHTLIN, KIM
ACTIVITIES: Band; Orc; Pep & Stage Band.
MEMORIES: Roses; Strut; Marty; Rock; Heidi; Terry; Blab; Brownie; K,R,S,S,G,R,J,S,M, Church; 16th birthday; Sum. Plays; Big Bear; Blanch; Rid; Concerts; Blitzes; Vista; Ariz.; Parents; Parties; Rivals; My Babies; Ore; Gram; Ceres; Foxy; Christ.

HOWARD, VIRGINIA (VIRG)
ACTIVITIES: Gymnastics 2; Speech 2.
MEMORIES: God doesn't give us an eraser; He gives us His Love; Those who wish to begin again by erasing the past wind up with an empty blackboard, not a new life; Lori; Tami; Donna; Mitt; Family; Speech; FUMCLM; ASP; YPC; Love; Confusion; Hope.

HUBBEL, SHERRY (CHARLIE)
ACTIVITIES: Frosh Glee; Choir 2,3,4; President of Benchwarmer's.
MEMORIES: Choir trips; All of my friends; Meeting Kenny at McCains Valley; 9-1-73; Homecoming 74; A very special friend Armando Salazar; Beth's colds before a concert; Concerts; Choir rehearsals; Steve Threlkeld; Good luck to all of my friends.

HOUSH, DONELLE (DONI)
MEMORIES: Forever great memories and the best friendship around-Wnada; the C's; Always my very special friend, Jan; the B's; My great parents; Charlie; M.R.; Car accident; Prom's 73-74; Hawaii 72-73; My camero; Concerts; Mr. Test; R.C.; SDSU- Steve; Gambles; Good time prod; "Oh doctor"; Dreams-Aggs-"The one and only"; Learning from my mistakes; Friends.

I

INGRAM, KEVON (BABUSHKA)
MEMORIES: Arcadia '73; Mike; KIJM; Henry; Senior Class '74; Hi-Steppers; Texaco; Streakers; RT's 2nd period Government Class '74; Doll; Zorba; Lollipop; Alford; A Dollar-Five!; Leuke's Moustach; Betty; NASH; Moustaches; 4-17-73; Homecoming; Alumni teas; Madame sugar; Miss Garcia; The I Club; Strawberry Hills; Long hair and concerts.

IVERSON, CANDY
ACTIVITIES: Swim team; Choir; Y-teens; CSF.
MEMORIES: Sherrie, Karen, Sharon; All the stupid things we've done; Karen and I in Choir; 1973-74; The best year; j-i-b; Lunch; Picnic; All the good times; 3-22-74; Most of all Harry and whats' ahead.

J

JACKSON, RICHARD (FLASH)
MEMORIES: Heads above water; S.P. at McDonalds; Deep Purple; BTO; Elton John; Christmas Dance '73; S.C. Canyon Feb. 17, 1975; The tunnel; Mr. Baver; Anyway; Bubble No. 122, 127; Liz and Biology; Boon's Class; Carlin's Elevator; Not in the car; Lee the worst; Drakes Class; The gang; Brown Out.

JACOBSEN, DAVID (C.B.)
ACTIVITIES: Drama; Sr. Board; CSF.
MEMORIES: C.B.; Plays; Fruit Salad; Blacks Beach; Eve and Art; Cast parties; Good friends; Don's goods; Sue; Heidi; Ouji Night; Poseidon Adventures; Dorothy; Good Teachers; German activities; Hammer; Microwave; Eric's Attack's; Gary's Laughter; Jack's Diplomacy; and Wags.

JANSON, TERI (TJ)
ACTIVITIES: Tennis team; Backpacking Club; UN Club; Fling; Explorer Post.
MEMORIES: Katalina and Moutevickisorro; The beach; Ushering Friday night games; "Uie" turns; Farrells; Herr bird; K's "Surprise" party; My PJ's; Carolling; Tennis; Stonewall; Seminar beating Burb at pool; Ice skating; Fling; Tijuana; Living end; Thoughts; Dreams and fantastic friends.

JARVIS, CINDY (JARY)
MEMORIES: Times with Bobby and whom I wish happiness for his future; Understanding my Mom; Mondays with Leah and Beci; Trying to help a good friend Mard; RESTRICTION . . . Kor; Footie; Becky, Cin, Trudy, Martinez, Kim W.; and someone who means a lot to me Bernie.

JETT, DOUGLASS (AICPLANE)
ACTIVITIES: A.S.B.; Senior Board; Deca; Band; Cheerleader; P.T.S.A. Rep.
MEMORIES: Bus trip Ida; Arizona; Chouffier; Jerry-Backpacking; Drunk ball fighting; Padre game; Dragging; Lunch at Jack-in-Box; The Gatekeeper; Bill Noble's party; Lyn-winning; Luann; Sharon, Jo., Debbie; Freeway; Surfing; I don't know.

JEWETT, KORY
MEMORIES: Having the best times with the best friend, Dawn; The sneaky weekends; Cardiff; Butterfield; Yosemite and Lake Tahoe; Cindy across the street; Denni; All the fun times; D.J.F.

JOHNSON, MIKE
ACTIVITIES: Golf 1,2,3,4.
MEMORIES: DW No. 58; Kuykendall and his absence from reality; Coke, Dan Lardo; Fish and Berg; All the breaths; All my friends; D.C.'s; Sting; The Droogs; Dr. Pepper; Dec. 29; Las Vegas; Phoenix; Notes; and especially Lauray.

JONES, TAMARA (TAMMY, TOOTS)
ACTIVITIES: Fling; Sr. Board.
MEMORIES: Heidi; Wellhullo; Cathy; Peter; Wantonrobin; Miercloes; 17th birthday; Xmas Dance '74 and especially Leigh; Circles; Mundane Mondays; Help; Gren-ray; GREENE; Trying to paste up "Fling" with Peter; Laughing with Cath; Death on Dallas; Sabotage; Delightful; Nancy's band-aid; Feature creature forever.

JORDAN, GARY (PUCKEY)
MEMORIES: I remember sticking freshmen in the trash can after freshmen orientation: Also when the fire extinguisher blew up in Miss Hyatt's Art Crafts Class; Crack's Room; all the parties over ther; and just all the good times.

JUAREZ, CHRIS (TIGGER)
ACTIVITIES: Speech.
MEMORIES: All my friends; Mia Maids; Laurels and Priests; "73" Xmas Dance; Hula Hop; Cindy and David, Evel, Liz; Kaniving against Poor innocent guys; Christmas Dance '74 with Connell; I kissed a Seal at the Zoo; Harpo and Tigger; I have the sweetest sister, Thanks for EVERYTHING; Yea Herbie; Errrrrrrrrrrrrrrrr.

K

KARCHER, STEVEN (STEVE)
MEMORIES: A time of growing, grasping abstractions, belonging to ourselves. Discovering and in the same instant losing. Turmoil, the draft, divorce. Love, lust, inability. And in the end becoming that passive, mature being. Watch ourselves slip into government regulated anamymity, melting, as did the ancient warrior, into the sun.

KATAN, CYNTHIA (CYD)
ACTIVITIES: Glee 1, Choir 2,3,4; S Club 1,2,3,4.
MEMORIES: Parents, friends, teachers; Choir '74; 6 Muskateers; Idyllwild; Staff; S Club; Members; Conventions; Meetings; Biology; Lunch; Eng. 3; PE 3; Candy Stripers; Bullos; games; movies; A and W ice skating; Lois, Heide, Cindy, Patti, Alex, and others.

KEATING, DEBRA (STUBLET)
MEMORIES: Freshman and Senior Year; Big sister Susie and helping each other; Let the good times roll; OB beached whale; Mountains "72"; (Cookie); Luann; The gang; Parents love and understanding; Loving lifes changes as it changes me; No regrets for the love I once knew; Jesse 10-6-72 -- 4-4-74.

KEATS, RON (TWIT)
ACTIVITIES: Band-(EVERYTHING 1-4)
MEMORIES: F.O.K.I.R.K.; Rose Parade '72; Autumn '71; The pole; 100 and 200 Club; Pam - Bus 3; The most wonderful person I know; R.O. Club; Papers; Long Beach; English IIIC and Mama Drake; Bite; Graduation Lock up '74; McDonald's; Handball 1-4; Band football; Martha - Sweetipie - Bus 2; Ditching; After Prom; Graduation.

KEETON, DON
ACTIVITIES: Parting 1,2,3,4.
MEMORIES: Federales; Pigs; Hoot Mon 9; Mexico; Parting Wagon; Brenty-Boy; Horton Plaza; Jim and Bonny.

KENT, KOLLEEN
ACTIVITIES: International Club; Nominating Convention.
MEMORIES: Jamul; September 4-74; Rock on; Getienepe; El campamento de espanol; Ushering; My Mav; The woman; Thinking You're cool?; AFS; Ice cream; Special friends; Ms. Whimp; Surprises; After game nights; Whipped cream pie; The queen; Luffly times; Headlines; Smiling and laughing; Bus trips; Vacations.

KIENER, LYNN
MEMORIES: Out with the Girls; Friday Nights; Pizza; Cruisin'; The spot; Fiesta Island; Give me a break; Coco's; Scheming; The gang; Heres the plan; Chris. Dance; Sum '73; North Park; 1st Love; KP; Palm branches; Doobie Bros; Gayle; Monday weekends; Steaks and what?; The great sneaks; Guadalupe; Midnight at the Oasis; Russell.

KILKANNY, LYN
MEMORIES: Harvard St. gang; Camping; Smart A; Dego Smith; Eye; Part and Con; Only in tenth grade; Christmas dance; Spending time at the Guerrero's; Pray meetings; July 17; Film as lit; Chasing and Cruisin'; Birthday '73; Talks; To my family who deserve more credit than I give them; FOREVER RUSS.

KINNAMAN, DICK
ACTIVITIES: Water Polo 2,3,4; Swimming 1,2,3,4; Fling 3,4.
MEMORIES: Water skiing; Big Bear; Lagunas; Citroen; Water Polo; Spider; Stitches; Morning workouts; Swimming; Beating Kitch and Silva in CIF; Xmas dances with Bugguits; Handball; Coach Crawford; Many Ninkies; Mr. Defense; Dale; Kim Tab; Sergeant Romance; Fami; Green Atoz special.

KITCHEN, DEE DEE (WILLY NILLY)
ACTIVITIES: Basketball 2,3,4; Volleyball 3,4.
MEMORIES: Mrs. Loftus; Miss P.; Pup-pup S' 25; '73; Eligibility; 1st BB game; "43"; Setting; Left field; Lines; Sara Lee; QP; Rabbit; Klien and all athletes I played with; Conflicts with Kahan; Lunch breaks; Truckin; Camping parties; Nance, Pam, Val, and all friends from Encanto . . . . . Mom.

KIYABU, GRACE (SAM)
ACTIVITIES: Swim team.
MEMORIES: I'll always remember Debbie Stoop; Ber Smith; Granite Hills; Dan, John, Mikes and Paul; The Ace Drive Drive-In; Party with Ber and Debbie; Aleide Botter; Kathy Howard; I leave happy and let all who is still here at this school good luck.

KLEIN, LINDA
ACTIVITIES: Volleyball 1,2; Basketball 1,2,3,4; Softball 1.
MEMORIES: Karen; Les; The time together; Rick, Craig, Renee, Artie, Torrie, Dan, Mrs. Autry; Football game; Coach and manager for trying; forgiving; Caring; Kathy and (Rustling) Tami for knowing and understanding; and especially him; I DO; Learning, trying, crying, growing, and loving; '72; Last game BP; Now forever.

KOEHLER, LINDA
MEMORIES: Great teachers and friends, especially Mrs. Patton; Hard work but lots of fun; Kelley & Boomer; J.P. &C.B.; H.B.; Biology; Driving; E. Vet. C.

KOENIG, DENNIS
MEMORIES: Lunch breaks, and being confused afterwards; Ms. Lee; Mr. Kahan; Free Concerts; Blacks; Clairmont; The garage; Hoover and Connie; Chuck and Craig and all the freaks; Barb; Lindy; Kevon'; Mary; all the rest, with love.

KOENIG, PAUL (KEG)
ACTIVITIES: TARTAN 3,4.
MEMORIESL Kathy; Nikon!; Southern Comfort; The beach and Mission; The portfolio; New York crazies; Jeff; Craig; aand Jim; Certain females; The lalce; Classes with Vince; Absurdities; Bloody Bikets; "I am God"; Grunches; Asking Kathy; Venceremos!

KONTOPULS, EVANS P. (ESQ, MBE, FONZIE)
ACTIVITIES: Athletics; Choir; Choraliers; Drama; Student Council.
MEMORIES: Frosh year; Tim; Toby; Uncle Carl; Churchman; Catalina; Debbie A.; John L; Drama & Choir rehearsals; Football 72; Beatles; Mark; Kevin; Plays; Pops Concerts; Ed; Dan "The cracker"; Deb; Paul; Don; Randy & the Rockets; Railroad Game; Hodges; "My Love" KATHY J.; Brothers and Sisters.

KOOP, SANDY
MEMORIES: Moving to La Mesa; Karen; Barb; Parking lots and Ellsburgh; Bev "total"; 5 on a spring-board; JOE; "excellent" the beach; Patty; TPing; Drive-ins; Concerts; Camping and Parties; Banner Corps and Band friends; Bus trips; Vibes and tegd; Burger King; Many happy times.

KOPTIONAK, BRUCE (K.O.)
ACTIVITIES: Marching, Concert, Pep, and Stage band 1,2,3,4.
MEMORIES: MY LOVE TAMI; Papers; R.O. Club; Halloween bombers; Stogies; Ditch; Bus trips; Bus 2 & 3; Pam!; Tina; Donna; Sharon; "Alterpuss"; "Twit"; "Toad"; R-O-B-E-R-T; Room #6; Summer play; Big Bear; THE GREAT LOCK-UP.

KRAUS, HEIDI
MEMORIES: Tammy; Poseidon Adventures; Elaine at Black's; Death on Dallas; Mission Valley; Peyton Place 74; Mr. Toad; Microwave oven; Tammy's compass miercoles; Disneyland; Don's chocolate chop cookies; Turning polkas; Donaldo's; The way we were; Sota Heimpel; Sre Costa; Greenray; Shadow; Apples; Keys; Fires and flowers and Joel.

KRETZ, STEVEN EUGENE III (SU, KRETZY, KREARZY)
ACTIVITIES: Basketball 2,3,4; Football 2,3,4; Tennis 1,2,3.
MEMORIES: Friends Padilla; P.J.; Bruce; Polly; Jo.; Duke; Kris; Rick; Kent; Bob's B.S. time; Girls I liked: Sally, Marianne, Beatrice K., and Dana; Parties; Geeks; Old 1-2; Thank you Ms. Lee; R.T.W.; Boss Ross; Mr. Ray; Most of all Mr. Melton for everything; Take it easy; HELIX BYE!

KRING, RON
ACTIVITIES: Baseball 1,2,3; Speech 2,3.
MEMORIES: 3 yr. grad; Hooterville-tickled to DEATH; 1/18/74-"I'll share"; 2/18/74-The first time; "Lets go to a movie"; "O.K."; "Where are those *!*! kids?!"; 12/25/74-A special Christmas; 143K!!

KUYKENDALL, JOHN (JACK, YAK)
ACTIVITIES: Speech; Track; A.S.B. Presidency.
MEMORIES: Terry the Black Knight; Karen and the Gray Elephant; LuLu with Gary; Mr. Stearns; Headbands and gardening; Hiking; Partying with Scott; Gary Otto; Art-full Diplomacy; Bruce; Nixon; My footin my mouth; Hardy K. for City Council; Back Jack and Pete; Opening up; Understanding; Mr. Landry; Mr. Boney; Machievelli; Heritage.

L

LACHENBRUGH, DAN
ACTIVITIES: Soccer 2,3,4; Tennis 1,2,2½; Letterman's Club; Vice Pres.
MEMORIES: Car firedrills; Grossmont game; "Dye's Doggies"; Young life; Spanish Camp 7 A.M.; Lagoon; Chicago; Elton; Loggins; Night game; 66 Mustang; 7-12-74; 31 Flavors; Buddy; I stood up; Persidio 4 A.M.; TP raids.

LAMB, ALLISON
MEMORIES: My life; Mardway everytime; CD '73; MCD '74; SR-LD-BS-BP especially Neal; PPF-Myra and Charlie-MRM- M and P-GOD-JCS; Being Myself; Realizations; Ain't no mountain high enough; Burger King; Beginnings and ends; Chalet; Desiderath; Reflections; the future.

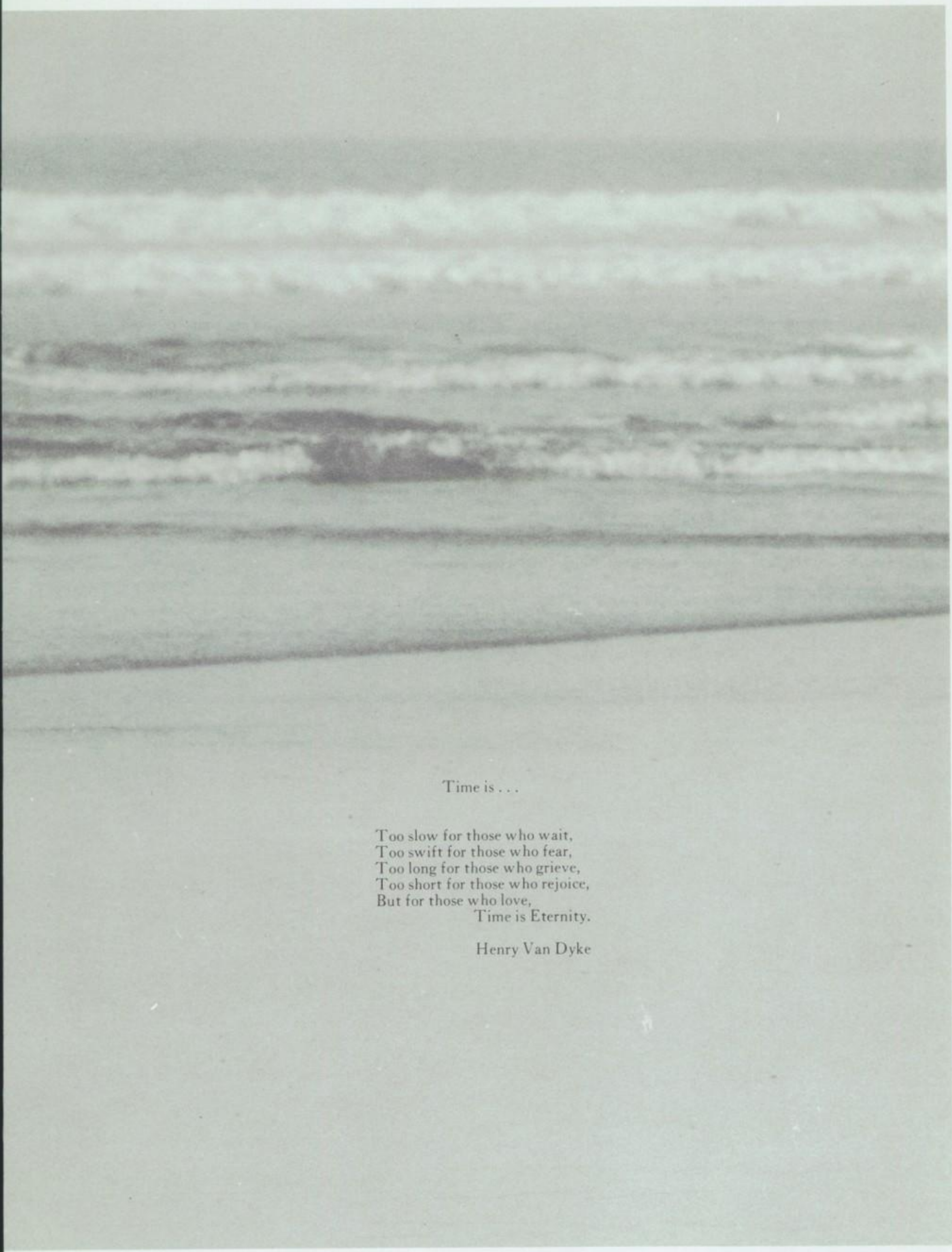
LAMB, JIM (LAMBY)
ACTIVITIES: Football 2
MEMORIES: Bonilla's after J.V. games; The Doobie Brothers and Elton John; Dept; "Henry"; Studdard; Summer '74 and the beach; Getting my truck; Steve and Dana; Beci and Mike; and My one and only Debi; Morris the cat; Deca.

LARSEN, LEAH
MEMORIES: Big "H"; Bathroom Bust; Kim C; Crawford Parties with SE, GS, and PP; Lake Murray's "gang; SP at McDonalds; Mondays; Weekends in LA; Booging down; Green beans; Serious talks; Crazy fun; Idaho's changing effects on me; Kathy and the Church; MORE PARTIES; Christmas in Phoenix; Faded memories; My friend Janet.

LECLAIR, RENEE (KID)
ACTIVITIES: Volleyball 2,3,4; Basketball 2.3.4: Softball2.3.
MEMORIES: Whale; QP munchkin; Lefthand turns; Nov. 9; Rabbit; Vert; Sunday at the gym; Ride?; D.B. and D.S.; Beach H.D. Xmas Party with T.P.; Mickey Mouse; The "Brat"; The moon; Mrs. C. Willie Nillie; Rookie referee; Granite Hills; Boss who I love.

LEVIKOW, THERESA
MEMORIES: All my best friends and the great fun; The river; Wild foam; Mark, Dexter Dr.; 16 and 17th Birthday; The wedding; Sister Janie; OR and Kenny, James, Laurie, OR and Curly; San Francisco; Oregon; Camp Oliver; Motorcross; Special thanks to Laurie.

LINKER, MARILYN (LEANN)



Time is . . .

Too slow for those who wait,
Too swift for those who fear,
Too long for those who grieve,
Too short for those who rejoice,
But for those who love,
Time is Eternity.

Henry Van Dyke

MEMORIES: 11/27/71; Hume; Snow and Sue; Cleburne; Palm Springs; Cheryl the pick up; on a scale 1-10; Karen, how does she do it?; Brillo; Barking; Wadie; Hunks; K.L. ouch; Bread; Winkie; B. Buddle Darie; Christ like; RAINBOWS ANONAMOUS; Nance my rock; Porker Nisi; CL Rallies; Veraugo; Volleyball; Quasimoto; Laurel gang; Ez 1:28; Mat 6:33.

LISBOA, CARLOS (KAITA)
ACTIVITIES: International Club; UN Club; Afro-American Association.
MEMORIES: All soccer team; The Homecoming Day; The I Club pad Soc party; My friends; and all my brothers and sisters of the AAA.

LOGAN, ROBERTA
MEMORIES: Friends; The bay; The river; Camping; Partying; Big trouble; Water skiing; Crusin'; Disneyland; Drive inns; Good times and love with Bob.

LOLLI, MARK (GONGOLA MENDONEZ)
MEMORIES: Homewood, Kays, Terry, Paul, Russ, Evans, Mary, Sharon, Tina, John Alford; Junior Class; Kathy; Robin; Drama; Plays; Nolls; Kirk Douglas; Desert; Don-Best Friend; Maybel and Fred, Landis; Crockin' girls; NANCY SCOTT my babe; Beach; Pine Valley; Music; Le Petit Prince; 4-12-74; Care and understanding.

LUNDQUIST, RICK
MEMORIES: Geometry; Gary and Denver; Football games; Homecoming fireworks; Rose Parade '72; "Summit"; Vogel's Biology; Kathy; Loggins and Messina Concert; Christmas dance '74; US Hist; CSF at USC; Latin I and II; Sahsvg.

LUSITANA, GREGORY (LUCY LUCE BANANA BOY)
ACTIVITIES: Four years of my life in Band; Drum Major 4.
MEMORIES: Rose Parade '72; Frisky; Craiger; Dave; Freckle buns; Body; Marty; Peggy; Band Freddies; "Kapt'n Kirk's Enterprises"; George; Luther; 10-23-71; 5-14-74; Trumpets; My uleer; WYWN: Deanne.

LUSTER, DION
ACTIVITIES: Deca.
MEMORIES: Carlsbad and the Lemon; Wow; What Friday nights; Time to go; All my friends; DC, MS, RR, TG, TC, and all the rest; Xmas Dance '72; Prom '75; Concerts; Steve's WETRDIES: 4-14-70; Tequilla Sunrise; That crazy cat KLOIE; The desert; That special guy I will always love; 'ILYSVM, STEVE'.

M

MADSEN, DUANE
ACTIVITIES: Basketball 1,2,3; Track 1,2.
MEMORIES: Basketball prep roadruds; Colorado River (DIPS); All my friends; Mr. Vogel; R.T. Woods; 5th period study hall stats with Barry; Physics is phun; T.P. Seminary B.O.M.: Spieltags.

MANOEL, LARRY
MEMORIES: Honey Be; The Great Rip off; The Flat; L.A. with Suzy; Messing around with Steve; All the tries and failures; Our talks; The summer with Carol; Welch and shop; The Crash; Bookkeeping and girls; Chemistry, and sleep.

MANUSOS, ELAINE
MEMORIES: Where's the bridge?; Drama, plays, parties; The bathroom; BOOGIE; Thindee Thands; Farrell's; Crushes; Cruisin'; Luann falling; T.P.; Butts up; Poseidon Adventures; Mack Eden, Faye, Don, Heidi; Ditching; Vogel and Lee; Cheering; Mariboobies; Black's; Summer of '74; CO-CO-CHAIRMAN: P.E.: ELTON; Especially Sue and Luann.

MARCELLO, CHAR (BUDDYWEISER)
MEMORIES: Christmas Dance with Omer; Cardiff By Sea; The river; Concerts; Partying; Capt'n Hooks; Fresh Fish van; Talks with Pam and Brad; Drew and Teddy; Braces off; Lisa's Mercedes; Good Friend, Sue; Followed by Joe's truck.

MARTINEZ, LYNN
MEMORIES: TERRY; Going to the beach; Camping in the desert; Honey bear; Rtc riding; Andy and Pordie, Debie and Ricki; T., R., R., Leonardo's; Andy riding Bike; P.B. Point; Xmas with Terry.

MAUCK, VIRGINIA
MEMORIES: Ho!; Purse-dropping; Linda's LAUGH: Cheryl; Idllywild; Contraception; Tooter Squirrel; Good times with Kathey and Leigh; El Ugu; Srnta. Heimpel; Mom and Dad, who put up with my antics; Pal; All my friends; Mr. Grainger; J. Woods; Packy; The Little Rascals; Dicka; Pat M.; Eva's singing.

MCALLISTER, LESLYE
ACTIVITIES: Cheerleading; Sr. Board.
MEMORIES: Rubi (Chipmonk); Valerie, Alicia; Cheer, my second family; The squad; USC (The bushes); Friends at Patrick Henry; Friday nights in 10th; UCSD; Carosel '73; Brian (good to me); Derrick, Marco (When will I see you again); Always expect the unexpected . . . . . it will do you a job everytime.

MCCABE, KATHY (MAC)
ACTIVITIES: I-Club; Sr. Sec.
MEMORIES: Thumbs up; Geekin around; Terrible trio; Crazy crushes; Nova; Sheila's chevy; Chasin'; The Gang; Garfld '75; Cookies; My special friends; BG, CR, RN, MW, SR, BN, DS, DR, RL, and IOG; 6-7-74 DM; Xmas Dance '74; 12-15-74 and most of all RICK.

MCCAFFREY, CYNTHIA (CINDY)
ACTIVITIES: S-Club 1.
MEMORIES: I tried out for freshman cheerleader, but didn't make it. I shall remember all of my friends and all of the excitement that has happened to me. I shall remember my teachers.

MCCARTHY, PATRICK (PAT)
MEMORIES: Lesley; The Christmas Dance '74; Having fun in Dick Langston's (Lansky); Geography class; Mr. Test in Social Living; Traveling with Alan and Tim; Summer School '74 with Doug Jett and friends; Wanting to get a Ph.D.; All those concerts and good times.

MCCARTHY, WANDA
ACTIVITIES: CSF 2,3,4; TARTAN Staff 4
MEMORIES: He; Him; Chemistry; Garoovey Garoche; Pulling through at the end. K. Rose-spoiled it all. Mad! Oh well. Simulations. Crushes; Disappointments; Just as well. Easter Caravan; Matched up. Beach; Camp; Cruisin'. Good-byes; Decisions; Faith and trust in God. All my friends and our love. What Ed and Larry mean to me!!

MCDANIEL, JEFF
ACTIVITIES: Bagpipe Band 1,2,3,4.
MEMORIES: Rose Parade '72; Arizona Trip '72; Hard practices; Band Friends from out of town; Selling tickets; Band Trips; Mr. Kirk; Good Friends in Band and in school; Mr. Knott's Bike Class in the summer; Mad Dash to McDonalds at Chino.

MCDONALD, FAYE
ACTIVITIES: Drama
MEMORIES: All kinds of days; Grand Passion; Number One; I heard a bird; Everybody and everything in drams; '74 prom; Bobby; Bad days but mostly good days; Ken; Theater; Movie; Monologues; October 9, 1974; Buster and Billie; Elaine and Luann; Nancy and George; Dear Friends That I'll Miss.

MCDUFFE, MARGARET (PEGGY)
ACTIVITIES: D.E.C.A.
MEMORIES: Birtha; Football Concession Stands; Salton Sea; Graphic Arts; When are they coming to get you Linda?; Willy Wonka; The summer of '74.

MCGEORGE, JANICE
ACTIVITIES: D.E.C.A.
MEMORIES: Special people; Roberta L. Irene V., Pam N., Renee and Tom and many more; Year 1973; U.S. History plus B.W.; P.E. with Loftus; Plus the summers; My parents; My car; Plus all the fun and loveable memories I have with K.D., Whom I'll always love and remember.

MCKECHNIE, MICHAEL
ACTIVITIES: Rock climbing; Backpacking, and Ping pong.
MEMORIES: My best memories are of the rock climbing that I have done and of the beauty of the techniques and equipment used to climb with. Also by best firend who has helped me get started in some interesting activities. Also my teachers.

MEECH, MARK (MARK)
ACTIVITIES: Stock car racing.
MEMORIES: Proctor Valley Road; Ace Drive In; Auto Shop; Mr. Nance; The Flood; Las Vegas Desert; Lunch on the grass; Riverside; Frank, Ed, Mark; "Little Hunter"; The File; My Car 95; Cajon Speedway; The cement wall at El Cajon; Tina.

MICHAELS, TAMMY (BOBBIE)
MEMORIES: The three D's; Ensenada; Summer of '73; Camping; Auctions and shows; All my animals; Katika, Toad and B.D., Crazy Little Deb; Remembering Sundan; Summer of '74; Falling off Pokey; Brother Stevens; Loving Carlos; Five more Junes.

MILLER, MATT (SURFER BOG, SMUT MOUTH)
MEMORIES: Cleaning up T.P. after D.C.; Officer Ross at Sunset Park; Good times at Sunset Cliffs; Christmas Dance '74; Steeley Dan Concert; The Blue Beetle; Birthday Party '74; Beach House '71-'74; Darlene's; Post Office; Photog.; Squirrel!

MILLER, VICKI
ACTIVITIES: Volleyball 2-3
MEMORIES: Tweety; Laughing; Nance; S.A. to R.S.; Green pen; Joanie; Friends; Adrons; June-the will; Jamie; Xmas Dance '73; Larry, like a brother; Mike; Jon, my pal; The KISS; My true friend ANNETTE!; (Ant, Peanuts); "Hey!"; Concerts; My Van; Fun times; T-E-A-M; Puka shells; TONY especially . . . and growing up so fast.

MILSTEAD, SHELLEY
ACTIVITIES: Swimming 2,3; Choir 4.
MEMORIES: Summer '73; Snow '74; Coronado Del Ripoff; Proctor Valley; Disneyland '74; Froggin'; T. Ping; "Geeks"; Mountains; The Great Chase; Car Rally '75; Cruisin'; Football and Basketball games; Troublemakers; Kathy; H.B.; La Jolla; Beach Parties.

MITCHELL, ARTHUR (THE HUNTER)
ACTIVITIES: Band 1,2,3,4; Stage Band 2,3,4.
MEMORIES: Rose Parade; Nom. Convention; Wabbit; Check-mak; Diplomacy; 18 sup.; Mr. Stearns; Bike Club; Triple-high F; Charlotte, N.C.; Cards.

MITCHELL, DERRICK
ACTIVITIES: Football; Track; Afro American Club; Human Relations Committee.
MEMORIES: Rick Epp's; Loving girls, but fearing their parents; Basketball

games; Parties; Girls! Track meets; Track work outs; Dog gone Ron Ray never taking my picture; Getting biggest flirt; Leslye, Katie, Cindy, Valerie, Rubi, Alicia, Linda, Sheri, Pixie, Judy, Nancy . . . . . .

MONTESSORO, VICKI
ACTIVITIES: Campus life; CSF; Drama; Crafts; Science; Fling; Nom. Conv.; Scuba; Prom.
MEMORIES: Teri's, Kathy's, mine Sur. birth.; Football; Basketball; T.D. pic.; Claudia, Kim, Lynn, Paulette, Serr, Ray, Olsen, Vogel's house; Mid. Stroll; "lost"; Moonlight; San Elijo; Usherikg; Macho; F.H.; CFC; Trinity; "Raunchy".

MOORE, KAREN
MEMORIES: The desert; Farris'; Summer '72; T.B.; Loraina, Pam and Frank, M.M.; TP-ing; Bob's; Barb; Our "Club"; May '74; SANDY AND Joe; Camping Summer '74; Chicago '74; "Excellent"; Beach with S.P. and B.; San Francisco; Work; 11-14-74; Good firends and happy times.

MOORE, LETITIA (TISH)
ACTIVITIES: Choir 2,4; G.A.A.
MEMORIES: Mascoutah Indians; State Competition at Illinois; "The Sound of Music"; Mr. Rann; Freshman accidents; Samuel Clemens Buffaloes; Teena Texas Pagaent; JO's day; General Business class in Texas; Super Shorty (J.C.); Christmas Dance (74-75).

MORONES, SYLVIA (SILLY)
ACTIVITIES: Y-Teens 1,2,3.
MEMORIES: All my friends whom I have got to know through the years; Peruchetti Parties; Rohr Park Picnics; Partying with Mike and friends; TimC's roll job; Mike's Racer; 11-17-73; 1-2-74; 2-2-74; Prom; Christmas; My Mike, Bachel and friends; And my first real love, Michael.

MORRIS, KATHRYN (KATHY)
ACTIVITIES: Swimteam; Tartan; Choir; Modern Dance.
MEMORIES: Dukers; Hot tea; CIF 1ST; "Green eyes"; Geeks; ADVISOR; SUMMER '73; "Trouble maker"; Water skiing; Dances; Froggin'; Triangles; Circles; Shelley; CHRIS; Rich; Individualism; Roses; Procter Valley; Toboggins; Accidents; Basketball; Notes-letters; H.B.; Disneyland; 8-3-73; La Jolla; Good friends; Chases; C.D. Ripoff; T.P.ing inside-out; Car Rally; Punch bowl; Haunted house; Fire extinquishers; Talks; Weiny roasts.

MARLEY, PATRICIA (BAPS)
ACTIVITIES: Senior Board; Chairman Sr. Newsletter; Co-Chairman Baccalaureate.
MEMORIES: J. Gutgazel, the pencil man; Smashed blueberry buckel; Poli. Sci. with Harvey; Walk; Bob's raffel tickets; Youth Appreciation Day with "Fred"; English; Mr. Higby, his "Demonic Door"; Mr. Landry; Larry and tennis; Missing the bus first day.

MOSS, VALERIE (VAL JEAN)
ACTIVITIES: Cheerleader 2,3,4.
MEMORIES: Summer '73; U.C.L.A.; Summer '74 U.S.C.; Airplane; Weekends; Dances with Jackie and city peoples; Christmas dances '73, Prom '74 and '75; Grad night; God; Family; '74 parents and grnad; Denise, Alicia, Leslye, Rubi, Derrick, Ricky; I hope to go to college, become a designer, Find Love and Happiness, get married and have two kids.

MURPHY, ERIN (SPUD)
ACTIVITIES: Band, TARTAN.
MEMORIES: Rose Parade '72; Prom '72 and PROM '74; Y.S.; Taking roooolI; Bus trips; Ranch; Soph. parties; Vista; Per. 2 rehearsals?; Arizona; PRACTICES; Ar; Rith; Spaz; Big Bear; G.J.; R.C.; Solos; Car pools; Band Freddies; Tap dancing on the ants; Honor Band; Slim mold; And all the wonderful times I've had with PAUL.

N

NEILL, ALICE
MEMORIES: Concerts; Rolling Stones; Led Zep; The Who; Deep Purple; On the beach; Jesus; Midnite Cruzer; All my beautiful friends; Lynn, Julie, Tammy, Theresa, Patrice, Irean, And especially: John, Tim, Glenn, Vince, Mr. Kahan; All the love and beautiful moments Bruce and I have shared; Love Reign Over Me!

NEILL, JOHN (JEFF)
ACTIVITIES: Varsity P.E. 1,2,3,4; MCP; Student Council.
MEMORIES: Matheson; Amer Women; Lee; Smith; Manor; Bonney; Ray-Warsh; Homecoming 74; Joel; Heidi; Mason; Tammy; Cathy; Jack; Shirley; Steve; Jingling Keys; Candy Apples; "float"; Christmas dance 74 . . . ; Friendships-------•Robin Noris•-Love.

NERZ, PAMELA (CHICKEN LEGS, NERZ'S SISTER)
MEMORIES: Rudi Radt; Dancin' w/bears; Red Honda '90; Mata's garage; The Chinook; Crusin' w/Betchen Gretchen; My hot rod Rambler; Joey Beagle; Nosebugs; Escapades w/Jan; Sugar Bear; Physco Lady; Don Toovey's beautiful baby blue eyes; "Cimarron"; "Thee ummm. . . "; Mt. Helix . . . ; "John . . . "; and my Snoopy.

NOBLES, DENISE
ACTIVITIES: Gymnastics I; Swimming II; oftball II.
MEMORIES: Going to games with Dana, Debbie and Lynn during the 72 football season and brining little "goodies"; History class with Mr. Bonney and his 'game'; And most of all, being lucky enough to meet the one and only person who has ever made me happy 'Warren'.

NORRIS, ROBIN (CUTES, PUCCI)
ACTIVITIES: Senior Board; Fling; Nominating Convention.
MEMORIES: Hey Bambine; Mt. Helix; Walk for Amigos; San Francisco; Farmer Jack; Oct. 19 H.B.; The Limo Prom 74 J.L.; Cathy smashed at Car Wash; Jack's cigars; Marx Brothers; Chickens and M.C.P.'s; Kris my S.G. Buddy; John N. Christmas dance; 50's dance; Delightful; Warsh.

O

ODELL, PAT (O'DOL)
ACTIVITIES: Football 1,2,3; Re Prep 4.
MEMORIES: Sierras; David & Roxanne; 63; Roangs 3,4; Chipper and Dale; Parties; Dort's cabin; Honda; Broken Leg; Desert; Jack's Z28; Karen; Camping; Senior year.

OGLE, DAN (BIG O)
ACTIVITIES: Football & Wrestling.
MEMORIES: Most of all I remember my girl friend Peggi throughout most all of my High School times. I thought more of her than anything else in the world. Second I remember by car. A 63 Vette that would blow the doors off of anything in the lot.

OHRINGER, JOHN (BIG JOHN)
ACTIVITIES: Loafing around and looking at girls.
MEMORIES: Ditching 2nd period P.E. class with Dan then doing a burnout in front of the numbers, while Coach was taking role, on our way to McDonalds Land.

ORLICH, BARBARA (BARB)
ACTIVITIES: Horseback riding . . . Que Factor.
MEMORIES: Chris . . . Easter Bunny; Slanta Claus; Ballet; Before ballet; Karen . . . "Party"; Horseback riding; "The condo"; Pizza; Markie Doo . . . freeway exit; Blacko; Darcula . . . my 50 cents; Train Depot; Roni . . . Burger King; "Janitor"; Food Basket; Bowling; Nancy; Blacks; Big Sky; Joann . . . Harpa; Capri; Beaner Barrel; Summer 74.

OLIVER, DONALD (PETE)
ACTIVITIES: Cross Country 1,2; Track 1,2.
MEMORIES: Racing at El Cajon; Saquas; Las Vegas; South Bay; Car 84, 101, 95; After Christmas dance; Parties; Cruzin in the screamin yellow zonder; Mark; Frank; Eddie; The dirty Mexican; Big Dan; Spiker; Giggles; Sharon; Darlene; Kathy R.; Debbi and Jim; Kim C. ; Margie; Connie & Charly.

OYOS, LYDIA
MEMORIES: 10th grade with Vicki & Char; Cindy; Summer in the bank with Rosa; The ORIGINALS; Terri; Rosie; Annette; Varna; Mona; Patty; Dee; Cheryl; Varna's Partys; Mario; Angle my Tio's; "La Quioceanera"; MY FAMILY; Manuel; Jose; Carmen; Mary; Laurie; Denise; Maria; Sergio; Bucky; Micky; Lima; "Priscella"; "Cybill"; "Raquel"; "Charo"; "FEDERATION"; "BROTHERHOOD".

P

PAGLIAI, MARK
ACTIVITIES: Speech team; Deca Club.
MEMORIES: Trip back to Chicago, Aug. '71; Getting cooky Jean; Cathy, Surprise party, Sept. 28-73; Christmas dance; Barbra Jean; Beach; off ramp 70th Street; Speech team.

PARADISE, MERRIE
MEMORIES: 7-31-74 promised; 9-2-74 Lola; 10-8-74 EJ; 10-19-74 pilot; Golden State; Mondays BS; 10-26,27-74 Seven meadous; Rotating chicken Crocodile Rock; Charging cows; Brief case; Sitabuker; "Then came you"; Lola, Geoff, Steve, CD; Fugitive; and most of all Stan and the love between us that will be there throughout our life together.

PARISEAU, CINDY (CIN)
ACTIVITIES: DBQ.
MEMORIES: Elton John's concert; Mexico; Christmas Dance '72; The Wuebolds; Grunt; Four wheel drive trucks; Revel; Blue bug; Jarvis; 9th hole; The bomb; Jamul swings; LS and PS; REDCRUSH: Surfer; Nancy; The stamplicker; Gord; Tori.

PAULICK, SUE (STEWEY)
MEMORIES: Christmas Dance with Mark; Brothers wedding; Feeling good; Partying mostly with Shell, Frank, Dan and Dave; Buddies Carol and Char; Good times with friends; Only us six; Frisbees; Being roudy; Bob's big Ray; La Jolla gang; Being followed by Toe's truck; Good friend Bob; Colorado here I come.

PAYNE, RUBI
ACTIVITIES: Choir; Corps; AAA; Human Relations.
MEMORIES: Disneyland; Friends, LM (male), RR, AV, DO, VM, AH, DM, RE; Many changes; Pops Concert '72; Trips to PH; Games people play; Ups and downs; Morse Prom '74 Michael; Prom '75; Competition Parades; Tears and all; Half-time shows; Keep your head to the Sky!

PEASE, CARLA
MEMORIES: Bob Salata; 9-29-72; Elton John; Focus; Big Bear; Ernie; Bunky; Pinto; Ace Drive-In; McArthurs Park; Winchells; Havasu; Vacation 1974; Luv; Tequila Sunrises; Little Stud; Get that smile off your face; Parents; Little school house; American Women

PEETERS, DAWN (PETE)
MEMORIES: Goodtimes with Kory and our good friendship; Cindy; All my fun camping trips; Yosemite; Mexico; Cardiff; Butterfield; River; Growing up; Going out to dinner and to shows with John; Ivy Barn; Disneyland; 3 roses 3 Years; The best relationship; Love and friendship.

PERRY, DONNA (DONALD)
MEMORIES: CA; Ocotilla wells and trucking; Jan R. and O.B.; Horses in Ramona; Cruisin to mountains with R.C.; Hoopla kegers for Hoopla and don't forget . . . the HOOP-L-A-LA and our baby toots.

PERUGHETTI, KEVIN
ACTIVITIES: Football 1,2; Wrestling 1; Stoners Club;
MEMORIES: Ann, my lover forever; Lechoer class of '73; M.P.; O.J.; C.C.; Kegers with Gary and Hoopla for ever; Gaetanos Breadsticks; Joe, Bruce and Steads; Dica; Camping with Gary, Cindy, Ann, Kazeke and Salad; Suzuki; "ELAUDIA"; 2 Hooplas yea!; Auto Joe!; HOOPLA.

PHARR, STEVE
ACTIVITIES: Basketball 1,2,3,4.
MEMORIES: B.B.; Coach Nash; Bleachers; Ms. Drakes' tootsi pops; Drivers training; Driving Camero in the car rally; Fiesta Island; Glamis; Hwy 5; In Oregon with 2 dollars; All of the rest I am trying to forget.

PHILLIPS, DAVID (SKYPILOT)
ACTIVITIES: Track 1,2,3,4; Band 2,3.
MEMORIES: Brother Love's traveling salvation show; "T"; State meet; The job; Huntington Beach; The masked carrot; Up's and down's; 12 o'clock still going; Everyone gone.

PLEASANT, SUE
MEMORIES: Sue and 3; Good old nights at the dam; Skinny dipping; My first motorcycle ride; The tour inn; 2 at once; The Jacuzi; Boulder Creek; The river; Steely Dan; Disneyland with Lisa; My old friends Karen, Carma, and my drinking buddy Missy; My closest friend and longtime lover Scott.

PLUNKETT, CHERYL
MEMORIES: Living end '72, '73; Richard; Volleyball; Algebra I; Stan; LeAnn; Choo Choo Charlie; Insights; "I'm so embarrased"; Sue; Manual Labor; Art and Mr. Higby; Karen; La Jolla; Super Week; The bus; Dave; Algebra I; Stan; The Cove; Herbie; J.C.

POLAN, PAULA (PEEPS)
MEMORIES: 9th Gr. gang John, Jim, Richard, Mary; "Bobo Row"; Rocks in Franks pillow; Dolly; Cheek Kiss; Birthdaynight '72; Doritos and Beandip with Darlene; Fiddler; "Avrahm"; Mt. Sac.; Holy cross cemetary No. 19; Uncle Bob, Aunt Gloria; Overnight in Whittier; VEGA thanks to truck; Car shows; Beach Boys; Pregame chefs; "Coach" Arnaiz; Marv again; Mark!

POPE, DOREEN
MEMORIES: Jack in the Box; Blaine Hanner; Mare; Razing; Summer of '74; Barbara; Xonique; Tony; Ditching; These past few years; A time of learning; Mr. Nagle; Michelle; Carmen; My friends from O'Farrell; Also my love and best to Ginny and especially Blaine.

POSLADEK, GARY
ACTIVITIES: Pres.; Ecology Club; Nomination Convention.
MEMORIES: Lobbing for Jack; Delegate for California and New Hampshire; Eco. Club paper drive; "The little Bauabia"; Herr Knott; The trip to Europe.

POSTULKA, PAT
ACTIVITIES: Swim Team 2 years; Choir.
MEMORIES: Laguna trip; A and W; Remember when; Allan Paradise; My summer of '74; Good friends Peggi S.; K.M., S.M., C.E., M.L., N.; Dec. 17 Xmas party; Winchells; Coffee Dan's; L.A. friend Carrie R.; Ocean Beach; The bombing night at Mt. Helix; and Trampling.

PRICE, DAVID (RED)
MEMORIES: Laguna; Sunset; Parks; Baseball Firlo; But it doesn't hurt; Cruisin'; Meadow Lark Dr. ; Desert; Left firlo; The pal; The box; Friday nights; Racing; Nice Buns; Well I'll see you later; Many friends; and 99's.

PULLIAM, ROBIN (BOP)
ACTIVITIES: Band; International Club; Service Club; Campus Life.
MEMORIES: Sunshine and Beaches; Love, kisses and tears; Standing on my own; Learning; Special friends; Running; Soccer; Handstands; Dancing; Talks and walks; Flute lessons; Creative thoughts-Patton; ER ct-Lee; Israel; New Zealand dreams; Conflicts overcome; Promising future.

R

RANDALL, DEBBIE
MEMORIES: Faking someone on the phone; scheming with Mac; Lost at B.B.; Where are we? R & C's; "Friends"; R & D; Understanding; Laughing pains; M.L.; Humdingers; Mexican painter; Vans; Dreams; Neighbors; Beaches; Mexico; Summer- '74; Sisters-in-law.

RANDAZZO, AL (DAGO)
ACTIVITIES: Band; Stage Band 1-4; Loading Crew 3,4.
MEMORIES: Rose Parade '72; MY SECTION: Colorado River; Band President; Pops Concerts; Val; Disneyland 3; Prom 3,4; Drum Room; Bus Trips; Kirk; Jacque; Steve; Burrito; B.V.W; Vista; PPP; Parades; J.C. Halftime; Beach ball rip offs; Grazz-co; Christmas Dance 4; Friends; Parties; Band Room; Being mean.

RANKIN, PATTI (PADOOKA, LIDDLE SISTER)
ACTIVITIES: Choir; Senior Board; Campus Life
MEMORIES: "Kelly"; Poosey Gato; J.J.; Sherry; Heartache; Spring '72; Cimarron; Lost; Herbie; Size 36; Sigi; Guppies Y Puppies; 10-73; Granny?; Dami & Tobie--Trouble; Mono!; Sr. Dye's Wet pants; Growing pains; Fort; You mean ol' man!; Cruisin'; Dinglebrain; Laughter in the rain.

RAVALLI, JOHN (RAVS)
ACTIVITIES: Frosh Baseball
MEMORIES: Meeting people fro the first time and making friends. All the parties will L.H. and B.W. D.W. my buddies. And my man Mike who treats me like a brother fishing all the time. Meeting some good chicks. Going to the Ace and getting down the Brew. To live Fullfilled.

REED, ANNETTE
MEMORIES: Ant peanuts; OLP; moving changing; Hawaii; Mazatlan; Oak Creek; ASB Ball; Xmas dance; swapmeets; Hey!; African hat; TEAM; fishing line; concerts; Joanie no baloney; remembering fun times; sad and happy tears; learning the hard way-Smash; Heckel & Jeckel; Mr. Larsen; in the out; Good friends Joanie, Barry, Paul. A true friend Vicki; a special person Danny.

REYLEK, BRAD (SPACE MAN)
MEMORIES: J.R. every morning. Going home; P.E.; Dark room; Hammers; Jon's Friday night; Monday morning; 13 Mr. Ray is my bid to Pam!?. (The times we could have)? It's gone, all my bros. are blown away.

REYNOLDS, DEBBIE
MEMORIES: Wayne Kuaana, 5/3, 6/2, 6/14, 6/21, 7/4-7, 7/8 Kg. 7/10; Dennise's party; Catamaran; Saturday school w/Dinah, Photography w/Sally Smith; Lori Zettel's martian's; Cudahy, Calif; Jam, 3/15 at Mikes; Linda's Valuent, Mata's house, 8/17 A-CL.

RICHARDS, DONALD (GUS THE GREEK)
ACTIVITIES: Band; CSF; Fling; Key Club; Track-1; CC-2,3; Golf-2,3,4; Phi Beta Chi 3,4; AFS
MEMORIES: Math Seminar; Calculus; Munson's proofs; J. Hart's "Fantasies"; Math Field Day; Summer 71, 72, 73; Funky Winderbean; R.T.'s "Goodies"; SAT; Science "Trips"; Senior Prom; Annapolis '75 & '79; Telos.

RICHARDSON, GAYLE
MEMORIES: Nov. '74, Harvest Ball; Rose Bowl; "Save the last dance for me" Belmont Park Ice Cream Cones Sunday; Mon. nites; 11/23/74 House of Ice; cruising in Black car; All my friends, especially Rick.

RICHARDSON, MARK (MUD, STUMP, LOPEZ)
ACTIVITIES: Basketball, Baseball 1,2.
MEMORIES: Backpacking; McCain Valley; Neil Young; Visalyia; White Button; Halloween "73-74"; Hammock; Fine Friends; Toasted a Million Times; Chute's Fruits; Carter; La Bea's; Jew; Lunch Fr. Year; Starship; 95 right on; D.G.; D.R.; D.D.; A.T.; ALDO'S; Looking to the future.

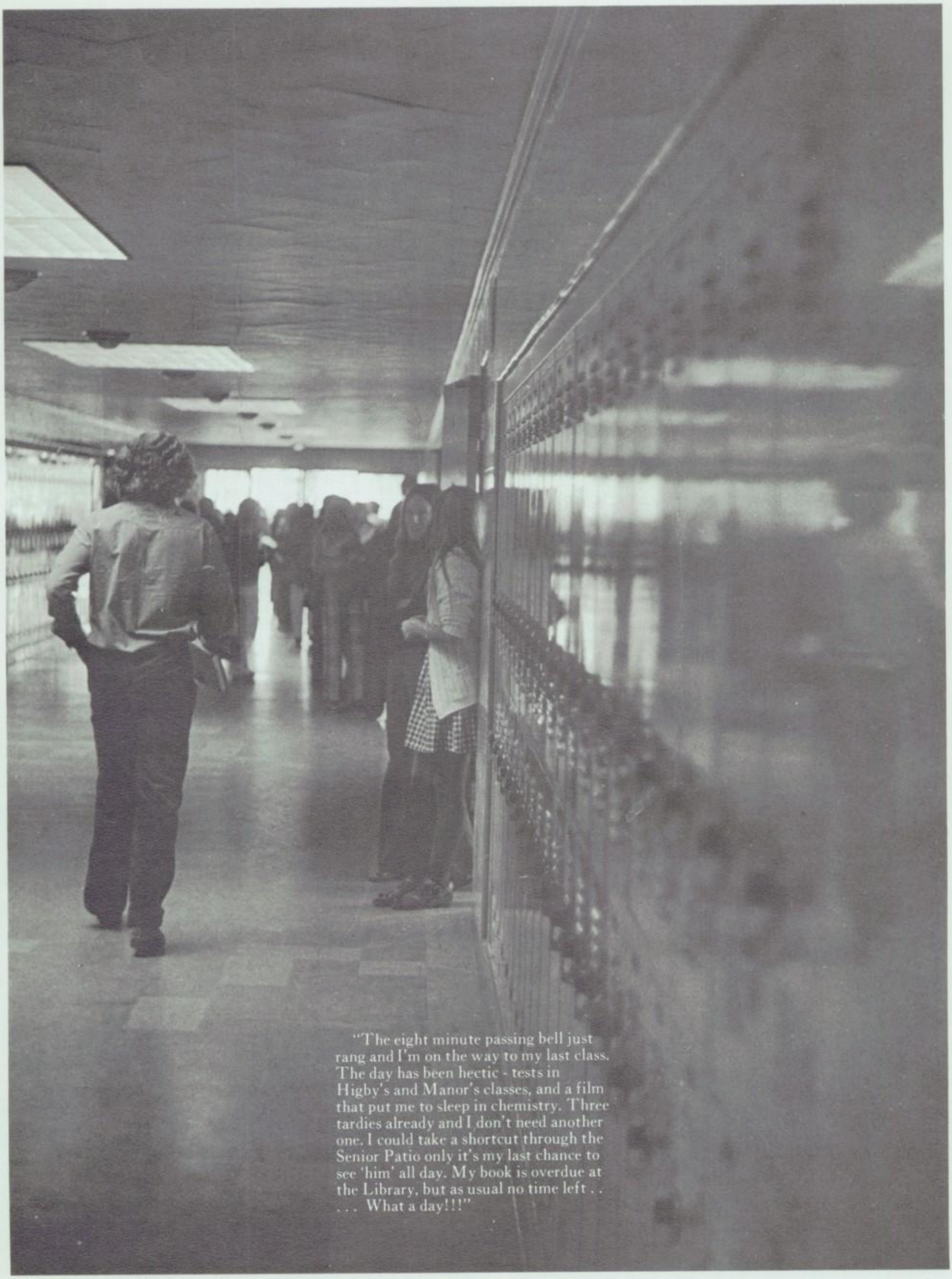
RICHARDSON, TONI (RICH)
MEMORIES: 8/26/73 all my special friends; Plans; Parents; Laughs; Crys; A great life; I want you; Movies; Bobby's van; Daddy's girl; Most of all-My love to BOBBY and our future. 12/21/74.

RICO, ROSA
MEMORIES: All my friends "La Raza"; All my international friends "Hito"; Rubi at Disneyland; Lydia and I stuck in the bank volt; "Fine Jungle Man"; Quinsanieras Y Bodas"; "Topo Gigo"; All my good times and my bad times; My sister-in-law; (L.T.) my past, present and future; Bendito Sea Dios!

RIGGINS, STEVE
ACTIVITIES: Football 1,2,3,4; Track 1,2,3,4.
MEMORIES: Bryan made me do it; The beach house; the long drive home; Connie's our second home; Bryan's Party; Larry's parties; 7/11/74 me and Kris Began; no end; Christmas Dance "74"; ICGEOY love; Grouch'o; Fractured Flickers that one drive-in; Bryan's knee pads; the state meets.

RIOS, IRENE (I'S)
ACTIVITIES: TENNIS 4
MEMORIES: Pressed between the pages; Summer '74; Beaches; Christmas Dance; Camping; The Gang; Julie; Theresa; Lyn; Patrice; Miller J; Tallo; Toasted; Football Games? Irene-4; "Hasseled"; The thing is"; My special kind of friend, Julie; "Slick"; After my tennis matches; Thoughts and memories of Mark.

RIVERA, LYNDA (SUNSHINE)
ACTIVITIES: D.E.C.A.; C.S.F.
MEMORIES: The FRESHVILLE Guys; Lee's van; Summer swimming parties; Fresno and Frisco; "Dicky" Kimble; I see legs thrill; Concerts; New Years Blast; My buddies; Crusing; Santa Cruz; Fridays and Saturday night's alright; Meeting Bill; Fun times; Joke about Mit; Skating Ring; Music; Jan's party; Surfer John.



"The eight minute passing bell just rang and I'm on the way to my last class. The day has been hectic - tests in Higby's and Manor's classes, and a film that put me to sleep in chemistry. Three tardies already and I don't need another one. I could take a shortcut through the Senior Patio only it's my last chance to see 'him' all day. My book is overdue at the Library, but as usual no time left . . . . What a day!!!"

RIVERA, MARLO (THAT GIRL)
ACTIVITIES: D.E.C.A.; C.S.F.
MEMORIES: Moving in Freshville; Excitement at Frisco & Santa Cruz Beach; Freshville Buddies; Lee; Laric & Bill; Grand night swimming parties; Bill's apartment; Concerts; Ralph Acklie at work; Hitch-hiking; Good-old Debbie Cearns; Getting to know John; Making it as a three-year grad!

ROBBINS, SHEILA (FOUR EYES)
MEMORIES: Special friends; MW BN PAG & KMc; Geeks!; Crusing; The "Crew"; Mistakes; RJ; After game activities; My Chevy; Chases; Gettin' rowdy!; The beach; Cut downs; Anemia; Summer of 74; TPing; Walkin thru PV 10/31; Knowing volunteer firemen; Connections; Race tracks; Going in circles.

ROBERTSON, KATHLEEN (ROBBI)
ACTIVITIES: Swim 1-2; Tennis 4.
MEMORIES: Remembering good times with friends: Moose, CV, SG, LV, SB, DO, & JC; Hot on wheels w/Lyn & Suzie; Oceanside; Elton; Great talks with Larry; Camp Palomar; Xmas dance '73 and just having a great time like my life has been.

ROBERTSON, JOHN
ACTIVITIES: Cross Country; Baseball.
MEMORIES: Larry's parties; Sunset Park; Officer Ross; Centerfield during Baseball games; 11-28-74 till 4:30 in the morning; Christmas dance 74; and most of all "Dolly".

RODGERS, TERRY
ACTIVITIES: Cross country-frosh, soph; Track-frosh, soph; Wrestling-frosh.
MEMORIES: Getting turned down by all the girls that I asked to go to the Christmas Dance; Taking Laura Whitcomb to the Races 74; Being late to P.E. 12th all the time; Racing; working full time; Remembering Alice, Judy, Leslie, Cindy, Betty.

ROMERO, JOHN (BURITO)
ACTIVITIES: Marching , Concert, Stage, Pep Band 1-4.
MEMORIES: Rose Parade 72; Autumn 71; Parties!; English 111C; Arizona 73; Long Beach; Biology 1C Vogel; Colorado River trip-Fishing-The "Hill"; Loading Crew; "Kap't Kirks Enterprises"; Band football; Crusin'; Big Bear; "18 High"; Christmas Dance; La Jolla; Ace; Lake Henshaw trip; Drum room; Everyone; M:F; Sax Honkers; Oct. 31; JANET; Iwaly.

RYAN, CATHLEEN (SWEETS)
ACTIVITIES: Orchestra 1,2,3,4; Concert mistress; Senior Class President; CSF 1,2,3,4; Nominating Convention 1,2,3,4.
MEMORIES: Oo-Oo, Aa-Aa Mt. Helix; Homecoming; Spanglish Camp and Carlos; Robin's mothering; tee-hee-ing with Tammy; Chuck, Mac, Nutts, Sugar; Peeeter!; Laurie's parties; Kurt, Jeanne, Laurie, Capt'n Kirk; Reggy; "don't be a freshman"; Bestest friend Diane; My renaissance and corruption.

RYAN, KATIE
ACTIVITIES: Swimming 2.
MEMORIES: Ally my friends; Shri, Nancy, Kymm, Joni, and Roxanne; Young Life; Woodleaf 73-Malibu 74 with Jose; 3 years of Costa; Summer of 72; Going to the fair with Gayle; March 27, 74; La Jolla with Mitch, Dan and Tiari; The Big Payback.

S

SAMS, KAREN
MEMORIES: Summer of '72; Campus Life; Coming to Helix last year, meeting new people; Hilton; Jamul; Going to parties; "The party" Graphic Arts; The jeep; Colorado river; Baja; Jack, Cindy, Barb, Chris, Rick, Kathy, Pat, Larry; Staying at P.B.

SANCHEZ, SHRISTINA
MEMORIES: Elfing with Barb and ahuing up Fletcher Parkway after work; Mi Querido Jim, Denise and her Request; Christmas Dance with Jim; Karen Mark at beach last summer; That great dance with Barb and Leighi; Pictures at Woolworths; Love always.

SANDERSON, LINDA
ACTIVITIES: Band 1,2,3l
MEMORIES: Dawn, Teri, Phyllis, KP, KW, RB, Mr. Kirk; Roses '72; "Look at the ocean"; CA convention; Val, Mon and Dad for being so understanding; Senior Year; 8 minutes.

SANDS, CINDEE (THINDEE THANDS)
MEMORIES: Steve, Junior Prom; Senior Prom; Christmas Dance '74; 50's day; Disecting frogs; Farrells; Curlylocks; Roller skating; Truckin; My tuna boat; All my groozy parties; Women's Lib; Partying; American Graffiti; Spending all my wierd days with good friends; Love; Parkway Plaza.

SCHERL, LORI
MEMORIES: Partying at the Starlie's; Football Carnival '72; Grand Funk; Partying at Fred's; Phyllis; Summer fo '73; Drinking Daviess County with Gary; Driving through pigeons with Jeannie; Fussell; Balls; Barbara; and Jeannie; Sweet Pea; Mutzacutz; Lady; Mitzi; Billi; Ebony; Mocca; Big Boy; Lily; Fremont and most of all, Loving Gary.

SCHIMKE, JUDY
MEMORIES: I.O.G.; Goon gardens; Garden Parties; South Mission Locals; Avaion Ct.; Sureed out; Cuties; Good time dances; P.U.S.; Cute ugly cutie; Ahwoo!; Joe foxes; Parties; MVI; Chicuzzi; Our corner; Stolen Bikes; The Cliffs; Concerts; '62 Galaxie; 12-7-74; Ditchin' with Titz; Moondance; Body Surfin; 743 Nookie Ave; Go for it!

SCHMIDT, DEBBIE
ACTIVITIES: Volleyball; Swimming; Gymnastics; Girls League; Cheerleading; International Club; CSF; Junior Hula Hop Princess; Fling Managing; Editorial editoress; Afs finalist.
MEMORIES: Summit expedition; Beautiful friends; SS, LT, TB, LH, KF, KG, DS; Hootmon '74; Christmas '73; Straw Hat; Tim, Ken, Howie, Judy, Gayle; Bluegrass; Herr Knott; Berg; Aufnnederzehn!

SCHRANDT, SIGRID
ACTIVITIES: Girls Swim Team 3; Orchestra; International Club; Service Club; Campus Life.
MEMORIES: "US" Band; YFU; Bill from Brazil; The unfinished girls soccer and Track team; Tasting failure; Dos Cabegas; Snowed in; Exploring the Beaches; Discovering myself and all the beautiful people at Helix; Special friend Robin Pulliam; The Lord.

SCOTT, SHARON
ACTIVITIES: ASB; Girls League; Senior Board Campus Life; Modern Dance; Y-Teens.
MEMORIES: My Bud; "What can I say?" Summer of '72; "Puppy"; Rirouettes; "Sherry"; House of Ice; Hum '72, '73; Mexico '74; Rusty; "The raisins"; Seaside '73, '74; Gerry; Christmas dance '74; Veg-out; Jim, Gary, Mike, AS, SB, LV, LK, CI, JB; "Thanks for all the memories that are yours and mine alone . . . "

SCOTT, NANCY
MEMORIES: Cheer; Leah; 5 is; Randall S; 1-13-72; Vicki, Debi, Gina; Crushes; Auditions; Plays; Maywell; Fred; Dusky; Paix; McCartney; Monday; Grenray; Don (hub); Wretched; Coat parties; FRIENDS past and present: Mark my love and my best friend; April twelfth, '74; Summer '74; Four A.M.; Le Petit Prince; 12-13-74.

SEAL, PEGGI
MEMORIES: 2 Yrs. Laguna Beach; Mellow Beach; Little red; Sportscar; Certain parties; Memories with the Screamin Yellow Zonker; Mac Canes Valley; First bike ride; Red neck Sally; High Hill; Buckseatblues; Beautiful hunk of man Frank; I am going home; and that special Guy (Meatball).

SELIK, WILLIAM (BAGEL)
ACTIVITIES: Baseball 1,2,3,4; Basketball 1; Football 2; Partying 1,2,3,4.
MEMORIES: Mex's House 71, 72; Mex's Apt Nov. 16, 73; Mindy's surprise at Apore Shack; Pals Mex, Stump, Stew, BK, KC, Vicki, Con, and Ma Carter; Loved one Matilda Gay; Matheson at P.S.; Frosh B.B. Vs E.C.; S.C.C. 1,2,3; Larry did it.

SEVERNS, CLAUDIA (CLAUD)
ACTIVITIES: Choir; Choraliers.
MEMORIES: Michael; April 27, 72; Kevin; Halloween 71; Christmas dances; Three little kisses; Swab Style; The zapper; Great Ying Yang; My mom & wonderful family; Peair; Leon; Racheal; Mr. Rue; Robbie; LB; Janet; Viki; Becki; Barry; Two year anniv.; Drivers License; Going out to lunch; My love for Michael.

SHARON, CURT (COIT)
ACTIVITIES: Band 1,2,3,4.
MEMORIES: 2 great yrs. with Cheryl; Football; Too catta; Rose Parade; Big Bear 72; Try-outs; The gang; Pizza Hut; Gulls; Loading Crew; Drano; Fat Lips; Ugly; 3 per.; Ariz.; Pops; 40 Lis 108; Long Beach 72, 73; Fashion Show; Dec 9, 72.

SHEPHEARD, JANET
ACTIVITIES: Frosh Tres.; Ecology Club Pres (!?); 3 yr. grad.
MEMORIES: Jingle bells; Those exhilarating gym classes; Hard-boiled eggs and Grin-along; Beach; Mexico & England; Last football game & cracker Jack; Christmas parties; My toe; H and glasses CF?; All my friends-especially Donkey and Yeah.

SHIMASAKI, LAURA (SQUADDY BODY)
MEMORIES: Summer of 74 w/the Bo Bang Yang Gang; Trying new things and getting caught; Some goop parties; Meeting good people like Al, Bill, Ed, Ken, Nell, Murphy, Kathy, Rick, Dan; Having fun with them; George Benson Concert; Mike P. the fun I had with him and southern comfort.

SHORE, DEBBIE
ACTIVITIES: Girls Glee 9th and 10th Choir 12th
MEMORIES: House of Ice; Summer 71 MEXICO; Meg's old house; D.O.; Freshman football & basket ball games; Fun at the beach; My Big Friend; Tim.

SICKLER, ROBERTA (ROBBI)
ACTIVITIES: DECA
MEMORIES: Big E.; Sheri Wanna ditch 18 days; La-Larry; New Years 74; Virgo!; Hollywood; My cast; Lennox buddys; CHUCK-psychology; Your parts not straight; Christmas dance 74; Baseball-CMJHSM; GVFalls; Garry; Great teacher Mr. Charles-skiing; Budweiser-UGAHSHAKA.

SIMMONS, DAN (TEDDY BEAR)
ACTIVITIES: Golf 1,2,3,4; Wrestling 1.
MEMORIES: Diane; Two Great Cars?; Crusin!; Geek Gang; Nobles House; Saturday football; Busted & Cops; Don't hit that cat; Extinguishers; Summer of 74; Great TP; of Nov. 11; Count Vinton; Duke-Study Hall; Work?; Colorado River; Things we'd do for a laugh! I Great memories & good firends; Hamburger; M.M. just having fun.

SIMMONS, DAVID
ACTIVITIES: Track; Cross Country.
MEMORIES: Disney land 71; Baseball games; Sherri; Daniel; "6-1-74"; The races; The desert 74; P.K.V.; Coach Muirhead; San Clemente; My truck; My bike; S.D.S.T.; The sand pits.

SIMPSON, WES (SQUID)
ACTIVITIES: Frosh Wrestling; J.V. Wrestling; Student Council; Constitution Committee for reform.
MEMORIES: Duker's; Frosh week; Mr. Olsen and Mr. Pirie's Biology Class; Computers; Mr. Larsen's Poetry Class; Unbunkies and AARGG!; Mr. Ehlers early morning question; Coach Hammer's "Bulljazz"; Making Paul Koenig Get grunchy looking for his coat; "Riverside"; Parchie Division Sea Cadets.

SINKES, JAY
MEMORIES: All the good times on the Coast; The beach house; Kim's flying secret can; Down in the "J" room; Jenny; The Lighthouse with Sharon; My little white Corvair.

SMITH, DANELL
ACTIVITIES: Choir 4
MEMORIES: Midwinter 72 and 73; Come to the water; Summer 72; D.W.; Disneyland with L.S. Friends; U.A.; C.A.; D.B.;S.H.; Arizona with Sue; Jesus love; Wedding; Little brother; Good times; Desert trips; Growing up.

SMITH KRISTAL (KRIS)
ACTIVITIES: P.E. gang; Xmas dances; Proms 74 and after; Turkey 74; Thee Garden Parties; Surprise parties; Picnics; Candy Striping; Study hall; Games; Dances; "Francais"-garcons & filles; Titz; Jude; Aun; Jean; Sal; Rob; Ginni; Gar; Nance; Bianca; Tapper; DSKGJPA; 11/30/74; 1/11/74; All my classes; All my good times and . . . John

SMITH, SUSAN
MEMORIES: Manuel Labor; Palomar 72; Winkie; Scale 1-10; Talks with Karen; Beach; Easter Vacation 73; Palm Springs; Hume 72, 73; Cheryl; Michelle BO-9; Mike; Precidio; The snow; Sixteenth birthday; The river; My big brothers and my dads; Looking for rainbows; LBC gang; alot of "very special peopel"; Lots of love, IXOYE.

SMITH, THERESA (RICE)
MEMORIES: YCC 72; Counseling; Nature; Working (?) at Sea World with Julie; A-1 ; Tennis; G.S.; Summers at the beach; High times with Alice; Caid; Sharing friendship and good times with Lyn; Julie, who will always be my friend; Laughing, talking, enjoying life with Irene; Tripping around; All my beautiful friends.

SPRING, RUSS
ACTIVITIES: Baseball 2; Basketball 2 & 4.
MEMORIES: Study hall 10th; Spring vacation (Utah); 10th summer Oregon; Film as Lit class; July 7; Fighting in team room (Don); Tooth; Mud fight; Niel Young concert; Christmas dance; Good times-Rick and Terry; Booms trenchard; Fine things in a special person always, Lyn.

STEINAUER, BECKY
MEMORIES: Christmas dance 71; Mr. Larsen; Risky Blues; Green Valley Falls-the laughs; TB: VA: MW; Screwdrivers-Leah; Del Mar Rair; Hey Hub; DD; Christmas day in the tree fort; Jacumba roll; Mom and Dad-Two VERY special people; Good times with friends; ROP; Ace; Army drop outs; 5-19-71; Loving Jeff.

STEVENS, SUSAN (SUE, GIGGLES)
ACTIVITIES: Latin Club; Cadet Club; Girls Golor Guard
MEMORIES: Latin; Mr. Higby; Patton's creative writing; ROTC; field trips; The USS Hoel; Ruth; Lisa; Debbie U.; Sam; Floyd; Rick; Tommy; especially David; Mr. Vogel's Biology and stories; Flying; Sailing; VFW dances; Snatch 'n Grab; First lunch; After school; Canasta and the 8 ball.

STEWART, LINDA
MEMORIES: For surely it is something to have been the best beloved for a little while, to have walked hand in hand with Love, and seen His scarlet wing hit once across they smile, Tom.

STEWART, RON (STEW*)
ACTIVITIES: Basketball 2; Baseball 2,3,4; Football 3,4.
MEMORIES: Newport; Rabbit scooter; Budda; Larry; David; Shawn; Gregg; Mud; Brian; Bill; Russ; Eating; Blacks; Foxy Cathy; Sue; Debbie; Terri; Cecelia; Kicked out of Spring St. Parties; Sirurfing contest; Sunset Cliffs; My farout brother; Dick; Rick's parties; Starr; Smoothie, Losing somebody speical.

ST. LOUIS, KYMM (KIMBO)
ACTIVITIES: Young Life; Fashionality night.
MEMORIES: Good times with friends and lovers; 8-10-72; Katie; Nancy; Joni; Gayle; Lifeguard party; 10-27-73 Busted!; The pool room; San Felipe; My best friend-Shawna; M.G.; C.P.; J.R.; C.S.; Presidio Park; Most of all TOM and all I learned from him.

STOCK, GLENN (STOCK)
ACTIVITIES: Key Club tres.; Tennis team.
MEMORIES: Up the Coast; Washington D.C. 71; Roman Candles; Out the window; My grape; Officer Burkett; Crusing after Key Club; Halloween with T.M.; S.F.; C.P.; M.J.; D.R.; Pumpkins; The truck rides; Hootmon 71.

STOKELY, CATHY
ACTIVITIES: Swim team 9th.
MEMORIES: Feb 8; Magnum Force; La Jolla Beach; Laundramatss; My birthday; We're amazing; Lori; Scott; Frank; Pizza; Big Baby; New Courier; Music; I love you Daniel.

STOTTLEMYER, CAROL
MEMORIES: First Friday as a Freshman (Mike); Just crusing; Days away from school; A few friends Genie, Sue, Mark, Pat; Good times with Kathy and the mornings; QUICK-THRO; Christmas dance 74; A special love in my life, LON!!

STRAUSS, STEVE (LEVI)
ACTIVITIES: Basketball 1,2,3; Tennis 1,2,3,4; CSF 1,2,3,4; Math team 2,3.
MEMORIES: DEBBIE; 5/24/74; Geeks!; Crusin'; Christmas dance 74; Coronado!; C.I.F. 74; Luth the Frog; Herr Knott; R.T.; E.J.; Artie; Joe the Toe; The Courts, Cops and Cuties; German Freaks; My Rivvy; Goofin' off; 4 years gone forever; special friends-good times; bad times.

STREET, DEANNE (BUBBLE-BUTT, BERT)
ACTIVITIES: 4 years of my life in band.
MEMORIES: Roses 72; Vista; Berly; Blab; Marty; Tricky; Dragon; Flicke; Pizza hangout; 6:30 at seminary; Pep Band; Mountains with Greg; Christmas dance with Jim, Greg; "And they're off"-Peggy; "Ask me if I care"; 'The flirt'; Blitzes at McDonalds; WYWH; I Love Greg.

STRICKLAND, SHIRLEY
ACTIVITIES: Band 1,2,3,4.; Pep Band 3,4.
MEMORIES: This class is not a Study Hall by G. Wabbit Kirk; Rose Parade 72; Funny Bunny; March 3 1973; 2 wonderful years with Kenny; I LOVE YOU.

STROPKO, MARY (DEVIL)
MEMORIES: My home in Ohio; My friends; Mr. Manor; Steve; My best friends Von and Sherry.

STROPKO, JOE
MEMORIES: English, Drake; Political Science, J. Woods; The chicks; Desert; Baja; Beaches; Parties; Speed Boats; Skateboards; The green grass; I haven't gone to this school long, but I really did enjoy my last year here.

STYLES, SHAWN
MEMORIES: Sue Donovan 10,11,12; Surfing with Kurt, Greg, Ron; Surfing contest; Skate boarding at blacks and breaking my arm; Making surfboards with Kurt; Newbreak; The boil; Sunset cliffs; 11th St. Newport 36th St.; Summer 73-74; Christmas dance.

SUTERA, JANET
MEMORIES: Friday night talks; A forever best friend-Tammy; June 29th; Learning the hard way; T.G.; O.B.; Another chance-a new beginning; Mr. Ray; Roar bazzling Leah; My challenging experience that's made life worthwhile Glenn.

SUTHERLIN, ANN
ACTIVITIES: Campus Life; Y-Teens.
MEMORIES: All my friends; Raymond, Cindy, and all the gang; Slumber party (the naked man); C & L's Beach Party-Johnny (streaker); Kicked out of Farrell's-C.S., L.W., A.S., R.S., & A.E.; Good ol times with Cinderella; Remember always Sneezy Sept 5, 1974.

SWAFFORD, DANA
MEMORIES: Spanish; Roberta; Hawaii; Jan; Grossmont College; Wisconsin; Tutors; DIAMONDS; Home; 52 Rambler; Fur; Freedom; Fun.

SWANSON, NOEL
MEMORIES: Camping; Parties; Park; Dances; Roangs, 1,2,3,4; Wance, 1,2; Senior year; Auto Shop parking lot; 2650; 2 & 8; 63, 63, 53, Chevy; Jakc's Box; Chipper ' Dale; Sherwood; Arroyo Seco.

SWENSON, JUNE (JULIO)
MEMORIES: "Starbaby"; My mom & dad; Jan; Erik; Pamela; Lisa; The will; Many sunsets at the pier with friends; Sunshine Superman; Imperial beach; Tubs Taylor; Annie Green Springs; Mar Vista; Cruising; 1st Boca Rio apts.; Scheming on special someones; The Man; Tom; Mark; David; Vidki; Terrie; FRIENDS; Livin & Lovin.

T

TADDEO, ANITA
ACTIVITIES: Bagpipe Band
MEMORIES: Rose Parade 74; Chemistry 22 Landee; "Ben Gyn"; Sherry; If I had known; HOOCH; D.P.; summer 74; BENNY.

TEINCUFF, STEVEN (LITTLE BIT)
ACTIVITIES: Marching, Cadet, Concert Bands 2,3,4; Loading Crew Chief 3,4; Vice President.
MEMORIES: Roses; L.M.U.P.C.; Spaw; Retreats; Colorado River; Random Road; Slober; Bobby; Dago; Tim; Kirk; Foster; Dolloy; Dubbdubb; Prom 3,4; The section; Kisneyland 3,4; Pops Concert; Bus trips; Vista; Long Beach 2, Arcadia; Drum room; K.W.M.C.T.B.; Cookies; Ace parties; Elton John Bennys; C.P.E.; Crusin and JAMAICA.

TEMANSON, TRACEY (SMILEY)
ACTIVITIES: Orchestra 1,2,3; Swim Team 1,2,3,4; Sr. Board; Campus Life 1,2,3,4; Young Life 1 and TARTAN STAFF.
MEMORIES: Wabbitt; Mr. and Mrs. Mac; Mr. Grainger; Mr. Vogel; Swim Team; Most improved; "Mousy"; Gayle;Suzie; Teri; Shelly; Kathy; Cindy; Seal; Patty; Pat; Sharon; C.Y.O.; T.J.'s Jamies; Ushering; John; Mike; Dukers; Tartan; Spoof; Tennis; Friday 13th; 1st job; My wonderful parents; Modeling; Easter play; Fiddler and all my friends.

TERPENING, LOIS (LO)
ACTIVITIES: Glee 1; Choir 2,3,4; CSF 1,2,3,4.
MEMORIES: Choir trips; Oxy; Hog Heaven; Brillo; Spanish; Lunch; Eng. 3; Poli. Sci.; Musketeers; CYO; Cindy, Patty, Barb; Staff; Friends; Zoo; Choir; Teachers; Family; Jesus.

THOMAS, SUSIE
ACTIVITIES: D.E.C.A.
MEMORIES: Atlantic City; Braces; 44th street; Lunch with Robin, Linda, Marlo and Sigrid; Chemistry with Tracey and Dorcas; Driver's Training and P.E. with Elf (Pam); Goofing off with Char and Sue; The Rink; Snowball; Mo and Dad; Raymond; "Do I know you?"; El Cortez; Decisions; Belmont; Rowdy drivers; Laughter in the rain.

THOMPSON, BOB
MEMORIES: Freshman year and Mr. Lueke's Geography IC Class; Mr. Tolin's review sheets and transparencies; Reading Time magazines about President Nixon in Mr. Feeser and Mr. Boone's class; Mr. Vogel's pop quizzes and Mr. Watenpaugh's bow ties; Mr. Manor's um, ah, Political Science class and his studies of pawr.

THOMPSON, SALLY
MEMORIES: Garden parties; Basketball tryouts; Study halls; ASB; Mr. Grainger; Girl's State; Young-Life; Slbbg; "JACK'S"; Brucie, Artie, Pat; Dances; Nancy; P.E. gang; Bird; Sal-bom; Special friend-11/8; Steph and Alex; MUGS; RICK. . "twinkies 'n' glowies"; Pink elephants; 3/22/74; X-mas dance '74; Lighthouse; FRIENDS . . .

THORVICK, SUE
ACTIVITIES: Gymnastics; Mascot 3; Human Relations; Senior Board.
MEMORIES: Dancing; Hollywood; Plays; Parties; Bathrooms; Attics; Boogie Woogie; T.P.; Chasing; Butt's up!; Poseidon Adventures; Mr. Toad; Don, Heidi, Vogel, Lee; Cheering; Summer '74; Mission Valley; Mariboobies; Elaine at Black's; Steve and Art, George and all my friends, especially Luann and Elaine.

TILLEY, CATHY
MEMORIES: My unforgetable friendship with Cindy. Lo, M.J., J.S., G.R., Summer of '73; Crawford guys; Avalon; S.M.; River; BBC; D.N.; And especially David (7-31-74).

TOLIN, SHARLA
ACTIVITIES: Young-Life; TARTAN STAFF.
MEMORIES: Good times with Joani; Palomar; Kern; Henshaw; Putt-Putt Jr. and Sr. ; Summer '73 and '74; Kelli; Woodleaf; Forest Homes; The Wuebold's especially Lori; Sophomor year with John A. and all our good memories; X-mas dance '73; Prom '74; Disneyland '74; 10-4-74; 11-23-74; Loggins and Messina Concert; Mr. Ray; And loving the nicest person in the world-JOHN!

TOOVEY, SHARON
ACTIVITIES: Young Life.
MEMORIES: Cruzing fer burgers with Joni and Nancy. Schmity and Hog Fish; Racers; Weirdo; 71-73; Woodleaf; Malibu; Grunt; Moving; Christy; Good Buddies; Neighbors; Parties; Sunset kids; Cumcuat Steed; Our Cabin; Hot Apples; Slow Ginn; Jetty; Ace Hiram Walker; Dinners and Deserts; Plans; 2-9-74 WOW; 11-3-73 Loving Jeff.

TORREY, MICHELE (TITZ)
ACTIVITIES: Garden parties; Legs; Armer Hotdog; KS; IOG; South Mission; Wally Bongetto; 143 Nookie Avenue; 7-12-74; The Green Sand; Sosh Mission Locals Cute Ugly Cutie; SURFED OUT; Good Time Dances; PICK-UPS; Moondance; PARTIES; My first lei; Avalon Court; New Break; 12-7-74; Orchard Street OB; GO FOR IT!!

TUBBS, LINDA (CLUTZ)
ACTIVITIES: Marching Band; JLBS.
MEMORIES: Jason-Tuesdays; Darts; Movies; Disneyland; Bill-phonecalls; Jennie-Mama-Lyn; Problems; Love You; Good Friends; Ron-early mornings; True Friend; Meals; Homework and rides; Handball-chaser; Sue-sleepless nights; Picnics-tears; Bandtrips-Strut, Lucy-changing uniforms; Backrubs; Performances #1; Coit; Impy-Lock 'n' Joh; Pops Concert; CHRISTMAS '74; Graduation.

U

ULSTAD, LILLIAN
MEMORIES: San Onofre 74'; Surfers from Texas!; Norway '73; Denni-a true friend; T.S.; D.M.; R.A.; J.H.; Elton's Concert; Classes with Dawn; Mountains and beaches; Dreams; Del Mar; Julain Cider; Beautiful friends everywhere; Concerts and parties; Who's gonna be first?; Looking ahead.

UNDERWOOD, ALICIA
MEMORIES: 31 flavors; Pizza; Root Beer; Great Depression; Site seeing; Hula Hop; UCLA; USC; Cheering; READY FOR THIS; Library Gang 73; 70's; P.E. Dar; Homecoming; 10-25; Petra; Eileen; Deb; Luke; Val; Neece; Viv; Les; Rub; JCLWMF; Charles; Carlos; WAYNE; Best years of my life.

V

VALLAS, LORETTA (LORI)
MEMORIES: Frosh yr.; Summer 73'-74'; Vacation Village; Centerfield; My accident; Paul; 11-16-73; Xmas dance 73; Hume 73; Santana Hodads; #44; Orange Crush; Halloween 74; Wuebold's; Robin; Desirei; Gates; Sus; All my Buddies; T-J-& C; Partying; Oceanside; Teeter; John; Cardiff; 11-23-74; My rambler.

VASSILIOU, IRENE
MEMORIES: Movies?; Kathi's house; BRIAN; R.R.; Steve; Sharon's Falcon; D-days; First party; Surprise party 74; My car fox hunting; El Cajon Blvd.; Cyprus trip; Crying; Fighting; Laughing; "All my friends".

W

WALLACE, PATRICIA (PATTY)
MEMORIES: The Math Office; World Hist. and Mr. Geroche; U.S. Hist.; Mr. Singer and working at E.S.P.; My family and friends; Lois, Cyd, Gayle, Cindy, Tracey; "Seek ye first. . . "; Larry; Tardies; English 3 and Mr. Hill; Dana and all our talks; And all most of all Jesus.

WALTON, LAWRENCE (LARRY)
ACTIVITIES: Tennis 1,2,3,4; Leaning the ropes 2,3,4;
MEMORIES: Escorting; Tennis courts in summer '73; Cheerleader's dunk booth; Junior Prom and the giant chinese firedrill; Chicago and Elton John Concerts; Massive menagerie of quacmires; Christmas dance '74; Living at Pizza Palace; Choke artist; My favorite dental hygienist; Cool and the gang.

WAMSLEY, CHRISTOPHER (WABELY)
ACTIVITIES: Mgr. Football 3,4; Track 3; MCP; PE 1,2,3,4.
MEMORIES: The Guys; Track league champs '74; Rob-O; Mabel; Cowboy; Having a good time; The rambler; Driver training; Charley; Broken finger; Mr. Dobbs; El-Stevo.

WAY, MONICA (RITTLE BEAVER)
ACTIVITIES: Choir 2,3; Softball 2,3,4; Tennis 4.
MEMORIES: DR Summer of '74; The beach GEEKS; Flat tire at PV; Walkin thru, "I don't want to die" and "Billy my Hero"; T.P.ing and knowing volunteer firemen; The chases; Just being roudy; It's orange!; Disneyland; My son; UNDERSTANDING; All this with special friends, most of all Bill . . .

WESTMAN, KEITH (DR. NARKO)
MEMORIES: Yf #1210; The tunnel; S.C. Canyon Feb. 17, 1974; Mr. Bauer; B.T.O.; National lampoon; Flash; Otto; Qwebe and Nerdo; Schroeder and Spivey; Robert's "Vette"; Falcoon; Ah-Hello; Tickets in Arizona; Going on a trip; Surfing; Dune buggying; Cruisin' for punta; The Belair and B.B.'s El Camino; Brown nose.

WHEELER, SUE
MEMORIES: Ken; May 10, 1973 and always; PDI; La Casa Mexicana; I.A.D.R.T.F.L.; Aztec Volleyball; Lake Cuyamaca; Camping; River, G.V.F; Langunas; E., E.J.; Ellen, who's door was always open; Happiness and love with Ken.

WHITCOMB, LAURA
MEMORIES: Really raspy; Fiesta Island; Give me a break; After the game; Pizza the spot; Hotter trotters; Out with the girls; Here's the plan . . . ; Jungle Boogie; Mr. Higby's symbolism; Orient; Munching out; Coco's; VW Cruisin'; Scheming; Christmas dances; Homecoming '74; Those M.M.M.'s.

WHITE, BAMBI
ACTIVITIES: Swimteam; Clubs; Campus Life; Deca.
MEMORIES: Beth Dorreh Schroder; Drama; Beth Bludau; Bye Bye Birdy; HORSE FLY; Playing jokes on friends; The after school games; Winter camp; Church; Close friends; All 4 years; SCUBA DIVING; Hand ball at grossmont college; Sing performances; River trips; God guiding the way.

WHITE, HEIDI (SHARTY)
ACTIVITIES: S Club 4; Speech team 1; Girls Glee 1; Choir 1.
MEMORIES: Christmas dance 71, 72, 73, 74; Senior Prom; People on the Speech team; Miss Mitt; Ann, Cyd, Mark, Lynn; Christian Fellowship with Dana and Ann; And I thank God for Jerry.

WILLIAMS, DARLENE (WILLIE)
MEMORIES: Parents; 5-21-72 Vick's; J.R.A.; Cocoon; Viki's; 12-29-73; Beach Boys Concert; 1-2-3 Boom; Yosemite; Summer '74; Snow family; Lost kitten Tammy; #14; Pregame Chefs-Coach Arniaz; Christmas dance 12-24-73 and '74-Bob's; Fondue Dinner 12-14-74; Doritos and Bean Dip with Paula; B. Buddie LeAnn; Wendy; Good times with Kris, Rick and Kent (Raaar); God and his promise.

WILLIAMS, MARILY (MARE)
MEMORIES: Church; Ruffus; Popie; The beaner; Michelle; Jeniffer; "The Pest"; "Surfs Up"; Sierra's; Lake Murray; Kathy Pistol; All my friends in PE; Furture Songs; Good times; Ramona Cruisin'; Debbie Padillia; The movies; MAC's Ride; Big oak ranch walk; Love to all my friends over the years.

WINETEER, DALE
ACTIVITIES: Water Polo 2,3,4; Swimming 1,2,3,4; Key Club 3; Letterman's Club 4.
MEMORIES: Waterpolo; CIF if's; Waterskiing; Banquets and awards; Coaches; Leslie; Weld; Sandy; Dick.

WITHERS, NANCY
MEMORIES: "Well, all that glitters isn't gold, I know you've heard that story told . . . Oh friends of mine, Don't be Denied".

WOLFE, APRIL
ACTIVITIES: Frosh Glee; Sr. Glee; Choir 3,4.
MEMORIES: French fries at Sea world; Carol; Nedra, Dana; Idyllwild '74; Let's go wading; 12-16-74; Hi Bubbles; Strawberry Creek; Mr. Faulk; Night rehearsals; George; Sr. Year.

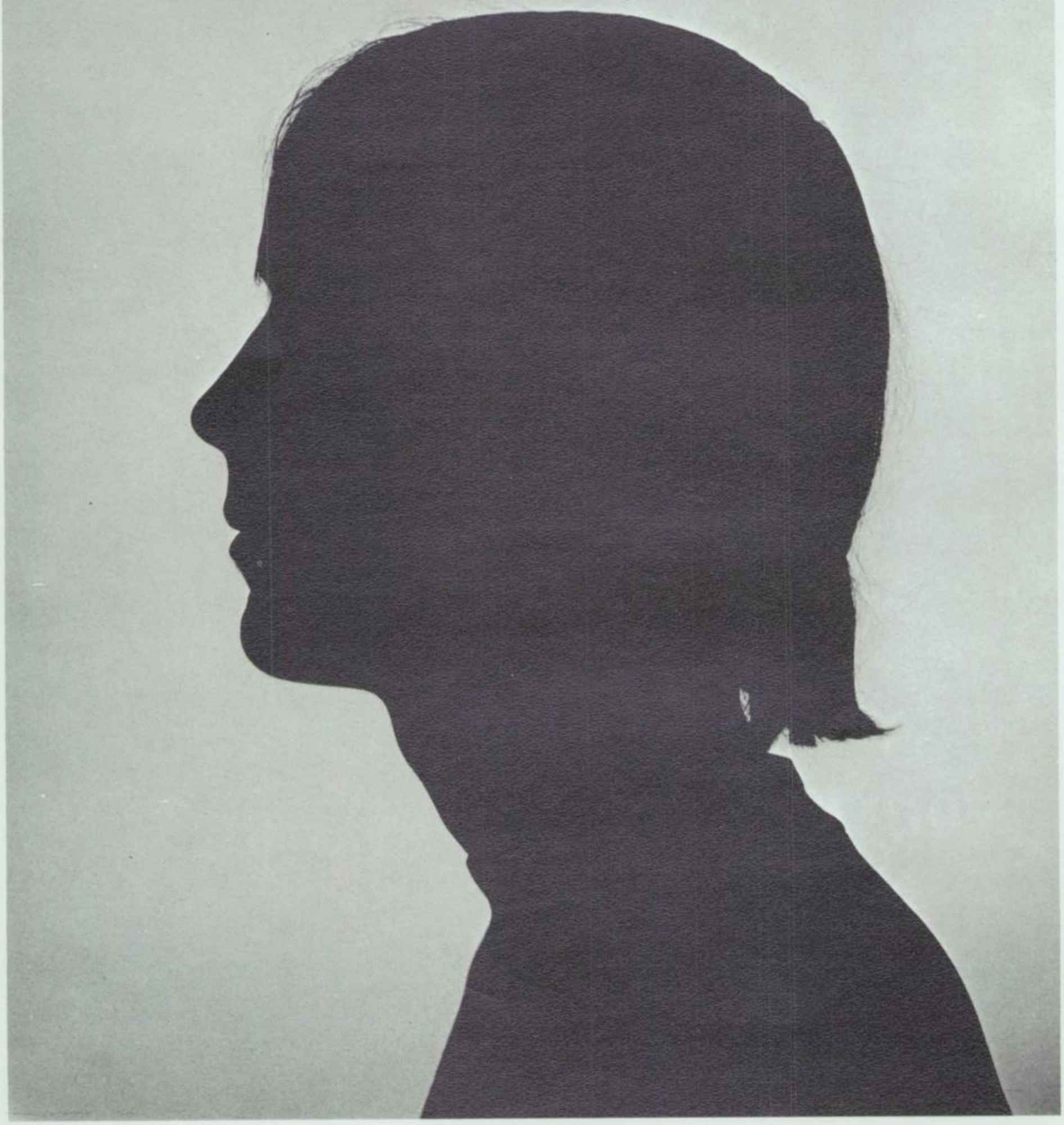
WRIGHT, GENIE
MEMORIES: All the good times Pam, Mark, Bob, the gang; T.R.M.M.; Gorilla-buddy; Covered wagon; My ring from Mike; 29A; Our Route; Redguys; Kelly and something special; Beach; C.D. 73-74; Football games; The love I'll always have for Tim.

WUEBOLD, LORIE (WEEBLE)
MEMORIES: Frosh yr.; Learning to drive the Datsun; Good times with Cindy and Jacki; Summer of '74; SM; ORANGE CURSH; 10-19-73; 11-30-74; Tracey, Linda and Deb's apt.; Sharla, Joani, Lori, Rachel, Sharon, Cindy P.; Sleeping through the great escape; El Cortez; Hilton; Surf Contests; Parties and my red mustang.

WULFF, SUE
MEMORIES: I've got a lot of catching up to do.

Is it the end?

Perhaps not, for the memories captured through the years past will never die, but be sacred and forever treasured through days of joy, sorrow, rain and sunny skies. The days past are but memories, but experiences which have made us grow and learn ourselves and others. The tomorrows that follow are but dreams that once churned through our minds, which in due time, will be looked upon once again as memories. Feelings of emotions come upon each of us daily without warning-experience all of them and learn from each a different lesson. Seniors, let the experiences of your yesterdays unite with the dreams of your tomorrows, and live your todays with love in your heart and peace in your mind.



Valedictorians, Salutatorians Epitomize Standards Of Excellence

The class of '75 has the distinct honor of being the first class in the history of Helix to have thirteen Valedictorian and two Salutatorian candidates. These student's outstanding grades, leadership, and service have become evident during the past four years at Helix.

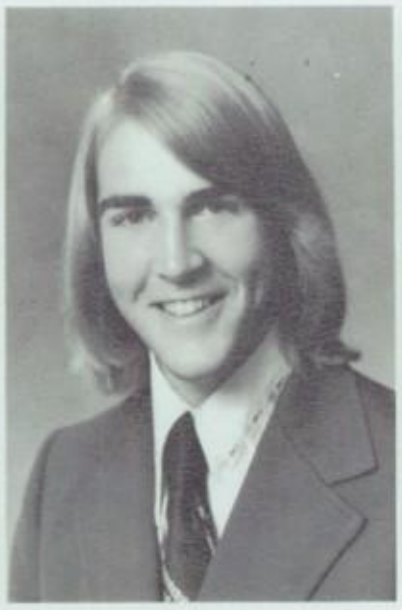
Valedictorian candidates must maintain a 4.0 g.p.a. throughout their last three years of high school and Salutatorians must possess the next highest g.p.a.

. . The interest of these student's hasn't been with grades only. Extra curricular activities have also felt their influence. These scholars led us into battle against other schools in various competitions and helped to shape life at Helix through their participation in student government. The scholastic standards at Helix have also been raised by their excellent achievements in their respective areas.

Looking back on the outstanding achievements these candidates can look forward to a brighter and even more successful future.

Not pictured are Kathy Cunningham and Peter and Ken Igarashi.

Paul Baxley



James Beckham

Lynn Decker

Bill DeHope

Kathleen Fattig

JeNell Hays

Michael Holmes

Ron Kring

Erin Murphy

Steven Strauss

Lois Terpening

Laura Whitcomb

Bank of America Award Winners

Bill DeHope
Math-Science

Erin Murphy
Vocational Arts

Cathleen Ryan
Fine Arts

Laura Whitcomb
Liberal Arts

These four senior s were selected by the Helix faculty to compete for the 24th Annual Bank of America Achievement Awards. The selection was based primarily on the students' scholastic abilities in their respective categories. Leadership, school participation and community activities were included in the evaluation. The students continued in competition with award winners from other local schools on April 3rd, for cash prizes. An award in the category of fine art includes the student's work in art, drama and music; liberal arts includes English, foreign languages and social studies; vocational arts, business, agriculture, home economics, trades and industrials.

57 Seniors Rate Top 10% Honors

In addition to the valedictorian and salutatorian candidates of the preceeding pages, the below pictured students comprised the top ten percent of the class of 1975. These fifty-seven seniors represent a variety of talents including athletics, school and community service, music, art and drama. These individuals are to be congratulated for maintaining academic excellence.

Not pictured are Richard Stanley with a 3.714 overall average; Linda Klein witha 3.650; Stephanie Cauchon with a 3.647; and Lawrence Leonard with a 3.579.

Miriam Genser
3.966

Barbara Greer
3.966

Teri Janson
3.966

Wanda McCarthy
3.966

Leslie Hom
3.920

Dale Wineteer
3.905

Barry Demchak
3.900

Cathleen Ryan
3.875

Diane Anthony
3.867

Richard Lundquist
3.864

Carol Dunquist
3.846

Sharla Tolin
3.842

Patricia Wallace
3.833

Linda Koehler
3.826

Mark Martin
3.821

Steven Gardner
3.818

Candy Iverson
3.808

Margie Fishburne
3.800

Mark Lolli
3.800

Stephen Jaramillo
3.792

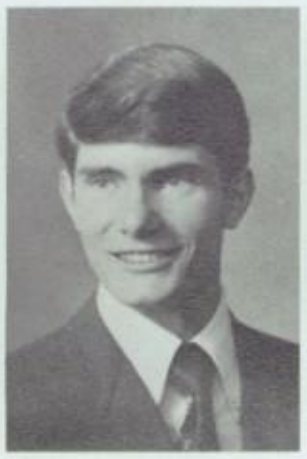
Karen Barnes
3.778

Cynthia Comber
3.778

Karen Gray
3.750

Debra Schmidt
3.750

Alayne Hoffman
3.737



Donald Richards
3.724

Colleen Jones
3.704

Paul Bailey
3.700

Roger Litz
3.682

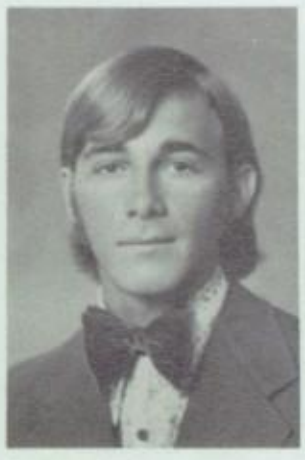
Karen Abaroa
3.667

Joan Hamrick
3.667

Marlo Rivera
3.667

Lee Childress
3.652

Joel Bradford
3.625



Greg Lusitana
3.607

Dana Engle
3.593

Carla Pease
3.583

Dion Luster
3.579

Nancy Withers
3.579

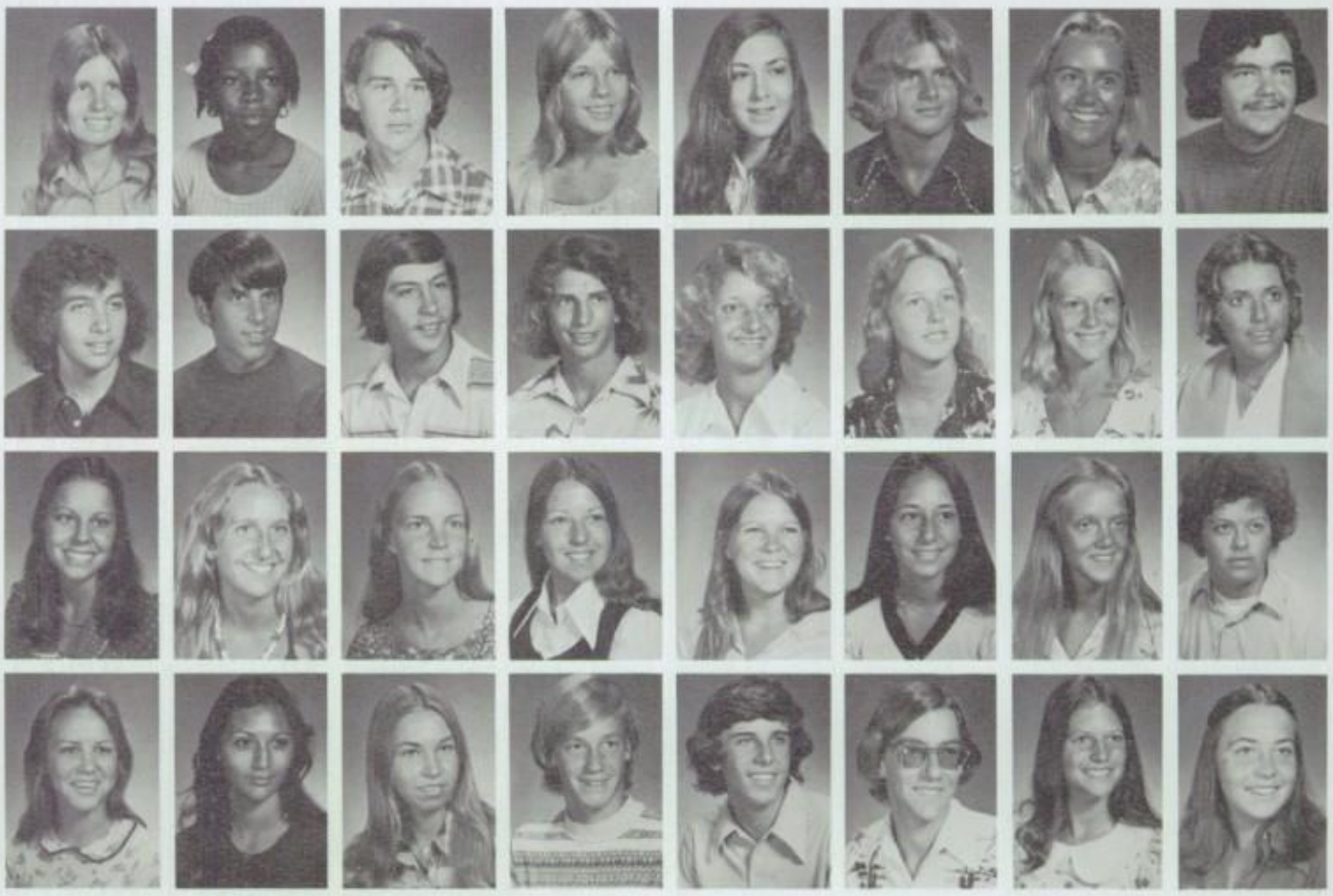
Junior Class Officers: Tiari Avakian-President; John Metcalf-Vice President; Edwina Goodell-Secretary; Jenny Ponce-Treasurer; Kathy Rakestraw-Asst. at large.

Debra Abernathie
Evelyn Abraham
Howard Adamczuk
Kimberly Adkins
Heidi Anderberg
John Anzalone
Jacki Argent
Charles Armstrong

Bart Arthur
Gerald Asbury
Harry Atkinson, Jr.
Robert Aunan
Tiari Avakian
Debra Baer
Pamela Bailey
Cynthia Baker

Sharon Barend
Janice Barranco
Diana Barrer
Elizabeth Batts
Kathy Bean
Denise Bender
Colette Bendixen
Erich Bergendorff

Sharon Bermudes
Catherine Bernal
Kathy Bernal
John Bernitz
David Berray
Arthur Bevers
Janet Bickel
Leslie Bixel



Juniors Displayed Leadership And Spirit

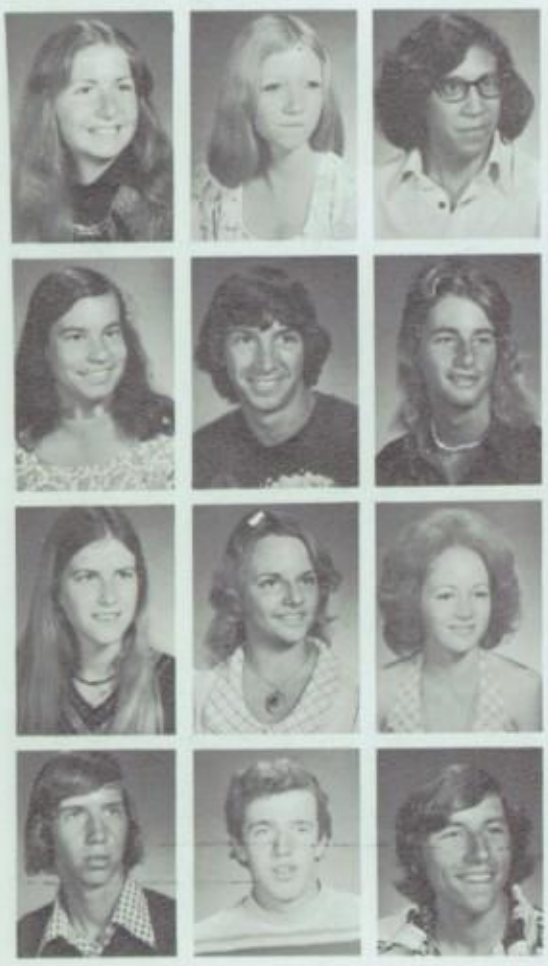
Edgar Black, Jr.
Joel Bock
Albert Boerner
Christine Bohringer
Diane Bonilla
Milus Bonker
Daniel Booth
Roni Botterell

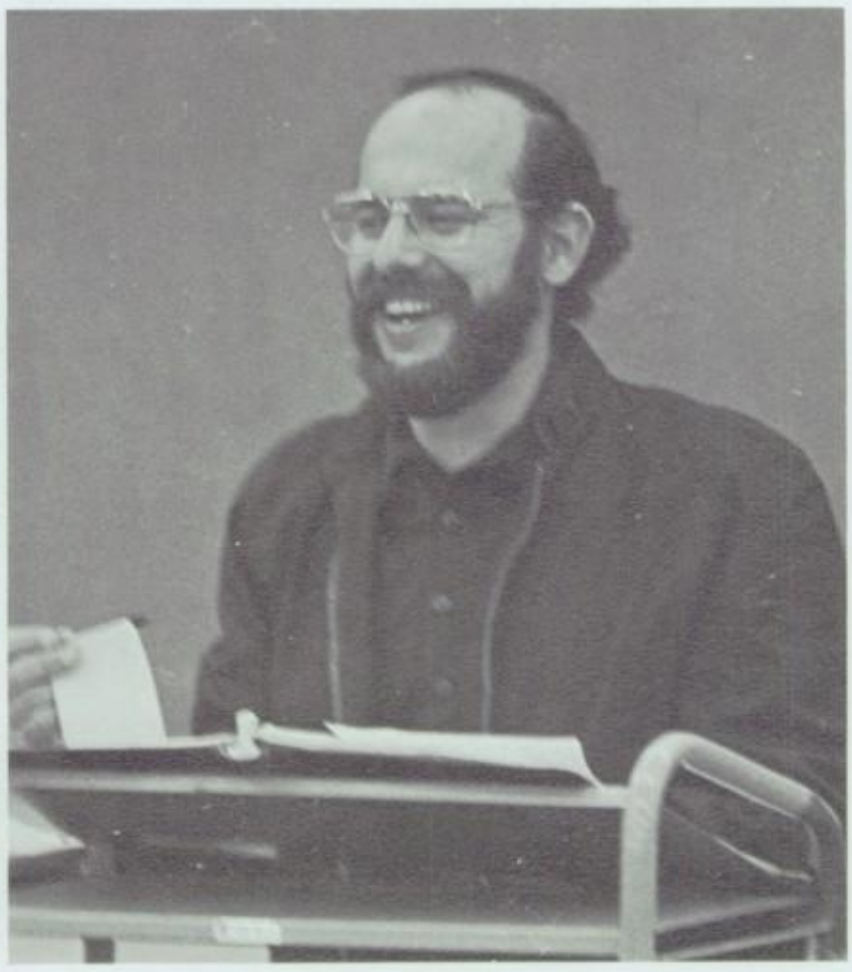
Tami Boulet
Peggy Boutelle
Shari Bowlen
David Boyd
Richard Boyer
Michael Braden
Jefferey Bradford
Pat Bradford

Herbert Bramley
Ruth Briscoe
Michael Brooks
Darla Brown
Vincent Brown
Arlene Bruce
Rowena Bryant
Martin Buckley

Timothy Burdett
Paul Burns
Erlette Cano
Thomas Carlin
Thomas Carlson
Jo Ann Carr
David Carstensen
James Carter

John Carter
Kim Carter
Susan Castiglione
Mark Catlin
Stephanie Cauchon
Donna Caylor
Tim Ceballos
Amanda Chadwick





Elizabeth Chapman
Kathleen Charles
Mark Chavez

Denise Christian
Nicholas Ciaccio
Ronald Clagett

Kelly Clair
Cari Clark
Carol Coburn

Robert Colbert
William Colley
Kevin Colvell

Mr. Melton, Junior Class Advisor.

Medora Coon
Georgette Cooper
Robin Cooper

Sharon Costello
Michael Coulson
Michelle Coulson

Pamela Cox
Theresa Cramer
Carolyn Cross

Richard Culpeper
John Cunningham
Ann Dahl

Rick Darland
Jeneva Dauwalder
Cynthia Davis

A streaker!

Kelly Dean
Gary De Forest
William Dege
Melanie Demos
Robin Denslow
Delores Denton
Roger Dierking
Cecelia Dill

Tracey Dixon
Leland Dodge
Cheryl Douglas
Guy Drummond
Michael Duncan
Keith Durham
Bruce Earnest
David Eddy

Kenneth Eddy
Brenda Elmore
Kenneth Emmons
Joni Engelhorm
Donald Fallon
Nancy Fallon
Michael Farber
Carol Farish

Leslie Fellows
Nathan Ferguson
Michael Fernandes
John Fernquist
Larry Fixsen
Richard Florence
Louise Focht
Stephen Folwell

Paul Forsberg
Jerry Forstrom
Robert Fortenberry
Anthony Fortier
Laura Freeman
Shirley French
Clark Friedgen
Jacke Friend

Larry Fukushima
Betty Gaea
Henry Gaea
Thomas Gaia
Walter Galleher
Patricia Garcia
Gail Garrison
Rick Gast

Sally Gearhart
Rebecca Gilbert
Ronald Gilmour
Daniel Girard
Hugh Good
Edwina Goodell
Barbara Grable
Donald Grame

Samuel Graves
Daniel Gregory
Brenda Gress
Linda Gress
Robert Gross
Robert Haak
Joan Haas
Vicki Hall

Lisa Hamilton
Hillary Hammond
Liz Hanbury
Chris Hansen
Susan Hardeman
Raymond Harp
Walter Harris

Mark Haynes
Kelli Hayo
Catherine Hays
Debbie Heid
Diane Heid
Frederick Heimburge
Cindy Hensley
Jamia Henson

John Hernandez
Bruce Hiland

Jeffrey Hildebrand
Tammy Hoenow

Sherrie Holets
Allen Hollander

Who's that turkey on my right?

Mark Honz
Donald Horn

Michael Horn
Nick Howerton
Patricia Humphrey
Patrick Hurley
Carolyn Inabinett
W.G. Isenberg, III
Denise Isham
Denise Iverson

Curtis Jablonski
Jo Ann Jacobs
Robert James
Estella Jennings
Gregg Jensen
Mark Jerman
Kathryn Johnson
Linda Johnson

Robert Johnson
William Johnston
Elizabeth Jones
Robert Jordan
Monica Joynt
Randy Kamperman
Jeffrey Kawar
James Keais

Cindy Kean
Denise Kedrowski

Craig Keller
Katherine Ketterer

Gary Kindle
Sally Kinsella

Antoinette Kirby
Randall Kizer

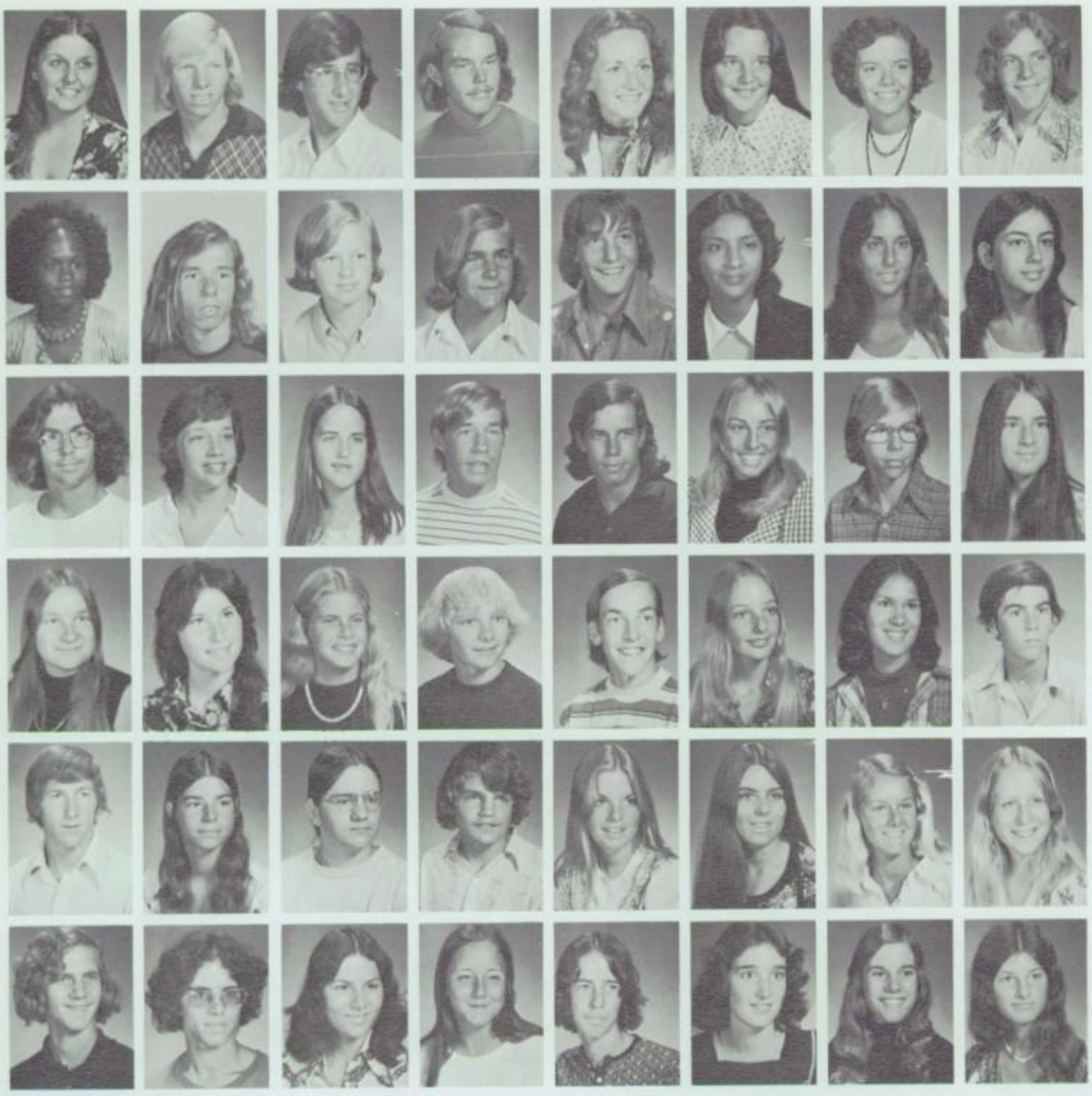
"Put the stash in the trash behind the Art Building!"

Deborah Kjorlie
Donald Kleinhen
Pamela Knepper
Alan Knorr
Robert Knorr
Kevin Krum
David Kubanis
Ronald Kuipers

Randall Kunkee
Julie Lambert
Diane Landreth
Gentry Lane
Robert Lane
Ronald Lara
Warren Larberg
Steve La Valley

Tracie Lay
Autumn Leaf
Scott Leaf
Marianne Lee
Dain Leese
Donald Leggio
Kris Lettow
Michael Lewis

Jon Lichty
Edward Lindsay
Lesley Lindsey
Margo Lish
Gary Lizama
Brian Lockwood
Karen Look
Colleen Lorden



Darcia Lovett
Dale Lowrimore
Joseph Lucisano
Richard Luster
Beckie Luther
Laura Lyons
Susan MacKimmie
Craig MacLean

Jennifer Major
James Malmberg
Robert Marks
Paul Martin
Scott Martin
Esther Martinez
Rose Massery
Alice Mastro

Brett Matheny
Roberta McAfee
Kathleen McCardell
Glenn McCullough
Michael McEntee
Jody McHenry
Alex McKay
Mary McKechnie

Rebecca McKee
Brenda McKeever
Sheri McLaren
Leslie McMurphy
Kevin McNichol
Billie McSwain
Darlene Meek
Mark Mendoza

John Metcalf
Joy Michael
Joel Milke
Andrew Miller
Cherie Miller
Kimberly Millice
Leslie Milligan
Nancy Milligan

Kevin Mings
John Mire
Sandra Monda
Bonnie Moore
Kent Moore
Kimberly Morris
Lisa Moye
Melynda Moyes

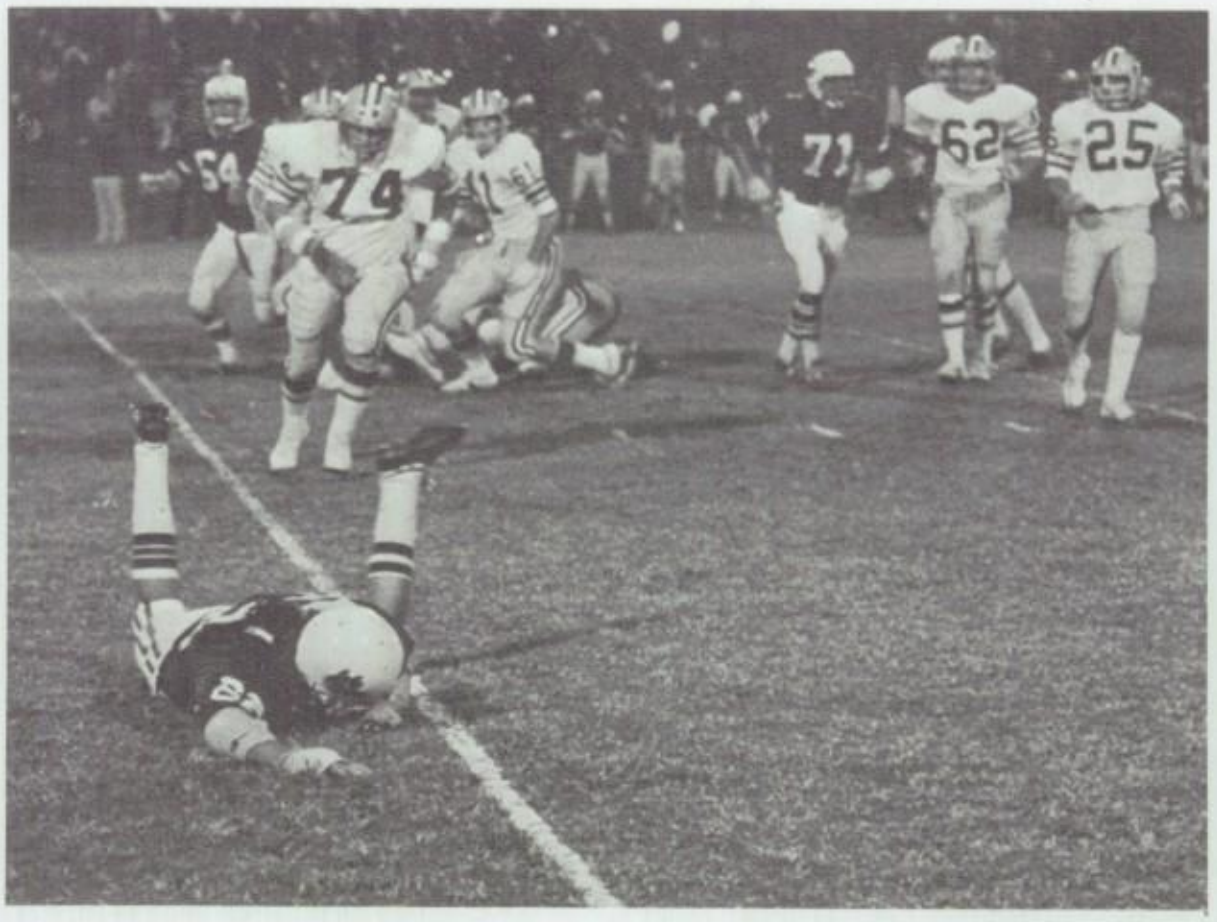
"Our praise we sing to thee . . . "

Matt Mumford

Patricia Murphy

Karen Muzzo

Sarah Myers



"I hate this game! I hate it! I hate it! I hate it!"

James Napolitano
Debbi Nelson
John Nelson
Robert Nicolson
William Nobles
Timothy O'Brien
Daniel Offutt
David Oliner

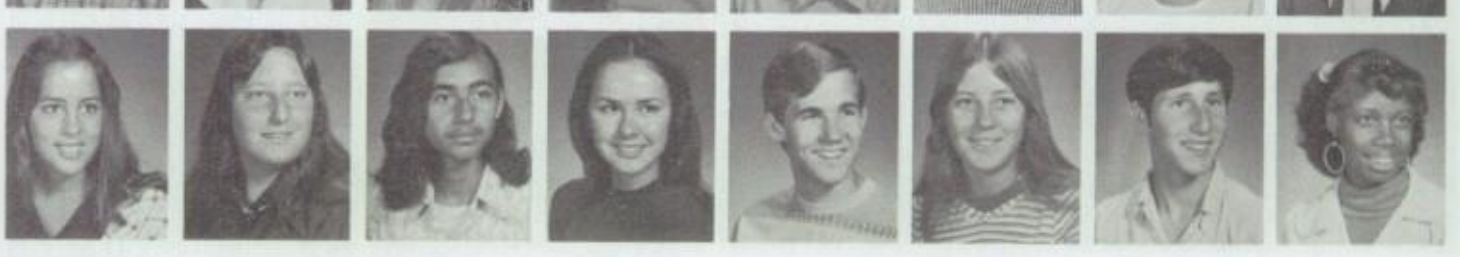
Thomas Omahen
Robert Oostra
Frederick Orsborn
Anthony Panico
Nikolas Papanikolas
Debra Parish
Mari Parks
Kelly Parry

Maria-Elena Parsons
Michael Paul
Dale Pearce
Melissa Pearce
Juan Pedrin
Daniel Pepin
Carmen Perez
Michael Perkins

Michael Pfahler
Anne Phillips
Stephen Phillips
Tim Phillips
Charles Ploman
Susan Poland
Scott Pollett
Jennifer Ponce

Daniel Postulka
Leona Powers
Darlena Preciado
Lynn Pressas
Lawrence Provder
Kent Puls
Anne Rafferty
Selvan Rajendran

Kathy Rakestraw
Lorie Randall
Anthony Rasco
Cecilia Rathbun
Eric Raulston
Pamela Reid
James Renzi
Jackie Reynolds



William Rice
Rebecca Richards
Ronald Richards
Jelene Richardson
Sherry Ridgway
Tamara Riggins
Annette Rios
Manuel Rivera

Leanne Roberts
Cheryl Robertson
Robyn Robertson
David Robinson
Edmond Rock
Esther Rodriguez
Richard Rodstrom
Marjorie Romanowski

Regan Ronayne
Ronald Roscoe
Richard Rose
Stefoni Rossiter
Denise Rost
David Rouillard
James Ruddock
Heidi Runk

David Runyan
Cynthia Rusert
Pat Rush
Samuel Ryan
Jeffrey Sams
Janice Sanders
Donna Sanderson
Stephanie Sandler

Linda Sandy
Laura Saucerman
Susan Saunders
Donald Savoie
Gail Schedine
Lauren Scheele
Jeff Scheidel
Mariann Schilling

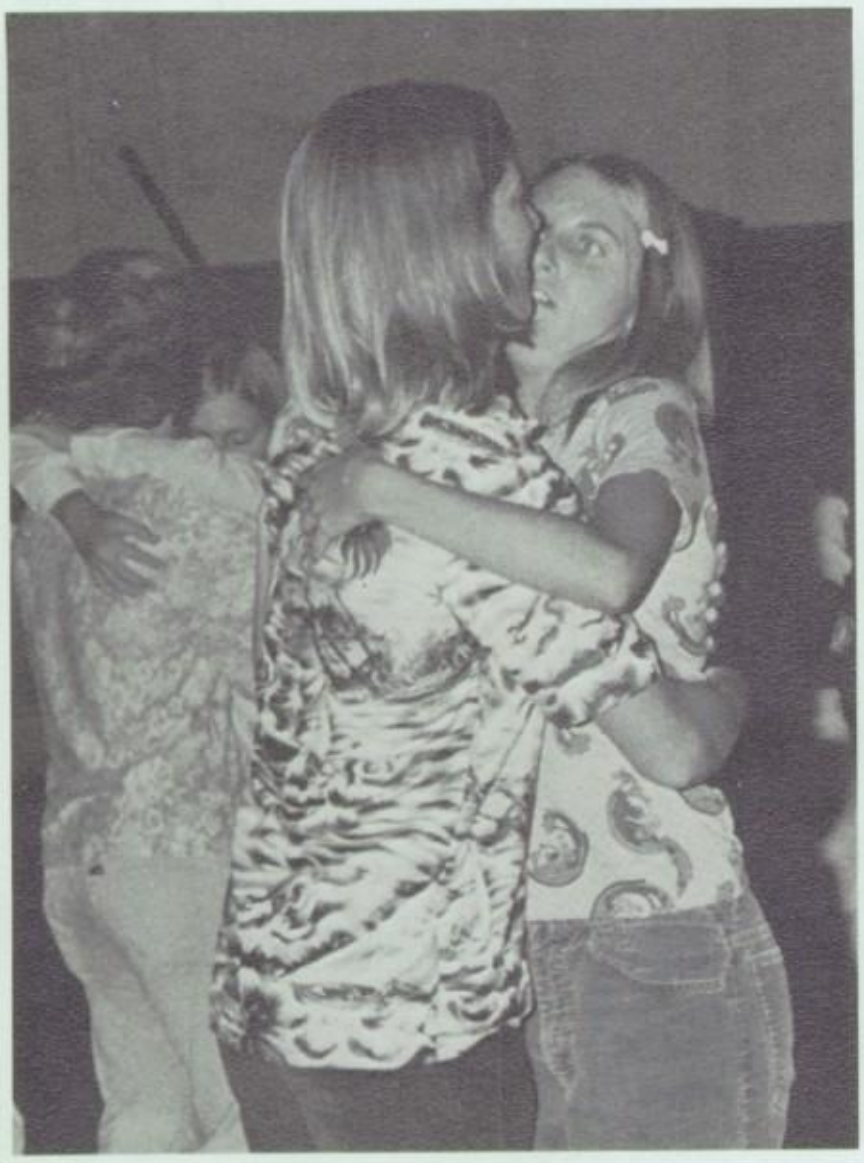
Paul Schrandt
Kelly Schroeder
Monique Schultz

Doreen Schulz
Stephen Scott
Daniel Seifert

Melody Seile
Donald Seyfferth
Blake Shaw

Jane Shepler
Anne Shubin
Jack Shuey

Cheryl Simpson
Michael Sindelar
Randall Sirbaugh



"My, what a big nose you have!"

Michael Sirkis
Nedra Skarda
Deborah Slagle
Beverly Smith

Cassandra Smith
John Smith
Kevin Smith
Malcom Smith

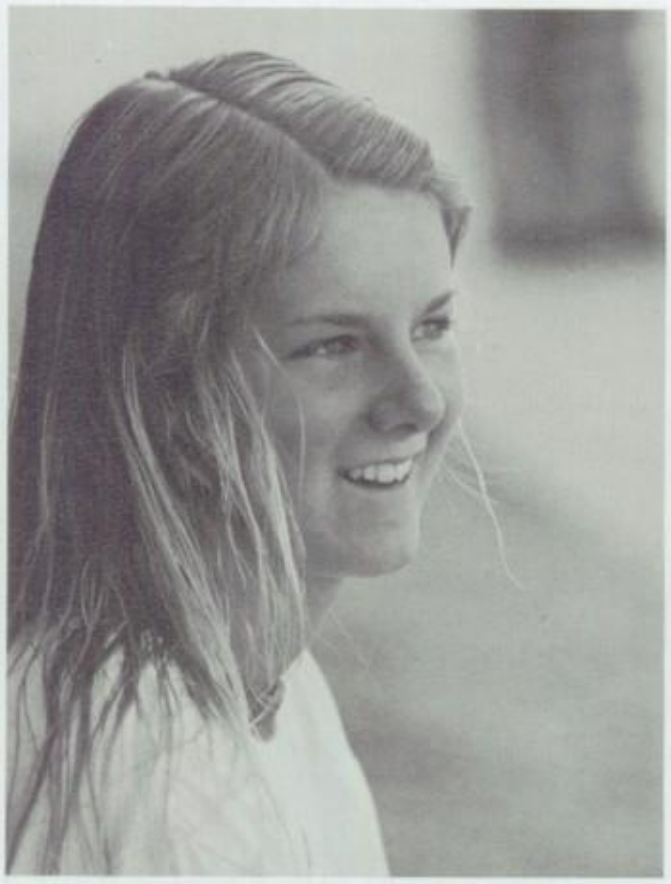
Tanya Smith
Terri Smith
David Smithey
Richard Snodgrass

Terri Southwell
Kathryn Spaulding
Becky Spurlock
Denise Stedman

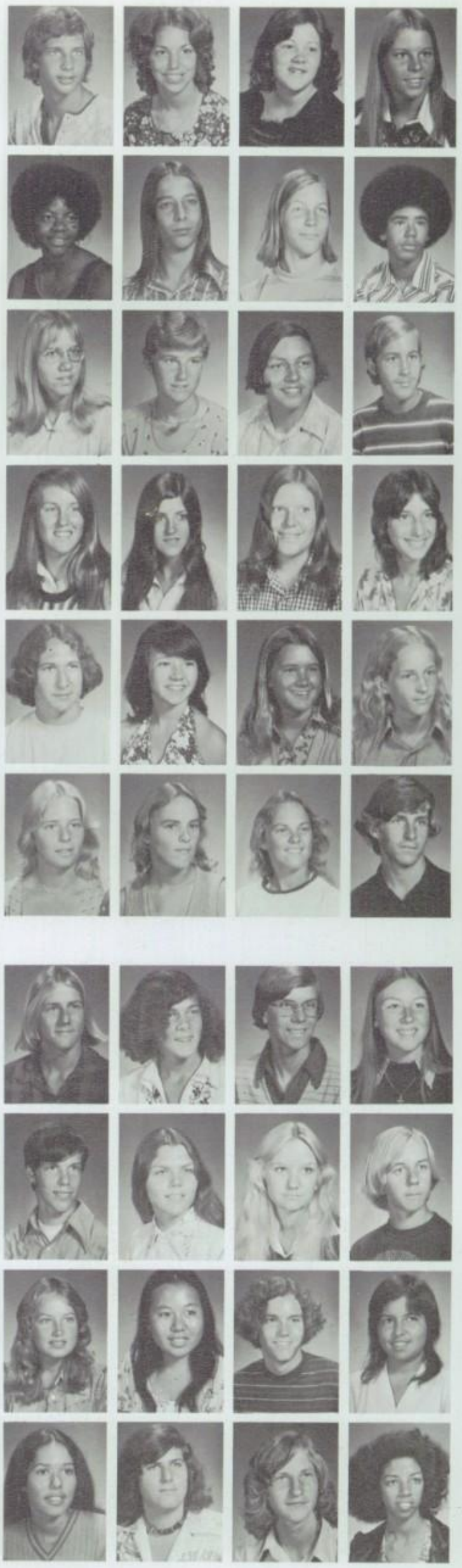
William Stemwell
Jennifer Stone
Deborah Stoop
Martin Stroh

Linda Strohauer
Roxanne Stuckey
Suzanne Stuckey
Martin Sturgeon

Gregg Styles
James Sumpter
Daniel Tackett
Suzanne Teichman



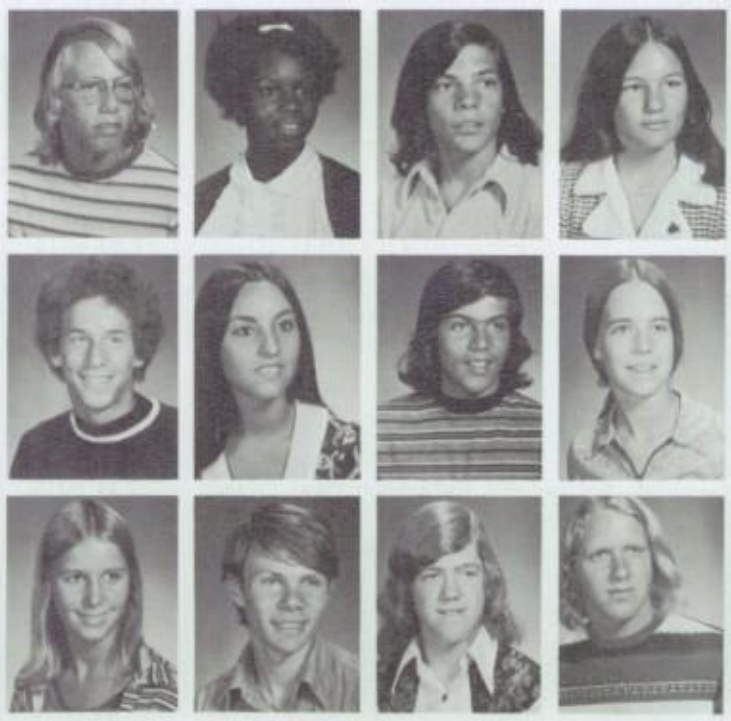
Here he comes . . . And there he goes.

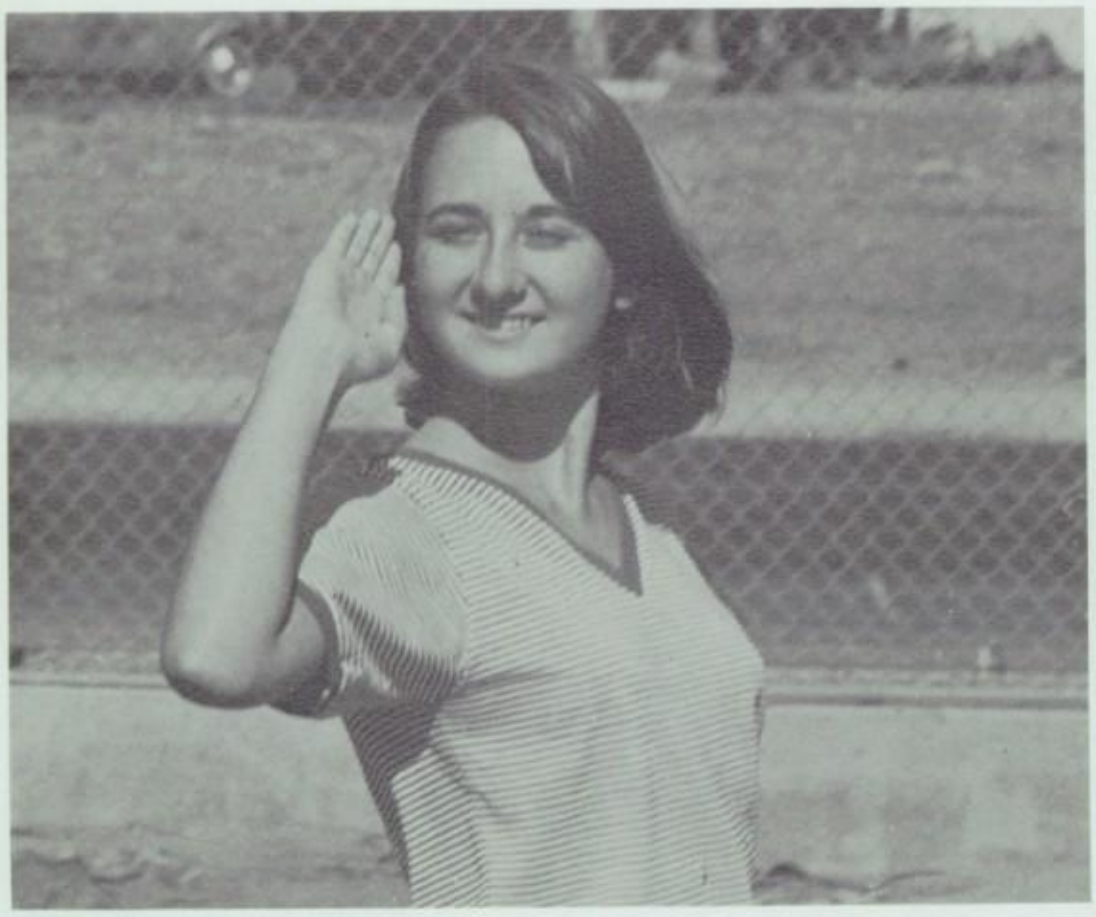


Richard Teisher
Glynis Terry
Matthew Thomaselli
Cindy Thompson
William Thompson
Teri Thorne
Nancy Thorsnes
Richard Thorson

Bryan Tinkham
Margaret Tipple
Frank Tirado
Sandra Tirpak
Dianna Toland
Sharon Tom
Russell Tonkinson
Mary Torres

Denise Triebull
Glenn Trueman
Jeffery Tucker
Jay Turner
Tami Valdez
Marc Valentine
Kenneth Vance
Linda Vargas





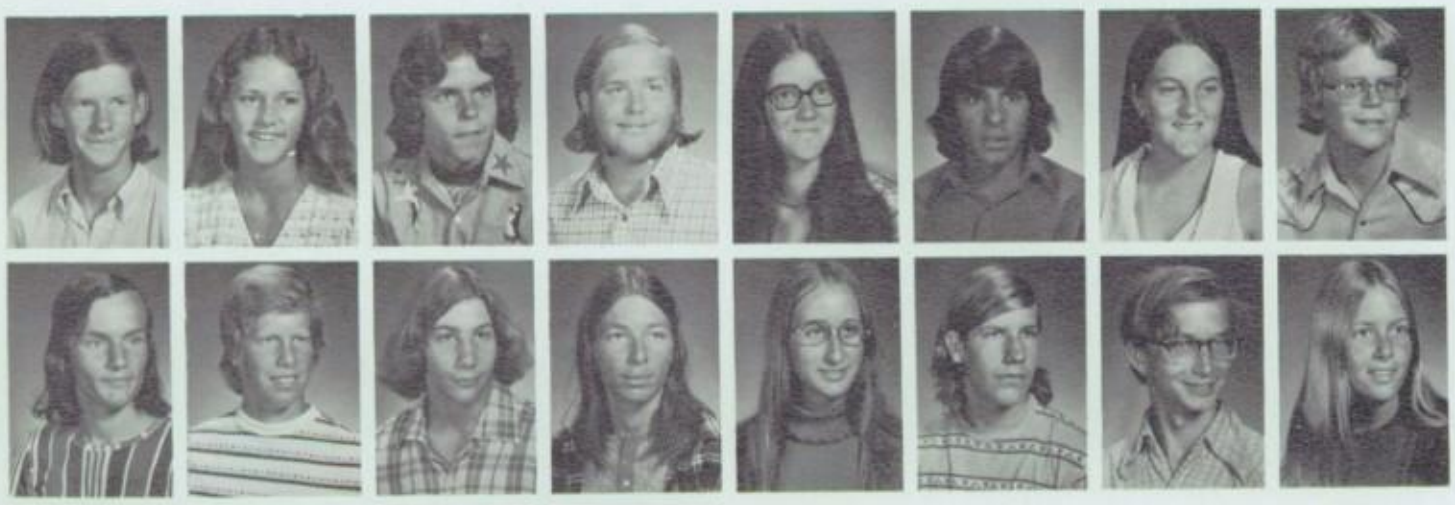
"I use Dial - don't you wish everyone did?"

Donna Vasconcellos
Jerry Velazquez

Dina Velazquez-suarez
Richard Vigil

Michael Vigil
Gregory Wada

Patti Watters
Kimberly Walker



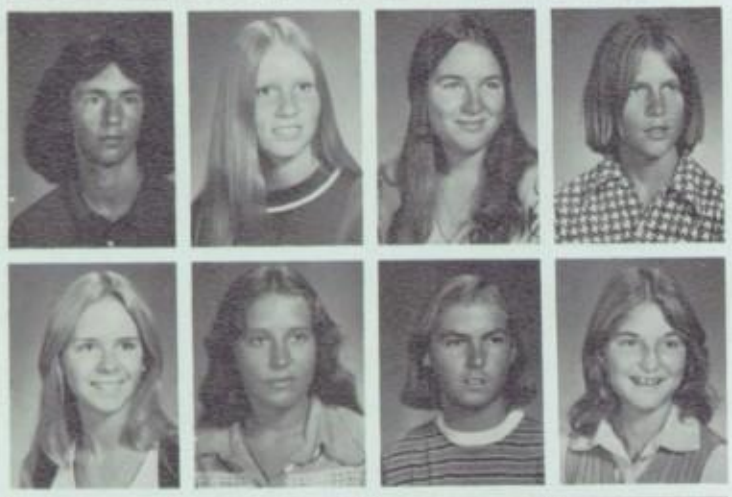
Timothy Wamsley
Kathleen Wankum
Jeffrey Watson
Kenneth Waugh
Laura Waugh
Geoffrey Way
Joanne Weaver
Douglas Webb

Paul Wegner
Stephen Weissinger
Thomas Weld
John Wells
Karen Wells
Eric Wendt
Guy Werner
Katherine White

Mark Whitehead
Glenn Wilhite
Gary Williams
George Williams

I think I have a bug in my ear.

Harry Wilson
Sharon Wilson
Cinthy Woempner
Louis Wolheim



Cindy Wood
Cindy Wood
Roy Wood
Donna Woods

Durand Wright
Kenneth Wright
Amy Wuebold
John Wylie
Dana Zimmer
Glenn Zuckerman

Juniors Honored For Scholastic Achievement

Graduation Assistants

Through hard work and perseverance, these students qualified for the top ten percent of the junior class. Traditionally, Tartan Bearers are the fourteen students with the highest grade point average. The next highest are Torch Bearers, followed by Graduation Ushers, Baccalaureate Ushers and Graduation Assistants. These students are given the honor of participating in graduation ceremonies.

Among those who qualified for top honors were Leslie Bixel, Mark Catlin, Carolyn Cross, David Oliner, Jon Schmidt, Blake Shaw, Suzanne Teichman, and Katherine White, all of whom had a 4.0 grade point average.

Graduation Assistants: Elizabeth Chapman, William Stemwell, Anne Shubin, William Thompson, Cheryl Simpson, Tanya Smith, Carolyn Inabinett, Kimberly Millice, John Metcalf, Linda Sandy, Susan Saunders, Matt Mumford, Randall Kunkee, Warren Larberg, Sharon Tom, Heidi Anderberg, Geneane Hunt, Roberta McAfee, Kelli Hayo.

Tartan Bearers: Leslie Bixel, Mark Catlin, Carolyn Cross, David Oliner, Jon Schmidt, Blake Shaw, Suzanne Teichman, Katherine White, Joseph Lucisano, Richard Rose, Michael Perkins, Jody McHenry, Lauren Scheele, Donna Padgett.

Tartan Bearers

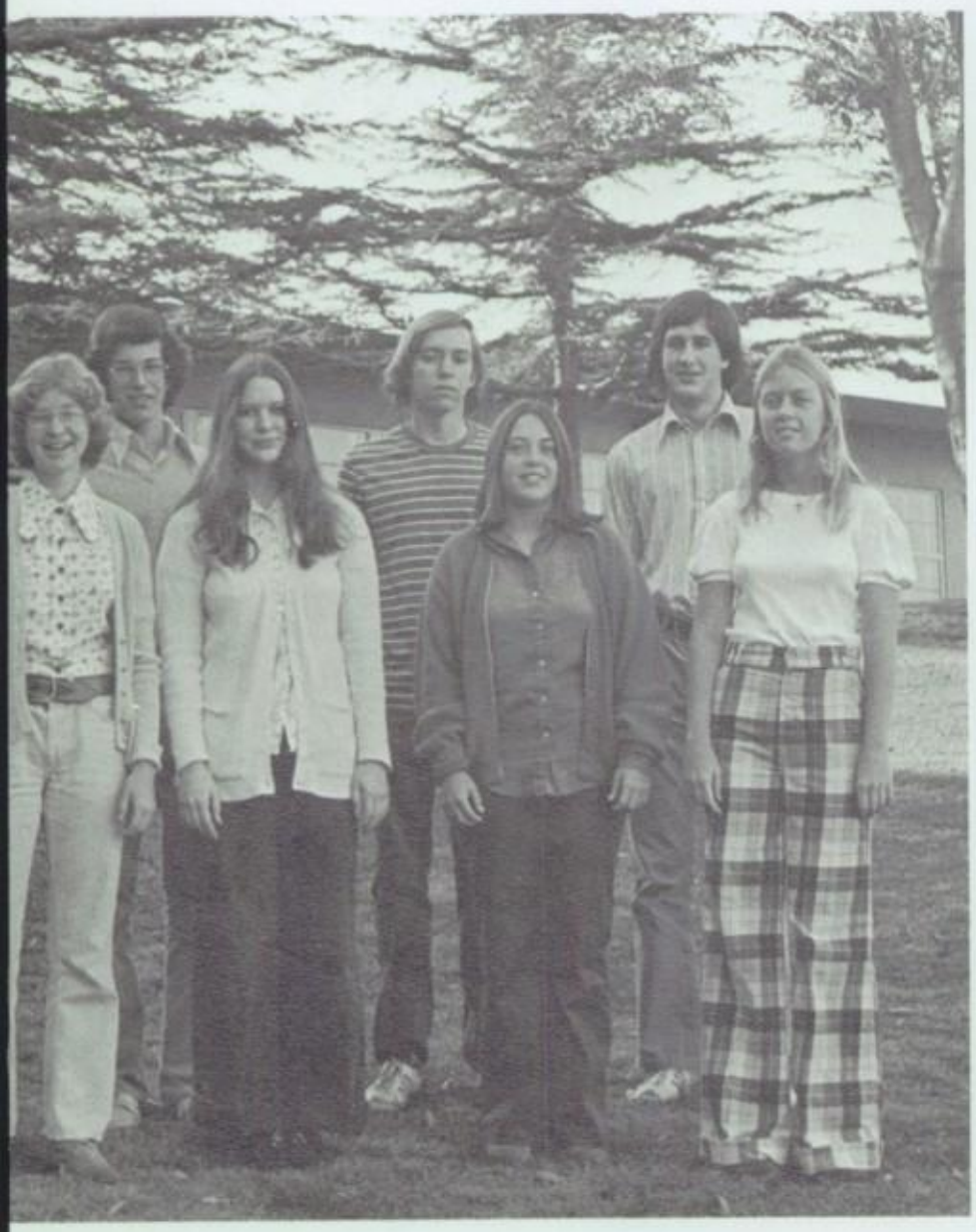
Torch Bearers

Torch Bearers: Kenneth Waugh, Tiari Avakian, Donald Kleinhen, Sherrie Holets

Baccalaureate Ushers: Peggy Boutelle, John Cunningham, Elizabeth Batts, Kathy Kladouras, Jeff Scheidel, Joni Englehorn, Kathryn Johnson, Michelle Nickolson, James Brewer, Diana Barrer, Tami Boulet, Jennifer Stone

Graduation Ushers: Joel Bock, David Boyd, Kenneth Eddy, William Johnston, Denise Iverson, Andy Kicklighter, Daniel Tackett, Arlene Bruce, Bruce Earnest, Sally Kinsella

Graduation Ushers



Baccalaureate Ushers

Sophomore Class Officers: President- Becky Sanchez; Vice President- Toni Anthony; Secretary- Marianne Balistreri; Treasurer- Karen Strickler

Gordon Adams
Marsha Adams
Wayne Alden
Susan Alverson
Robin Anderberg
Mark Anders
Tammy Anderson
Dana Andrews

Toni Anthony
Jerald Arellano
Karen Argubright
Margaret Armer
Daniel Arnado
Leonard Arnado
Thomas Atkinson
Marilee Austin

Alden Averill
Angle Avilez
Cindy Baehr
Maria Baer
Kenneth Bail
Cynthia Baker
Michael Baker
Mark Baldwin

Marianne Balistreri
Cara Balsam
Michelle Barber
James Barger
John Barrow
Harold Bauer
Steven Beaver
Catherine Beck

Sophomores Organized Successful Year

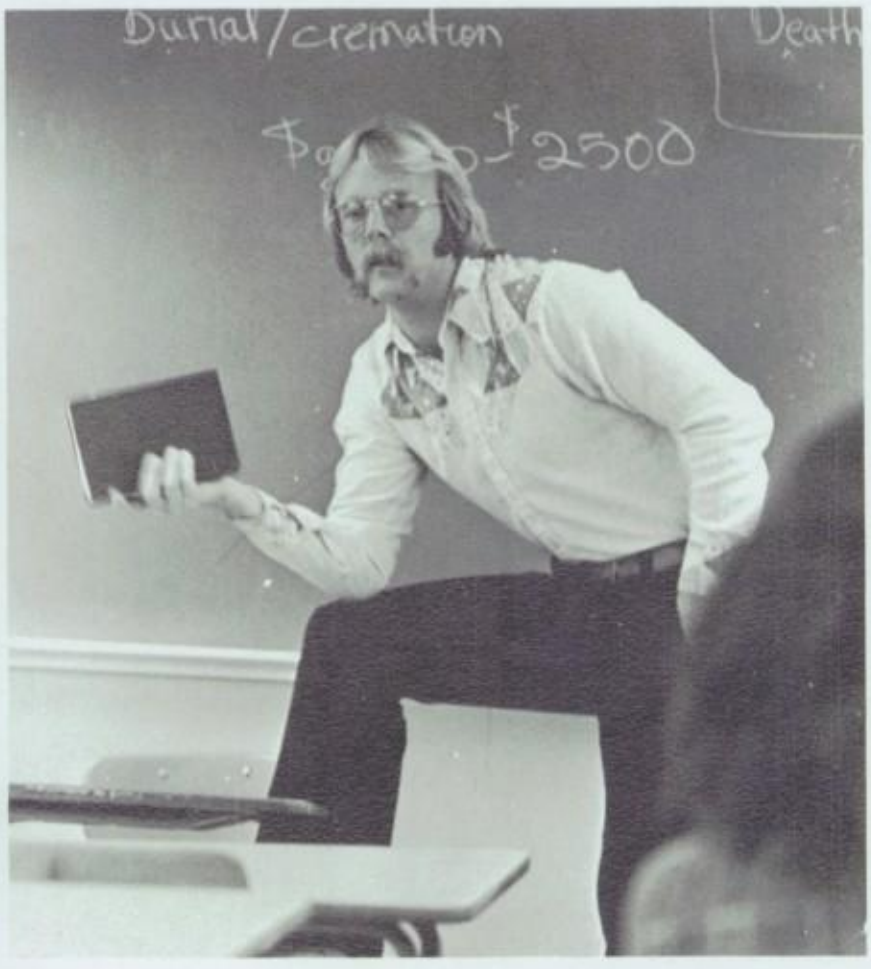
Laurie Becker
Colleen Benner
Mary Bennett
Andre Bernard
Cheryl Bethke
Laron Beverage
Kathy Bevers
Debra Birkholz

Lelan Black
David Blanc
Michael Bloom
Christina Bodie
Glenn Boettcher
Kenneth Boltz
Gloria Bonar
Christopher Bongard

Rory Boone
Rhonda Bordenkircher
Pamela Bornheimer
Debra Boudoures
Susan Boyer
Stephen Bracka
Cynthia Bradley
Kerry Bresnahan

Anthony Brings
Gary Brooks
Leonard Brower
Brian Brown
David Brown
Donald Brown
Patricia Brumbaugh
Keith Bruso

Kenneth Bruso
Robert Bryans
Penny Buck
Corinne Bulcao
Terri Burbank
Jean Burner
Brenda Burns
Kristin Burns



Peggy Burns
David Buso
David Caballero

Edward Cain
David Cairns
James Cameron

Jeffrey Campagna
Kelvin Campagna
Chris Campbell

Julie Campbell
Martha Campos
Erlaine Cano

Mr. Estes; Sophomore Class Advisor.

Anthony Cappello
Lloyd Capps
Garry Carlson
Larry Carlson
Ruth Carpenter
Steve Castaneda
Kathy Castleberry
Deanna Castro

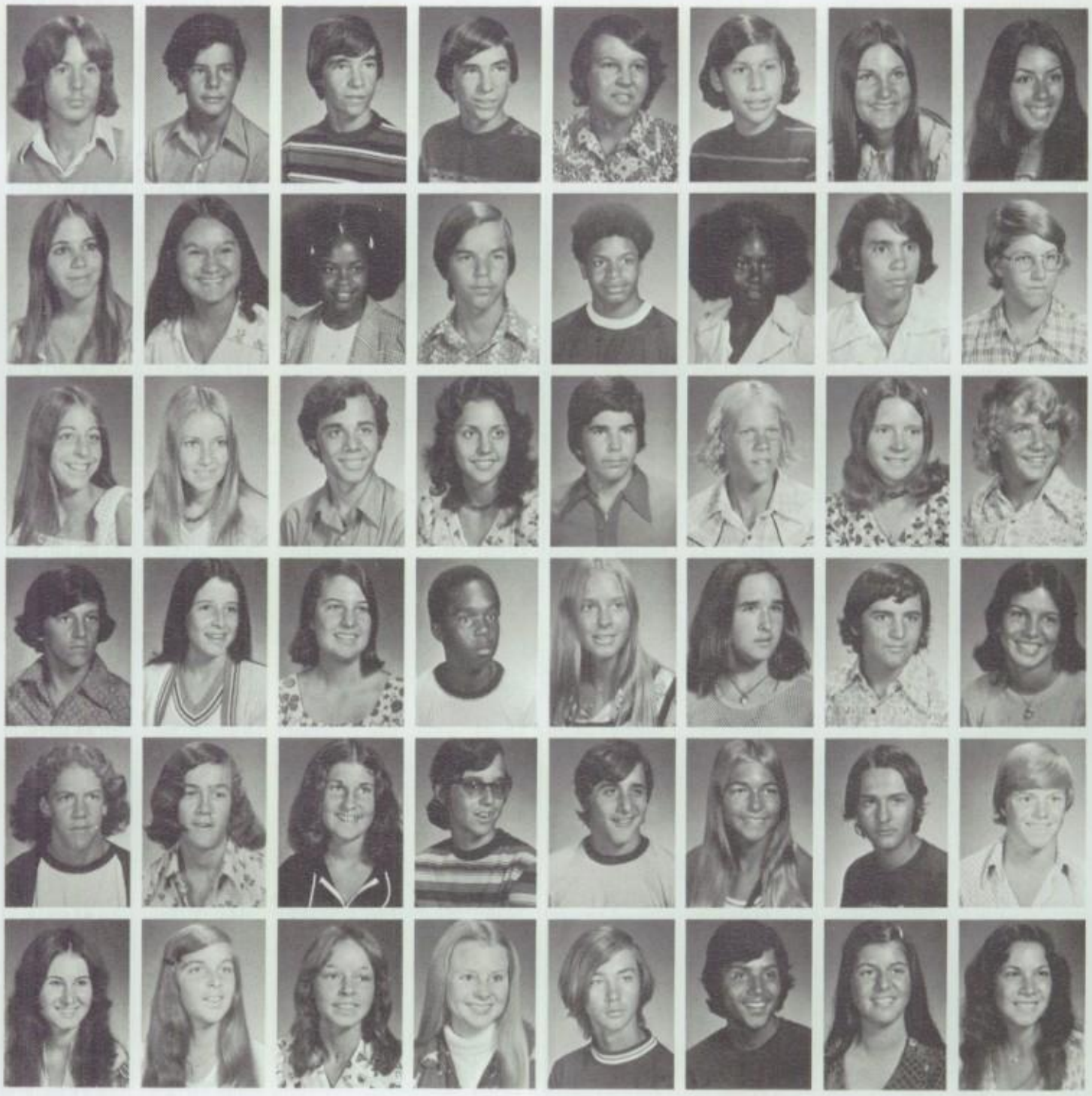
Mary Cavadias
Mary Ceballos
Evelyn Chambers
Frank Chambers
Kenneth Chambers
Karen Charles
Daniel Chavez
Donald Childs

Cheryl Ciccarelli
Deborah Clauser
Bartley Coath
Jerron Cody
Christopher Cohan
Kenneth Colbert
Tamara Cole
Walter Cole

James Collette
Lisa Colley
Jana Collier
Kelvin Collins
Sandra Combs
Robert Conrad
Ernest Cook
Sonia Cota

Raymond Cox
Ronald Craddock
Andrea Cronk
Jon Culver
David Cummings
Shawna Curtis
Rudolph Dalton
Gordon Davis

Janette Davis
Janice Davis
Cheryl Dean
Pamela Dege
Mark De Long
Sergio De Los Rios
Karen Demchak
Yvonne De Montijo

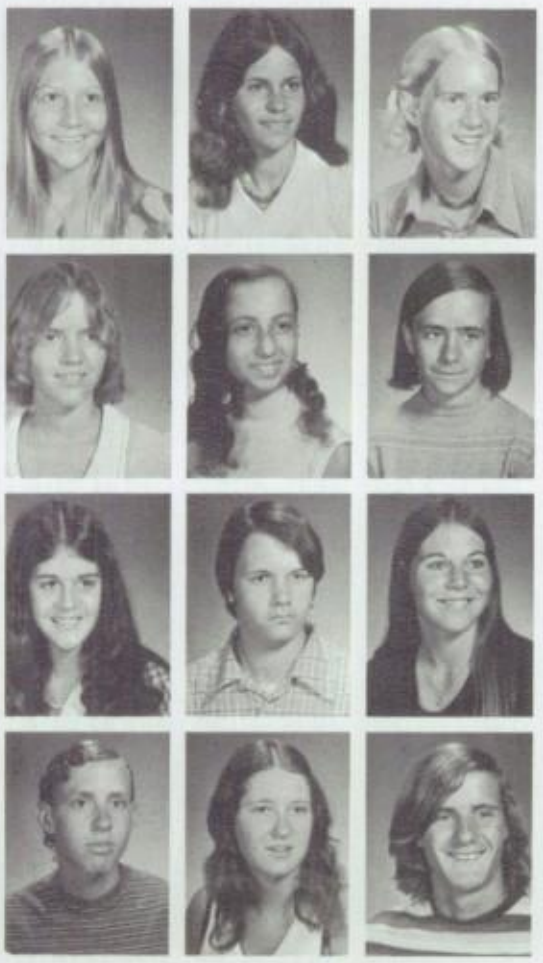


Shelley Desnoyer
Susan Dethman
Donald Devereaux

Becky De Witt
Kim Di Fronzo
Jack Dillon

Pamela Dinant
Russell Dobell
Kimberly Dodge

Jerry Dollar
Laurene Donnelly
Thomas Donovan



"Gee, Mom's lunches are almost as bad as the cafeteria's!"

"I know I'm great."

Kim Doolen

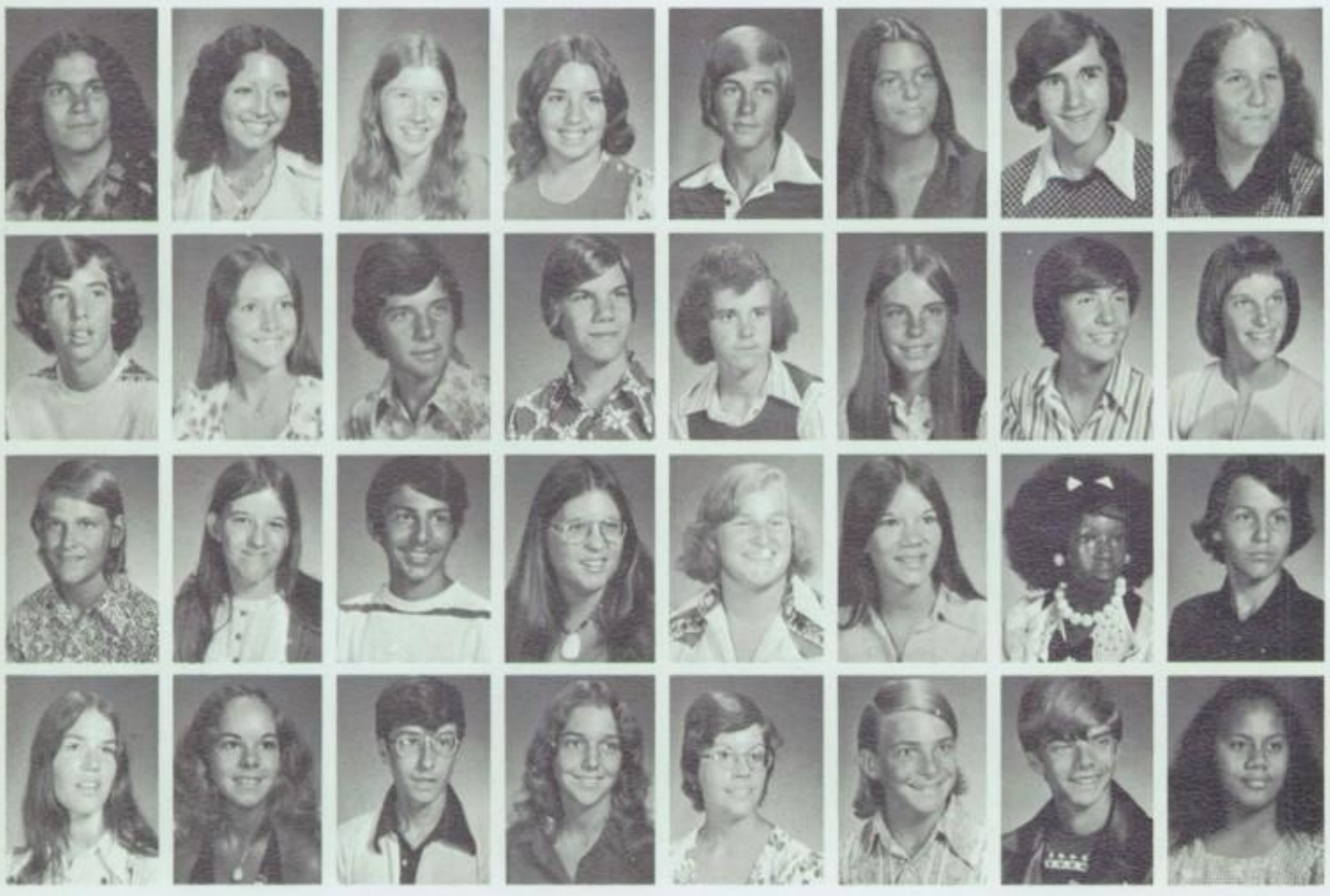
Delilah Dorame

Uwe Dorendorf

Brooks Dorroh

Cynthia Dougherty
Deborah Douglas
Kirk Drummond
Ruby Dunbar
Irma Durland
Elizabeth Earley
Jack Eastman
Dennis Ebert

Michael Edwards
Marvin E'Golf
Robert Ekhaml
Ronald Elliott
Lise Emig
Juliet Enos
David Erickson
Edward Espinoza



Raymond Espinoza
Martha Esquivel
Diana Eubanks
Denita Evans
Steven Evans
Terri Evans
Daniel Fagelson
Diane Farber

Jesse Farquar
Linette Fearing
Shawn Feeser
Richard Fellows
Richard Fields
Shirley Finley
William Firtch
Dawnetta Fischer

Samuel Fish
Debbie Fitzgerald
Donald Flores
Kathy Flores
Billy Foiles
Sandra Foley
Beverly Fortenberry
Charles Fortier

Debbie Foster
Carrie Foye
Darwin Foye
Wendy Freed
Cindy freeman
Mark Frei
Richard Gable
Hedy Gaea

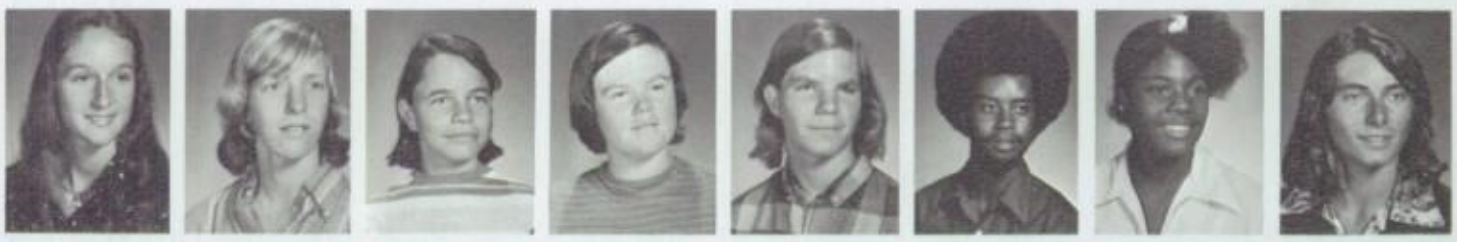
"Yoo-hoo, big boy! Why don't you come to my table and see me sometime?"

Eugene Galati
Evelyn Galleher
Gay Garrett
Gregory Gates
Joni George
Bruce Gillingham
Michelle Gillis
Linda Girard

Terry Gohde
John Gomez
Janice Graser
Ellen Green
Janet Grim
Tim Grim
Andrea Gutgesell
Theresa Haag

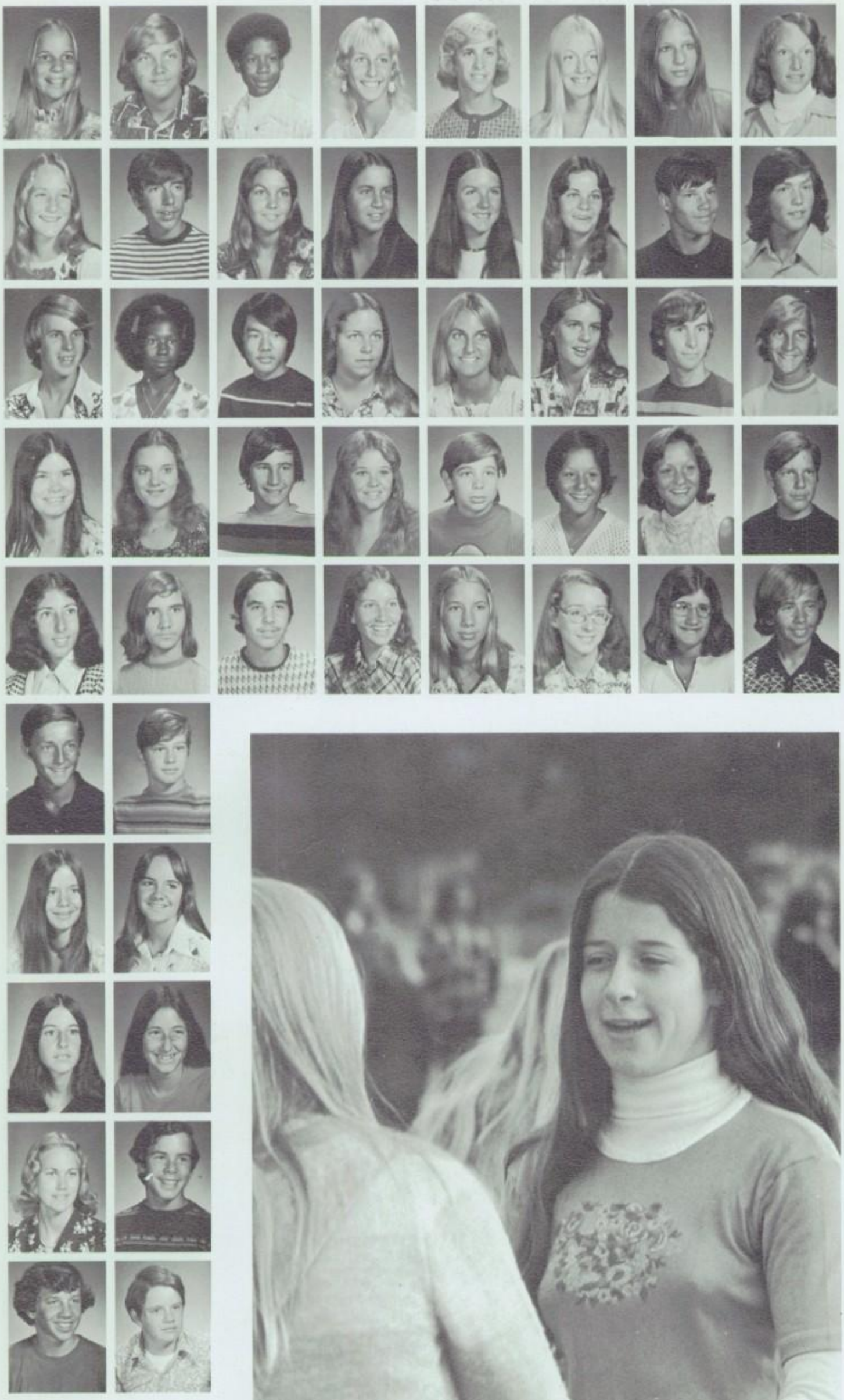
Cindy Hackworth
Edward Hajj
Donna Halama
Gordon Hall
Kimberlee Halvorsen
Sandra Hand
Theresa Hansen
Kathy Harmurth

Jodie Harris
Chet Harrison
Ronald Harrison
Gregory Harter
Britton Hawk
Lee Hawkins
Pixie Hawkins
Larry Hayes



Nadene Hays
Russell Hedges
Cynthia Heller
Terry Hendrickson
James Henson
Thomas Herlihy
Judith Herling
Denise Hernandez

Teresa Hernandez
Michael Heskett
Michael Hiles
Paul Hill
Richard Hinze
Angela Hobbs
Gregory Holm
Julie Holmes



Carole Hoover
John Horne
David Hoskins
Tamra Hostetter
Mark Houghtlin
Catharine Hughes
Sheree Hulbert
Diane Hutchinson

Jennifer James
Barry Jantz
Jennifer Jarman
Cheryl Jarvis
Kathleen Jeckel
Diane Jeffrey
Robert Jenkins
Albert Jesse

Robert Johnston
Debra Jones
Richard Kaneyuki
Jennifer Kawar
Lawrence Keeton
Lucinda Kellison
Beatrice Kennedy
David Kennedy
Jeffrey Kerber
Serenna Kersey
Elizabeth Kiefer
Scott Kiefer
Christie Kipp
De Vere Kiss
Katherine Kiyabu
Patricia Kiyabu
Scott Kizer

Kathy Kladouras
Jamie Klein
Larry Knorr
Belinda Koltz
Marlene Kramm
Sandra Krangle
Deanna Kraus
Howard Krewson

Milan Kroupa
Robert Kruse

Bonita Kurtz
Heather Lange

Katherine Lawrence
Lisa Lawrence

Heather Lawson
Thomas Leary

Robert Le Clair
Michael Lehmann

"Don't look now, but he's taking my picture."

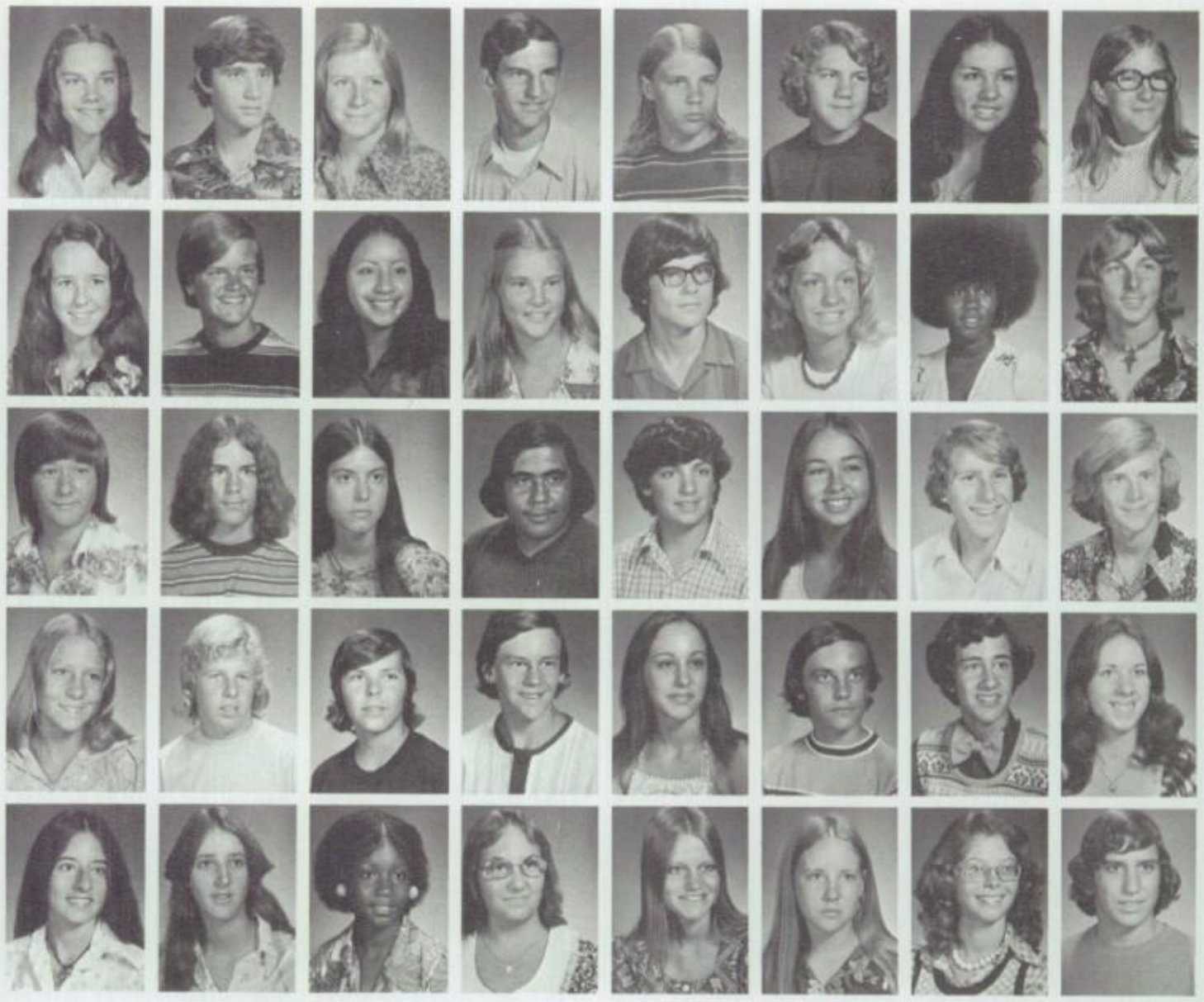
Debra Leinweber
David Leonard
Nancy Lester
Floyd Leveille
Dean Lewis
Glen Lickert
Ramona Lieras
Faith Lindsay

Cheryl Lindsey
Jeffery Linney
Varna Linton
Karen Lintvedt
Rick Lipscomb
Tamara Little
Yolanda Littleton
Charles Loach

Claudia Loftus
Kevin Lolli
Rita Look
Mario Lopez
Michael Lopez
Susan Loraine
David Lorden
Theodore Lorenzen

Margaret Lothringer
Allen Lowrimore
Michael Ludwick
Kevin Lydy
Cynthia Lyter
John Mac Gillivray
George Machado
Deborah Macon

Carol Maher
Kathy Mahoney
Judith Major
Gene Mallette
Roxanne Manzke
Helen Marks
Shelly Marks
Kelly Marline



Deborah Marshall
Donald Martin
Robert Martin

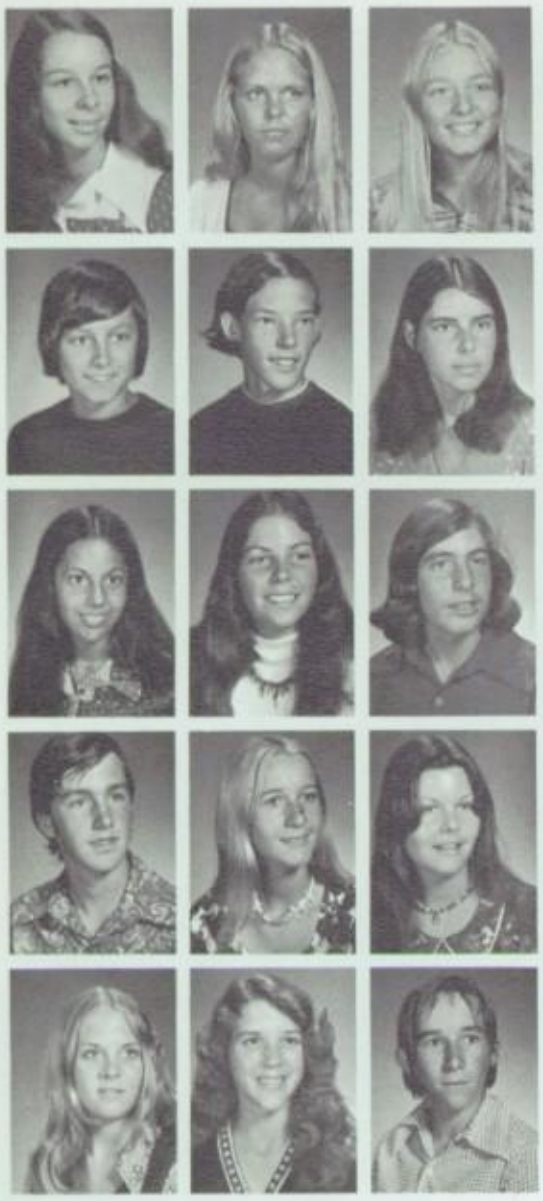
Gloria Martinez
Elizabeth Massery
Linda Massey

Lester Mathis
Sherry Mattia
Paulette Mayne

Johnson Mayo
Patricia McAfee
Lisa McCallum

Michael McCarthy
Patricia McClellan
Carolyn McDaniel

"According to our records, Malcolm, you expired 3 years ago!"



"I use Yucca-Dew, how 'bout you?"

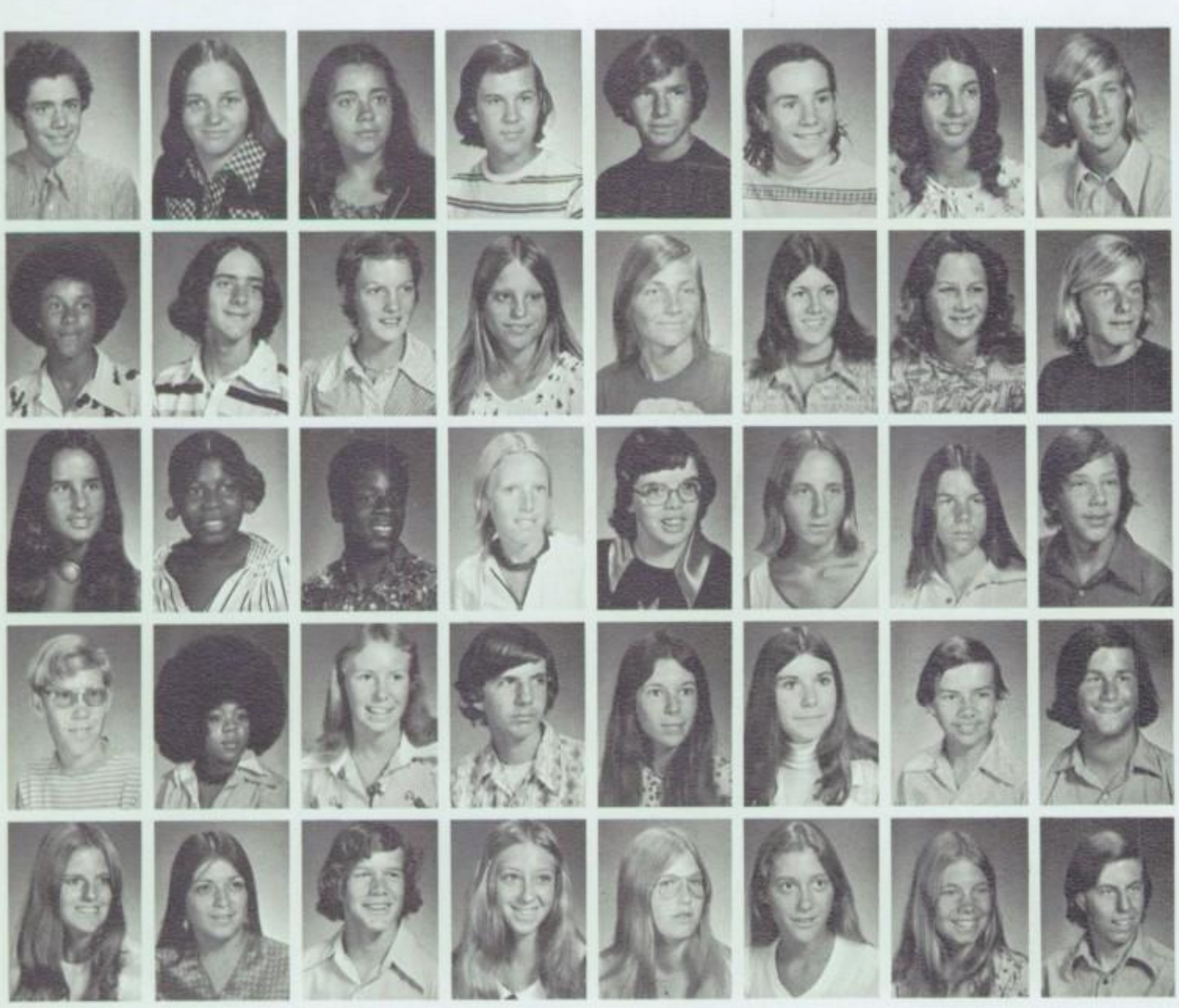
Karla McDaniel
Melinda McDonough
Laura McGlinnen

Jerry McMurphy
Timothy McNichol
Betty Medeiros

Ramona Mendoza
Nancy Miller
Robert Miller

Robert Miller
Terri Miller
Tari Millice

Carol Mitchell
Linda Mitchell
Mark Mitchell



Adam Mitsias
Denise Mogan
Anabelle Montiel
Timothy Montijo
David Moore
William Moore
Dianna Morales
Kenneth Moranville

Billy Moreland
Donald Morgan
Eva Morley
Sandra Morrison
Dennis Morton
Michele Moyes
Nancy Mulvihill
David Mumma

Charlyne Murray
Denise Myers
Dennis Myers
Rebecca Myers
Deborah Myler
Michael Napolitano
Mark Narramore
Mark Nelson

Paul Nelson
Peggy Nevels
Tris Newton
Alan Nicklas
Michelle Nickolson
Debra Nielsen
Larry Nielsen
Mark Nielsen

Christine Norgaard
Rose Nunez
John O'Brien
Kathy O'Brien
Kathleen Oldham
Colleen Oliver
Victoria Oliver
Kenneth Olson

James Ornelas
Chris Orosz
Mark Orsborn
Phillip Ostergren
Deborah Oswalt
Mary Owen
Karla Oxe
Ann Oyos

Mark Padilla
Daniel Page
Howard Palechek
Mark Palmer
David Parks
Laurie Parks
Ann Patterson
Denise Payne

William Pease
Kathy Perkins
Kevin Perry
Robert Pfau
Brenda Phelps
Lonnie Phillips
Louis Phillips
Scott Piddington

Robert Pina
Mark Pittsenbarger
Melissa Pleasants
Sandra Pollett
Kathleen Poor
Curtis Popoff
Debra Portuguez
Desiree Presnall

Nancy Prock
Wilson Quinones
Paula Radenheimer
Kenneth Ramos
Susan Ramsey
Steve Ranck
Lillian Rasco
Dale Reeder

Carolyn Regas
Christine Renny
Denise Reoux
Peggy Reyes
Ramona Richards
Jean Richter
David Riley
James Riley

"Those lies are really catching up with me!"

"You see there's birds, and there's bees. . ."

Luis Rivera
Roberta Rivera
Alfred Roach

Karen Robbins
Wendy Roberg
Mary Roberts

Yvonne Roberts
Jacob Rodriguez
Christopher Rogers

Joshua Romanelli
Janet Romanowski
Christopher Rose

Susan Ross
Boyd Rowland
Elise Ruden

John Rudolph
Pat Russell
Nidal Saman
Rebecca Sanchez
Lisa Sanders
Robin Sanders
Raquel Sandoval
Sandra Schell

Susan Schlapfer
John Schmeling
Kathleen Schmidt
Diane Schniepp
Scott Schwartz
Stuart Seidel
Loretta Seiden
Marjorie Seile

Kathryn Sera
Alfonso Servey
Roxanna Settle
Richard Sever
Bart Sevik
Edwina Sevilla
Ruth Sharp
Debra Sherwood

Catherine Shields
Robin Shimasaki
Marc Silvis
Lisa Simmonds
Lori Simmons
Leonard Simpson
James Singer
Michelle Slote

Mark Smiley
Bryan Smith
Nathan Smith
Tamara Smith
Teri Smith
Rebecca Soderberg
Aileen Soop
James Sousa

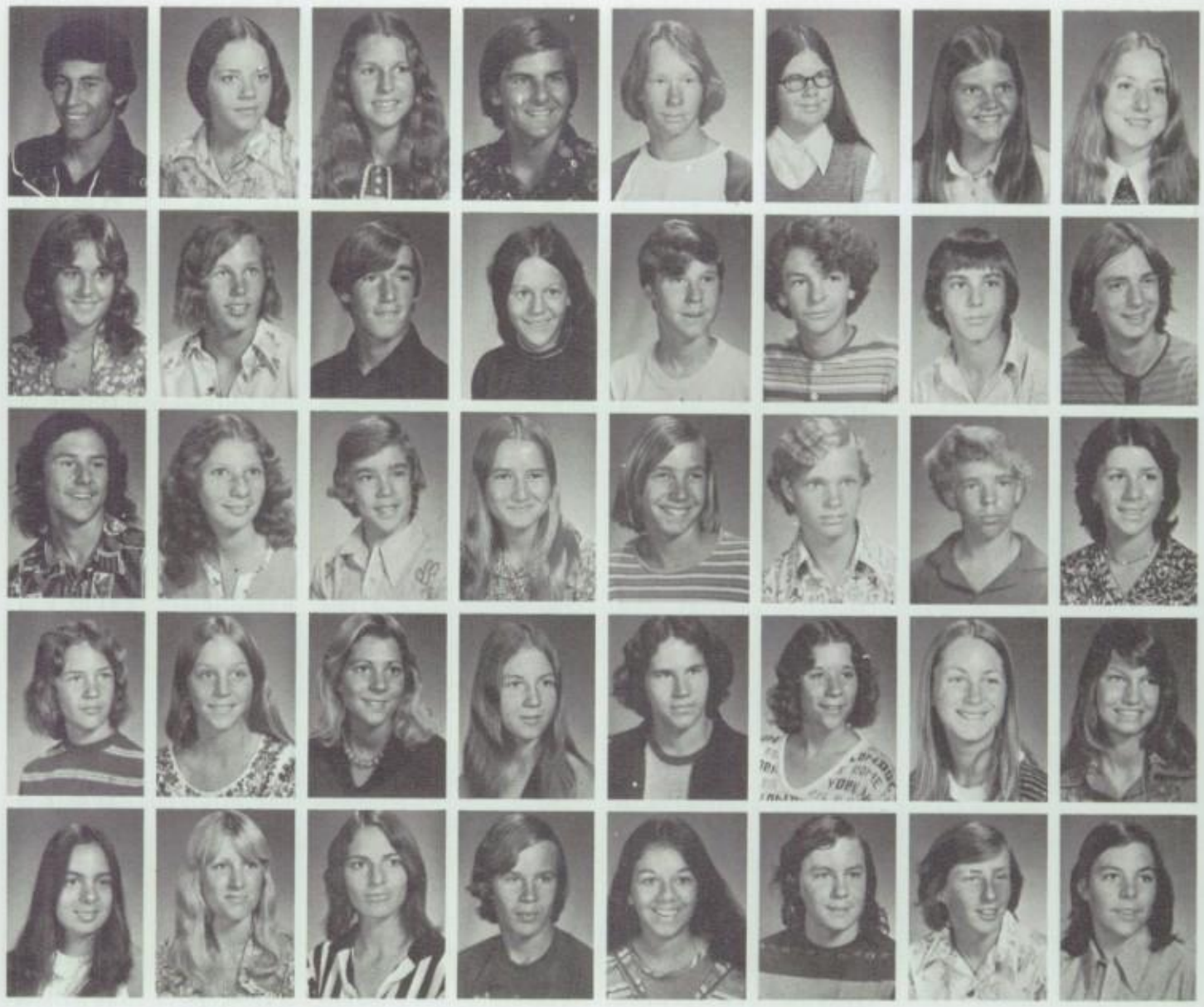
Jose Spaan
Anne Spaulding
Roberta Spivey
Scott Spooner
Paul Spring
Allyson St. Sauveur
Allyson Stafford
Cynthia Stanford

Margaret Stark
Lawrence Steele
Michael Steen
Michelle Steinauer
Richard Stelzer
Mark Stephens
David Stifter
Dave Stilley

David Stokely
Hazel Stone
Mark Stone
Donna Stoop
Michael Stout
Charles Street
Kenneth Strickland
Karen Strickler

Mark Stroh
Lisa Stromberg
Kathi Sutherlin
Toni Swaim
Lance Swanson
Monica Swaringen
Barbara Swulius
Vicki Tanzola

Christine Tarich
Maureen Tarpey
Judy Taylor
Ted Taylor
June Terry
Robert Thiebaud
David Thomas
Michael Thomaselli



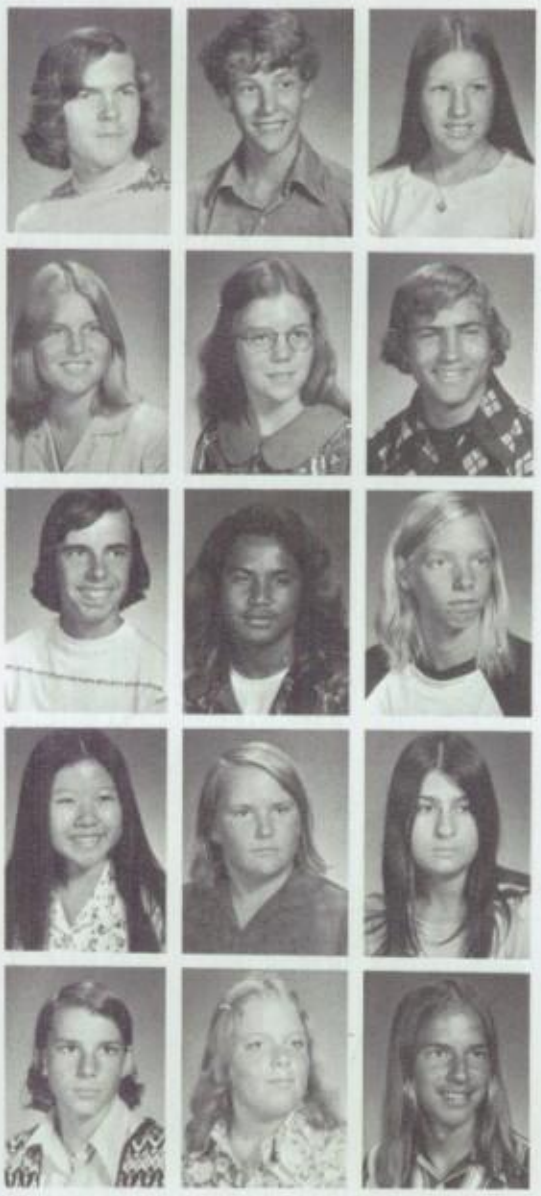
Daniel Thompson
James Thompson
Kathy Thompson

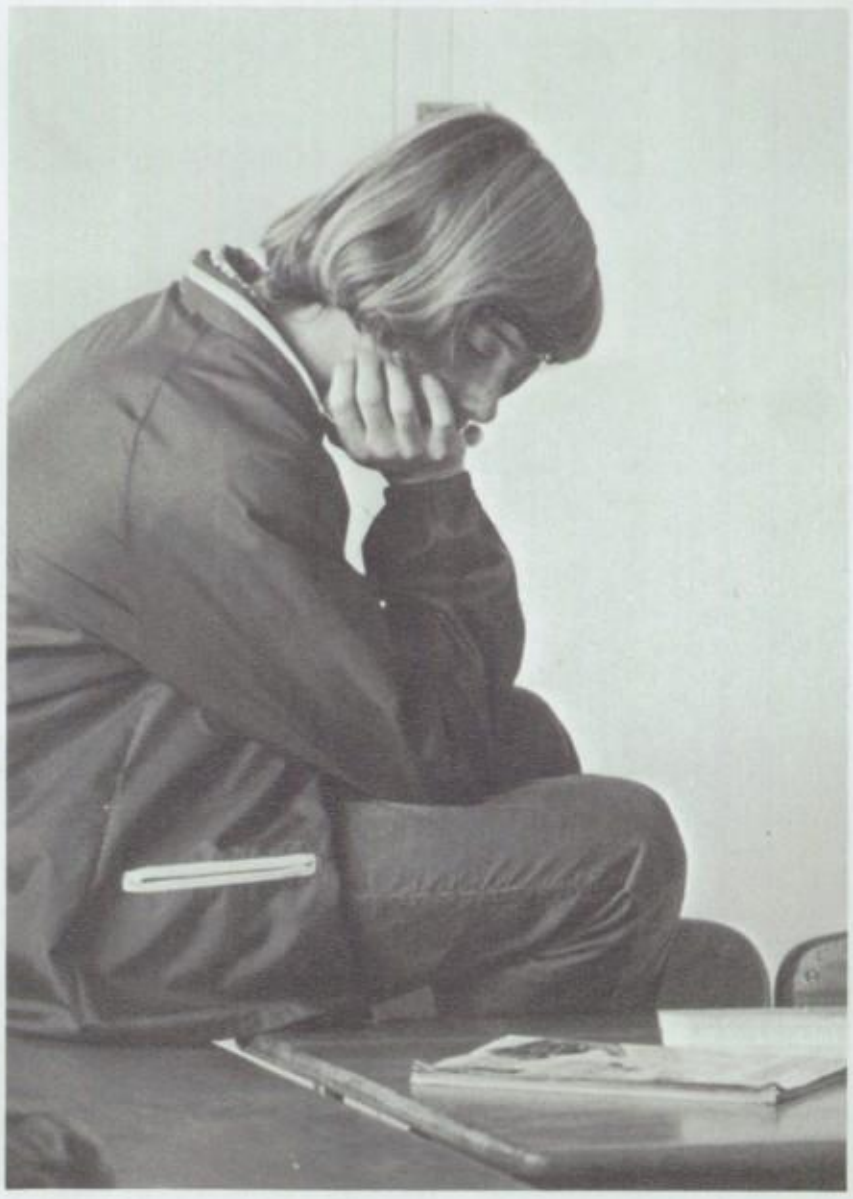
Sara Thompson
Karla Thorne
Paul Threlkeld

John Tilley
Robert Tiumalu
Garth Tollgaard

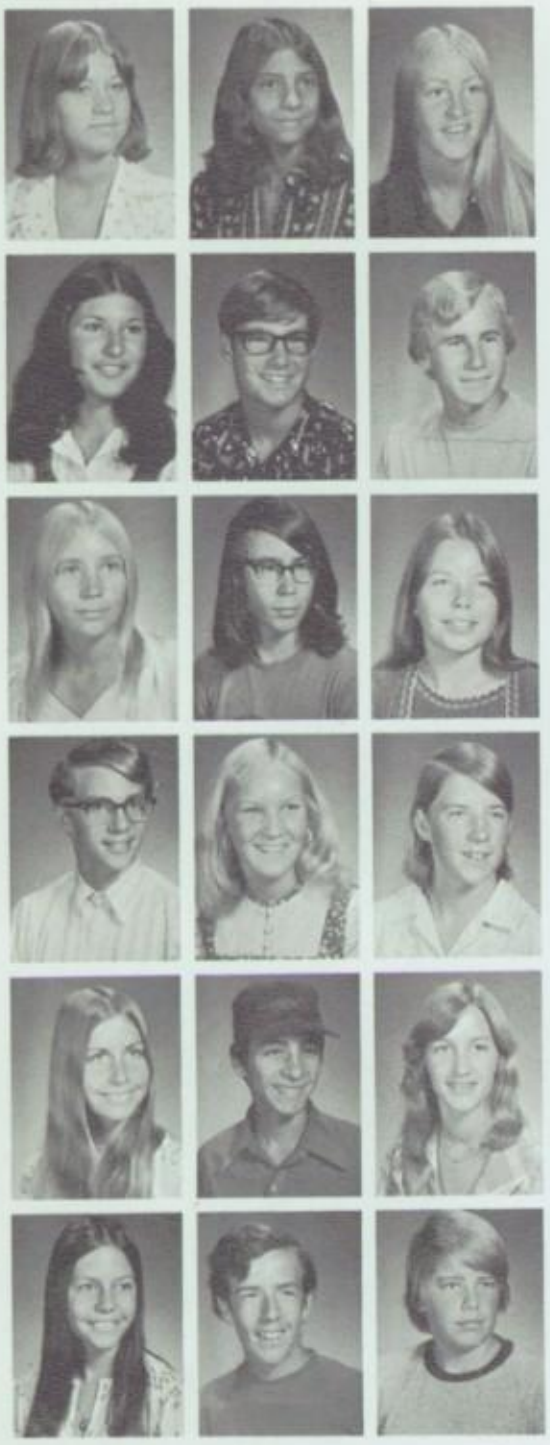
Sandra Tom
Timothy Traut
Lisbet Trottier

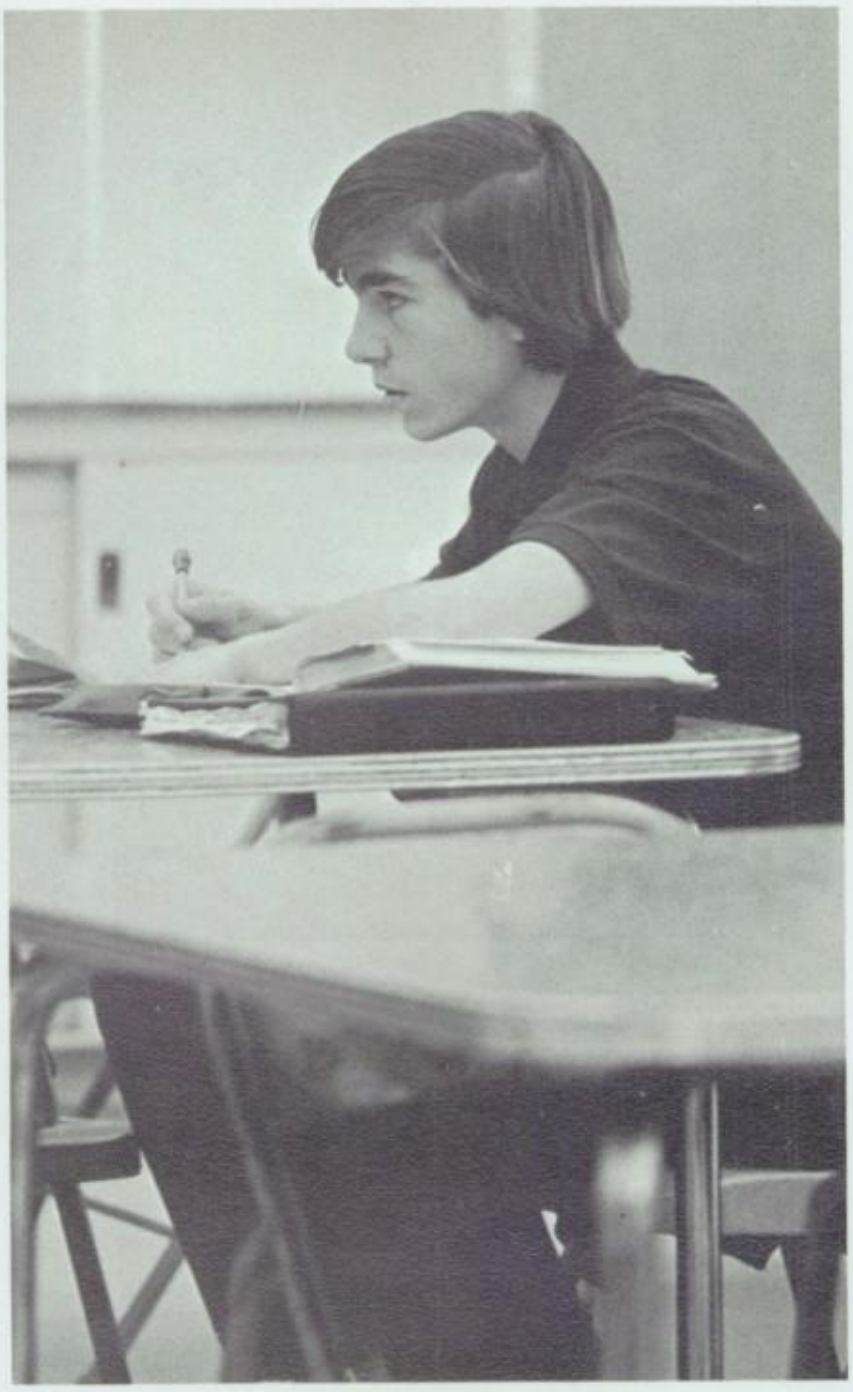
James Turner
Marla Turner
Keith Ullrich





"Playboy just doesn't thrill me anymore."





"When he turns around, I'll sneak out the side door."

Deborah Underwood
Joann Valli
Susan Vance

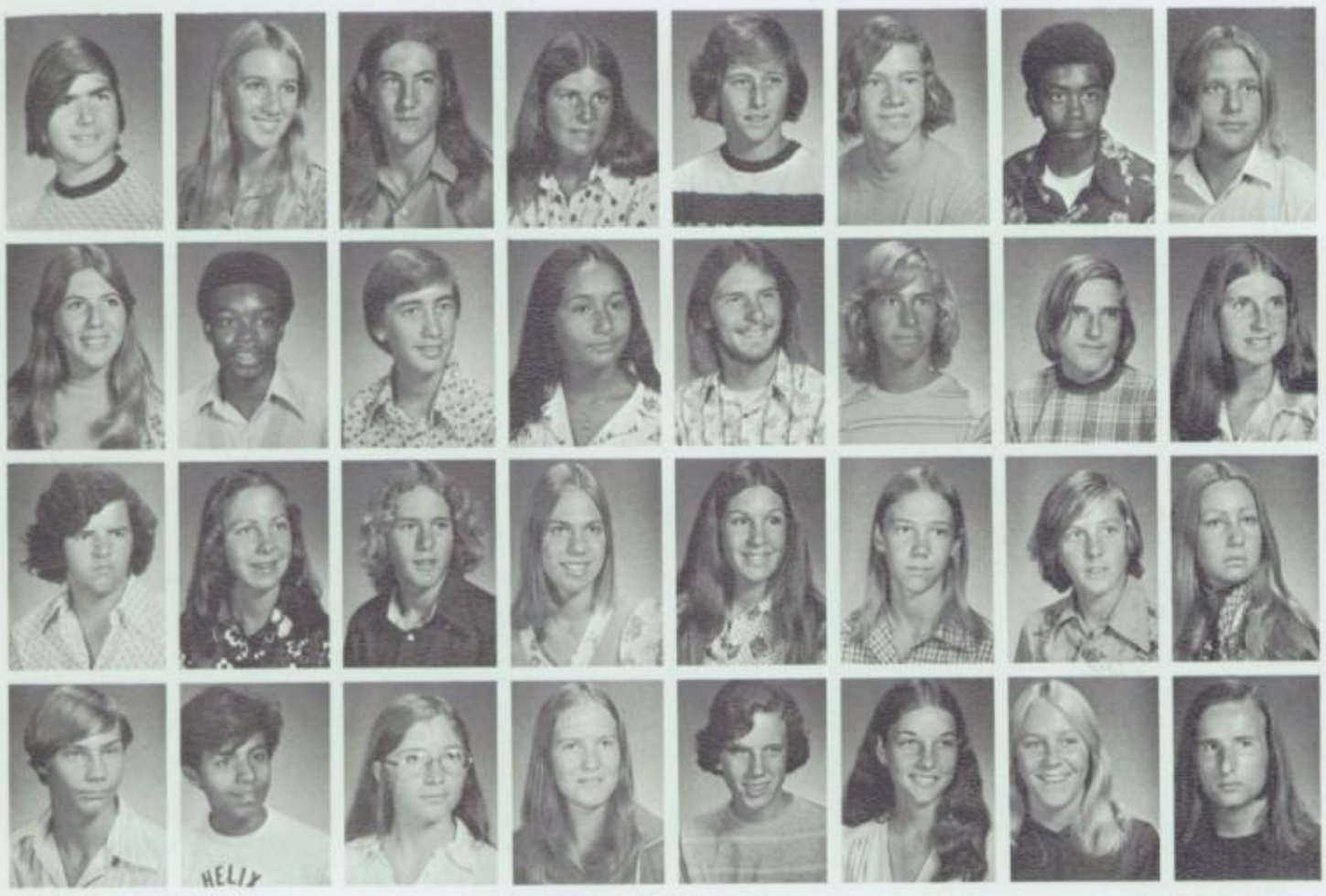
Pamela Vasquez
Earl Voiles III
Kevin Wade

Claudia Wagner
Kurt Wagner
Debra Walker

David Wallace
Lorraine Walton
Eric Wamsley

Virginia Wattenburger
Matthew Way
Lynn Weber

Tina Weed
Paul Weidinger
Martin Weissinger

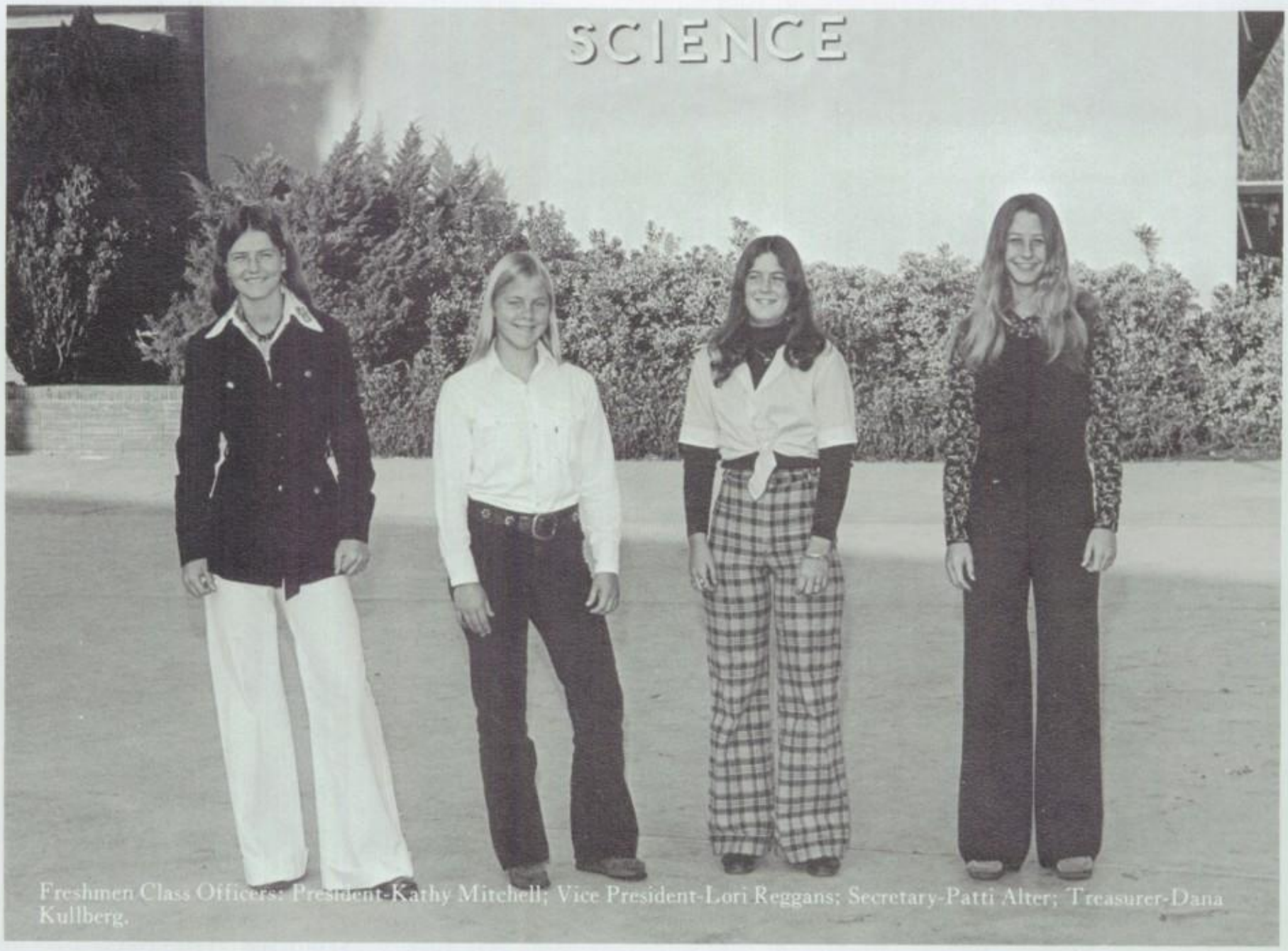


William Welch
Laura Wells
John Wennhold
Kimberley Werdick
Kevin Wherry
Charles While
James White
Marty White

Elisa Whitehead
Carl Wickware
Bret Wilkins
Deborah Williams
Kenneth Williams
Scott Williams
Ronald Williams
Linda Wills

James Wilson
Patricia Wilson
Andrew Wiltse
Mary Wing
Cheryl Withem
Peter Wolfe
Thomas Wolheim
Evelyn Wolter

Robert Wood
Fidel Wood
Sherry Woodruff
Kimberly Wright
Darwin Young
Linda Young
Michelle Youngberg
James Zajicek



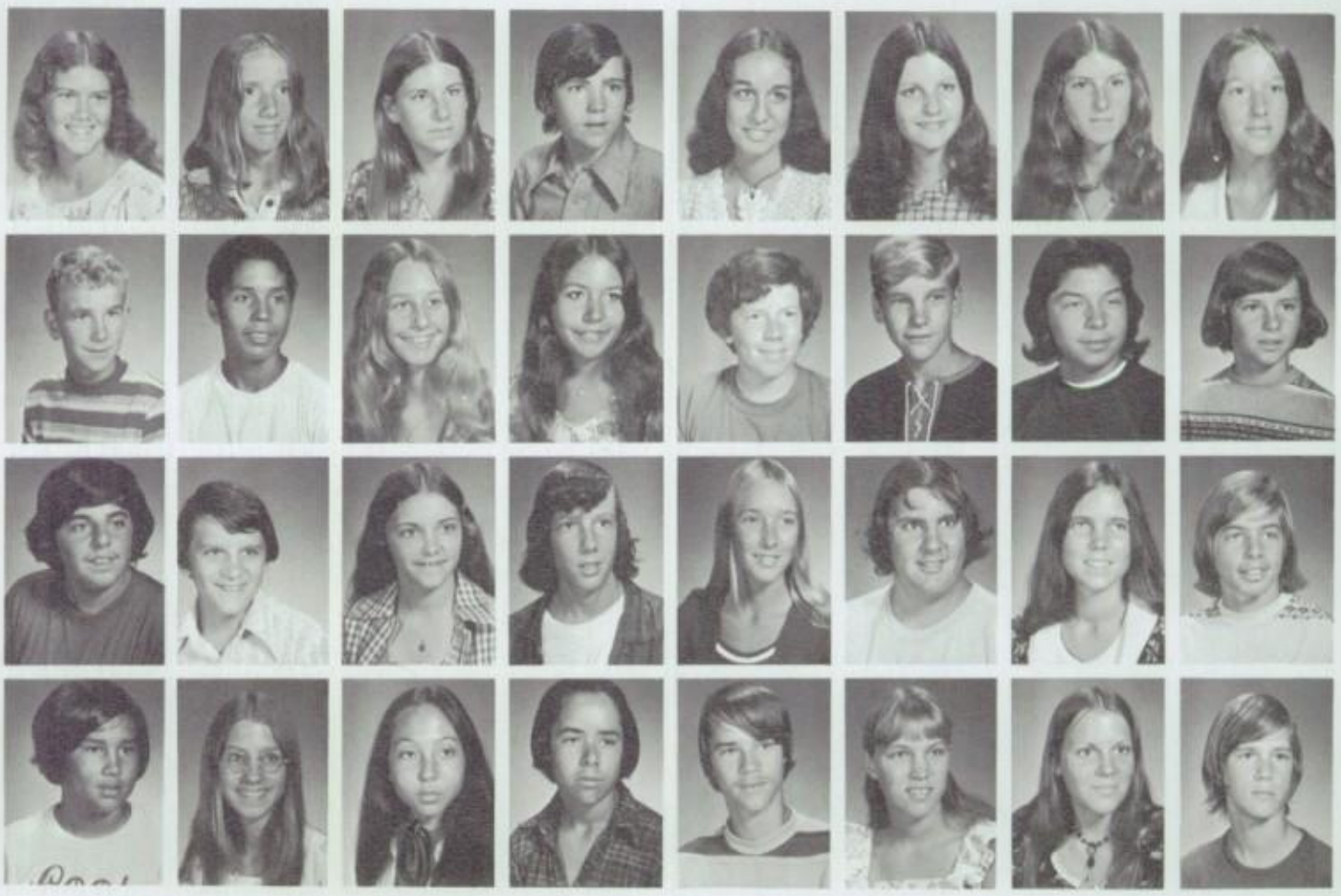
Freshmen Class Officers: President-Kathy Mitchell; Vice President-Lori Reggans; Secretary-Patti Alter; Treasurer-Dana Kullberg.

Debra Adams
Gail Adams
Mildred Adamson
Mark Adkins
Donna Aiken
Jacquelin Aldrich
Theresa Alesi
Debra Allen

Robert Allred
Rodolfo Alonso
Patricia Alter
Cheryl Alvarez
Douglas Anderson
David Andrews
Jim Aragon
Anthony Arellano

Paul Arruda
Carl Asbury
Laura Autry
Eugene Baehr
Terry Baehr
James Bailey
Diane Barger
Mark Barns

James Barrow
Teresa Bartow
Ginina Bassi
Joseph Bauer
Richard Bea
Brenda Bean
Pam Bean
Paul Beard



Frosh Made Mark As Class Of Individuals

David Beck
Christina Becker
Donald Bender
David Berg
Christine Bernal
Linda Bernitz
James Berray
Janice Berthelotte

Charles Black
Jerald Blackburn
Laura Boget
William Boggan
Brent Bonine
Joseph Booth
Rhoda Booth
Francisco Borja

Kelly Boutelle
Jeffery Box
Christopher Braden
Kevin Bresnahan
Nicholas Bressi
Mark Brierley
Maureen Brockmire
Ernest Brooks

John Brothers
Mark Brown
Raymond Brown
Teresa Brown
William Brown
Michael Bruner
Patricia Bryan
Joann Bryant

Scott Burdge
Kathleen Busker
Theresa Caballero
Christine Cable
Susan Camacho
Michelle Campos
Edward Cannizzaro
Earl Cano

James Thurman, Freshman Class Advisor

Sonnie Capps
Caryn Carnahan
Scott Carnie

Roy Carr
Bonnie Carstensen
Michael Carter

Teri Carter
Linda Casias
Scott Caylor

Clyde Chappell
Elaine Chase
Tony Ciaccio

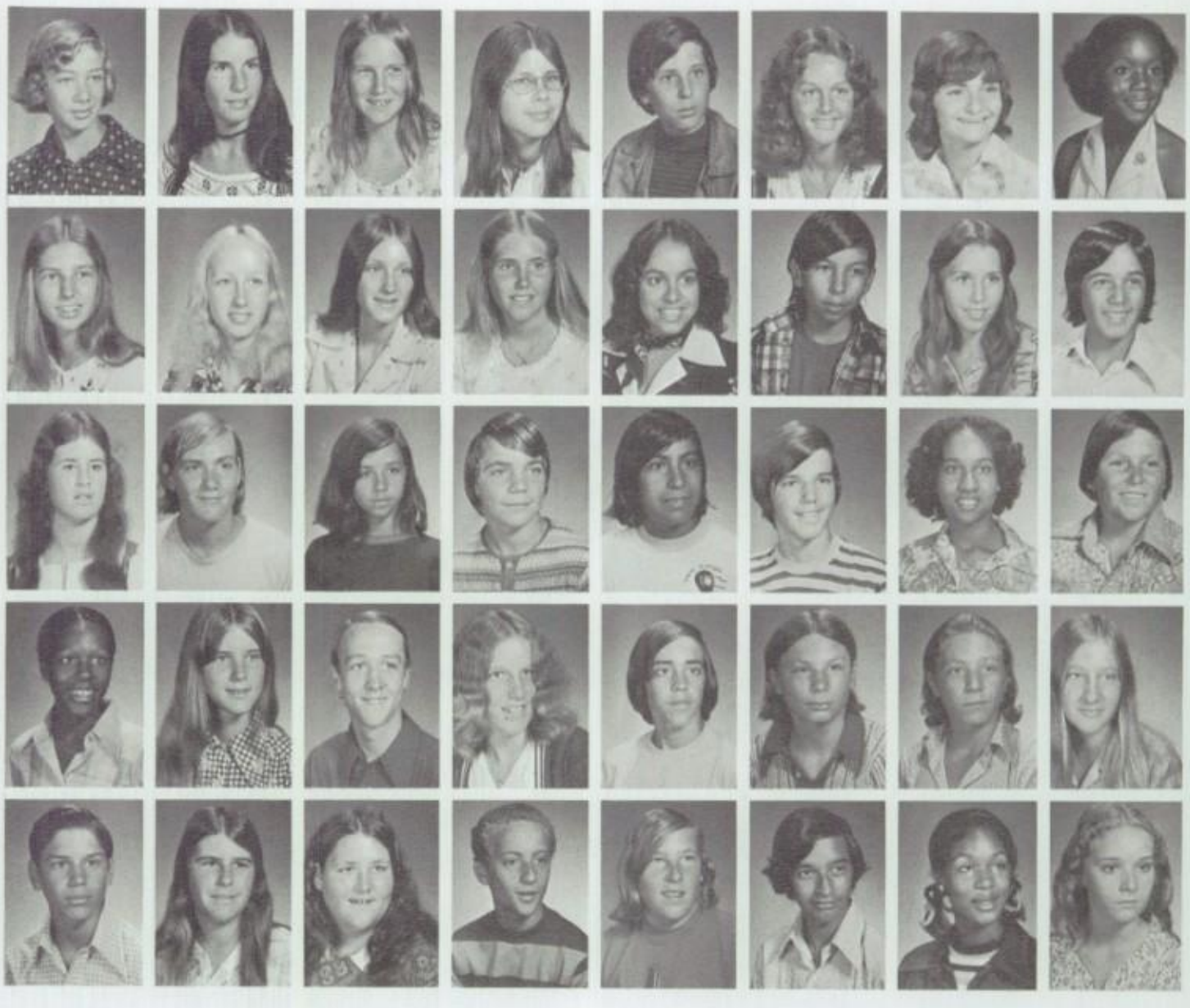
David Ciampoli
Elizabeth Cohan
Colette Colbert
Jacque Cole
Michael Collier
April Collins
Malina Collins
Margaret Collins

June Colvell
Kimberly Conrad
Erin Conlee
Sherry Consolin
Adela Contreras
James Corsello
Deborah Corson
David Cota

Patricia Cradoct
John Crocker
Paul Crocker
Brad Crossley
Johnny Cruz
Steven Cunningham
Kathryn Curry
Randall Dale

Hadarah Daniels
Ruth Danner
Larry Davis
Lori Davis
David Dawson
Louis Debo
Thomas Debo
Kelli De Long

Scott Demchak
Candace Demos
Deborah Dickens
Keith De Fronzo
Anthony Dill
Anthony Di Meo
Daphne Dorrell
Nelly Dors



Sandra Douglas
Mylinda Dowell

Kim Dunbar
Mark Duncan

Michael Durden
Pierre Du Vall

Mike Edwards
Robert Edwards

"Don't talk to me!"

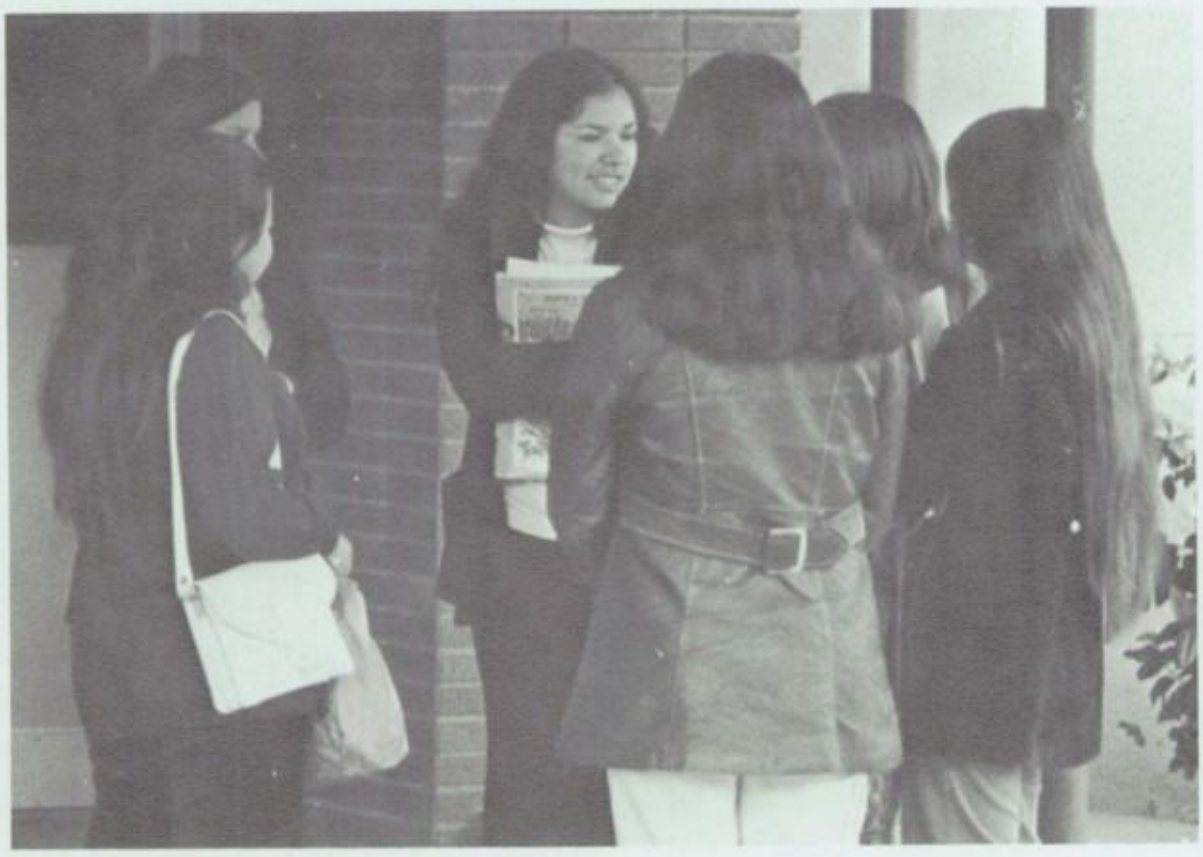
James Ek
Christine Eklund
Patricia Emery
Charlene Emmons
Martha Eng
Monique Esmedina
Anthony Estrada
Cynthia Evans

Kathy Farrelly
Susan Fassett
Stephen Fausset
Naomi Fawver
Douglas Ferguson
Mark Fernandes
Martha Fetty
Juliann Figiel
Duane Finley

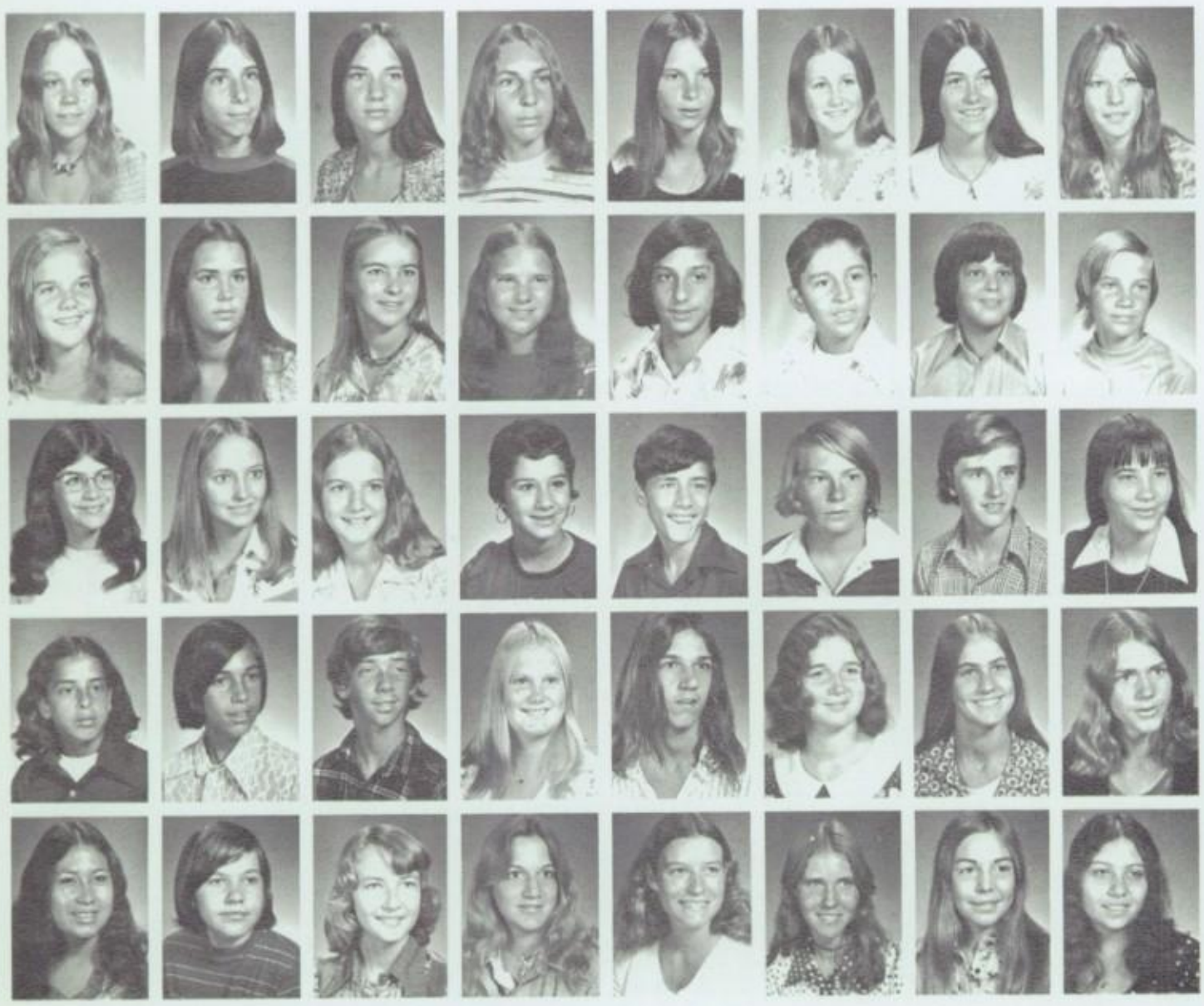
Daniel Fish

Kristi Fisher

Mary Ellen Flaherty



"You're right girls, I'm a living doll!"



Diane Florence
Scott Foland
Julia Foley
Nevil Folwell
Patricia Forsberg
Laurey Fox
Linda Fox
Cindy Fredrick

Lisa Freed
Cindy Freeman
Tamara Funk
Annette Gallo
Christopher Gallo
Robert Galvan
Joseph Garcia
Drake Garvin

Kathleen Geisler
Betty Gentry
Tanis Gerdes
Diane Gerstein
Paul Giese
Glen Gillem
Edward Girulat
Linda Glunt

Larry Gomez
Edward Goodell
Alan Goodrich
Judith Gooldy
David Gorton
Lea Graham
Lori Graham
Darren Grame

Nadine Grass
David Gregory
Mary Griffin
Lorrie Grove
Marsha Grove
Lani Grow
Amy Gruver
Yolanda Guerrero

Randy Gundo
Nathan Gutierrez

William Haas
Shelly Haffner

Dennis Hall
Anne Hallameyer

Kurt Halvorsen
Bridget Hambel

Michael Hammer
Frank Hardeman

"If I pretend like I don't know him, maybe he'll go away."

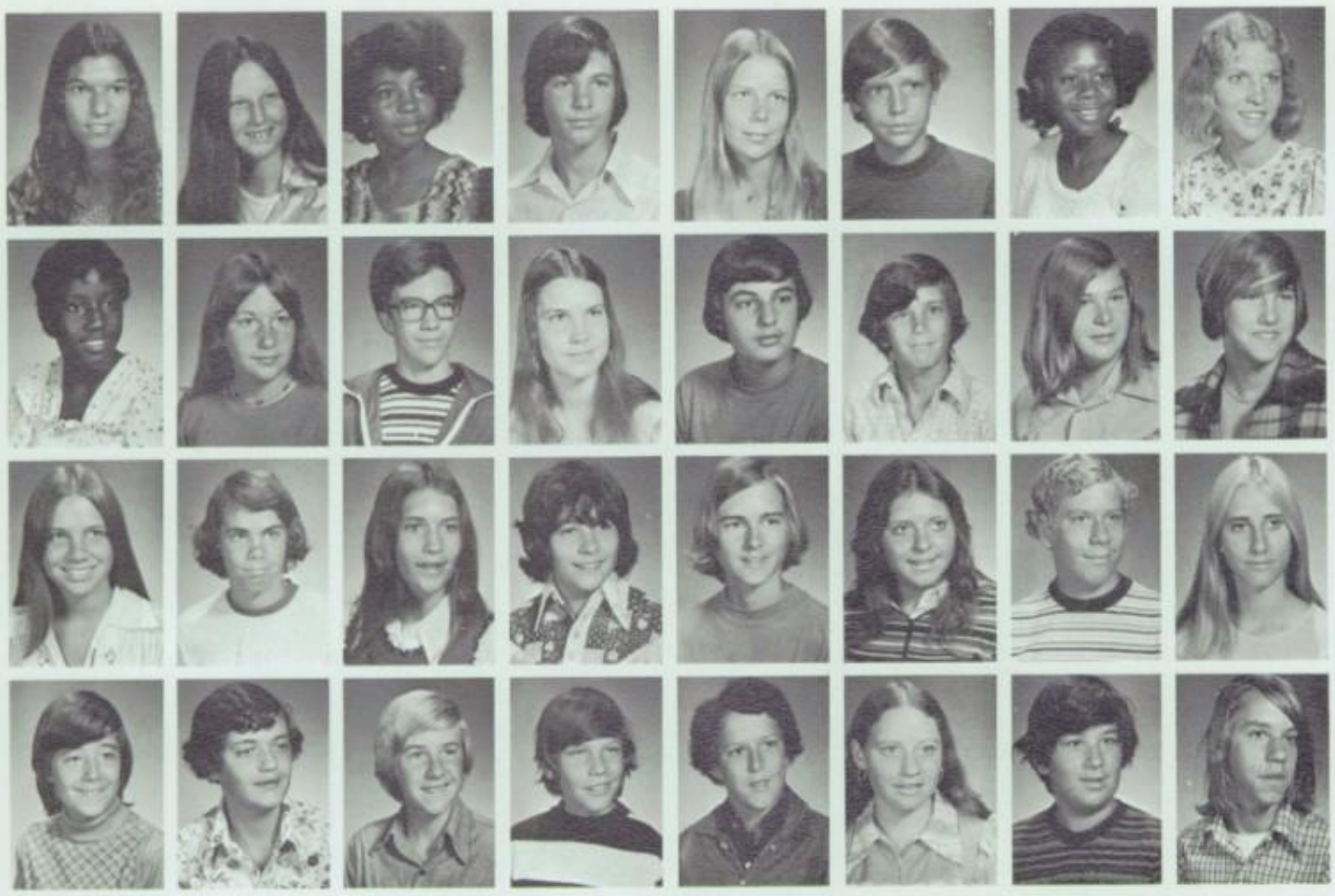
Mary Harrell
Marcus Harris
Patricia Harris
Robin Hassett
Victoria Hawkins
Jeffrey Hayen
Jill Hayen
Mark Hayes

Kimberly Hayo
Brian Heacock
Bradley Hendon
Alan Herr
Dennis Heskett
Frank Hessling
Anita Hester
Brenda Hill

Jeanette Hill
Shelley Hill
Debbie Hinchey
Donna Hines
David Hippaka
Cheryl Hoagland
David Hobbs
Laura Hoff

Jeffrey Holderer
Lisa Holland
Wendy Holm
George Holman
Melissa Hom
Mary Honz
Deborah Hood
Tracy Hood

Randy Horman
Douglas Hostetter
Leslie Howard
Jack Hubbel
John Hudson
Sue Hulsey
Daniel Hyatt
Reid Jackson

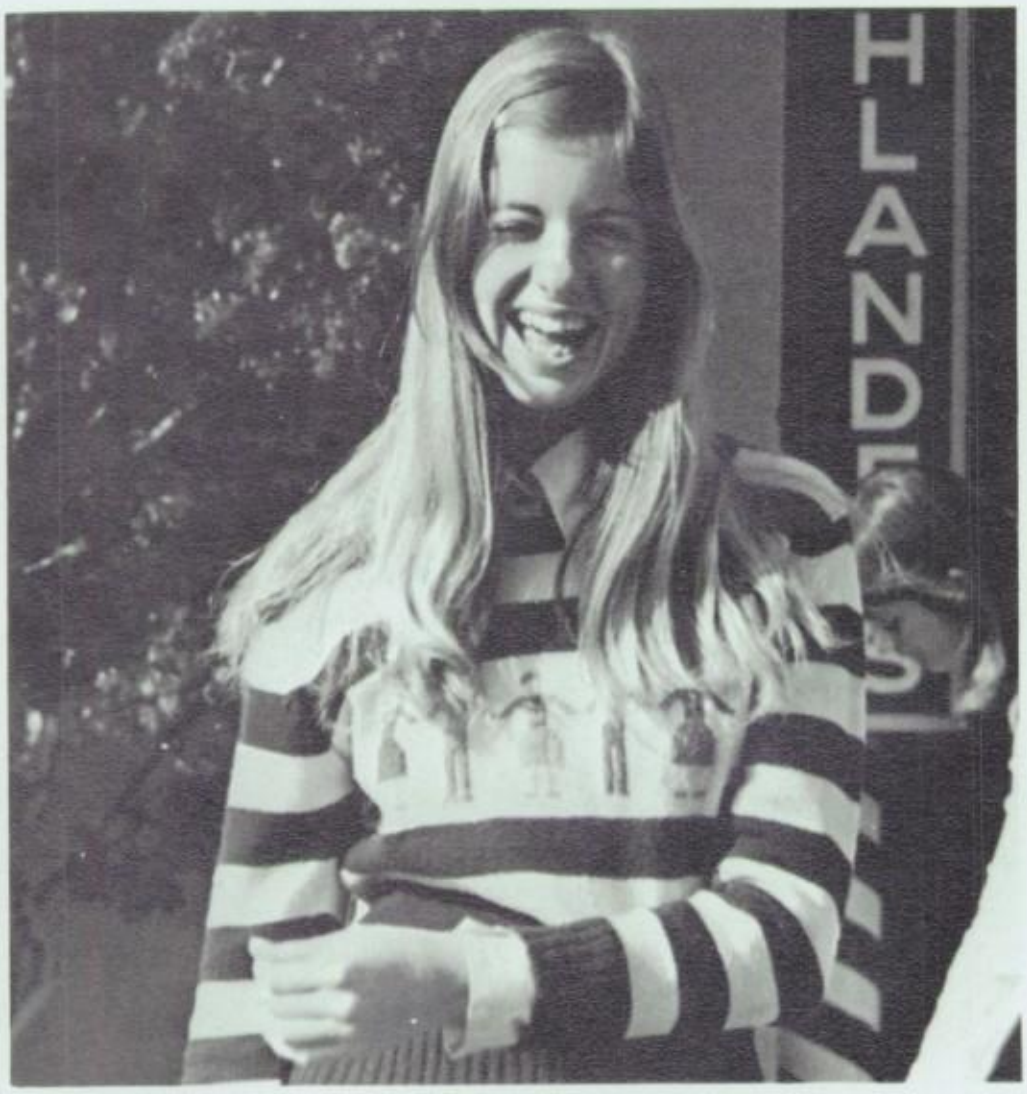


Lisa Jacoby
Julie Jansky
Mary Jennings
Matthew Jerman
Arla Johnson
David Johnson
Elrica Johnson
Tamera Johnston

Cheryl Jones
Tracy Jones
Ronald Jordan
Mary Kaelberer
Layne Kaufman
Terence Keais
David Keetch
Dave Keisler

Carol Keller
Mark Keller
Lani Kelly
Robert Kemp
Christopher Kent
Evelyn Kent
Donald Kerl
Lynn Kerrigan

Kelly Ketterer
Nathan Kicklighter
John Kinsella
Matthew Kissel
Joseph Knight
Lisa Koltz
Gus Kontopuls
Anthony Konzen



"I think they spiked my fruit punch!"

Rosalie Kramm
Dana Kullberg

Olga Kyriakidis
Katherine La Borde

John Ladd
Robert Lagorio

Elizabeth Lamb
Lawrence Lamb

Katherina Lane
Tlaloc Lascurain

Joanne Lawson
Renee Leaman
Lynn Leese
Linda Lehto
James Lenox
Deborah Leonard
Heidi Lettow
Frankie Leveille

Don Lewis
Robert Lewis
Lynnea Lindsey
Gordon Linton
Michelle Logan
Janine Lolli
Randal Long
David Lowe

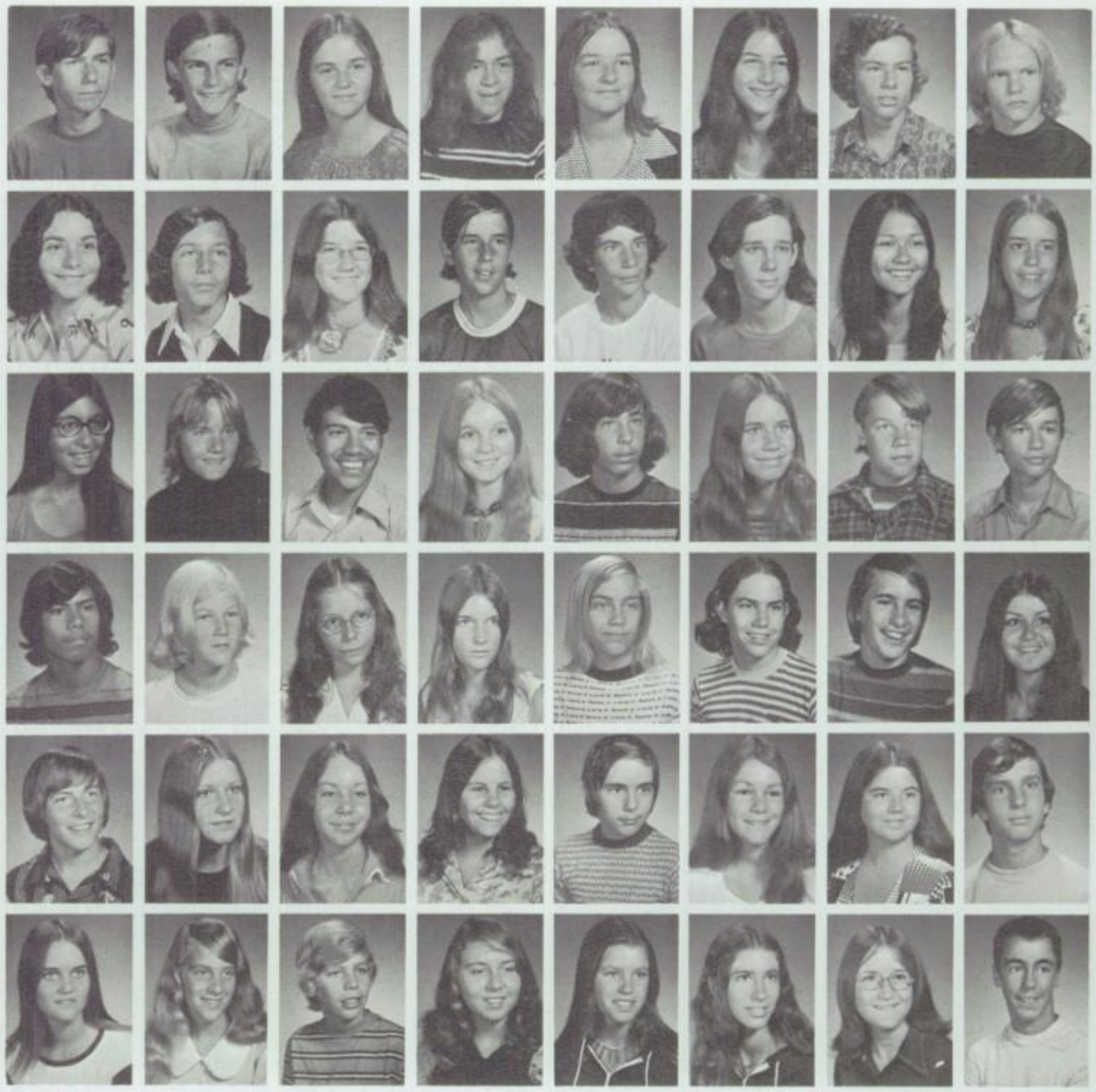
Christine Luke
Jeffrey Luscher
Betty Lutton
Stanley Madruga
Richard Mahon
Sean Mahoney
Judy Manteufel
Lynda Marcoux

Diane Marshall
Richelle Martin
Ronald Martinez
Tammy Martinez
James Massery
Melanie Mathis
Timothy Mattison
John Matyas

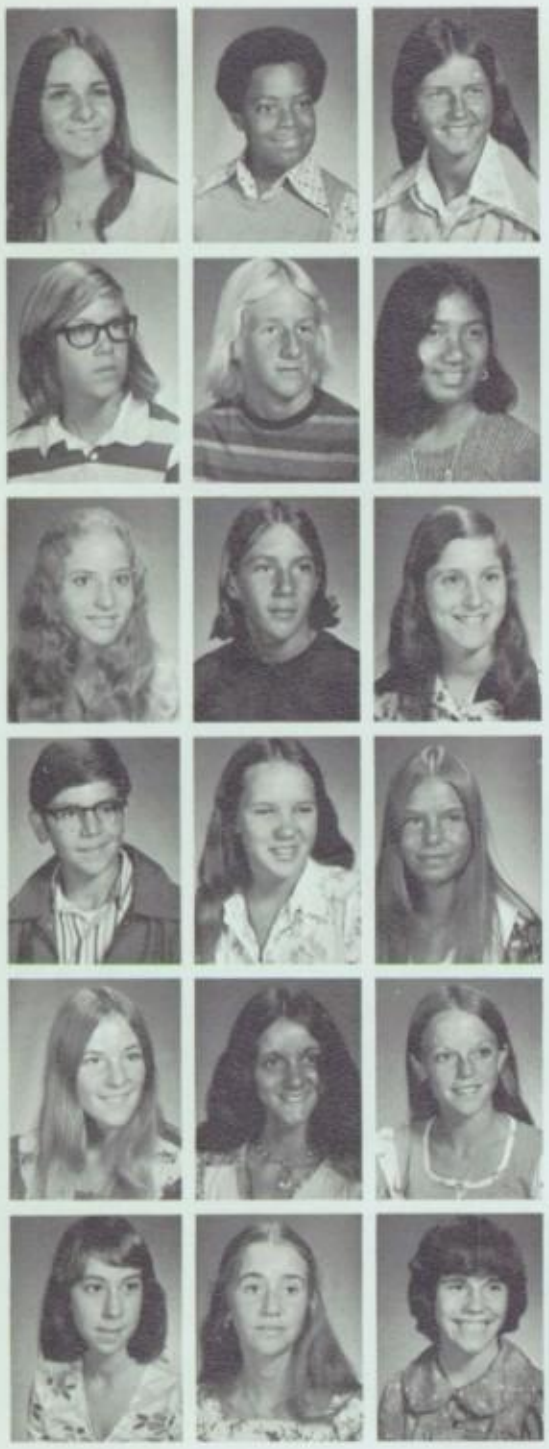
Michael Mays
William McCarthy
Celia McCarty
Laura McClellan
Robert McCoy
Stuart McFarland
Robert McGowan
Sirena McGrath

Jon McHenry
Patricia McLaughlin
Debra McQuillen
Marie Meier
Dan Melson
Lisa Mendoza
Tamara Merit
Wayne Michalak

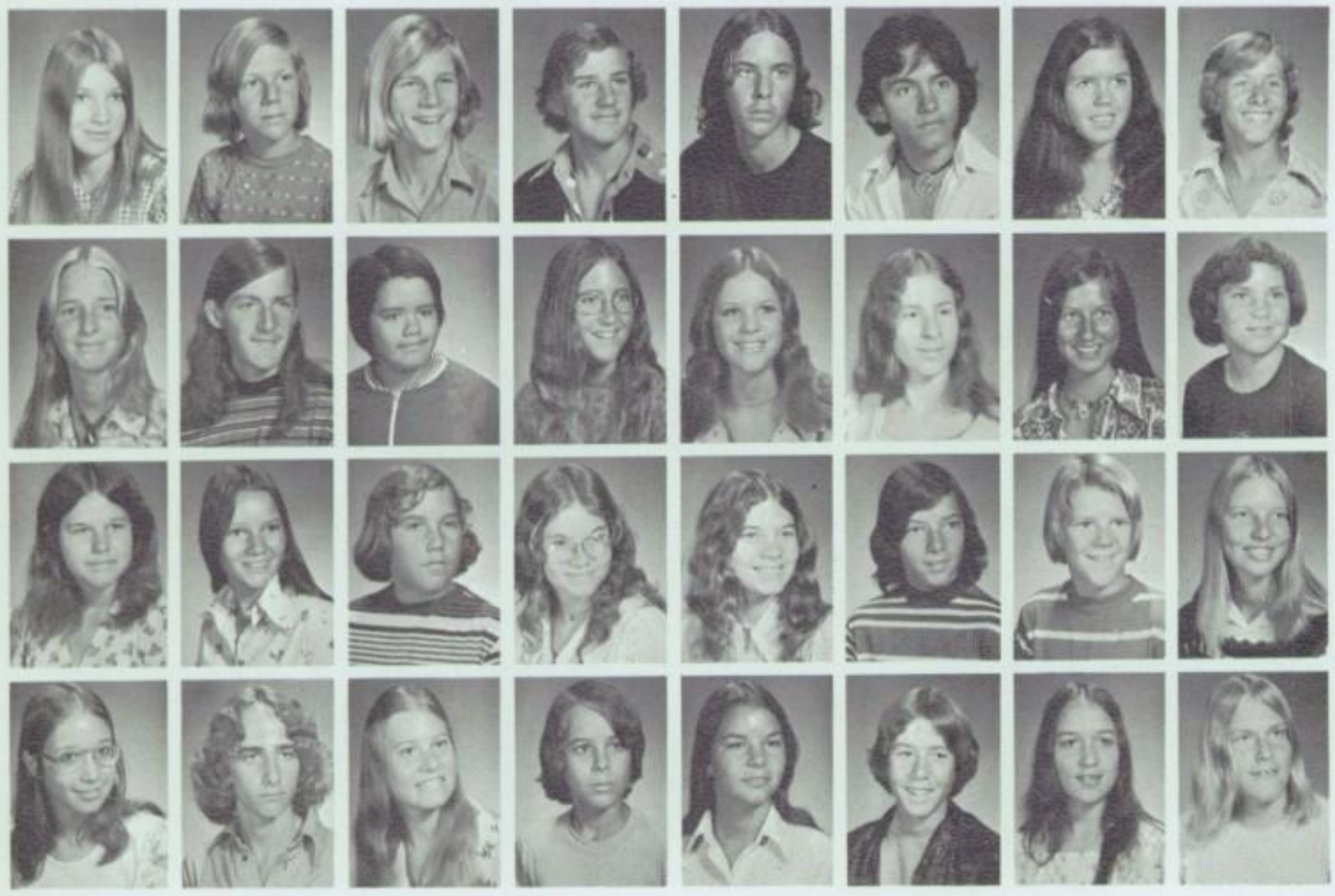
Debra Milam
Deborah Miller
Douglas Miller
Glenda Miller
Kelly Miller
Kelly Miller
Stephanie Miller
Kelley Milligan



"Watch me dazzle her with my devastating charm."



"Rainy days and especially Mondays always get me down!"



Janet Mire
Anthony Mitchell
Kathleen Mitchell

Mark Mitchell
Thomas Mitchell
Dinah Miyamoto

Gay Moody
Gordon Mooers
Cynthia Moore

Matthew Moore
Margaret Moran
Donna Morgan

Genny Morgan
Lisa Morgan
Pamela Morrison

Cynthia Morton
Margaret Morton
Karen Moye
Nancy Murphy
Suzanne Muse
Stephen Nadeau
Fred Nagel
Lindi Lu Nale

Jo Neill
Frank Nellans
Michael Nelson
Carl Nerz
David Nestor
Edwardo Nevarez
Kimberly Neve
Jack Newberry

Marge Newby
Philip Nicholas
Zack Nichols
Joanne Nielsen
Debbie Nilsson
Ellen Noll
Joni Nordstrom
Patricia Nute

Tammy Oelkers
Rebecca Ogle
Michael Oliver
Cheri Oliver
Teri Oliver
Daniel Olson
William Omahen
Denise O'Neill

Irene Orlando
David Orth
Denise Osberg
Kenneth Osborn
Elisa Otsuka
James Owen
Angelina Oyos
Paige Pagan

Nicholas Panico
Paul Parish
Duane Parker
Iain Parsons
Lisa Patterson
Susan Paul
Anthony Pecoraro
Diana Perea

Rebecca Perkins
James Peruchetti
Freya Peterson
Cory Pfahler
Charles Phillips
Randolph Pinterich
John Pirie
Tim Pittsenbarger

Carla Ploman
Jeri Poll
Bernard Porras
David Puls
Virginia Radenheimer
Marie Radtke
Michael Ramirez
Cassandra Ramos

Larry Randall
Patricia Raulston

Daniel Rebelez
Craig Recht

Patricia Reichardt
Shelley Reid

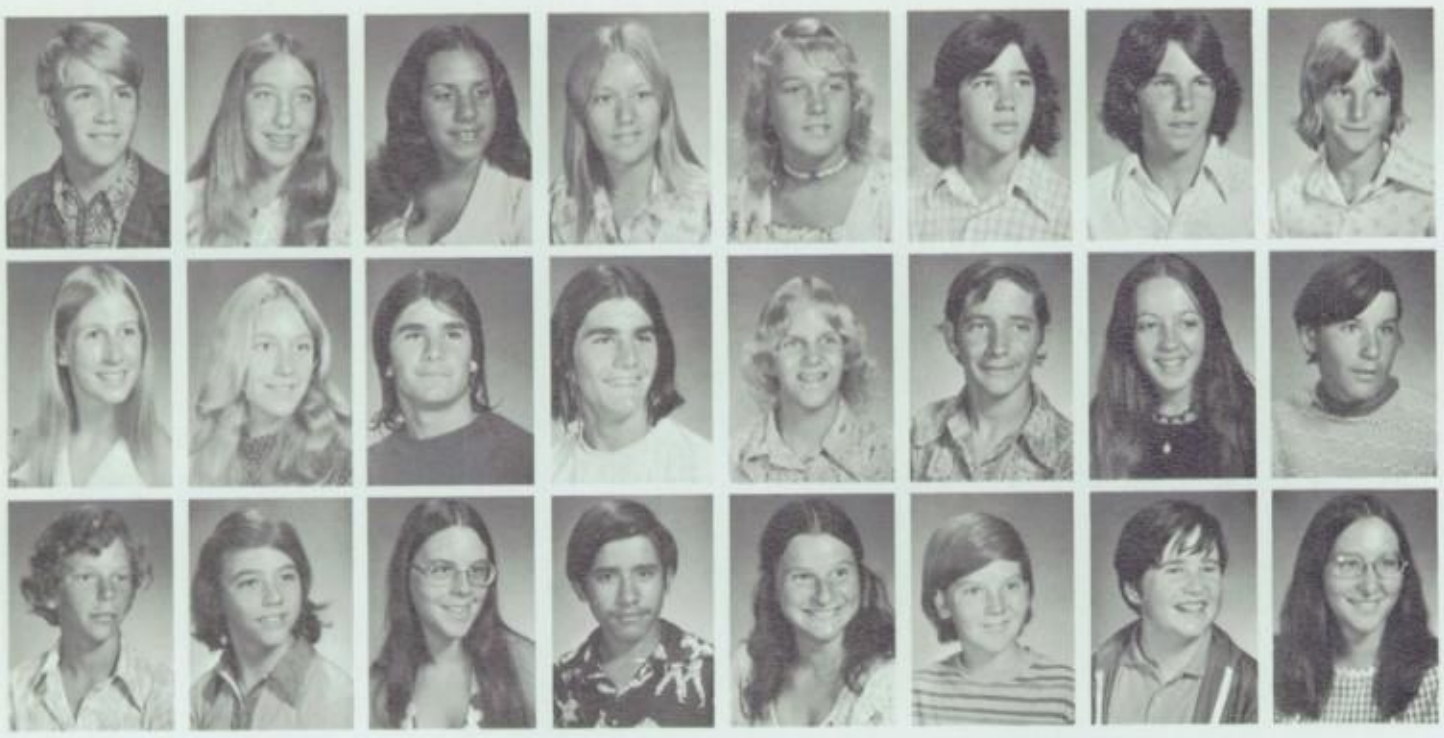
Brian Richardson
Marla Richardson

Hold it!

Carmen Rico
Lori Riggans
Barbara Ring
Brenna Ring
Marlene Riska
Kevin Robinson
Bruce Rock
James Rock

Stephen Rodefer
Daniel Roden
Sheryle Rodman
Lisa Rodriguez
Rechelle Rogers
Ginger Rossiter
Margaret Rouillard
Timothy Rowland

Ronald Rozok
Gina Rury
Kerry Rusert
Rosemary Salazar
Gregory Salva
Rhonda Sams
Daniel Sanchez
Carolyn Sanderson



James Sandstrom
Nancy Sandy
Marie Sardina
Diana Saunders
Charlene Savoie
Duane Sayers
Michael Schedine
David Schmidt

Catherine Schmitz
Anna Schooler
Ernst Schrandt
Hans Schrandt
Tracy Schwartz
Robert Scott
Katherine Seabolt
Russell Seevers

Gerhard Seifert
William Settles
Dianne Sever
Alfego Sevilla
Laurie Sharon
Jeffrey Shaw
Daniel Shea
Susan Shepheard

Marisa Shoemaker
Kimberly Shuey
Rebecca Simmons
Stuart Simmons
Jill Simpson
John Sindelar
Carolyn Sinkes
Terrie Sitzler

Lisa Skelton
Stephen Slaton
Marsha Slavens

Debra Smith
Gaylen Smith
Stacey Smith

Trina Smith
Frank Smithey
Lisa Solana

Valerie Soop
Claudine Speck
Timothy Stahl

Karen Staner
Mark Stangl
Kent Stanley

Virginia Starling
Deana Steinauer
Michael Stemen

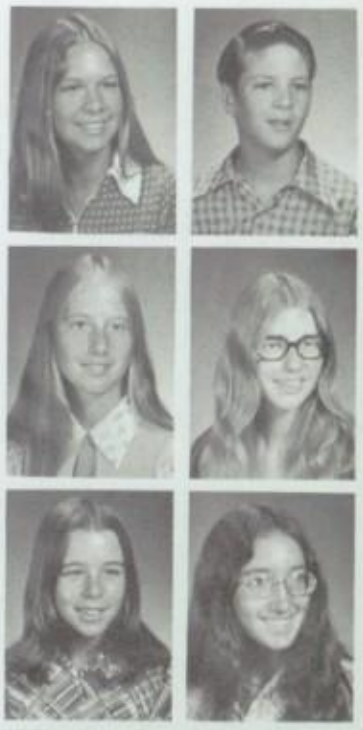
"Wow, she's got legs!"

Susan Stemwell
Roger Stevens

Sherry Stith
Kimberly St. Michel

Lucinda Stockert
Elizabeth Stoddard

"I never go anywhere without Chip 'n Dale"



Bonnie Stokely
Pamela Strange
Shawn Street
Phillip Strom
Dale Strukelj
Pauline St. Sauveur
John Stuczynski
David Sturgeon

Alan Sussman
Helen Sutil
Sharilyn Sutton
Craig Swafford
Elizabeth Tam
Lori Taylor
Marlo Terry
Blayne Thibodeau

Deanna Thiele
Michael Thompson
Barry Thorpe
Eve Thorson
Poulima Tiumalu
Tori Tolentino
Raquel Torres
John Trainor

Christopher Trent
Denise True

Kerry Trueman
Alan Turner

David Turner
Katheryn Turner

William Tyson
Teri Valdez

"I didn't know it was your sandwich. . . honest!"

"Geronimo!"

Paul Van Wulven
Anthony Vargas
Michelle Velazquez-Suarez

Paul Velton
Catherine Vibert
Steven Voiles

Armendia Walters
Gregory Walton
Jon Wammack

Bernadine Wamsley
Cynthia Wankum
Debra Warfe
Robert Warner
Keith Waugh
Renee Waycaster
Terri Webster
Dean Weisinger

Ronald Westwood
Sarah White
Stuart Whitmore
David Williams
James Wilson
Scott Wilson
Wendy Wilson
Amelia Wing

Bryan Withem
Dale Wolford
Danny Wong
Judy Wood
Eric Wulff
Cynthia Wyer
Michael York
Deborah Young

Ronald Young
Seritta Young

Michael Zacchino
Cynthia Zalopany

Felix Zeugner
Rhonda Zolezzi

"Darn it; missed the pool completely"

Jill Zuckerman

Too late to
classify-
Patricia Evans

DIRECTION

Reflections . . .

Yesterday we taught them to read,
today they are the teachers. Each year
new faces quickly turn to memories.
They all walk out of the classroom
with our knowledge and hopes that they
will use it and become successful.
We may never know in what direction they go,
but we helped to make that decision.

A New Addition Comes To The Helix Administration - Principal Dr. Robert King

The counselors and vice-principals worked hard this year to help and direct the students. The counselors were ready to talk and help out, whether it be a program change, after-graduation plans, or a personal problem. Students could obtain college, financial aid, and vocational education information, also, from the counselors.

Although discipline was a part of their job, the vice-principals were aware of what was happening on campus and always willing to lend a helping hand. Mr. Teaby also coordinated classes, periods, and teachers.

Dr. Robert King was chosen by the school board to succeed Mr. Hart as principal. He has a B.A. from San Diego State, M.A. from College of Idaho, and a PhD from USIU. He is also a former minor league baseball player. Dr. King was principal of a junior high and high school in Boise, Idaho. Later, he became Student Services V.P. at Monte Vista High School, and Administrative V.P. at El Capitan. Our new principal is married and the father of two. A special welcome goes to Dr. King.

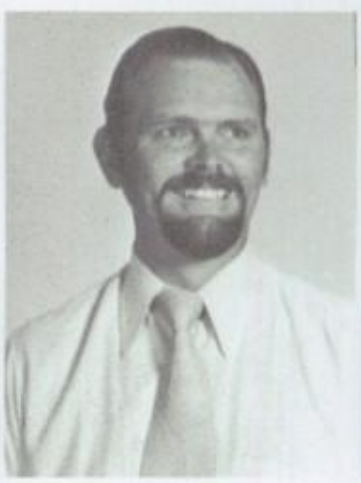
Dr. Austin R. Sellery
Superintendent

SCHOOL BOARD: 1st row: W. Funke, R. Andreen, J. Drew; 2nd row: J.Kuykendall, K. Whitcomb, K. Overstreet

Dr. Robert King
Principal

Jerry Gordinier
Vice-Principal

Gerald Reckin
Vice-Principal



Gordon Teaby
Vice-Principal

Richard Geck
Counselor

Lynn Lorsch
Counselor

Norman Robbins
Counselor

Pat Robbins
Counselor

Samuel Singer
Counselor

James Thurman
Counselor

Popular Courses Offered In Art Dept.

"Mr. Gordinier wants to see ME?"

Geri Branstetter
Beg Foods

Albert Cox
Drafting I-IV

Douglas Foster
Wood I-IV

Martha Hyatt
Crafts I, II

Ellen Mellon
Home Dec., Dec Art

John Nance
Auto I-III

Betty Jo Nichols
Art I-IV

Ron Ray
Photo I-III

John Roang
Graphic Arts

Charles Serr
Crafts I, III, IV

Dale Welch
Metals

Mr. Welch concentrates on his work.

"Pucker up or I'll hit you!"

The Art, Home Economics, and Industrial Arts Departments try to meet the needs of the students. The Art Department is working hard to alleviate the over-crowded class openings. The Department is constantly improving the quality of courses being offered. The Home Ec. Department has a wide variety of courses besides cooking and sewing. These include child development and nursery school training, interior design, decorative arts, and bachelor arts. The Industrial Arts Dept. tries to develop fundamental manual skills, effective work habits, the ability to recognize and use principles of design, the ability to follow both written and oral directions, and a knowledge of occupational areas. These Departments are proud of their accomplishments and future plans.

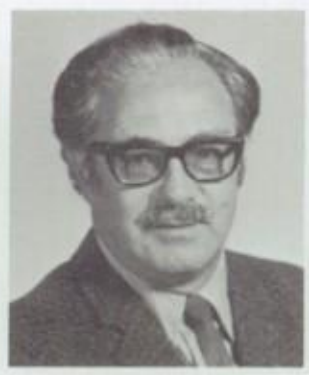
English Department Has Diverse Goals

Robert Freeland
Librarian

Charles Corbisez
English 1A, 11A

Jane Drake
English 111C

Howard Estes
Reading Development



Reginald Grainger
English 1VC 11A

Charles Higby
English 11C, 11H

Clovis Hill
English 111C

Charles Kahan
English 111A

Robert Keppler
English 1A,11A

Dave Landry
English 111A

I have bigger

The English Department endeavors to provide each student with an opportunity for developing communication skills as well as linguistic and visual concepts that will enable him or her to better his life and to more fully cope with a changing society. The department proposes to help each student gain a positive self-image; to assist the student to relate to his total environment; intellectual, spiritual, social, political and physical; to assist the student to develop effective oral, written and visual communication; and to assist each student to develop abilities in comprehensive reading, critical and imaginative thinking, effective and logical writing, as well as style, appropriate usage, grammar, spelling, and vocabulary.

Alvin Larsen
English 11A

Patricia McQuillan
Reading Development

Kim Mitterling
English 1A

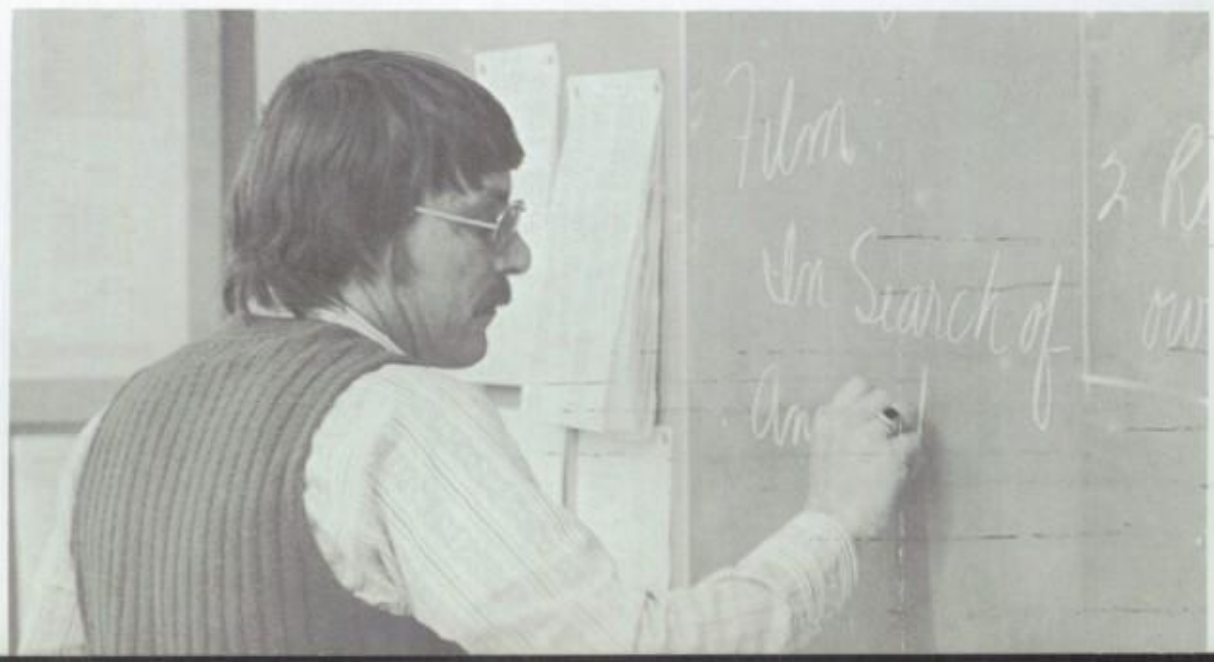
Evonne Noll
Drama

Jessica Patton
English 11C

Phillip Patton
English 11C

John Schwendiman
English 1C

Sharon Smith
English 1H,1A



"In Search of Another Class."

Foreign Language Is Able To Unite All

muscles than you."

Sherie Bailey
Latin

Jean Costa
Spanish

Richard Dye
Spanish

Jill Gormley
French

Maria Heimpel
Spanish

Philip Knott
German

Yolande Ornelas
Spanish

Fredda Simmons
Speech Therapist

The Foreign Language Department encourages young people to prepare for the exciting world of new friends and experiences that a second language opens to them. It also develops a greater understanding of cultures in the world today. The department this year offered Spanish I-V, French I-IV, German I-IV and Latin I-IV. The classes were open to all students. By breaking the barriers of communication, foreign languages bring the world a little closer together.

"What more can I say, class?"

"I'm sure glad this is only a one-page report!"

"There are more reports on South America?"

New Electives Brighten P.E. Department

Taking a breather.

Arthur Edge
Basketball

Al Hammerschmidt
Football

Agnes King
Tennis

Marianne Loftus
Basketball

Robert Lucas
Wrestling

Doug Matheson
Football

Mary Ann McDaniel
Swimming

Michael Muirhead
Cross Country

Elizabeth Muller
Gymnastics

Denise Parker
Volleyball

Leslie Turner
Corp Advisor

Warren Vinton
Football

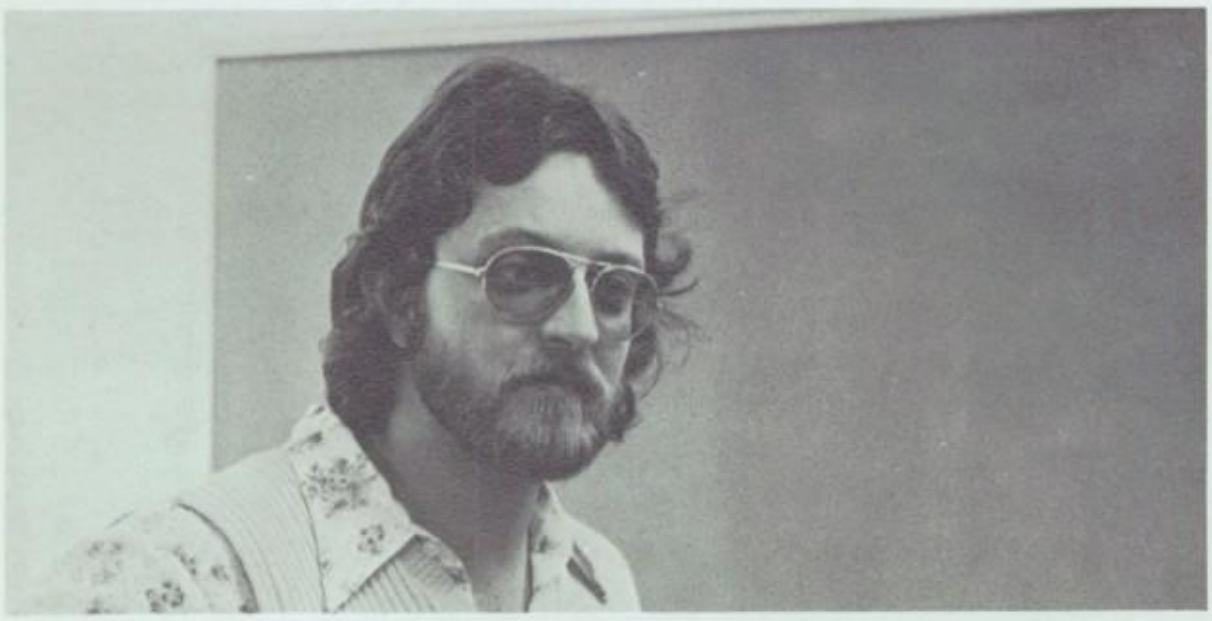
Ross Walker
Tennis

The Physical Education Department is continuing to develop new and interesting changes in the curriculum area. The department offers a varied physical education experience for all students. For example, senior-junior electives, co-educational P.E., and emphasis on physical fitness. The staff hopes that each student will develop a true appreciation of mental and physical well-being.

Mrs. hart, Girls' P.E. attendant.

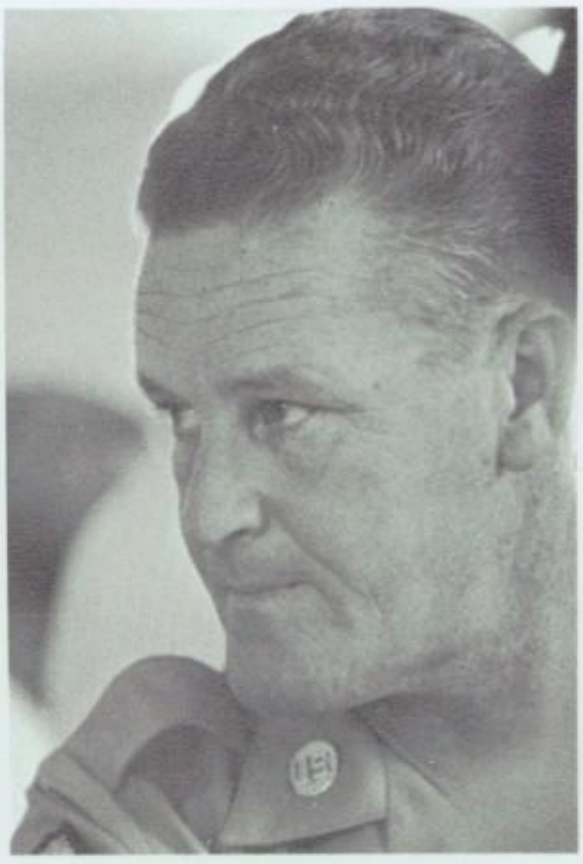
"Oh, my achin' back."

Driver Ed., ROTC, E.H. Teach Responsibility



"You weren't suptosed to say that!"

"Don't count me off for not haveing my socks on."



"Why didn't she give ME a kiss?"

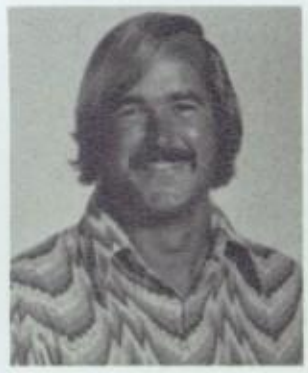
Positive changes have arrived for these departments. The integrated program of automatically receiving Driver Training when enrolled in Driver Education is very popular. ROTC had more members this year, females, as well as males. This program develops a sense of integrity and a respect for others. The Educationally Handicapped Department staff continued to help those students who have difficulty in learning.

Joe Hester
Jr. ROTC

Ralph Sayer
Jr. ROTC

Marion Taylor
Nurse

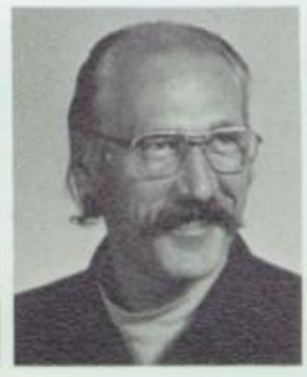
Toni Clayton
E.H.



Steve Griswold
E.H.

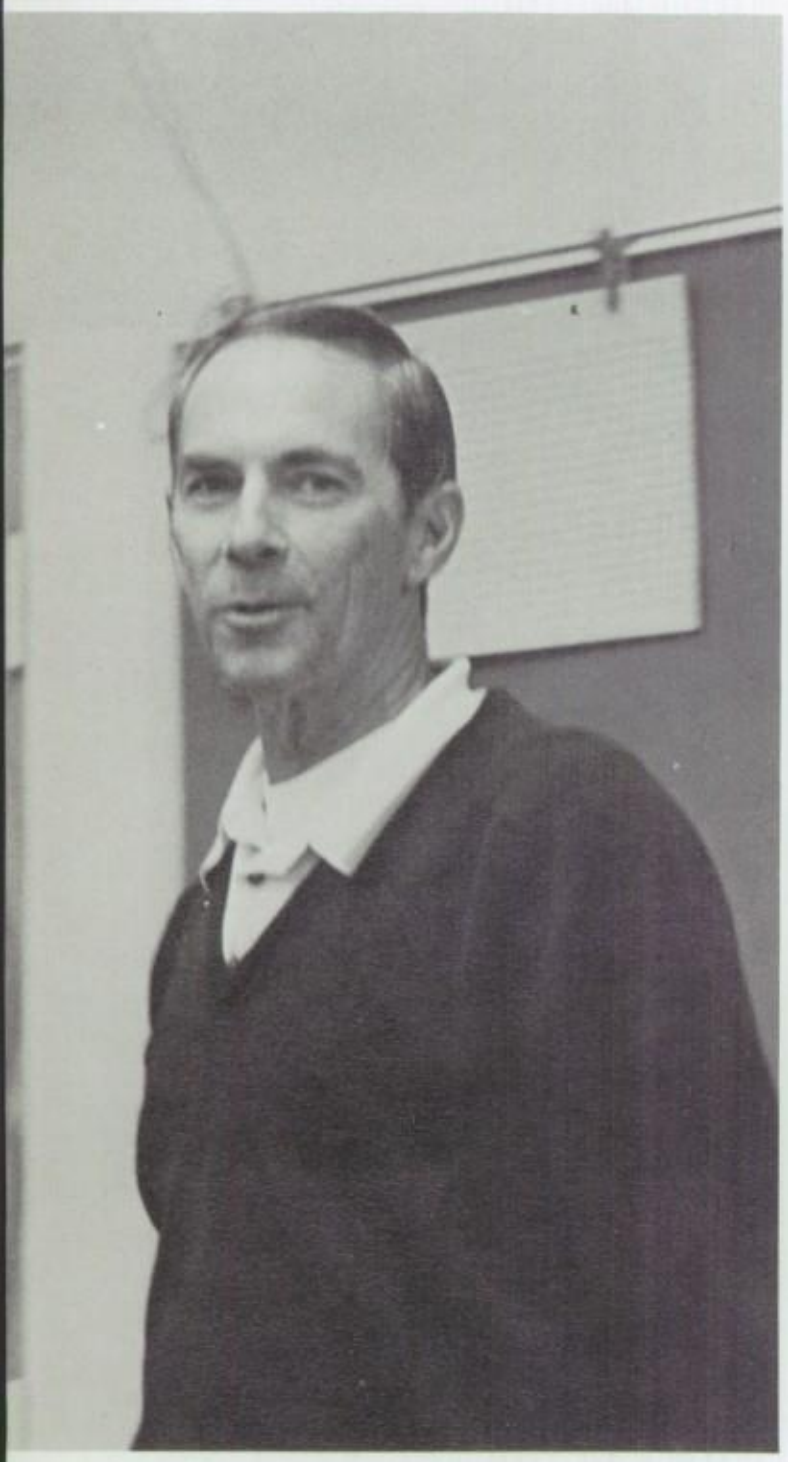
Jerry Stanley
E.H.

James Arnaiz
Driver Education



Norman Robbins
Driver Education

Math And Music Provide Futures



"Kiss me, Baby!"

Both the M
Departments
improve the q
Math Dept. h
the geometry
needed change
program. The
the Pops Con
and advanced
interested stuc

James R. Hart

No services were planned for mathematics teacher James R. Hart, 58, who died Saturday in a hospital. Cremation was planned.

Mr. Hart, who taught at Helix High School for 20 years, was born in St. Joseph, Mo., and earned a bachelor's degree in engineering from the University of Missouri and a master's degree in mathematics from New Mexico Highlands University.

He lived in El Cajon and was a county resident for 22 years.

Survivors include his wife, Elizabeth, and a daughter.

The family suggested donations to the American Cancer Society.

The Telophase Society was in charge.

Nilo Atkinson
Math 1A, Geom. 1C

Don Barry
Math

William Ehlers
Alg. 1C, Math 1A

Lewis Freed
Algebra, Geometry

James Hart
Calculus, Geometry

Margaret Hopkins
Algebra

Ernest Ligon
Math 1A, 11A

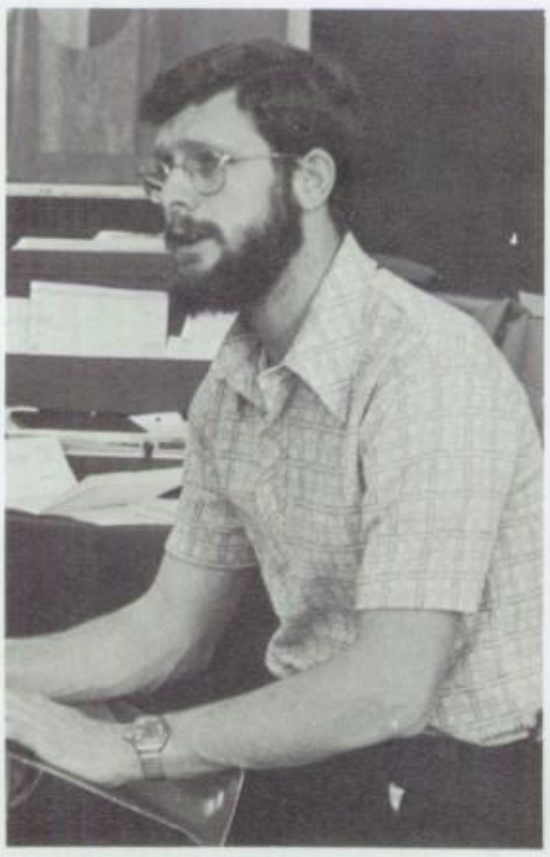
Tom Ryan
Basic Math, Math 1

William Simpson
Algebra, Geometry

Mark Faulk
Choir, Guitar

Gerald Kirk
Orchestra, Band

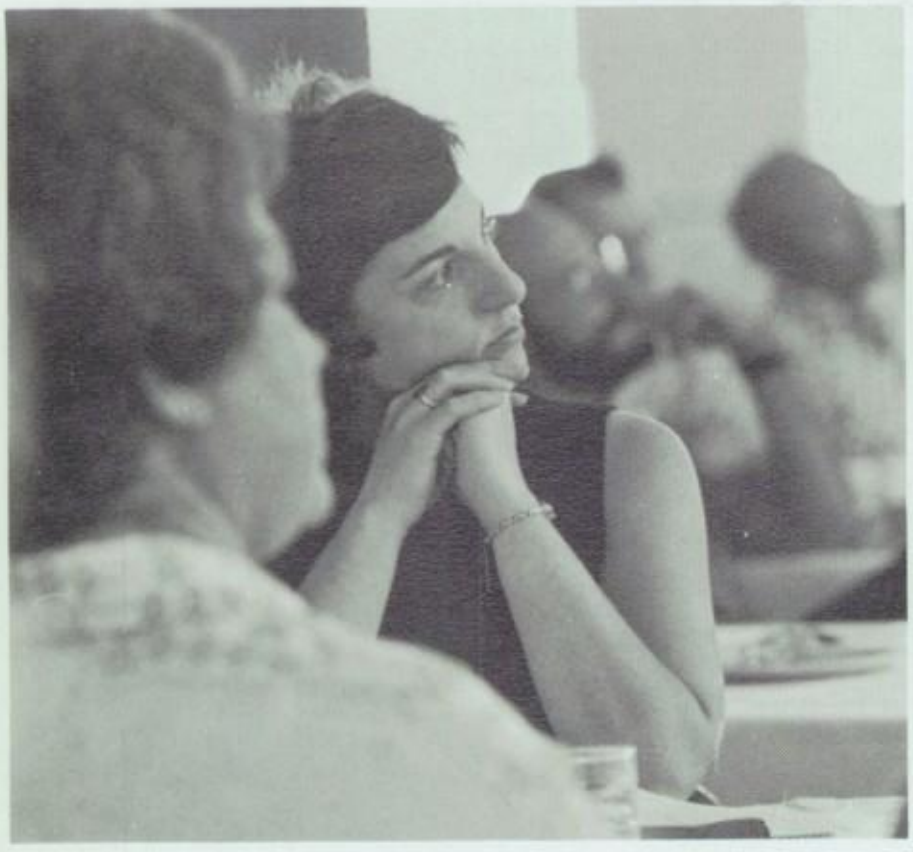
Marilynn Popejoy
Psychologist



"I'll have to give you a 'B'"

Mr. Freed, supervising ESP.

Business And Science Helps Students



When you wish upon a star . . .

Stan Baker
General Business

Jack Charles
Business

Robert Eckert
Career Development

Hazel Osborne
Typing, Shorthand

Kay Raines
Bookkeeping

Phyllis Sk:1more
Typing

Gordon Nash
Biology

Parker Olsen
Biology

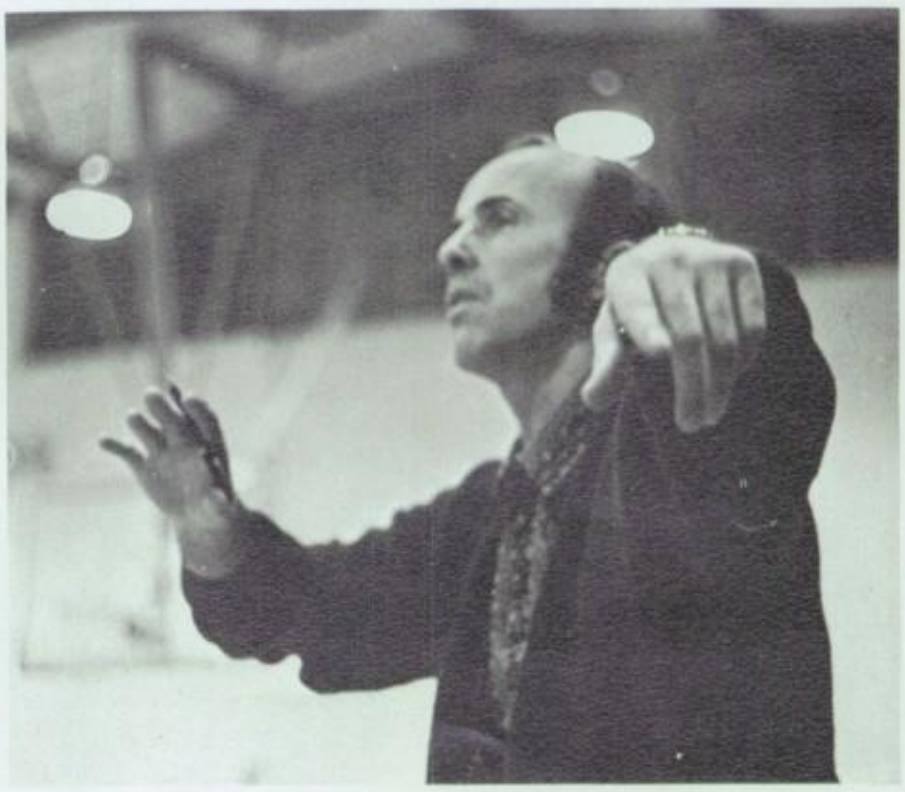
Alan Pirie
Biology

William Ramsey
Chemistry

Luther Vogel
Biology

Frank Watenpaugh
Physics, Science

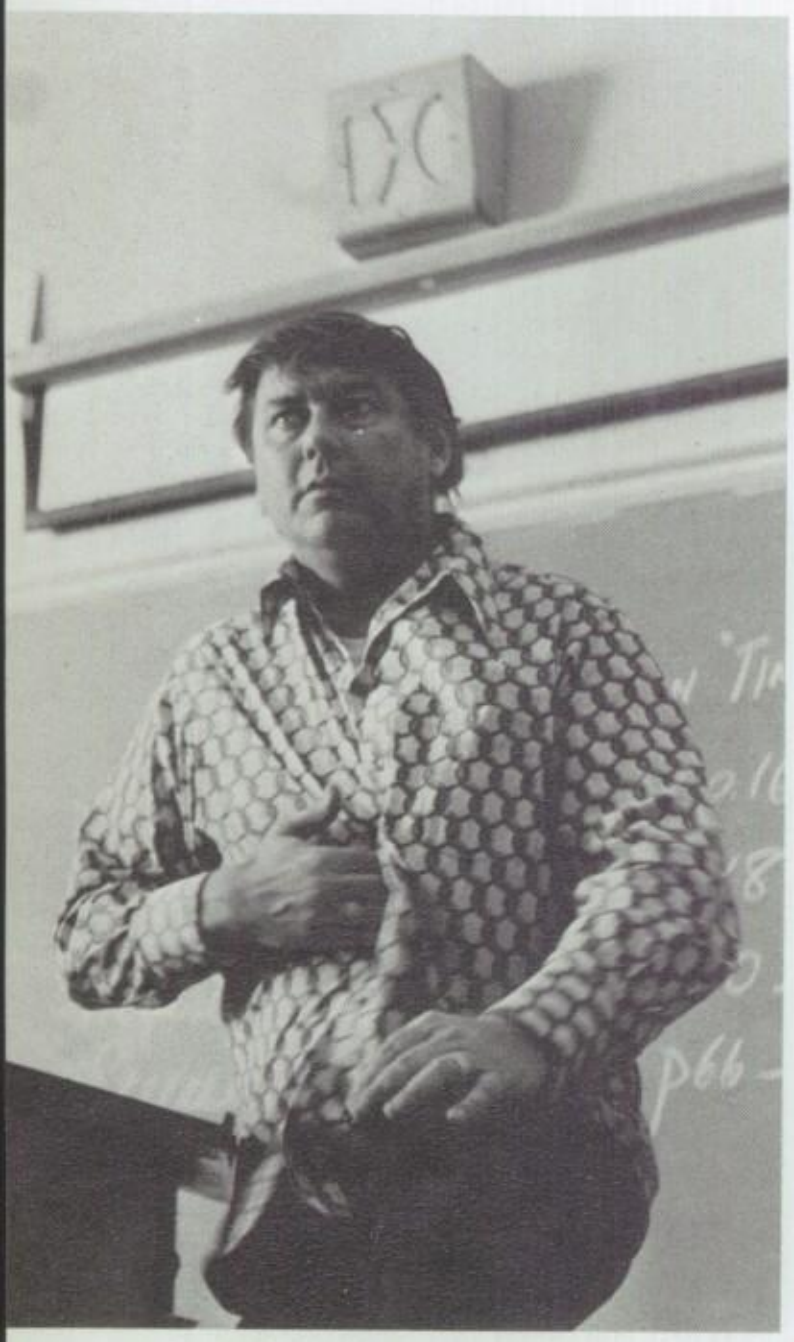
"Yes, it's edible."



"Shall we dance?"

The Business Education and Science Departments have developed a program designed to meet the vocational and personal needs of the students. The departments maintain a high degree of excellence evidenced by student accomplishments in the business and science world and in advanced academic work. The goal of the Business Department is to provide classes to oreintate students to the modern business world. The Science Department is preparing students to live in a present and future world which has been largely the result of scientific progress and discoveries. These departments strive to help students in today's world.

Students Make Decisions In Social Studies



"I look like Napoleon!"

John Boone
U.S. History

Richard Feeser
U.S. History

Richard Langston
Geography

Myrra Lee
U.S. History

Frank Lueke
Geography

Joseph Manor
Political Science

William Melton
Social Living

Jerry Shephard
U.S. History

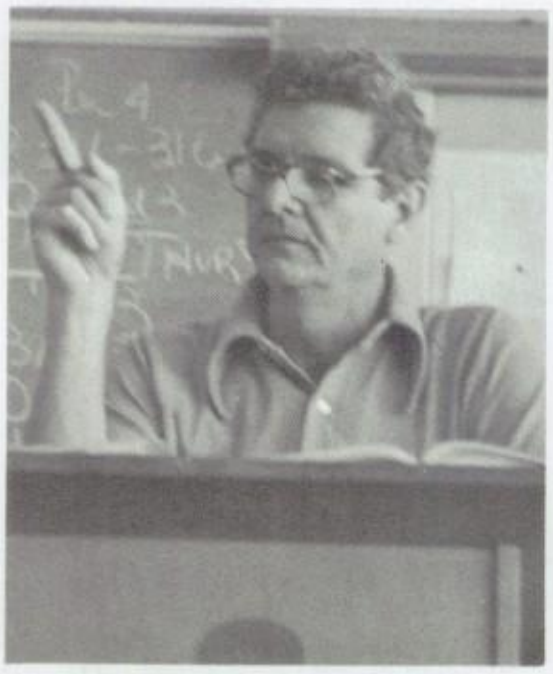
Donald Spear
Geography

Robert Tolin
Geography

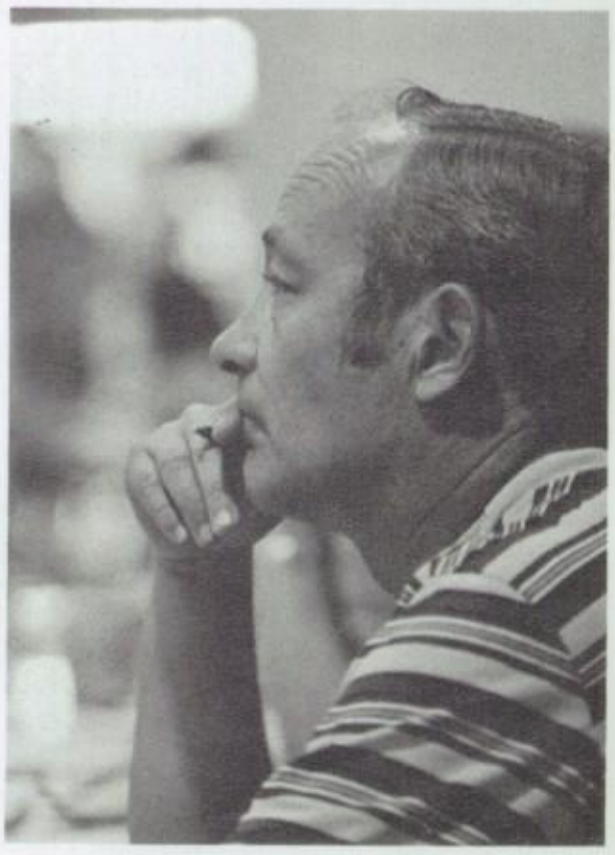
Joseph Woods
Political Science

Robert Woods
Psychology

The Helix Social Science Department has a unique philosophy: 'the central purpose of social sciences education is to develop responsible citizens who will in turn preserve and continue to advance progress toward a just society'. This department continues its' varied courses, ranging from psychology to social living to geography. The social studies classes encourages students to think for themselves, use reason, evidence, and judgment. It also teaches how to cope with social problems that exist in today's society. An awareness of past judgments, values, decisions, and morals are being brought to the student as well as those of the present and future. To help produce a well-rounded student in society is truly the Social Science Dept. goal.



"The bathroom is that way."



"I wonder what Miss May looks like."

Staff Efficient As Always

Office Staff: Row 1: J. Taylor, D. Drake, P. Limpic, L.J. Harris, L. Peizner, N. Ford Row 2: P. Owens, J. Tardie, C. Myers, S. Burbank, J. Danielson Row 3: K. Teaby, E. Clogsdon, B. Kirk, L. Sanborn

Robert La Cross, Plant Manager

Groundsmen: L. Myers, M. Burke, Al Burkheart

Cafeteria Staff: Row 1: R. Van Pelt, D. Hogan, Al Alvidres, D. Focht, J. LaMoe, M. Clendenon Row 2: R. Turner, R. Kuxhausen, B. Devries, D. Brunton, M. VonDran, V. Kellog, J. Matyas, F. Sturz

Custodians: Row 1: A. Hameister, J. Suarez, M. Manger, J. Heimaster, S. Melrose Row 2: E. Lehman, J. Mueller, C. Jennings, G. Stofer, D. Patterson, D. Hoxsey, J. Sutherland, G. Laslo

The administration and staff for the 1974-75 school year at Helix were very efficient as always. The office staff strove for accuracy in their work. The cafeteria staff tried to keep the students happy with the meals and snacks. The custodians and groundsmen kept the campus clean and attractive. Mr. LaCross, the plant manager, was in charge of the whole staff. A special thanks to all of them.

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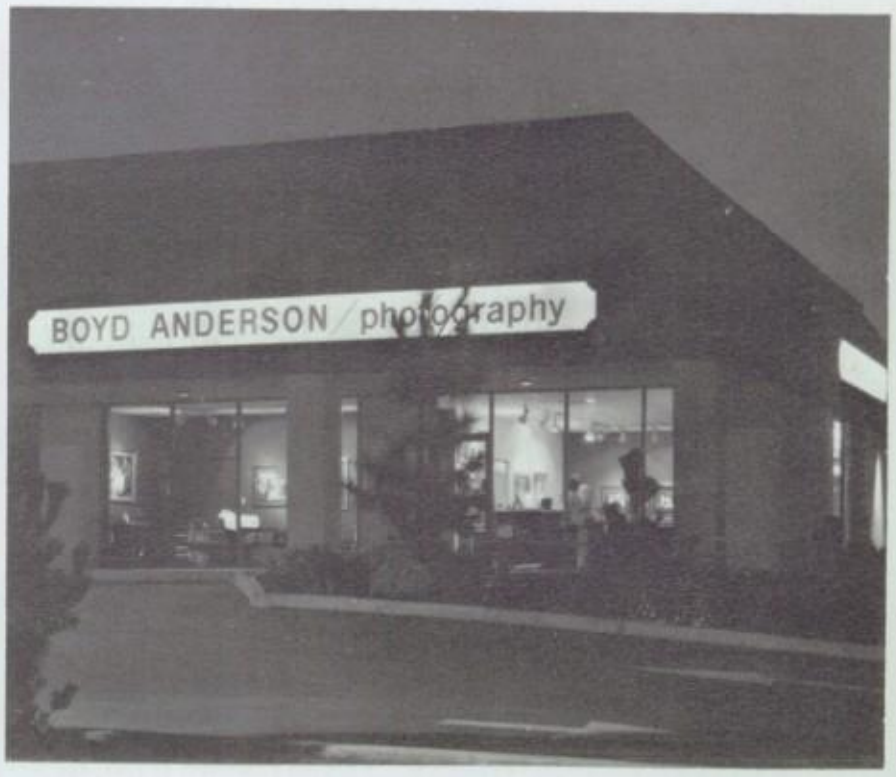

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PISCHEL YEARBOOKS

To The Memory Of
Peter Lagorio (1957-1974)

. . . Twilight and evening bell,
And after that the dark!
And may there be no sadness of farewell
When I embark;

For tho' from out our bourne of Time and Place
The flood may bear me far,
I hope to see my Pilot face to face
When I have crost the bar.

Alfred, Lord Tennyson

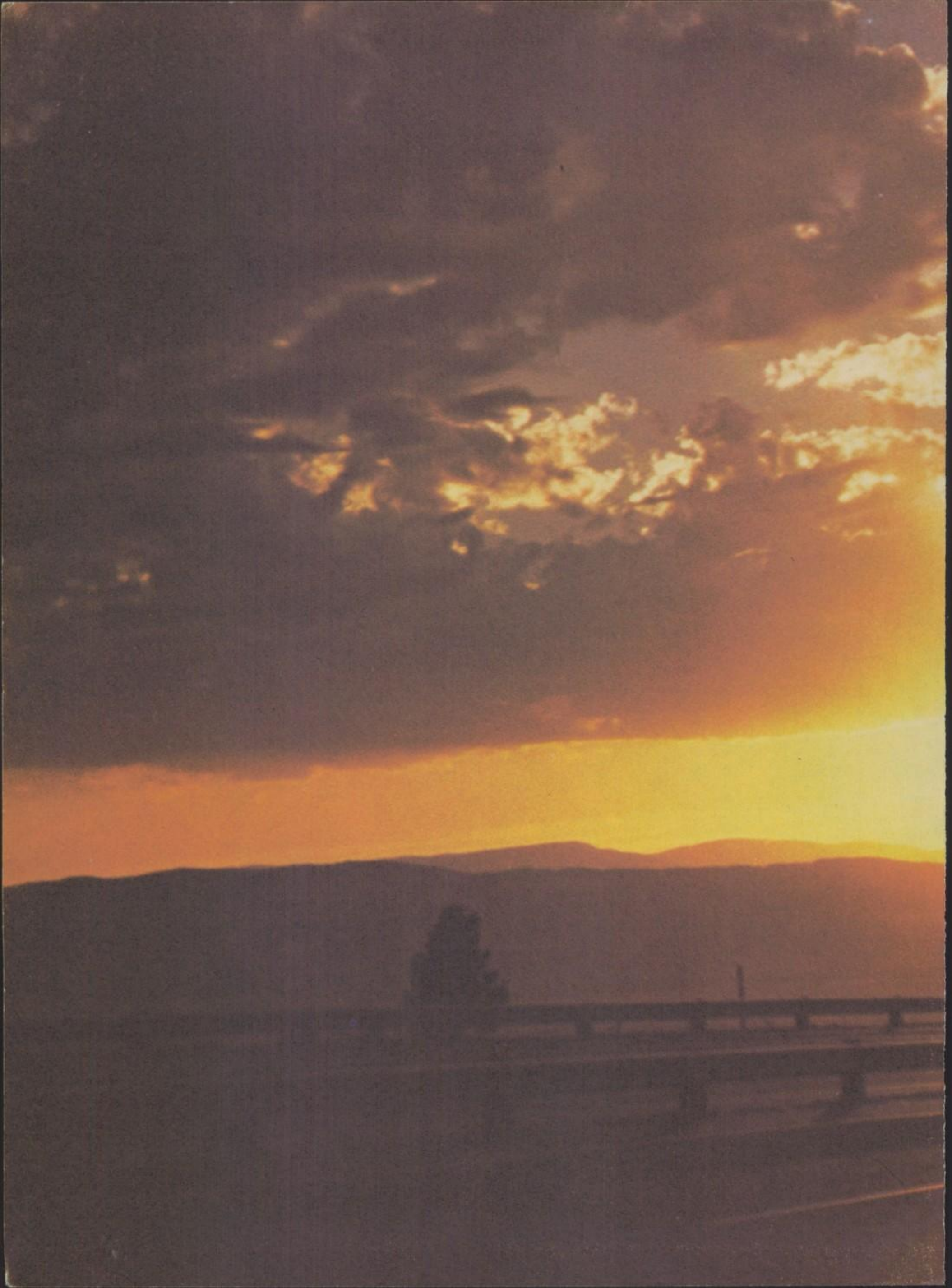
Acknowledgement:

Looking back on the past year we sometimes wonder how we made it through - alive and sane. It was a rough year, full of surprises and disappointments, late deadlines and tattered nerves. Never, it seems, has a publication staff been so plagued with difficulties. But now the incredible amount of work is finished. However, there were several people to whom we owe a great deal of thanks for doing their part to make things much easier and more enjoyable.

We would like to thank Bruce Smith, our publisher representative; and the Pischel Yearbook Company for coming through when we really needed them.

A tremendous thank you to Boyd Anderson Photography for the fantastic amount of photographic assistance they gave us.

There are many others that have contributed to the success of this TARTAN, but cannot be mentioned in this space. Thank you one and all for a very enlightening and rewarding year!

1975 TARTAN Staff

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